

Hindi / English / Gujarati

# अष्टावक्र गीता

महर्षि अष्टावक्र



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॥ अथ श्रीमदष्टावक्रगीता प्रारभ्यते ॥

## Chapter 1

॥ प्रथमोऽध्यायः ॥

जनक उवाच ॥

कथं ज्ञानमवाप्नोति कथं मुक्तिर्भविष्यति ।

वैराग्यं च कथं प्राप्तं एतद् ब्रूहि मम प्रभो ॥ १-१ ॥

janaka uvāca

katham jñānamavāpnoti katham muktirbhaviṣyati

vairāgyam ca katham prāptam etad brūhi mama prabho

**Janaka:** How is knowledge to be acquired? How is liberation to be attained? And how is dispassion to be reached? Tell me this, sir.

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मुक्तिं इच्छसि चेत्तात विषयान् विषवत्त्यज ।

क्षमार्जवदयातोषसत्यं पीयूषवद् भज ॥ १-२ ॥

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aṣṭāvakra uvāca

muktiṁ icchasi cettāta viṣayān viṣavattyaja

kṣamārjavadayātoṣasatyam pīyūṣavad bhaja

**Ashtavakra:** If you are seeking liberation, my son, shun the objects of the senses like poison. Practise tolerance, sincerity, compassion, contentment and truthfulness like nectar.

न पृथ्वी न जलं नाग्निर्न वायुर्द्यौर्न वा भवान् ।

एषां साक्षिणमात्मानं चिद्रूपं विद्धि मुक्तये ॥ १-३ ॥

na pṛthvī na jalam nāgnirna vāyurdyaurṇa vā bhavān  
eṣāṁ sākṣiṇamātmānaṁ cidrūpaṁ viddhi muktaye 1.3

You do not consist of the elements - earth, water, fire, air or even ether. To be liberated, know yourself as consisting of consciousness, the witness of these.

यदि देहं पृथक् कृत्य चिति विश्राम्य तिष्ठसि ।

अधुनैव सुखी शान्तो बन्धमुक्तो भविष्यसि ॥ १-४ ॥

yadi dehaṁ pṛthak kṛtya citi viśrāmya tiṣṭhasi  
adhunaiva sukhī śānto bandhamukto bhaviṣyasi

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If only you will remain resting in consciousness, seeing yourself as distinct from the body, then even now you will become happy, peaceful and free from bonds. 1.4

न त्वं विप्रादिको वर्णो नाश्रमी नाक्षगोचरः ।

असङ्गोऽसि निराकारो विश्वसाक्षी सुखी भव ॥ १-५ ॥

na tvaṁ viprādiko varṇo nāśramī nākṣagocaraḥ  
asaṅgo'si nirākāro viśvasākṣī sukhī bhava

You do not belong to the brahmin or any other caste, you are not at any stage, nor are you anything that the eye can see. You are unattached and formless, the witness of everything - so be happy.

धर्माधर्मौ सुखं दुःखं मानसानि न ते विभो ।

न कर्तासि न भोक्तासि मुक्त एवासि सर्वदा ॥ १-६ ॥

dharmādharmau sukhaṁ duḥkhaṁ mānasāni na te vibho  
na kartāsi na bhoktāsi mukta evāsi sarvadā

Righteousness and unrighteousness, pleasure and pain are purely of the mind and are no concern of yours. You are neither

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the doer nor the reaper of the consequences, so you are always free.

एको द्रष्टासि सर्वस्य मुक्तप्रायोऽसि सर्वदा ।

अयमेव हि ते बन्धो द्रष्टारं पश्यसीतरम् ॥ १-७ ॥

eko draṣṭāsi sarvasya muktaprāyo'si sarvadā  
ayameva hi te bandho draṣṭāraṁ paśyasītaram

You are the one witness of everything, and are always completely free. The cause of your bondage is that you see the witness as something other than this.

अहं कर्तेत्यहंमानमहाकृष्णाहिदंशितः ।

नाहं कर्तेति विश्वासामृतं पीत्वा सुखी भव ॥ १-८ ॥

ahaṁ kartetyahaṁmānamahākṛṣṇāhidaṁśitaḥ  
nāhaṁ karteti viśvāsāmṛtaṁ pītvā sukhī bhava

Since you have been bitten by the black snake, the opinion about yourself that "I am the doer", drink the antidote of faith in the fact that "I am not the doer", and be happy.

एको विशुद्धबोधोऽहं इति निश्चयवह्निना ।

प्रज्वाल्याज्ञानगहनं वीतशोकः सुखी भव ॥ १-९ ॥

eko viśuddhabodho'haṁ iti niścayavahninā  
prajvālyājñānagahanaṁ vītaśokaḥ sukhī bhava

Burn down the forest of ignorance with the fire of the understanding that "I am the one pure awareness", and be happy and free from distress.

यत्र विश्वमिदं भाति कल्पितं रज्जुसर्पवत् ।

आनन्दपरमानन्दः स बोधस्त्वं सुखं भव ॥ १-१० ॥

yatra viśvamidaṁ bhāti kalpitaṁ rajjusarpavat  
ānandaparamānandaḥ sa bodhastvaṁ sukhaṁ bhava

That in which all this appears - imagined like the snake in a rope, that joy, supreme joy and awareness is what you are, so be happy.

मुक्ताभिमानी मुक्तो हि बद्धो बद्धाभिमान्यपि ।

किंवदन्तीह सत्येयं या मतिः सा गतिर्भवेत् ॥ १-११ ॥



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muktābhimānī mukto hi baddho baddhābhimānyapi  
kiṁvadantīha satyeyam yā matiḥ sā gatiḥ bhavet

If one thinks of oneself as free, one is free, and if one thinks of oneself as bound, one is bound. Here this saying is true, "Thinking makes it so".

आत्मा साक्षी विभुः पूर्ण एको मुक्तश्चिदक्रियः ।

असंगो निःस्पृहः शान्तो भ्रमात्संसारवानिव ॥ १-१२ ॥

ātmā sākṣī vibhuḥ pūrṇa eko muktaśchidakriyaḥ  
asaṁgo niḥspṛhaḥ śānto bhramātsaṁsāravāniva

Your real nature is as the one perfect, free, and actionless consciousness, the all-pervading witness - unattached to anything, desireless and at peace. It is from illusion that you seem to be involved in samsara.

कूटस्थं बोधमद्वैतमात्मानं परिभावय ।

आभासोऽहं भ्रमं मुक्त्वा भावं बाह्यमथान्तरम् ॥ १-१३ ॥

kūṭasthaṁ bodhamadvaitamātmānaṁ paribhāvaya  
ābhāso'haṁ bhramaṁ muktva bhāvaṁ bāhyamathāntaram

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Meditate on yourself as motionless awareness, free from any dualism, giving up the mistaken idea that you are just a derivative consciousness, or anything external or internal.

देहाभिमानपाशेन चिरं बद्धोऽसि पुत्रक ।

बोधोऽहं ज्ञानखंगेन तःनिकृत्य सुखी भव ॥ १-१४ ॥

dehābhimānapāśena ciraṁ baddho'si putraka

bodho'haṁ jñānakhaṁgena taṇnikṛtya sukhī Bhava

You have long been trapped in the snare of identification with the body. Sever it with the knife of knowledge that "I am awareness", and be happy, my son.

निःसंगो निष्क्रियोऽसि त्वं स्वप्रकाशो निरंजनः ।

अयमेव हि ते बन्धः समाधिमनुतिष्ठति ॥ १-१५ ॥

niḥsaṁgo niṣkriyo'si tvaṁ svaprakāśo niraṁjanaḥ

ayameva hi te bandhaḥ samādhimanutiṣṭhati

You are really unbound and actionless, self-illuminating and spotless already. The cause of your bondage is that you are still resorting to stilling the mind.

त्वया व्याप्तमिदं विश्वं त्वयि प्रोतं यथार्थतः ।

शुद्धबुद्धस्वरूपस्त्वं मा गमः क्षुद्रचित्तताम् ॥ १-१६ ॥

tvayā vyāptamidaṁ viśvaṁ tvayi protaṁ yathārthataḥ  
śuddhabuddhasvarūpastvaṁ mā gamaḥ kṣudracittatām

All of this is really filled by you and strung out in you, for what you consist of is pure awareness - so don't be small minded.

निरपेक्षो निर्विकारो निर्भरः शीतलाशयः ।

अगाधबुद्धिरक्षुब्धो भव चिन्मात्रवासनः ॥ १-१७ ॥

nirapekṣo nirvikāro nirbharaḥ śītalāśayaḥ  
agādhabuddhirakṣubdho bhava cinmātravāśanaḥ

You are unconditioned and changeless, formless and immovable, unfathomable awareness and unperturbable, so hold to nothing but consciousness.

साकारमनृतं विद्धि निराकारं तु निश्चलं ।

एतत्तत्त्वोपदेशेन न पुनर्भवसंभवः ॥ १-१८ ॥

sākāramanṛtaṁ viddhi nirākāraṁ tu niścalam  
etattattvopadeśena na punarbhavasambhavaḥ

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Recognise that the apparent is unreal, while the unmanifest is abiding. Through this initiation into truth you will escape falling into unreality again.

यथैवादर्शमध्यस्थे रूपेऽन्तः परितस्तु सः ।

तथैवाऽस्मिन् शरीरेऽन्तः परितः परमेश्वरः ॥ १-१९ ॥

yathaivādarśamadhyasthe rūpe'ntaḥ paritastu saḥ  
tathaivā'smin śarīre'ntaḥ paritaḥ parameśvaraḥ

Just as a mirror exists everywhere both within and apart from its reflected images, so the Supreme Lord exists everywhere within and apart from this body.

एकं सर्वगतं व्योम बहिरन्तर्यथा घटे ।

नित्यं निरन्तरं ब्रह्म सर्वभूतगणे तथा ॥ १-२० ॥

ekaṁ sarvagataṁ vyoma bahirantaryathā ghaṭe  
nityaṁ nirantaraṁ brahma sarvabhūtagaṇe tathā

Just as one and the same all-pervading space exists within and without a jar, so the eternal, everlasting God exists in the totality of things.

## Chapter 2

॥ द्वितीयोऽध्यायः ॥

जनक उवाच ॥

अहो निरंजनः शान्तो बोधोऽहं प्रकृतेः परः ।

एतावन्तमहं कालं मोहेनैव विडम्बितः ॥ २-१ ॥

janaka uvāca

aho nirañjanaḥ śānto bodho'haṁ prakṛteḥ paraḥ  
etāvantamaham kālaṁ mohenaiva viḍaṁbitaḥ

**Janaka:** Truly I am spotless and at peace, the awareness beyond natural causality. All this time I have been afflicted by delusion.

यथा प्रकाशयाम्येको देहमेनं तथा जगत् ।

अतो मम जगत्सर्वमथवा न च किञ्चन ॥ २-२ ॥

yathā prakāśayāmyeko dehamenaṁ tathā jagat  
ato mama jagatsarvamathavā na ca kiñcana

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As I alone give light to this body, so I do to the world, As a result the whole world is mine, or alternatively nothing is.

स शरीरमहो विश्वं परित्यज्य मयाधुना ।

कुतश्चित् कौशलाद् एव परमात्मा विलोक्यते ॥ २-३ ॥

sa śarīramaho viśvaṁ parityajya mayādhunā  
kutaścit kauśalād eva paramātmā vilokyate

So now that I have abandoned the body and everything else, by some good fortune or other my true self becomes apparent.

यथा न तोयतो भिन्नास्तरंगाः फेनबुद्बुदाः ।

आत्मनो न तथा भिन्नं विश्वमात्मविनिर्गतम् ॥ २-४ ॥

yathā na toyato bhinnāstaraṅgāḥ phenabudbudāḥ  
ātmano na tathā bhinnaṁ viśvamātmavinirgatam

Just as waves, foam and bubbles are not different from water, so all this which has emanated from oneself, is no other than oneself.

तन्तुमात्रो भवेद् एव पटो यद्वद् विचारितः ।

आत्मतन्मात्रमेवेदं तद्वद् विश्वं विचारितम् ॥ २-५ ॥

tantumātro bhaved eva paṭo yadvad vicāritaḥ  
ātmatanmātramevedaṁ tadvad viśvaṁ vicāritam

In the same way that when analysed cloth is found to be just thread, so when all this is analysed it is found to be no other than oneself.

यथैवेक्षुरसे कृप्ता तेन व्याप्तैव शर्करा ।

तथा विश्वं मयि कृप्तं मया व्याप्तं निरन्तरम् ॥ २-६ ॥

yathaivekṣurase kṛptā tena vyāptaiva śarkarā  
tathā viśvaṁ mayi kṛptaṁ mayā vyāptaṁ niranantaram

Just as the sugar produced from the juice of the sugarcane is permeated with the same taste, so all this, produced out of me, is completely permeated with myself.

आत्मज्ञानाज्जगद् भाति आत्मज्ञानान्न भासते ।

रज्ज्वज्ञानादहिर्भाति तज्ज्ञानाद् भासते न हि ॥ २-७ ॥

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ātmajñānājjagad bhāti ātmajñānānna bhāsatē  
rajjvajñānādahirbhāti tajjñānād bhāsatē na hi

From ignorance of oneself, the world appears, and by knowledge of oneself it appears no longer. From ignorance of the rope a snake appears, and by knowledge of it it appears no longer.

प्रकाशो मे निजं रूपं नातिरिक्तोऽस्म्यहं ततः ।

यदा प्रकाशते विश्वं तदाहं भास एव हि ॥ २-८ ॥

prakāśo me nijaṁ rūpaṁ nātirikto'smyahaṁ tataḥ  
yadā prakāśatē viśvaṁ tadāhaṁ bhāsa eva hi

Shining is my essential nature, and I am nothing over and beyond that. When the world shines forth, it is simply me that is shining forth.

अहो विकल्पितं विश्वमज्ञानान्मयि भासते ।

रूप्यं शुक्तौ फणी रज्जौ वारि सूर्यकरे यथा ॥ २-९ ॥

aho vikalpitaṁ viśvamajñānānmayi bhāsatē  
rūpyaṁ śuktau phaṇī rajjau vāri sūryakare yathā



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All this appears in me imagined due to ignorance, just as a snake appears in the rope, the mirage of water in the sunlight, and silver in mother of pearl.

मत्तो विनिर्गतं विश्वं मय्येव लयमेष्यति ।

मृदि कुंभो जले वीचिः कनके कटकं यथा ॥ २-१० ॥

matto vinirgataṁ viśvaṁ mayyeva layameṣyati  
mṛdi kuṁbho jale vīciḥ kanake kaṭakaṁ yathā

All this, which has originated out of me, is resolved back into me too, like a jug back into clay, a wave into water, and a bracelet into gold.

अहो अहं नमो मह्यं विनाशो यस्य नास्ति मे ।

ब्रह्मादिस्तंबपर्यन्तं जगन्नाशोऽपि तिष्ठतः ॥ २-११ ॥

aho ahaṁ namo mahyaṁ vināśo yasya nāsti me  
brahmādistambaparyantaṁ jagannāśo'pi tiṣṭhataḥ

How wonderful I am! Glory to me, for whom there is no destruction, remaining even beyond the destruction of the world from Brahma down to the last clump of grass

अहो अहं नमो मह्यं एकोऽहं देहवानपि ।

क्वचिन्न गन्ता नागन्ता व्याप्य विश्वमवस्थितः ॥ २-१२ ॥

aho ahaṁ namo mahyaṁ eko'haṁ dehavānapi  
kvacinna gantā nāgantā vyāpya viśvamavasthitaḥ

How wonderful I am! Glory to me, solitary even though with a body, neither going nor coming anywhere, I who abide forever, filling all that is.

अहो अहं नमो मह्यं दक्षो नास्तीह मत्समः ।

असंस्पृश्य शरीरेण येन विश्वं चिरं धृतम् ॥ २-१३ ॥

aho ahaṁ namo mahyaṁ dakṣo nāstīha matsamaḥ  
asamspṛśya śarīreṇa yena viśvaṁ ciraṁ dhṛtam

How wonderful I am! Glory to me! There is no one so clever as me! I who have borne all that is forever, without even touching it with my body!

अहो अहं नमो मह्यं यस्य मे नास्ति किञ्चन ।

अथवा यस्य मे सर्वं यद् वाङ्मनसगोचरम् ॥ २-१४ ॥

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aho ahaṁ namo mahyaṁ yasya me nāsti kiṁcana  
athavā yasya me sarvaṁ yad vāṁmanasagocaram

How wonderful I am! Glory to me! I who possess nothing at all,  
or alternatively possess everything that speech and mind can  
refer to.

ज्ञानं ज्ञेयं तथा ज्ञाता त्रितयं नास्ति वास्तवं ।

अज्ञानाद् भाति यत्रेदं सोऽहमस्मि निरंजनः ॥ २-१५ ॥

jñānaṁ jñeyaṁ tathā jñātā tritayaṁ nāsti vāstavam  
ajñānād bhāti yatredaṁ so'hamasmi niraṁjanaḥ

Knowledge, what is to be known, and the knower - these three  
do not exist in reality. I am the spotless reality in which they  
appear because of ignorance.

द्वैतमूलमहो दुःखं नान्यत्तस्याऽस्ति भेषजं ।

दृश्यमेतन् मृषा सर्वं एकोऽहं चिद्रसोमलः ॥ २-१६ ॥

dvaitamūlamaho duḥkhaṁ nānyattasyā'sti bheṣajam  
dṛśyametan mṛṣā sarvaṁ eko'haṁ cidrasomalaḥ

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Truly dualism is the root of suffering. There is no other remedy for it than the realisation that all this that we see is unreal, and that I am the one stainless reality, consisting of consciousness.

बोधमात्रोऽहमज्ञानाद् उपाधिः कल्पितो मया ।

एवं विमृशतो नित्यं निर्विकल्पे स्थितिर्मम ॥ २-१७ ॥

bodhamātro'hamajñānād upādhiḥ kalpito mayā

evaṁ vimṛśato nityaṁ nirvikalpe sthitirmama

I am pure awareness though through ignorance I have imagined myself to have additional attributes. By continually reflecting like this, my dwelling place is in the Unimagined.

न मे बन्धोऽस्ति मोक्षो वा भ्रान्तिः शान्तो निराश्रया ।

अहो मयि स्थितं विश्वं वस्तुतो न मयि स्थितम् ॥ २-१८ ॥

na me bandho'sti mokṣo vā bhrāntiḥ śānto nirāśrayā

aho mayi sthitam viśvaṁ vastuto na mayi sthitam

For me here is neither bondage nor liberation. The illusion has lost its basis and ceased. Truly all this exists in me, though ultimately it does not even exist in me.

सशरीरमिदं विश्वं न किञ्चिदिति निश्चितं ।

शुद्धचिन्मात्र आत्मा च तत्कस्मिन् कल्पनाधुना ॥ २-१९ ॥

śaśarīramidaṁ viśvaṁ na kiñciditi niścitaṁ

śuddhacinmātra ātmā ca tatkaśmin kalpanādhunā

I have recognised that all this and my body are nothing, while my true self is nothing but pure consciousness, so what is there for the imagination work on now?

शरीरं स्वर्गनरकौ बन्धमोक्षौ भयं तथा ।

कल्पनामात्रमेवैतत् किं मे कार्यं चिदात्मनः ॥ २-२० ॥

śarīraṁ svarganarakau bandhamokṣau bhayaṁ tathā

kalpanāmātramevaitat kiṁ me kāryaṁ cidātmanah

The body, heaven and hell, bondage and liberation, and fear too, all this is pure imagination. What is there left to do for me whose very nature is consciousness?

अहो जनसमूहेऽपि न द्वैतं पश्यतो मम ।

अरण्यमिव संवृत्तं क्व रतिं करवाण्यहम् ॥ २-२१ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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aho janasamūhe'pi na dvaitaṁ paśyato mama  
araṇyamiva saṁvṛttaṁ kva ratiṁ karavāṇyaham

Truly I do not even see dualism in a crowd of people, so what  
would I gain by replacing it with a wilderness?

नाहं देहो न मे देहो जीवो नाहमहं हि चित् ।

अयमेव हि मे बन्ध आसीद्या जीविते स्पृहा ॥ २-२२ ॥

nāhaṁ deho na me deho jīvo nāhamahaṁ hi cit  
ayameva hi me bandha āsīdyā jīvite spr̥hā

I am not the body, nor is the body mine. I am not a living being. I  
am consciousness. It was my thirst for living that was my  
bondage.

अहो भुवनकल्लोलैर्विचित्रैर्द्राक् समुत्थितं ।

मय्यनंतमहांभोधौ चित्तवाते समुद्यते ॥ २-२३ ॥

aho bhuvanakallolairvicitraidrāk samutthitam  
mayyanantaṁ mahāmbhodhau cittavāte samudyate

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Truly it is in the limitless ocean of myself, that stimulated by the colourful waves of the worlds everything suddenly arises in the wind of consciousness.

मय्यनंतमहांभोधौ चित्तवाते प्रशाम्यति ।

अभाग्याज्जीववणिजो जगत्पोतो विनश्वरः ॥ २-२४ ॥

mayyanantamahāmbhodhau cittavāte praśāmyati  
abhāgyājīvavaṇijo jagatpoto vinaśvaraḥ

It is in the limitless ocean of myself, that the wind of thought subsides, and the trader-like living being's world boat is wrecked by lack of goods.

मय्यनन्तमहांभोधावाश्चर्यं जीववीचयः ।

उद्यन्ति घ्नन्ति खेलन्ति प्रविशन्ति स्वभावतः ॥ २-२५ ॥

mayyanantamahāmbhodhāvāścaryam jīvavīcayaḥ  
udyanti ghnanti khelanti praviśanti svabhāvataḥ

How wonderful it is that in the limitless ocean of myself the waves of living beings arise, collide, play and disappear, according to their natures.

## Chapter 3

॥ तृतीयोऽध्यायः ॥

अष्टावक्र उवाच ॥

अविनाशिनमात्मानं एकं विज्ञाय तत्त्वतः ।

तवात्मज्ञानस्य धीरस्य कथमर्थार्जने रतिः ॥ ३-१ ॥

aṣṭāvakra uvāca

avināśīnamātmānam ekaṁ vijñāya tattvataḥ

tavātmajñānasya dhīrasya kathamarthārjane ratih

**Ashtavakra:** Knowing yourself as truly one and indestructible, how could a wise man possessing self-knowledge like you feel any pleasure in acquiring wealth?

आत्माज्ञानादहो प्रीतिर्विषयभ्रमगोचरे ।

शुक्तेरज्ञानतो लोभो यथा रजतविभ्रमे ॥ ३-२ ॥

ātmājñānādaho prītirviṣayabhramagocare

śukterajñānato lobho yathā rajatavibhrame



## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Truly, when one does not know oneself, one takes pleasure in the objects of mistaken perception, just as greed arises for the mistaken silver in one who does not know mother of pearl for what it is.

विश्वं स्फुरति यत्रेदं तरङ्गा इव सागरे ।

सोऽहमस्मीति विज्ञाय किं दीन इव धावसि ॥ ३-३ ॥

viśvaṁ sphurati yatredaṁ taraṅgā iva sāgare  
so'hamasmīti vijñāya kiṁ dīna iva dhāvasi

All this wells up like waves in the sea. Recognising, "I am That", why run around like someone in need?

श्रुत्वापि शुद्धचैतन्य आत्मानमतिसुन्दरं ।

उपस्थेऽत्यन्तसंसक्तो मालिन्यमधिगच्छति ॥ ३-४ ॥

śrutvāpi śuddhacaitanya ātmānamatisundaram  
upasthe'tyantasamsakto mālinyamadhighacchati

After hearing of oneself as pure consciousness and the supremely beautiful, is one to go on lusting after sordid sexual objects?

सर्वभूतेषु चात्मानं सर्वभूतानि चात्मनि ।

मुनेर्जानत आश्चर्यं ममत्वमनुवर्तते ॥ ३-५ ॥

sarvabhūteṣu cātmānaṁ sarvabhūtāni cātmani  
munerjānata āścaryaṁ mamatvamanuvartate

When the sage has realised that he himself is in all beings, and all beings are in him, it is astonishing that the sense of individuality should be able to continue.

आस्थितः परमाद्वैतं मोक्षार्थेऽपि व्यवस्थितः ।

आश्चर्यं कामवशगो विकलः केलिशिक्षया ॥ ३-६ ॥

āsthitaḥ paramādvaitaṁ mokṣārthe'pi vyavasthitaḥ  
āścaryaṁ kāmavaśago vikalaḥ keliśikṣayā

It is astonishing that a man who has reached the supreme non-dual state and is intent on the benefits of liberation should still be subject to lust and held back by sexual activity.

उद्धूतं ज्ञानदुर्मित्रमवधार्यातिदुर्बलः ।

आश्चर्यं काममाकाङ्क्षेत् कालमन्तमनुश्रितः ॥ ३-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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udbhūtaṁ jñānadurmitramavadhāryātidurbalaḥ  
āścaryaṁ kāmamākāṅkṣet kālamantamanuśritaḥ

It is astonishing that one already very debilitated, and knowing very well that its arousal is the enemy of knowledge should still hanker after sensuality, even when approaching his last days.

इहामुत्र विरक्तस्य नित्यानित्यविवेकिनः ।

आश्चर्यं मोक्षकामस्य मोक्षाद् एव विभीषिका ॥ ३-८ ॥

ihāmutra viraktasya nityānityavivekinah  
āścaryaṁ mokṣakāmasya mokṣād eva vibhīṣikā

It is astonishing that one who is unattached to the things of this world or the next, who discriminates between the permanent and the impermanent, and who longs for liberation, should still be afraid of liberation.

धीरस्तु भोज्यमानोऽपि पीड्यमानोऽपि सर्वदा ।

आत्मानं केवलं पश्यन् न तुष्यति न कुप्यति ॥ ३-९ ॥

dhirastu bhojyamāno'pi pīḍyamāno'pi sarvadā  
ātmānaṁ kevalaṁ paśyan na tuṣyati na kupyati

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Whether feted or tormented, the wise man is always aware of his supreme self-nature and is neither pleased nor disappointed.

चेष्टमानं शरीरं स्वं पश्यत्यन्यशरीरवत् ।

संस्तवे चापि निन्दायां कथं क्षुभ्येत् महाशयः ॥ ३-१० ॥

ceṣṭamānaṁ śarīraṁ svaṁ paśyatyanyaśarīravat  
saṁstave cāpi nindāyāṁ kathaṁ kṣubhyet mahāśayaḥ

The great souled person sees even his own body in action as if it were some-one else's, so how should he be disturbed by praise or blame?

मायामात्रमिदं विश्वं पश्यन् विगतकौतुकः ।

अपि सन्निहिते मृत्यौ कथं त्रस्यति धीरधीः ॥ ३-११ ॥

māyāmātramidaṁ viśvaṁ paśyan vigatakutukaḥ  
api sannihite mṛtyau kathaṁ trasyati dhīradhīḥ

Seeing this world as pure illusion, and devoid of any interest in it, how should the strong-minded person, feel fear, even at the approach of death?

निःस्पृहं मानसं यस्य नैराश्येऽपि महात्मनः ।

तस्यात्मज्ञानतृप्तस्य तुलना केन जायते ॥ ३-१२ ॥

niḥspṛhaṁ mānasam yasya nairāśye'pi mahātmanah  
tasyātmajñānatṛptasya tulanā kena jāyate

Who can be compared to the great-souled person whose mind is free from desire even in disappointment, and who has found satisfaction in self-knowledge?

स्वभावाद् एव जानानो दृश्यमेतन्न किंचन ।

इदं ग्राह्यमिदं त्याज्यं स किं पश्यति धीरधीः ॥ ३-१३ ॥

svabhāvād eva jñāno dṛśyametanna kimcana  
idaṁ grāhyamidaṁ tyājyaṁ sa kiṁ paśyati dhīradhīḥ

How should a strong-minded person who knows that what he sees is by its very nature nothing, consider one thing to be grasped and another to be rejected?

अंतस्त्यक्तकषायस्य निर्द्वन्द्वस्य निराशिषः ।

यदृच्छयागतो भोगो न दुःखाय न तुष्टये ॥ ३-१४ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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am̐tastyaktakaṣāyasya nirdvandvasya nirāśiṣaḥ  
yadṛcchayāgato bhogo na duḥkhāya na tuṣṭaye

An object of enjoyment that comes of itself is neither painful nor pleasurable for someone who has eliminated attachment, and who is free from dualism and from desire.

## Chapter 4

॥ चतुर्थोऽध्यायः ॥

अष्टावक्र उवाच ॥

हन्तात्मज्ञानस्य धीरस्य खेलतो भोगलीलया ।

न हि संसारवाहीकैर्मूढैः सह समानता ॥ ४-१ ॥

janaka uvāca

hantātmaññānasya dhīrasya khelato bhogalīlayā

na hi saṁsāravāhikairmūḍhaiḥ saha samānatā

**Janaka:** The wise person of self-knowledge, playing the game of worldly enjoyment, bears no resemblance whatever to samsara's bewildered beasts of burden.

यत् पदं प्रेप्सवो दीनाः शक्राद्याः सर्वदेवताः ।

अहो तत्र स्थितो योगी न हर्षमुपगच्छति ॥ ४-२ ॥

yat padam prepsavo dīnāḥ śakrādyāḥ sarvadevatāḥ

aho tatra sthito yogī na harṣamupagacchati

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Truly the yogi feels no excitement even at being established in that state which all the Devas from Indra down yearn for disconsolately.

तज्ज्ञस्य पुण्यपापाभ्यां स्पर्शो ह्यन्तर्न जायते ।

न ह्याकाशस्य धूमेन दृश्यमानापि सङ्गतिः ॥ ४-३ ॥

tajjñasya puṇyapāpābhyāṃ sparśo hyantarna jāyate  
na hyākāśasya dhūmena dṛśyamānāpi saṅgatiḥ

He who has known That is untouched within by good deeds or bad, just as the sky is not touched by smoke, however much it may appear to be.

आत्मैवेदं जगत्सर्वं ज्ञातं येन महात्मना ।

यदृच्छया वर्तमानं तं निषेद्धुं क्षमेत कः ॥ ४-४ ॥

ātmaivedaṃ jagatsarvaṃ jñātaṃ yena mahātmanā  
yadṛcchayā vartamānaṃ taṃ niṣeddhum kṣameta kaḥ

Who can prevent the great-souled person who has known this whole world as himself from living as he pleases?



आब्रह्मस्तंबपर्यन्ते भूतग्रामे चतुर्विधे ।

विज्ञस्यैव हि सामर्थ्यमिच्छानिच्छाविवर्जने ॥ ४-५ ॥

ābrahmastambaparyante bhūtagrāme caturvidhe  
vijñasyaiva hi sāmāthyamicchānicchāvivarjane

Of all four categories of beings, from Brahma down to the last clump of grass, only the man of knowledge is capable of eliminating desire and aversion.

आत्मानमद्वयं कश्चिज्जानाति जगदीश्वरं ।

यद् वेत्ति तत्स कुरुते न भयं तस्य कुत्रचित् ॥ ४-६ ॥

ātmānamadvayaṁ kaścijjānāti jagadīśvaram  
yad veti tatsa kurute na bhayaṁ tasya kutracit

Rare is the man who knows himself as the undivided Lord of the world, and he who knows this is not afraid of anything.

## Chapter 5

॥ पञ्चमोऽध्यायः ॥

अष्टावक्र उवाच ॥

न ते संगोऽस्ति केनापि किं शुद्धस्त्यक्तुमिच्छसि ।

संघातविलयं कुर्वन्नेवमेव लयं व्रज ॥ ५-१ ॥

aṣṭāvakra uvāca

na te saṅgo'sti kenāpi kiṁ śuddhastyaktumicchasi

saṅghātavilayaṁ kurvanneveva layaṁ vraja

**Ashtavakra:** You are not bound by anything. What does a pure person like you need to renounce? Putting the complex organism to rest, you can go to your rest.

उदेति भवतो विश्वं वारिधेरिव बुद्बुदः ।

इति ज्ञात्वैकमात्मानं एवमेव लयं व्रज ॥ ५-२ ॥

udeti bhavato viśvaṁ vāridheriva budbudaḥ

iti jñātvaikamātmānaṁ evameva layaṁ vraja

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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All this arises out of you, like a bubble out of the sea. Knowing yourself like this to be but one, you can go to your rest.

प्रत्यक्षमप्यवस्तुत्वाद् विश्वं नास्त्यमले त्वयि ।

रज्जुसर्प इव व्यक्तं एवमेव लयं ब्रज ॥ ५-३ ॥

pratyakṣamapyavastutvād viśvaṁ nāstyamale tvayi  
rajjusarpa iva vyaktaṁ evameva layaṁ vraja

In spite of being in front of your eyes, all this, being insubstantial, does not exist in you, spotless as you are. It is an appearance like the snake in a rope, so you can go to your rest.

समदुःखसुखः पूर्ण आशानैराश्ययोः समः ।

समजीवितमृत्युः सन्नेवमेव लयं ब्रज ॥ ५-४ ॥

samaduḥkhasukhaḥ pūrṇa āśānairāśyayoḥ samaḥ  
samajīvitamṛtyuḥ sannevameva layaṁ vraja

Equal in pain and in pleasure, equal in hope and in disappointment, equal in life and in death, and complete as you are, you can go to your rest.

## Chapter 6

॥ षष्ठोऽध्यायः ॥

अष्टावक्र उवाच ॥

आकाशवदनन्तोऽहं घटवत् प्राकृतं जगत् ।

इति ज्ञानं तथैतस्य न त्यागो न ग्रहो लयः ॥ ६-१ ॥

janaka uvāca

ākāśavadananto'haṁ ghaṭavat prākṛtaṁ jagat

iti jñānaṁ tathaitasya na tyāgo na graho layaḥ

**Janaka:** I am infinite like space, and the natural world is like a jar. To know this is knowledge, and then there is neither renunciation, acceptance or cessation of it.

महोदधिरिवाहं स प्रपंचो वीचिसन्निभः ।

इति ज्ञानं तथैतस्य न त्यागो न ग्रहो लयः ॥ ६-२ ॥

mahodadhirivāhaṁ sa prapañco vīcisa'nnibhaḥ

iti jñānaṁ tathaitasya na tyāgo na graho layaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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I am like the ocean, and the multiplicity of objects is comparable to a wave. To know this is knowledge, and then there is neither renunciation, acceptance or cessation of it.

अहं स शुक्तिसङ्काशो रूप्यवद् विश्वकल्पना ।

इति ज्ञानं तथैतस्य न त्यागो न ग्रहो लयः ॥ ६-३ ॥

aham sa śuktisaṅkāśo rūpyavad viśvakalpanā  
iti jñānam tathaitasya na tyāgo na graho layaḥ

I am like the mother of pearl, and the imagined world is like the silver. To know this is knowledge, and then there is neither renunciation, acceptance or cessation of it.

अहं वा सर्वभूतेषु सर्वभूतान्यथो मयि ।

इति ज्ञानं तथैतस्य न त्यागो न ग्रहो लयः ॥ ६-४ ॥

aham vā sarvabhūteṣu sarvabhūtānyatho mayi  
iti jñānam tathaitasya na tyāgo na graho layaḥ

Alternatively, I am in all beings, and all beings are in me. To know this is knowledge, and then there is neither renunciation, acceptance or cessation of it.

## Chapter 7

॥ सप्तमोऽध्यायः ॥

जनक उवाच ॥

मय्यनंतमहांभोधौ विश्वपोत इतस्ततः ।

भ्रमति स्वांतवातेन न ममास्त्यसहिष्णुता ॥ ७-१ ॥

janaka uvāca

mayyanamāntamahāmbhodhau viśvapota itastataḥ

bhramati svāntavātena na mamāstyasahiṣṇutā

**Janaka:** In the infinite ocean of myself the world boat drifts here and there, moved by its own inner wind. I am not put out by that.

मय्यनंतमहांभोधौ जगद्धीचिः स्वभावतः ।

उदेतु वास्तमायातु न मे वृद्धिर्न च क्षतिः ॥ ७-२ ॥

mayyanamāntamahāmbhodhau jagadvīciḥ svabhāvataḥ

udetu vāstamāyātu na me vṛddhirna ca kṣatiḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Let the world wave of its own nature rise or disappear in the infinite ocean of myself. I neither gain nor lose anything by that.

मय्यनंतमहांभोधौ विश्वं नाम विकल्पना ।

अतिशांतो निराकार एतदेवाहमास्थितः ॥ ७-३ ॥

mayyanantamahāmbhodhau viśvaṁ nāma vikalpanā

atiśānto nirākāra etadevāhamāsthitaḥ

It is in the infinite ocean of myself that the mind-creation called the world takes place. I am supremely peaceful and formless, and I remain as such.

नात्मा भावेषु नो भावस्तत्रानन्ते निरंजने ।

इत्यसक्तोऽस्पृहः शान्त एतदेवाहमास्थितः ॥ ७-४ ॥

nātmā bhāveṣu no bhāvastatrānante niraṁjane

ityasakto'spr̥haḥ śānta etadevāhamāsthitaḥ

My true nature is not contained in objects, nor does any object exist in it, for it is infinite and spotless. So it is unattached, desireless and at peace, and I remain as such.

अहो चिन्मात्रमेवाहं इन्द्रजालोपमं जगत् ।

इति मम कथं कुत्र हेयोपादेयकल्पना ॥ ७-५ ॥

aho cinmātramevāhaṁ indrajālopamaṁ jagat

iti mama kathaṁ kutra heyopādeyakalpanā

Truly I am but pure consciousness, and the world is like a magician's show, so how could I imagine there is anything there to take up or reject ?



## Chapter 8

॥ अष्टमोऽध्यायः ॥

अष्टावक्र उवाच ॥

तदा बन्धो यदा चित्तं किञ्चिद् वाञ्छति शोचति ।

किञ्चिन् मुञ्चति गृण्हाति किञ्चिद् दृष्यति कुप्यति ॥ ८-१ ॥

aṣṭāvakra uvāca

tadā bandho yadā cittam kincid vāṁchati śocati

kimcin muñcati gr̥ṇhāti kimcid dṛṣyati kupyati

**Ashtavakra:** Bondage is when the mind longs for something, grieves about something, rejects something, holds on to something, is pleased about something or displeased about something.

तदा मुक्तिर्यदा चित्तं न वाञ्छति न शोचति ।

न मुञ्चति न गृण्हाति न हृष्यति न कुप्यति ॥ ८-२ ॥

tadā muktiryaḍā cittam na vāṁchati na śocati

na muñcati na gr̥ṇhāti na hr̥ṣyati na kupyati

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Liberation is when the mind does not long for anything, grieve about anything, reject anything, or hold on to anything, and is not pleased about anything or displeased about anything.

तदा बन्धो यदा चित्तं सक्तं काश्चपि दृष्टिषु ।

तदा मोक्षो यदा चित्तमसक्तं सर्वदृष्टिषु ॥ ८-३ ॥

tadā bandho yadā cittam saktam kāśvapi dr̥ṣṭiṣu

tadā mokṣo yadā cittamasaktam sarvadr̥ṣṭiṣu

Bondage is when the mind is tangled in one of the senses, and liberation is when the mind is not tangled in any of the senses.

यदा नाहं तदा मोक्षो यदाहं बन्धनं तदा ।

मत्वेति हेलया किञ्चिन्मा गृहाण विमुञ्च मा ॥ ८-४ ॥

yadā nāham tadā mokṣo yadāham bandhanam tadā

matveti helayā kiñcinmā grhāṇa vimuñca mā

When there is no "me" that is liberation, and when there is "me" there is bondage. Consider this carefully, and neither hold on nor reject.

## Chapter 9

॥ नवमोऽध्यायः ॥

अष्टावक्र उवाच ॥

कृताकृते च द्वन्द्वानि कदा शान्तानि कस्य वा ।

एवं ज्ञात्वेह निर्वेदाद्भव त्यागपरोऽव्रती ॥ ९-१ ॥

aṣṭāvakra uvāca

kṛtākṛte ca dvandvāni kadā śāntāni kasya vā

evam jñātveha nirvedād bhava tyāgaparo'vrati

**Ashtavakra:** Knowing when the dualism of things done and undone has been put to rest, or the person for whom they occur has, then you can here and now go beyond renunciation and obligations by indifference to such things.

कस्यापि तात धन्यस्य लोकचेष्टावलोकनात् ।

जीवितेच्छा बुभुक्षा च बुभुत्सोपशमः गताः ॥ ९-२ ॥

kasyāpi tāta dhanyasya lokaceṣṭāvalokanāt

jīvitecchā bubhukṣā ca bubhutsopaśamaḥ gatāḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Rare indeed, my son, is the lucky man whose observation of the world's behaviour has led to the extinction of his thirst for living, thirst for pleasure and thirst for knowledge.

अनित्यं सर्वमेवेदं तापत्रयदूषितं ।

असरं निन्दितं हेयमिति निश्चित्य शाम्यति ॥ ९-३ ॥

anityam sarvamevedam tāpatrayadūṣitam

asaram ninditam heyamiti niścitya śāmyati

All this is impermanent and spoilt by the three sorts of pain. Recognising it to be insubstantial, contemptible and only fit for rejection, one attains peace.

कोऽसौ कालो वयः किं वा यत्र द्वन्द्वानि नो नृणां ।

तान्युपेक्ष्य यथाप्राप्तवर्ती सिद्धिमवाप्नुयात् ॥ ९-४ ॥

ko'sau kālo vayah kim vā yatra dvandvāni no nṛṇām

tānyupekṣya yathāprāptavartī siddhimavāpnuyāt

When was that age or time of life when the dualism of extremes did not exist for men? Abandoning them, a person who is happy to take whatever comes attains perfection.

ना मतं महर्षीणां साधूनां योगिनां तथा ।

दृष्ट्वा निर्वेदमापन्नः को न शाम्यति मानवः ॥ ९-५ ॥

nā mataṁ maharṣīṇāṁ sādhusnām yoginām tathā  
drṣṭvā nirvedamāpannaḥ ko na śāmyati mānavaḥ

Who does not end up with indifference to such things and attain peace when he has seen the differences of opinions among the great sages, saints and yogis?

कृत्वा मूर्तिपरिज्ञानं चैतन्यस्य न किं गुरुः ।

निर्वेदसमतायुक्त्या यस्तारयति संसृतेः ॥ ९-६ ॥

kṛtvā mūrtiparijñānaṁ caitanyasya na kiṁ guruḥ  
nirvedasamatāyuktyā yastārayati saṁsṛteḥ

Is he not a guru who, endowed with dispassion and equanimity, achieves full knowledge of the nature of consciousness, and leads others out of samsara?

पश्य भूतविकारांस्त्वं भूतमात्रान् यथार्थतः ।

तत्क्षणाद् बन्धनिर्मुक्तः स्वरूपस्थो भविष्यसि ॥ ९-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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paśya bhūtavikārāmstvaṁ bhūtamātrān yathārthataḥ  
tatkṣaṇād bandhanirmuktaḥ svarūpastho bhaviṣyasi

If you would just see the transformations of the elements as nothing more than the elements, then you would immediately be freed from all bonds and established in your own nature.

वासना एव संसार इति सर्वा विमुंच ताः ।

तत्त्यागो वासनात्यागात्स्थितिरद्य यथा तथा ॥ ९-८ ॥

vāsanā eva saṁsāra iti sarvā vimun̄ca tāḥ  
tattyāgo vāsanātyāgātsthitiradya yathā tathā

One's inclinations are samsara. Knowing this, abandon them. The renunciation of them is the renunciation of it. Now you can remain as you are.

## Chapter 10

॥ दशमोऽध्यायः ॥

अष्टावक्र उवाच ॥

विहाय वैरिणं काममर्थं चानर्थसंकुलं ।

धर्ममप्येतयोर्हेतुं सर्वत्रादरं कुरु ॥ १०-१ ॥

aṣṭāvakra uvāca

vihāya vairiṇaṁ kāmamarthaṁ cānarthasaṅkulam

dharmamapyetayorhetuṁ sarvatrādaraṁ kuru

**Ashtavakra:** Abandoning desire, the enemy, along with gain, itself so full of loss, and the good deeds which are the cause of the other two - practice indifference to everything.

स्वप्नेन्द्रजालवत् पश्य दिनानि त्रीणि पञ्च वा ।

मित्रक्षेत्रधनागारदारदायादिसंपदः ॥ १०-२ ॥

svapnendrajālavat paśya dināni trīṇi pañca vā

mitrakṣetradhanāgārādārādāyādisampadaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Look on such things as friends, land, money, property, wife, and bequests as nothing but a dream or a magician's show lasting three or five days.

यत्र यत्र भवेत्तृष्णा संसारं विद्धि तत्र वै ।

प्रौढवैराग्यमाश्रित्य वीततृष्णः सुखी भव ॥ १०-३ ॥

yatra yatra bhavettṛṣṇā saṁsāraṁ viddhi tatra vai  
prauḍhavairāgyamāśritya vītatṛṣṇaḥ sukhi Bhava

Wherever a desire occurs, see samsara in it. Establishing yourself in firm dispassion, be free of passion and happy.

तृष्णामात्रात्मको बन्धस्तन्नाशो मोक्ष उच्यते ।

भवासंसक्तिमात्रेण प्राप्तितुष्टिर्मुहुर्मुहुः ॥ १०-४ ॥

tṛṣṇāmātrātmako bandhastannāśo mokṣa ucyate  
bhavāsaṁsaktimātreṇa prāptituṣṭirmuhurmuhuḥ

The essential nature of bondage is nothing other than desire, and its elimination is known as liberation. It is simply by not being attached to changing things that the everlasting joy of attainment is reached.



त्वमेकश्चेतनः शुद्धो जडं विश्वमसत्तथा ।

अविद्यापि न किञ्चित्सा का बुभुत्सा तथापि ते ॥ १०-५ ॥

tvamekaścetanah śuddho jaḍam viśvamasattathā  
avidyāpi na kiñcitsā kā bubhutsā tathāpi te

You are one, conscious and pure, while all this is just inert non-being. Ignorance itself is nothing, so what need have you of desire to understand?

राज्यं सुताः कलत्राणि शरीराणि सुखानि च ।

संसक्तस्यापि नष्टानि तव जन्मनि जन्मनि ॥ १०-६ ॥

rājyaṁ sutāḥ kalatrāṇi śarīrāṇi sukhāni ca  
saṁsaktasyāpi naṣṭāni tava janmani janmani

Kingdoms, children, wives, bodies, pleasures - these have all been lost to you, life after life, attached to them though you were.

अलमर्थेन कामेन सुकृतेनापि कर्मणा ।

एभ्यः संसारकान्तारे न विश्रान्तमभून् मनः ॥ १०-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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alamarthena kāmēna sukṛtenāpi karmanā  
ebhyaḥ saṁsārakāntāre na viśrāntamabhūn manah

Enough of wealth, sensuality and good deeds. In the forest of  
samsara the mind has never found satisfaction in these.

कृतं न कति जन्मानि कायेन मनसा गिरा ।

दुःखमायासदं कर्म तदद्याप्युपरम्यताम् ॥ १०-८ ॥

kṛtaṁ na kati janmāni kāyena manasā girā  
duḥkhamāyāsadaṁ karma tadadyāpyuparamyatām

How many births have you not done hard and painful labour  
with body, mind and speech. Now at last stop!

## Chapter 11

॥ एकादशोऽध्यायः ॥

अष्टावक्र उवाच ॥

भावाभावविकारश्च स्वभावादिति निश्चयी ।

निर्विकारो गतक्लेशः सुखेनैवोपशाम्यति ॥ ११-१ ॥

aṣṭāvakra uvāca

bhāvābhāvavikāraśca svabhāvāditi niścayī

nirvikāro gatakleśaḥ sukheṇaivopaśāmyati

**Ashtavakra:** Unmoved and undistressed, realising that being, non-being and change are of the very nature of things, one easily finds peace.

ईश्वरः सर्वनिर्माता नेहान्य इति निश्चयी ।

अन्तर्गलितसर्वाशः शान्तः क्वापि न सज्जते ॥ ११-२ ॥

īśvaraḥ sarvanirmātā nehānya iti niścayī

antargalitasarvāśaḥ śāntaḥ kvāpi na sajjate

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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At peace, having shed all desires within, and realising that nothing exists here but the Lord, the Creator of all things, one is no longer attached to anything.

आपदः संपदः काले दैवादेवेति निश्चयी ।

तृप्तः स्वस्थेन्द्रियो नित्यं न वान्छति न शोचति ॥ ११-३ ॥

āpadaḥ saṃpadaḥ kāle daivādeveti niścayī

tr̥ptaḥ svasthendriyo nityaṃ na vānc̥hati na śocati

Realising that misfortune and fortune come in their turn from fate, one is contented, one's senses under control, and does not like or dislike.

सुखदुःखे जन्ममृत्यू दैवादेवेति निश्चयी ।

साध्यादर्शी निरायासः कुर्वन्नपि न लिप्यते ॥ ११-४ ॥

sukhaduḥkhe janmamṛtyū daivādeveti niścayī

sādhyādarśī nirāyāsaḥ kurvannapi na lipyate

Realising that pleasure and pain, birth and death are from fate, and that one's desires cannot be achieved, one remains inactive, and even when acting does not get attached.

चिन्तया जायते दुःखं नान्यथेहेति निश्चयी ।

तया हीनः सुखी शान्तः सर्वत्र गलितस्पृहः ॥ ११-५ ॥

cintayā jāyate duḥkhaṁ nānyatheheti niścayī

tayā hīnaḥ sukhī śāntaḥ sarvatra galitaspr̥haḥ

Realising that suffering arises from nothing other than thinking, dropping all desires one rids oneself of it, and is happy and at peace everywhere.

नाहं देहो न मे देहो बोधोऽहमिति निश्चयी ।

कैवल्यं इव संप्राप्तो न स्मरत्यकृतं कृतम् ॥ ११-६ ॥

nāhaṁ deho na me deho bodho'hamiti niścayī

kaivalyaṁ iva saṁprāpto na smaratyakṛtaṁ kṛtaṁ

Realising, "I am not the body, nor is the body mine. I am awareness", one attains the supreme state and no longer remembers things done or undone.

आब्रह्मस्तंबपर्यन्तं अहमेवेति निश्चयी ।

निर्विकल्पः शुचिः शान्तः प्राप्ताप्राप्तविनिर्मुक्तः ॥ ११-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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ābrahmastambaparyantaṁ ahameveti niścayī  
nirvikalpaḥ śuciḥ śāntaḥ prāptāprāptavinirvṛtaḥ

Realising, "I alone exist, from Brahma down to the last clump of grass", one becomes free from uncertainty, pure, at peace and unconcerned about what has been attained or not.

नाश्चर्यमिदं विश्वं न किञ्चिदिति निश्चयी ।

निर्वासनः स्फूर्तिमात्रो न किञ्चिदिव शाम्यति ॥ ११-८ ॥

nāścaryamidaṁ viśvaṁ na kiñciditi niścayī  
nirvāsaṇaḥ sphūrtimātro na kiñcidiva śāmyati

Realising that all this varied and wonderful world is nothing, one becomes pure receptivity, free from inclinations, and as if nothing existed, one finds peace.

## Chapter 12

॥ द्वादशोऽध्यायः ॥

जनक उवाच ॥

कायकृत्यासहः पूर्वं ततो वाग्विस्तरासहः ।

अथ चिन्तासहस्तस्माद् एवमेवाहमास्थितः ॥ १२-१ ॥

janaka uvāca

kāyakṛtyāsahaḥ pūrvam tato vāgvistarāsahaḥ

atha cintāsahastasmād evamevāhamāsthitaḥ

**Janaka:** First of all I was averse to physical activity, then to lengthy speech, and finally to thinking itself, which is why I am now established.

प्रीत्यभावेन शब्दादेरदृश्यत्वेन चात्मनः ।

विक्षेपैकाग्रहृदय एवमेवाहमास्थितः ॥ १२-२ ॥

prītyabhāvena śabdāderadrśyatvena cātmanah

vikṣepaikāgrahṛdaya evamevāhamāsthitaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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In the absence of delight in sound and the other senses, and by the fact that I am myself not an object of the senses, my mind is focused and free from distraction - which is why I am now established.

समाध्यासादिविक्षितौ व्यवहारः समाधये ।

एवं विलोक्य नियमं एवमेवाहमास्थितः ॥ १२-३ ॥ ।

samādhyāsādivikṣiptau vyavahāraḥ samādhaye  
evaṁ vilokya niyamaṁ evamevāhamāsthitaḥ

In the absence of delight in sound and the other senses, and by the fact that I am myself not an object of the senses, my mind is focused and free from distraction - which is why I am now established.

हेयोपादेयविरहाद् एवं हर्षविषादयोः ।

अभावादद्य हे ब्रह्मन् एवमेवाहमास्थितः ॥ १२-४ ॥

heyopādeyavirahād evaṁ harṣaviṣādayoḥ  
abhāvādadya he brahmann evamevāhamāsthitaḥ



## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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By relinquishing the sense of rejection and acceptance, and with pleasure and disappointment ceasing today, brahmin - I am now established.

आश्रमानाश्रमं ध्यानं चित्तस्वीकृतवर्जनं ।

विकल्पं मम वीक्ष्यैतैरेवमेवाहमास्थितः ॥ १२-५ ॥

āśramānāśramam dhyānam cittasvikṛtavarjanam  
vikalpaṁ mama vīkṣyaitairevamevāhamāsthitaḥ

Life in a community, then going beyond such a state, meditation and the elimination of mind-made objects - by means of these I have seen my error, and I am now established.

कर्मानुष्ठानमज्ञानाद् यथैवोपरमस्तथा ।

बुध्वा सम्यगिदं तत्त्वं एवमेवाहमास्थितः ॥ १२-६ ॥

karmānuṣṭhānamajñānād yathaiवoparamastathā  
budhvā samyagidaṁ tattvaṁ evamevāhamāsthitaḥ

Just as the performance of actions is due to ignorance, so their abandonment is too. By fully recognising this truth, I am now established.

अचिंत्यं चिंत्यमानोऽपि चिन्तारूपं भजत्यसौ ।

त्यक्त्वा तद्भावनं तस्माद् एवमेवाहमास्थितः ॥ १२-७ ॥

acimtyaṁ cimtyamāno'pi cintārūpaṁ bhajatyasau  
tyaktvā tadbhāvanaṁ tasmād evamevāhamāsthitaḥ

Trying to think the unthinkable, is doing something unnatural to thought. Abandoning such a practice therefore, I am now established.

एवमेव कृतं येन स कृतार्थो भवेदसौ ।

एवमेव स्वभावो यः स कृतार्थो भवेदसौ ॥ १२-८ ॥

evameva kṛtaṁ yena sa kṛtārtho bhavedasau  
evameva svabhāvo yaḥ sa kṛtārtho bhavedasau

He who has achieved this has achieved the goal of life. He who is of such a nature has done what has to be done.

## Chapter 13

॥ त्रयोदशोऽध्यायः ॥

जनक उवाच ॥

अकिञ्चनभवं स्वास्थं कौपीनत्वेऽपि दुर्लभं ।

त्यागादाने विहायास्मादहमासे यथासुखम् ॥ १३-१ ॥

janaka uvāca

akiñcanabhavaṁ svāsthaṁ kaupīnatve'pi durlabham

tyāgādāne vihāyāsmādahamāse yathāsukham

**Janaka:** The inner freedom of having nothing is hard to achieve, even with just a loin-cloth, but I live as I please abandoning both renunciation and acquisition.

कुत्रापि खेदः कायस्य जिह्वा कुत्रापि खेद्यते ।

मनः कुत्रापि तत्त्यक्त्वा पुरुषार्थे स्थितः सुखम् ॥ ३-२ ॥

kuutrāpi khedaḥ kāyasya jihvā kuutrāpi khedyate

manaḥ kuutrāpi tattyaktvā puruṣārthe sthitaḥ sukham

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Sometimes one experiences distress because of one's body, sometimes because of one's speech, and sometimes because of one's mind. Abandoning all of these, I live as I please in the goal of humanity.

कृतं किमपि नैव स्याद् इति संचिन्त्य तत्त्वतः ।

यदा यत्कर्तुमायाति तत् कृत्वासे यथासुखम् ॥ १३-३ ॥

kṛtaṁ kimapi naiva syād iti saṁcintya tattvataḥ  
yadā yatkartumāyāti tat kṛtvāse yathāsukham

Recognising that in reality no action is ever committed, I live as I please, just doing what presents itself to be done.

कर्मनैष्कर्म्यनिर्बन्धभावा देहस्थयोगिनः ।

संयोगायोगविरहादहमासे यथासुखम् ॥ १३-४ ॥

karmanaiṣkarmyanirbandhabhāvā dehashtayogināḥ  
saṁyogāyogavirahādahamāse yathāsukham

Yogis who identify themselves with their bodies are insistent on fulfilling and avoiding certain actions, but I live as I please abandoning attachment and rejection.

अर्थानर्थौ न मे स्थित्या गत्या न शयनेन वा ।

तिष्ठन् गच्छन् स्वपन् तस्मादहमासे यथासुखम् ॥ १३-५

arthānarthau na me sthityā gatyā na śayanena vā  
tiṣṭhan gacchan svapan tasmādahamāse yathāsukham

No benefit or loss comes to me by standing, walking or lying down, so consequently I live as I please whether standing, walking or sleeping.

स्वपतो नास्ति मे हानिः सिद्धिर्यत्नवतो न वा ।

नाशोल्लासौ विहायास्मदहमासे यथासुखम् ॥ १३-६ ॥

svapato nāsti me hāniḥ siddhiryatnavato na vā  
nāśollāsau vihāyāsmadahamāse yathāsukham

I lose nothing by sleeping and gain nothing by effort, so consequently I live as I please, abandoning loss and success.

सुखादिरूपा नियमं भावेष्वालोक्त्य भूरिशः ।

शुभाशुभे विहायास्मादहमासे यथासुखम् ॥ १३-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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sukhādirūpā niyamaṁ bhāveṣvālokya bhūriśaḥ  
śubhāśubhe viḥayāsmādahamāse yathāsukham

Frequently observing the drawbacks of such things as pleasant objects, I live as I please, abandoning the pleasant and unpleasant.

## Chapter 14

॥ चतुर्दशोऽध्यायः ॥

जनक उवाच ॥

प्रकृत्या शून्यचित्तो यः प्रमादाद् भावभावनः ।

निद्रितो बोधित इव क्षीणसंस्मरणो हि सः ॥ १४-१ ॥

janaka uvāca

prakṛtyā śūnyacitto yaḥ pramādād bhāvabhāvanaḥ

nidrito bodhita iva kṣīṇasaṁsmaraṇo hi saḥ

**Janaka:** He who by nature is empty minded, and who thinks of things only unintentionally, is freed from deliberate remembering like one awakened from a dream.

क्व धनानि क्व मित्राणि क्व मे विषयदस्यवः ।

क्व शास्त्रं क्व च विज्ञानं यदा मे गलिता स्पृहा ॥ १४-२ ॥

kva dhanāni kva mitrāṇi kva me viṣayadasyaḥ

kva śāstraṁ kva ca vijñānaṁ yadā me galitā spṛhā

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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When my desire has been eliminated, I have no wealth, friends, robber senses, scriptures or knowledge?

विज्ञाते साक्षिपुरुषे परमात्मनि चेश्वरे ।

नैराश्ये बंधमोक्षे च न चिंता मुक्तये मम ॥ १४-३ ॥

vijñāte sākṣipuruṣe paramātmāni ceśvare

nairāśye baṁdhamokṣe ca na cimtā muktaye mama

Realising my supreme self-nature in the Person of the Witness, the Lord, and the state of desirelessness in bondage or liberation, I feel no inclination for liberation.

अंतर्विकल्पशून्यस्य बहिः स्वच्छन्दचारिणः ।

भ्रान्तस्येव दशास्तास्तास्तदृशा एव जानते ॥ १४-४ ॥

am̐tarvikalpaśūnyasya bahiḥ svacchandacāriṇaḥ

bhrāntasyeva daśāstāstāstādṛśā eva jānate

The various states of one who is free of uncertainty within, and who outwardly wanders about as he pleases like an idiot, can only be known by someone in the same condition.



## Chapter 15

॥ पञ्चदशोऽध्यायः ॥

अष्टावक्र उवाच ॥

यथातथोपदेशेन कृतार्थः सत्त्वबुद्धिमान् ।

आजीवमपि जिज्ञासुः परस्तत्र विमुह्यति ॥ १५-१ ॥

aṣṭāvakra uvāca

yathātathopadeśena kṛtārthaḥ sattvabuddhimān

ājīvamapi jijñāsuḥ parastatra vimuhyati

**Ashtavakra:** While a man of pure intelligence may achieve the goal by the most casual of instruction, another may seek knowledge all his life and still remain bewildered.

मोक्षो विषयवैरस्यं बन्धो वैषयिको रसः ।

एतावदेव विज्ञानं यथेच्छसि तथा कुरु ॥ १५-२ ॥

mokṣo viṣayavairasyaṁ bandho vaiṣayiko rasaḥ

etāvadeva vijñānaṁ yathecchasi tathā kuru

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Liberation is distaste for the objects of the senses. Bondage is love of the senses. This is knowledge. Now do as you please.

वाग्मिप्राज्ञानमहोद्योगं जनं मूकजडालसं ।

करोति तत्त्वबोधोऽयमतस्त्यक्तो बुभुक्षभिः ॥ १५-३ ॥

vāgmiprājñānamahodyogaṁ janam mūkajaḍālasam  
karoti tattvabodho'yamatastyakto bubhukṣabhiḥ

This awareness of the truth makes an eloquent, clever and energetic man dumb, stupid and lazy, so it is avoided by those whose aim is enjoyment.

न त्वं देहो न ते देहो भोक्ता कर्ता न वा भवान् ।

चिद्रूपोऽसि सदा साक्षी निरपेक्षः सुखं चर ॥ १५-४ ॥

na tvaṁ deho na te deho bhoktā kartā na vā bhavān  
cidrūpo'si sadā sākṣī nirapekṣaḥ sukhaṁ cara

You are not the body, nor is the body yours, nor are you the doer of actions or the reaper of their consequences. You are eternally pure consciousness the witness, in need of nothing - so live happily.

रागद्वेषौ मनोधर्मौ न मनस्ते कदाचन ।

निर्विकल्पोऽसि बोधात्मा निर्विकारः सुखं चर ॥ १५-५ ॥

rāgadveṣau manodharmau na manaste kadācana

nirvikalpo'si bodhātmā nirvikāraḥ sukhaṁ cara

Desire and anger are objects of the mind, but the mind is not yours, nor ever has been. You are choiceless, awareness itself and unchanging - so live happily.

सर्वभूतेषु चात्मानं सर्वभूतानि चात्मनि ।

विज्ञाय निरहंकारो निर्ममस्त्वं सुखी भव ॥ १५-६ ॥

sarvabhūteṣu cātmānaṁ sarvabhūtāni cātmani

vijñāya nirahaṁkāro nirmamastvaṁ sukhī Bhava

Recognising oneself in all beings, and all beings in oneself, be happy, free from the sense of responsibility and free from preoccupation with "me".

विश्वं स्फुरति यत्रेदं तरंगा इव सागरे ।

तत्त्वमेव न सन्देहश्चिन्मूर्ते विज्वरो भव ॥ १५-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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viśvaṁ sphurati yatredaṁ taraṁgā iva sāgare  
tattvameva na sandehaścinmūrte vijvaro Bhava

Your nature is the consciousness, in which the whole world wells up, like waves in the sea. That is what you are, without any doubt, so be free of disturbance.

श्रद्धस्व तात श्रद्धस्व नात्र मोऽहं कुरुष्व भोः ।

ज्ञानस्वरूपो भगवानात्मा त्वं प्रकृतेः परः ॥ १५-८ ॥

śraddhasva tāta śraddhasva nātra mo'haṁ kuruṣva bhoḥ  
jñānasvarūpo bhagavānātmā tvaṁ prakṛteḥ paraḥ

Have faith, my son, have faith. Don't let yourself be deluded in this, sir. You are yourself the Lord, whose very nature is knowledge, and are beyond natural causation.

गुणैः संवेष्टितो देहस्तिष्ठत्यायाति याति च ।

आत्मा न गन्ता नागन्ता किमेनमनुशोचसि ॥ १५-९ ॥

guṇaiḥ saṁveṣṭito dehastiṣṭhatyāyāti yāti ca  
ātmā na gantā nāgantā kimenamanuśocasi

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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The body invested with the senses stands still, and comes and goes. You yourself neither come nor go, so why bother about them?

देहस्तिष्ठतु कल्पान्तं गच्छत्वद्यैव वा पुनः ।

क वृद्धिः क च वा हानिस्तव चिन्मात्ररूपिणः ॥ १५-१० ॥

dehastiṣṭhatu kalpāntaṁ gacchatvadyaiva vā punaḥ  
kva vṛddhiḥ kva ca vā hānistava cinmātrarūpiṇaḥ

Let the body last to the end of the Age, or let it come to an end right now. What have you gained or lost, who consist of pure consciousness?

त्वय्यनंतमहांभोधौ विश्ववीचिः स्वभावतः ।

उदेतु वास्तमायातु न ते वृद्धिर्न वा क्षतिः ॥ १५-११ ॥

tvayyananta mahāmbhodhau viśvavīciḥ svabhāvataḥ  
udetu vāstamāyātu na te vṛddhirna vā kṣatiḥ

Let the world wave rise or subside according to its own nature in you, the great ocean. It is no gain or loss to you.

तात चिन्मात्ररूपोऽसि न ते भिन्नमिदं जगत् ।

अतः कस्य कथं कुत्र हेयोपादेयकल्पना ॥ १५-१२ ॥

tāta cinmātrarūpo'si na te bhinnamidaṁ jagat

ataḥ kasya katham kutra heyopādeyakalpanā

My son, you consist of pure consciousness, and the world is not separate from you. So who is to accept or reject it, and how, and why?

एकस्मिन्नव्यये शान्ते चिदाकाशेऽमले त्वयि ।

कुतो जन्म कुतो कर्म कुतोऽहंकार एव च ॥ १५-१३ ॥

ekasminnavyaye śānte cidākāśe'male tvayi

kuto janma kuto karma kuto'haṁkāra eva ca

How can there be either birth, karma or responsibility in that one unchanging, peaceful, unblemished and infinite consciousness which is you?

यत्त्वं पश्यसि तत्रैकस्त्वमेव प्रतिभाससे ।

किं पृथक् भासते स्वर्णात् कटकांगदनूपुरम् ॥ १५-१४ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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yattvaṁ paśyasi tattraikastvameva pratibhāsase  
kiṁ prthak bhāsate svarṇāt kaṭakāṁgadanūpuram

Whatever you see, it is you alone manifest in it. How could bracelets, armlets and anklets be different from the gold they are made of?

अयं सोऽहमयं नाहं विभागमिति संत्यज ।

सर्वमात्मेति निश्चित्य निःसङ्कल्पः सुखी भव ॥ १५-१५ ॥

ayaṁ so'hamayaṁ nāhaṁ vibhāgamiti samtyaja  
sarvamātmeti niścitya niḥsaṅkalpaḥ sukhī Bhava

Giving up such distinctions as "He is what I am", and "I am not that", recognise that "Everything is myself", and be without distinction and happy.

तवैवाज्ञानतो विश्वं त्वमेकः परमार्थतः ।

त्वत्तोऽन्यो नास्ति संसारी नासंसारी च कश्चन ॥ १५-१६

tavaivājñānato viśvaṁ tvamekaḥ paramārthataḥ  
tvatto'nyo nāsti saṁsārī nāsaṁsārī ca kaścana

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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It is through your ignorance that all this exists. In reality you alone exist. Apart from you there is no one within or beyond samsara.

भ्रान्तिमात्रमिदं विश्वं न किञ्चिदिति निश्चयी ।

निर्वासनः स्फूर्तिमात्रो न किञ्चिदिव शाम्यति ॥ १५-१७ ॥

bhrāntimātramidaṁ viśvaṁ na kiñciditi niścayī  
nirvāśanaḥ sphūrtimātro na kiñcidiva śāmyati

Knowing that all this is an illusion, one becomes free of desire, pure receptivity and at peace, as if nothing existed.

एक एव भवांभोधावासीदस्ति भविष्यति ।

न ते बन्धोऽस्ति मोक्षो वा कृत्यकृत्यः सुखं चर ॥ १५-१८ ॥

eka eva bhavāmbhodhāvāsīdasti bhaviṣyati  
na te bandho'sti mokṣo vā kṛtyakṛtyaḥ sukhaṁ cara

Only one thing has existed, exists and will exist in the ocean of being. You have no bondage or liberation. Live happily and fulfilled.



मा सङ्कल्पविकल्पाभ्यां चित्तं क्षोभय चिन्मय ।

उपशाम्य सुखं तिष्ठ स्वात्मन्यानन्दविग्रहे ॥ १५-१९ ॥

mā saṅkalpavikalpābhyāṁ cittam kṣobhaya cinmaya  
upaśāmy sukham tiṣṭha svātmanyānandavigrahe

Being pure consciousness, do not disturb your mind with thoughts of for and against. Be at peace and remain happily in yourself, the essence of joy.

त्यजैव ध्यानं सर्वत्र मा किञ्चिद् हृदि धारय ।

आत्मा त्वं मुक्त एवासि किं विमृश्य करिष्यसि ॥ १५-२० ॥

tyajaiva dhyānam sarvatra mā kiṁcid hṛdi dhāraya  
ātmā tvam mukta evāsi kiṁ vimṛśya kariṣyasi

Give up meditation completely but don't let the mind hold on to anything. You are free by nature, so what will you achieve by forcing the mind?

## Chapter 16

॥ षोढशोध्यायः ॥

अष्टावक्र उवाच ॥

आचक्ष्व शृणु वा तात नानाशास्त्राण्यनेकशः ।

तथापि न तव स्वास्थ्यं सर्वविस्मरणाद् ऋते ॥ १६-१ ॥

aṣṭāvakra uvāca

ācakṣva śṛṇu vā tāta nānāśāstrāṇyanekaśaḥ

tathāpi na tava svāsthyam sarvavismaraṇād ṛte

**Ashtavakra:** My son, you may recite or listen to countless scriptures, but you will not be established within until you can forget everything.

भोगं कर्म समाधिं वा कुरु विज्ञ तथापि ते ।

चित्तं निरस्तसर्वाशमत्यर्थं रोचयिष्यति ॥ १६-२ ॥

bhogaṁ karma samādhim vā kuru vijñā tathāpi te

cittaṁ nirastasarvāśamatyartham rocayiṣyati

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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You may, as a learned man, indulge in wealth, activity and meditation, but your mind will still long for that which is the cessation of desire, and beyond all goals.

आयासात्सकलो दुःखी नैनं जानाति कश्चन ।

अनेनैवोपदेशेन धन्यः प्राप्नोति निर्वृतिम् ॥ १६-३ ॥

āyāsātsakalo duḥkhī nainam jānāti kaścana  
anenaivopadeśena dhanyaḥ prāpnoti nirvṛtim

Everyone is in pain because of their own effort, but no-one realises it. By just this very instruction, the lucky one attains tranquillity.

व्यापारे खिद्यते यस्तु निमेषोन्मेषयोरपि ।

तस्यालस्य धुरीणस्य सुखं नन्यस्य कस्यचित् ॥ १६-४ ॥

vyāpāre khidyate yastu nimeṣonmeṣayorapi  
tasyālasya dhurīṇasya sukham nanyasya kasyacit

Happiness belongs to no-one but that supremely lazy man for whom even opening and closing his eyes is a bother.

इदं कृतमिदं नेति द्वंद्वैर्मुक्तं यदा मनः ।

धर्मार्थकाममोक्षेषु निरपेक्षं तदा भवेत् ॥ १६-५ ॥

idaṁ kṛtamiḍaṁ neti dvandvairmuktaṁ yadā manaḥ  
dharmārthakāmamokṣeṣu nirapekṣaṁ tadā bhavet

When the mind is freed from such pairs of opposites as, "I have done this", and "I have not done that", it becomes indifferent to merit, wealth, sensuality and liberation.

विरक्तो विषयद्वेष्टा रागी विषयलोलुपः ।

ग्रहमोक्षविहीनस्तु न विरक्तो न रागवान् ॥ १६-६ ॥

virakto viṣayadveṣṭā rāgī viṣayalolupaḥ  
grahamokṣavihīnastu na virakto na rāgavān

One man is abstemious and averse to the senses, another is greedy and attached to them, but he who is free from both taking and rejecting is neither abstemious nor greedy.

हेयोपादेयता तावत्संसारविटपांकुरः ।

स्पृहा जीवति यावद् वै निर्विचारदशास्पदम् ॥ १६-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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heyopādeyatā tāvatsaṁsāraviṭapāṁkuraḥ  
spṛhā jīvati yāvad vai nirvicāradaśāspadam

So long as desire, which is the state of lack of discrimination, remains, the sense of revulsion and attraction will remain, which is the root and branch of samsara.

प्रवृत्तौ जायते रागो निर्वृत्तौ द्वेष एव हि ।

निर्द्वन्द्वो बालवद् धीमान् एवमेव व्यवस्थितः ॥ १६-८ ॥

pravṛttau jāyate rāgo nirvṛttau dveṣa eva hi  
nirdvandvo bālavad dhīmān evameva vyavasthitah

Desire springs from usage, and aversion from abstension, but the wise man is free from the pairs of opposites like a child, and becomes established.

हातुमिच्छति संसारं रागी दुःखजिहासया ।

वीतरागो हि निर्दुःखस्तस्मिन्नपि न खिद्यति ॥ १६-९ ॥

hātumicchati saṁsāraṁ rāgī duḥkhajihāsayā  
vītarāgo hi nirduḥkhastasminnapi na khidyati

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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The passionate man wants to be rid of samsara so as to avoid pain, but the dispassionate man is free from pain and feels no distress even in it.

यस्याभिमानो मोक्षेऽपि देहेऽपि ममता तथा ।

न च ज्ञानी न वा योगी केवलं दुःखभागसौ ॥ १६-१० ॥

yasyābhimāno mokṣe'pi dehe'pi mamatā tathā  
na ca jñānī na vā yogī kevalam duḥkhabhāgasau

He who is proud about even liberation or his own body, and feels them his own, is neither a seer nor a yogi. He is still just a sufferer.

हरो यद्युपदेष्टा ते हरिः कमलजोऽपि वा ।

तथापि न तव स्वाथ्यं सर्वविस्मरणादृते ॥ १६-११ ॥

haro yadyupadeṣṭā te hariḥ kamalajo'pi vā  
tathāpi na tava svāthyam sarvavismaraṇādṛte

If even Shiva, Vishnu or the lotus-born Brahma were your instructor, until you have forgotten everything you cannot be established within.

## Chapter 17

॥ सप्तदशोध्यायः ॥

अष्टावक्र उवाच ॥

तेन ज्ञानफलं प्राप्तं योगाभ्यासफलं तथा ।

तृप्तः स्वच्छेन्द्रियो नित्यं एकाकी रमते तु यः ॥ १७-१ ॥

aṣṭāvakra uvāca

tena jñānaphalaṁ prāptaṁ yogābhyāsaphalaṁ tathā

tṛptaḥ svacchendriyo nityaṁ ekākī ramate tu yaḥ

**Ashtavakta said:** He who is content, with purified senses, and always enjoys solitude, has gained the fruit of knowledge and the fruit of the practice of yoga too.

न कदाचिज्जगत्यस्मिन् तत्त्वज्ञा हन्त खिद्यति ।

यत एकेन तेनेदं पूर्णं ब्रह्माण्डमण्डलम् ॥ १७-२ ॥

na kadācījjagatyasmin tattvajñā hanta khidyati

yata ekena tenedaṁ pūrṇaṁ brahmāṇḍamaṇḍalam

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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The knower of truth is never distressed in this world, for the whole round world is full of himself alone.

न जातु विषयाः केऽपि स्वारामं हर्षयन्त्यमी ।

सल्लकीपल्लवप्रीतमिवेभं निंबपल्लवाः ॥ १७-३ ॥

na jātu viṣayāḥ ke'pi svārāmaṁ harṣayantyaṁ  
sallakīpallavapṛitamivebhaṁ nimbapallavāḥ

None of these senses please a man who has found satisfaction within, just as Nimba leaves do not please the elephant that likes Sallaki leaves.

यस्तु भोगेषु भुक्तेषु न भवत्यधिवासिता ।

अभुक्तेषु निराकांक्षी तदृशो भवदुर्लभः ॥ १७-४ ॥

yastu bhogeṣu bhukteṣu na bhavatyadhivāsītā  
abhukteṣu nirākāṁkṣī tadṛśo bhavadurlabhaḥ

The man who is not attached to the things he has enjoyed, and does not hanker after the things he has not enjoyed, such a man is hard to find.



बुभुक्षुरिह संसारे मुमुक्षुरपि दृश्यते ।

भोगमोक्षनिराकांक्षी विरलो हि महाशयः ॥ १७-५ ॥

bubhukṣuriha saṁsāre mumukṣurapi dṛśyate

bhogamokṣanirākāṁkṣī viralo hi mahāśayaḥ

Those who desire pleasure and those who desire liberation are both found in samsara, but the great souled man who desires neither pleasure nor liberation is rare indeed.

धर्मार्थकाममोक्षेषु जीविते मरणे तथा ।

कस्याप्युदारचित्तस्य हेयोपादेयता न हि ॥ १७-६ ॥

dharmārthakāmamokṣeṣu jīvite maraṇe tathā

kasyāpyudāracittasya heyopādeyatā na hi

It is only the noble minded who is free from attraction or repulsion to religion, wealth, sensuality, and life and death too.

वांछा न विश्वविलये न द्वेषस्तस्य च स्थितौ ।

यथा जीविकया तस्माद् धन्य आस्ते यथा सुखम् ॥ १७-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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vāmchā na viśvavilaye na dveṣastasya ca sthita  
yathā jīvikayā tasmād dhanya āste yathā sukham

He feels no desire for the elimination of all this, nor anger at its continuing, so the lucky man lives happily with whatever sustenance presents itself.

कृतार्थोऽनेन ज्ञानेनेत्येवं गलितधीः कृती ।

पश्यन् शृण्वन् स्पृशन् जिघ्रन् अश्नन्स्ते यथा सुखम् ॥ १७-८

kṛtārtho'nena jñānenetyevam galitadhīḥ kṛtī  
paśyan śṛṇvan spṛśan jighrann aśnannaste yathā sukham

Thus fulfilled through this knowledge, contented and with the thinking mind emptied, he lives happily just seeing, hearing, feeling, smelling and tasting.

शून्या दृष्टिर्वृथा चेष्टा विकलानीन्द्रियाणि च ।

न स्पृहा न विरक्तिर्वा क्षीणसंसारसागरे ॥ १७-९ ॥

śūnyā drṣṭirvṛthā ceṣṭā vikalānīndriyāṇi ca  
na sprhā na viraktirvā kṣīṇasaṃsārasāgare

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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In him for whom the ocean of samsara has dried up, there is neither attachment or aversion. His gaze is vacant, his behaviour purposeless, and his senses inactive.

न जगर्ति न निद्राति नोन्मीलति न मीलति ।

अहो परदशा कापि वर्तते मुक्तचेतसः ॥ १७-१० ॥

na jagarti na nidrāti nonmīlati na mīlati

aho paradaśā kvāpi vartate muktacetasaḥ

Surely the supreme state is everywhere for the liberated mind. He is neither awake nor asleep, and neither opens or closes his eyes.

सर्वत्र दृश्यते स्वस्थः सर्वत्र विमलाशयः ।

समस्तवासना मुक्तो मुक्तः सर्वत्र राजते ॥ १७-११ ॥

sarvatra dṛśyate svasthaḥ sarvatra vimalāśayaḥ

samastavāsanā mukto muktaḥ sarvatra rājate

The liberated man is resplendent everywhere, free from all desires. Everywhere he appears self-possessed and pure of heart.

पश्यन् शृण्वन् स्पृशन् जिघ्रन्नश्नन् गृण्हन् वदन् ब्रजन् ।

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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ईहितानीहितैर्मुक्तो मुक्त एव महाशयः ॥ १७-१२ ॥

paśyan śṛṇvan sprśan jighrann aśnan gṛṇhan vadan vrajan  
īhitānīhitairmukto mukta eva mahāśayaḥ

Seeing, hearing, feeling, smelling, tasting, speaking and walking about, the great souled man who is freed from trying to achieve or avoid anything is free indeed.

न निन्दति न च स्तौति न हृष्यति न कुप्यति ।

न ददाति न गृण्हाति मुक्तः सर्वत्र नीरसः ॥ १७-१३ ॥

na nindati na ca stauti na hr̥syati na kupyati  
na dadāti na gṛṇhāti muktaḥ sarvatra nīrasaḥ

The liberated man is free from desires everywhere. He neither blames, praises, rejoices, is disappointed, gives nor takes.

सानुरागां स्त्रियं दृष्ट्वा मृत्युं वा समुपस्थितं ।

अविह्वलमनाः स्वस्थो मुक्त एव महाशयः ॥ १७-१४ ॥

sānurāgāṃ striyaṃ dr̥ṣṭvā mr̥tyuṃ vā samupasthitam  
avihvalamanāḥ svastho mukta eva mahāśayaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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When a great souled one is unperturbed in mind and self-possessed at either the sight of a woman full of desire or at approaching death, he is truly liberated.

सुखे दुःखे नरे नार्या संपत्सु विपत्सु च ।

विशेषो नैव धीरस्य सर्वत्र समदर्शिनः ॥ १७-१५ ॥

sukhe duḥkhe nare nāryāṃ sampaṭsu vipatsu ca  
viśeṣo naiva dhīrasya sarvatra samadarśinaḥ

There is no distinction between pleasure and pain, man and woman, success and failure for the wise man who looks on everything as equal.

न हिंसा नैव कारुण्यं नौद्धत्यं न च दीनता ।

नाश्चर्यं नैव च क्षोभः क्षीणसंसरणे नरे ॥ १७-१६ ॥

na himsā naiva kāruṇyaṃ nauddhatyaṃ na ca dīnatā  
nāścaryaṃ naiva ca kṣobhaḥ kṣīṇasamsaraṇe nare

There is no aggression nor compassion, no pride nor humility, no wonder nor confusion for the man whose days of in samsara are over.

न मुक्तो विषयद्वेष्टा न वा विषयलोलुपः ।

असंसक्तमना नित्यं प्राप्ताप्राप्तमुपाश्रुते ॥ १७-१७ ॥

na mukto viṣayadveṣṭā na vā viṣayalolupah  
asaṁsaktamanā nityaṁ prāptāprāptamupāśrute

The liberated man is not averse to the senses and nor is he attached to them. He enjoys himself continually with an unattached mind in both achievement and non-achievement.

समाधानसमाधानहिताहितविकल्पनाः ।

शून्यचित्तो न जानाति कैवल्यमिव संस्थितः ॥ १७-१८ ॥

samādhānasamādhānahitāhitavikalpanāḥ  
śūnyacitto na jānāti kaivalyamiva saṁsthitah

One established in the Absolute state with an empty mind does not know the alternatives of inner stillness and lack of inner stillness, and of good and evil.

निर्ममो निरहंकारो न किञ्चिदिति निश्चितः ।

अन्तर्गलितसर्वाशः कुर्वन्नपि करोति न ॥ १७-१९ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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nirmamo nirahaṁkāro na kiṁciditi niścitaḥ  
antargalitasarvāśaḥ kurvannapi karoti na

Free of "me" and "mine" and of a sense of responsibility, aware that "Nothing exists", with all desires extinguished within, a man does not act even in acting.

मनःप्रकाशसंमोहस्वप्नजाड्यविवर्जितः ।

दशां कामपि संप्राप्तो भवेद् गलितमानसः ॥ १७-२० ॥

manaḥprakāśasaṁmohasvapnajāḍyavivarjitaḥ  
daśāṁ kāmapi saṁprāpto bhaved galitamānasaḥ

He whose thinking mind is dissolved achieves the indescribable state and is free from the mental display of delusion, dream and ignorance.

## Chapter 18

॥ अष्टादशोऽध्यायः ॥

अष्टावक्र उवाच ॥

यस्य बोधोदये तावत्स्वप्नवद् भवति भ्रमः ।

तस्मै सुखैकरूपाय नमः शान्ताय तेजसे ॥ १८-१ ॥

aṣṭāvakra uvāca

yasya bodhodaye tāvatsvapnavad bhavati bhramah

tasmai sukhaikarūpāya namaḥ śāntāya tejase

**Ashtavakra:** Praise be to that by the awareness of which delusion itself becomes dream-like, to that which is pure happiness, peace and light.

अर्जयित्वाखिलान् अर्थान् भोगानाप्नोति पुष्कलान् ।

न हि सर्वपरित्याजमन्तरेण सुखी भवेत् ॥ १८-२ ॥

arjayitvākhilān arthān bhogānāpnoti puṣkalān

na hi sarvaparit்யājamantareṇa sukhī bhavet



## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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One may get all sorts of pleasure by the acquisition of various objects of enjoyment, but one cannot be happy except by the renunciation of everything.

कर्तव्यदुःखमार्तण्डज्वालादग्धान्तरात्मनः ।

कुतः प्रशमपीयूषधारासारमृते सुखम् ॥ १८-३ ॥

kartavyaduḥkhamārtañḍajvālādagdhāntarātmanah  
kutaḥ praśamapīyūṣadhārāsāramṛte sukham

How can there be happiness, for one who has been burnt inside by the blistering sun of the pain of thinking that there are things that still need doing, without the rain of the nectar of peace?

भवोऽयं भावनामात्रो न किञ्चित् परमर्थतः ।

नास्त्यभावः स्वभावनां भावाभावविभाविनाम् ॥ १८-४ ॥

bhavo'yaṁ bhāvanāmātro na kiñcit paramarthataḥ  
nāstyabhāvaḥ svabhāvanām bhāvābhāvavibhāvinām

This existence is just imagination. It is nothing in reality, but there is no non-being for natures that know how to distinguish being from non being.

न दूरं न च संकोचाल्लब्धमेवात्मनः पदं ।

निर्विकल्पं निरायासं निर्विकारं निरंजनम् ॥ १८-५ ॥

na dūraṁ na ca saṁkocāllabdhamevātmanah padam  
nirvikalpaṁ nirāyāsaṁ nirvikāraṁ niraṁjanam

The realm of one's self is not far away, and nor can it be achieved by the addition of limitations to its nature. It is unimaginable, effortless, unchanging and spotless.

व्यामोहमात्रविरतौ स्वरूपादानमात्रतः ।

वीतशोका विराजन्ते निरावरणदृष्टयः ॥ १८-६ ॥

vyāmohamātraviratau svarūpādānamātrataḥ  
vītaśokā virājante nirāvaraṇadr̥ṣṭayaḥ

By the simple elimination of delusion and the recognition of one's true nature, those whose vision is unclouded live free from sorrow.

समस्तं कल्पनामात्रमात्मा मुक्तः सनातनः ।

इति विज्ञाय धीरो हि किमभ्यस्यति बालवत् ॥ १८-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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samastam kalpanāmātramātmā muktaḥ sanātanaḥ  
iti vijñāya dhīro hi kimabhyasyati bālavat

Knowing everything as just imagination, and himself as eternally  
free, how should the wise man behave like a fool?

आत्मा ब्रह्मेति निश्चित्य भावाभावौ च कल्पितौ ।

निष्कामः किं विजानाति किं ब्रूते च करोति किम् ॥ १८-८

ātmā brahmeti niścitya bhāvābhāvau ca kalpitau  
niṣkāmaḥ kiṁ vijānāti kiṁ brūte ca karoti kim

Knowing himself to be God and being and non-being just  
imagination, what should the man free from desire learn, say or  
do?

अयं सोऽहमयं नाहं इति क्षीणा विकल्पना ।

सर्वमात्मेति निश्चित्य तूष्णींभूतस्य योगिनः ॥ १८-९ ॥

ayaṁ so'hamayaṁ nāhaṁ iti kṣīṇā vikalpanā  
sarvamātmēti niścitya tūṣṇīmbhūtasya yoginaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Considerations like "I am this" or "I am not this" are finished for the yogi who has gone silent realising "Everything is myself".

न विक्षेपो न चैकाग्र्यं नातिबोधो न मूढता ।

न सुखं न च वा दुःखं उपशान्तस्य योगिनः ॥ १८-१० ॥

na vikṣepo na caikāgryaṁ nātibodho na mūḍhatā  
na sukhaṁ na ca vā duḥkhaṁ upaśāntasya yoginaḥ

For the yogi who has found peace, there is no distraction or one-pointedness, no higher knowledge or ignorance, no pleasure and no pain.

स्वाराज्ये भैक्षवृत्तौ च लाभालाभे जने वने ।

निर्विकल्पस्वभावस्य न विशेषोऽस्ति योगिनः ॥ १८-११ ॥

svārājye bhaikṣavṛttau ca lābhālābhe jane vane  
nirvikalpasvabhāvasya na viśeṣo'sti yoginaḥ

The dominion of heaven or beggary, gain or loss, life among men or in the forest, these make no difference to a yogi whose nature it is to be free from distinctions.

क्व धर्मः क्व च वा कामः क्व चार्थः क्व विवेकिता ।

इदं कृतमिदं नेति द्वन्द्वैर्मुक्तस्य योगिनः ॥ १८-१२ ॥

kva dharmah kva ca vā kāmah kva cārthah kva vivekitā  
idam kṛtamidaṁ neti dvandvairmuktasya yoginaḥ

There is no religion, wealth, sensuality or discrimination for a yogi free from such opposites as "I have done this," and "I have not done that."

कृत्यं किमपि नैवास्ति न कापि हृदि रंजना ।

यथा जीवनमेवेह जीवन्मुक्तस्य योगिनः ॥ १८-१३ ॥

kṛtyaṁ kimapi naivāsti na kāpi hṛdi raṁjanā  
yathā jīvanameveha jīvanmuktasya yoginaḥ

There is nothing needing to be done, or any attachment in his heart for the yogi liberated while still alive. Things are just for life-time.

क्व मोहः क्व च वा विश्वं क्व तद् ध्यानं क्व मुक्तता ।

सर्वसंकल्पसीमायां विश्रान्तस्य महात्मनः ॥ १८-१४ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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kva mohaḥ kva ca vā viśvaṁ kva tad dhyānaṁ kva muktatā  
sarvasaṁkalpasīmāyāṁ viśrāntasya mahātmanaḥ

There is no delusion, world, meditation on That, or liberation for  
the pacified great soul. All these things are just the realm of  
imagination.

येन विश्वमिदं दृष्टं स नास्तीति करोतु वै ।

निर्वासनः किं कुरुते पश्यन्नपि न पश्यति ॥ १८-१५ ॥

yena viśvamidam dṛṣṭam sa nāstīti karotu vai  
nirvāsaṇaḥ kiṁ kurute paśyannapi na paśyati

He by whom all this is seen may well make out it doesn't exist,  
but what is the desireless one to do. Even in seeing it he does not  
see it.

येन दृष्टं परं ब्रह्म सोऽहं ब्रह्मेति चिन्तयेत् ।

किं चिन्तयति निश्चिन्तो द्वितीयं यो न पश्यति ॥ १८-१६ ॥

yena dṛṣṭam paraṁ brahma so'haṁ brahmeti cintayet  
kiṁ cintayati niścinto dvitīyaṁ yo na paśyati

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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He by whom the Supreme Brahma is seen may think "I am Brahma", but what is he to think who is without thought, and who sees no duality.

दृष्टो येनात्मविक्षेपो निरोधं कुरुते त्वसौ ।

उदारस्तु न विक्षिप्तः साध्याभावात्करोति किम् ॥ १८-१७

ḍṛṣṭo yenātmavikṣepo nirodhaṁ kurute tvasau  
udārastu na vikṣiptaḥ sādhyābhāvātkaroti kim

He by whom inner distraction is seen may put an end to it, but the noble one is not distracted. When there is nothing to achieve what is he to do?

धीरो लोकविपर्यस्तो वर्तमानोऽपि लोकवत् ।

नो समाधिं न विक्षेपं न लोपं स्वस्य पश्यति ॥ १८-१८ ॥

dhīro lokaviparyasto vartamāno'pi lokavat  
no samādhim na vikṣepaṁ na lopaṁ svasya paśyati

The wise man, unlike the worldly man, does not see inner stillness, distraction or fault in himself, even when living like a worldly man.

भावाभावविहीनो यस्तृप्तो निर्वासनो बुधः ।

नैव किञ्चित्कृतं तेन लोकदृष्ट्या विकुर्वता ॥ १८-१९ ॥

bhāvābhāvavihīno yastṛpto nirvāsano budhaḥ

naiva kiñcitkṛtaṁ tena lokadṛṣṭyā vikurvata

Nothing is done by him who is free from being and non-being,  
who is contented, desireless and wise, even if in the world's eyes  
he does act .

प्रवृत्तौ वा निवृत्तौ वा नैव धीरस्य दुर्ग्रहः ।

यदा यत्कर्तुमायाति तत्कृत्वा तिष्ठते सुखम् ॥ १८-२० ॥

pravṛttau vā nivṛttau vā naiva dhīrasya durgrahaḥ

yadā yatkartumāyāti tatkrtvā tiṣṭhate sukham

The wise man who just goes on doing what presents itself for  
him to do, encounters no difficulty in either activity or inactivity.

निर्वासनो निरालम्बः स्वच्छन्दो मुक्तबन्धनः ।

क्षिप्तः संस्कारवातेन चेष्टते शुष्कपर्णवत् ॥ १८-२१ ॥



## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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nirvāsano nirālam̐baḥ svacchando muktabandhanaḥ  
kṣiptaḥ saṁskāravātena ceṣṭate śuṣkaparṇavat

He who is desireless, self-reliant, independent and free of bonds  
functions like a dead leaf blown about by the wind of causality .

असंसारस्य तु क्वापि न हर्षो न विषादिता ।

स शीतलहमना नित्यं विदेह इव राजये ॥ १८-२२ ॥

asaṁsārasya tu kvāpi na harṣo na viṣādītā  
sa śītalahamanā nityaṁ videha iva rājaye

There is neither joy nor sorrow for one who has transcended  
samsara. With a peaceful mind he lives as if without a body.

कुत्रापि न जिहासास्ति नाशो वापि न कुत्रचित् ।

आत्मारामस्य धीरस्य शीतलाच्छतरात्मनः ॥ १८-२३ ॥

kuutrāpi na jihāsāsti nāśo vāpi na kutracit  
ātmārāmasya dhīrasya śītalācchatarātmanah

He whose joy is in himself, and who is peaceful and pure within  
has no desire for renunciation or sense of loss in anything.

प्रकृत्या शून्यचित्तस्य कुर्वतोऽस्य यदृच्छया ।

प्राकृतस्येव धीरस्य न मानो नावमानता ॥ १८-२४ ॥

prakṛtyā śūnyacittasya kurvato'sya yadṛcchayā

prākṛtasyeva dhīrasya na māno nāvamānatā

For the man with a naturally empty mind, doing just as he pleases, there is no such thing as pride or false humility, as there is for the natural man.

कृतं देहेन कर्मदं न मया शुद्धरूपिणा ।

इति चिन्तानुरोधी यः कुर्वन्नपि करोति न ॥ १८-२५ ॥

kṛtaṁ dehena karmedaṁ na mayā śuddharūpiṇā

iti cintānurodhī yaḥ kurvannapi karoti na

"This action was done by the body but not by me."The pure natured person thinking like this, is not acting even when acting.

अतद्वादीव कुरुते न भवेदपि बालिशः ।

जीवन्मुक्तः सुखी श्रीमान् संसरन्नपि शोभते ॥ १८-२६ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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atadvādīva kurute na bhavedapi bālīśaḥ  
jīvanmuktaḥ sukhī śrīmān saṁsarannapi śobhate

He who acts without being able to say why, but is not thereby a fool, he is one liberated while still alive, happy and blessed. He is happy even in samsara.

नविचारसुश्रान्तो धीरो विश्रान्तिमागतः ।

न कल्पते न जाति न शृणोति न पश्यति ॥ १८-२७ ॥

nāvicārasuśrānto dhīro viśrāntimāgataḥ  
na kalpate na jāti na śṛṇoti na paśyati

He who has had enough of endless considerations and has attained to peace, does not think, know, hear or see.

असमाधेरविक्षेपान् न मुमुक्षुर्न चेतारः ।

निश्चित्य कल्पितं पश्यन् ब्रह्मैवास्ते महाशयः ॥ १८-२८ ॥

asamādheravikṣepān na mumukṣurna cetaraḥ  
niścitya kalpitaṁ paśyan brahmaivāste mahāśayaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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He who is beyond mental stillness and distraction, does not desire either liberation or its opposite. Recognising that things are just constructions of the imagination, that great soul lives as God here and now.

यस्यान्तः स्यादहंकारो न करोति करोति सः ।

निरहंकारधीरेण न किञ्चिदकृतं कृतम् ॥ १८-२९ ॥

yasyāntaḥ syādahaṁkāro na karoti karoti saḥ  
nirahaṁkāradhīreṇa na kiñcidakṛtaṁ kṛtam

He who feels responsibility within, acts even when not acting, but there is no sense of done or undone for the wise man who free from the sense of responsibility.

नोद्विग्नं न च सन्तुष्टमकर्तृ स्पन्दवर्जितं ।

निराशं गतसन्देहं चित्तं मुक्तस्य राजते ॥ १८-३० ॥

nodvignaṁ na ca santuṣṭamakartṛ spandavarjitam  
nirāśaṁ gatasandehaṁ cittam muktasya rājate

The mind of the liberated man is not upset or pleased. It shines unmoving, desireless, and free from doubt.

निर्ध्यातुं चेष्टितुं वापि यच्चित्तं न प्रवर्तते ।

निर्निमित्तमिदं किंतु निर्ध्यायेति विचेष्टते ॥ १८-३१ ॥

nirdhyātum ceṣṭitum vāpi yaccittam na pravartate

nirnimittamidaṁ kimntu nirdhyāyeti viceṣṭate

He whose mind does not set out to meditate or act, meditates and acts without an object.

तत्त्वं यथार्थमाकर्ण्य मन्दः प्राप्नोति मूढतां ।

अथवा याति संकोचममूढः कोऽपि मूढवत् ॥ १८-३२ ॥

tattvaṁ yathārthamākarnya mandaḥ prāpnoti mūḍhatām

athavā yāti saṁkocamamūḍhaḥ ko'pi mūḍhavat

A stupid man is bewildered when he hears the real truth, while even clever man is humbled by it just like the fool.

एकाग्रता निरोधो वा मूढैरभ्यस्यते भृशं ।

धीराः कृत्यं न पश्यन्ति सुप्तवत्स्वपदे स्थिताः ॥ १८-३३

ekāgratā nirodho vā mūḍhairabhyasyate bhr̥śam

dhīrāḥ kṛtyaṁ na paśyanti suptavatsvapade sthitāḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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The ignorant make a great effort to practise one-pointedness and the stopping of thought, while the wise see nothing to be done and remain in themselves like those asleep.

अप्रयत्नात् प्रयत्नाद् वा मूढो नाप्नोति निर्वृतिं ।

तत्त्वनिश्चयमात्रेण प्राज्ञो भवति निर्वृतः ॥ १८-३४ ॥

aprayatnāt prayatnād vā mūḍho nāpnoti nirvṛtim  
tattvaniścayamātreṇa prājño bhavati nirvṛtaḥ

The stupid does not attain cessation whether he acts or abandons action, while the wise man find peace within simply by knowing the truth.

शुद्धं बुद्धं प्रियं पूर्णं निष्प्रपञ्चं निरामयं ।

आत्मानं तं न जानन्ति तत्राभ्यासपरा जनाः ॥ १८-३५ ॥

śuddhaṁ buddhaṁ priyaṁ pūrṇaṁ niṣprapañcaṁ nirāmayam  
ātmānaṁ taṁ na jānanti tatrābhyāsaparā janāḥ

People cannot come to know themselves by practices - pure awareness, clear, complete, beyond multiplicity and faultless though they are.

नाप्नोति कर्मणा मोक्षं विमूढोऽभ्यासरूपिणा ।

धन्यो विज्ञानमात्रेण मुक्तस्तिष्ठत्यविक्रियः ॥ १८-३६ ॥

nāpnoti karmaṇā mokṣaṁ vimūḍho'bhyāsarūpiṇā  
dhanyo vijñānamātreṇa muktastiṣṭhatyavikriyaḥ

The stupid does not achieve liberation even through regular practice, but the fortunate remains free and actionless simply by discrimination.

मूढो नाप्नोति तद् ब्रह्म यतो भवितुमिच्छति ।

अनिच्छन्नपि धीरो हि परब्रह्मस्वरूपभाक् ॥ १८-३७ ॥

mūḍho nāpnoti tad brahma yato bhavitumicchati  
anicchannapi dhīro hi parabrahmasvarūpabhāk

The stupid does not attain Godhead because he wants to be it, while the wise man enjoys the Supreme Godhead without even wanting it.

निराधारा ग्रहव्यग्रा मूढाः संसारपोषकाः ।

एतस्यानर्थमूलस्य मूलच्छेदः कृतो बुधैः ॥ १८-३८ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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nirādhārā grahavyagrā mūḍhāḥ saṁsārapoṣakāḥ  
etasyānarthamūlasya mūlacchedaḥ kṛto budhaiḥ

Even when living without any support and eager for achievement, the stupid are still nourishing Samsara, while the wise have cut at the very root of its unhappiness.

न शान्तिं लभते मूढो यतः शमितुमिच्छति ।

धीरस्तत्त्वं विनिश्चित्य सर्वदा शान्तमानसः ॥ १८-३९ ॥

na śāntim labhate mūḍho yataḥ śamitumicchati  
dhīrastattvaṁ viniścitya sarvadā śāntamānasah

The stupid does not find peace because he is wanting it, while the wise discriminating the truth is always peaceful minded.

क्वात्मनो दर्शनं तस्य यद् दृष्टमवलंबते ।

धीरास्तं तं न पश्यन्ति पश्यन्त्यात्मानमव्ययम् ॥ १८-४० ॥

kvātmano darśanaṁ tasya yad dr̥ṣṭamavalāmbate  
dhīrāstaṁ taṁ na paśyanti paśyantyātmānamavyayam



## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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How can there be self knowledge for him whose knowledge depends on what he sees. The wise do not see this and that, but see themselves as unending.

क निरोधो विमूढस्य यो निर्बन्धं करोति वै ।

स्वारामस्यैव धीरस्य सर्वदासावकृत्रिमः ॥ १८-४१ ॥

kva nirodho vimūḍhasya yo nirbandham karoti vai  
svārāmasyaiva dhīrasya sarvadāsāvakṛtrimah

How can there be cessation of thought for the misguided who is striving for it. Yet it is there always naturally for the wise man delighted in himself.

भावस्य भावकः कश्चिन् न किञ्चिद् भावकोपरः ।

उभयाभावकः कश्चिद् एवमेव निराकुलः ॥ १८-४२ ॥

bhāvasya bhāvakaḥ kaścīn na kiñcid bhāvakoparaḥ  
ubhayābhāvakaḥ kaścīd evameva nirākulaḥ

Some think that something exists, and others that nothing does. Rare is the man who does not think either, and is thereby free from distraction.

शुद्धमद्वयमात्मानं भावयन्ति कुबुद्धयः ।

न तु जानन्ति संमोहाद्यावज्जीवमनिर्वृताः ॥ १८-४३ ॥

śuddhamadvayamātmānaṁ bhāvayanti kubuddhayaḥ  
na tu jānanti saṁmohādyāvajjīvamanirvṛtāḥ

Those of weak intelligence think of themselves as pure nonduality, but because of their delusion do not know this, and remain unfulfilled all their lives.

मुमुक्षोर्बुद्धिरालम्बमन्तरेण न विद्यते ।

निरालम्बैव निष्कामा बुद्धिर्मुक्तस्य सर्वदा ॥ १८-४४ ॥

mumukṣorbuddhirālambamantareṇa na vidyate  
nirālambaiva niṣkāma buddhirmuktasya sarvadā

The mind of the man seeking liberation can find no resting place within, but the mind of the liberated man is always free from desire by the very fact of being without a resting place.

विषयद्वीपिनो वीक्ष्य चकिताः शरणार्थिनः ।

विशन्ति झटिति क्रोडं निरोधैकाग्रसिद्धये ॥ १८-४५ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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viṣayadvīpino vīkṣya cakitāḥ śaraṇārthinaḥ  
viśanti jhaṭi krodhaṁ nirodhaikāgrasiddhaye

Seeing the tigers of the senses the frightened refuge-seekers at once enter the cave in search of cessation of thought and one-pointedness.

निर्वासनं हरि दृष्ट्वा तूष्णीं विषयदन्तिनः ।

पलायन्ते न शक्तास्ते सेवन्ते कृतचाटवः ॥ १८-४६ ॥

nirvāsanam harim drṣṭvā tūṣṇīm viṣyadantinaḥ  
palāyante na śaktāste sevante kṛtacāṭavaḥ

Seeing the desireless lion the elephants of the senses silently run away, or, if they cannot, serve him like flatterers.

न मुक्तिकारिकां धत्ते निःशङ्को युक्तमानसः ।

पश्यन् शृण्वन् स्पृशन् जिघ्रन्नश्नन्नास्ते यथासुखम् ॥

na muktikārikām dhatte niḥśaṅko yuktamānasah  
paśyan śṛṇvan sprśan jighrannaśnannāste yathāsukham

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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The man who is free from doubts and whose mind is free does not bother about means of liberation. Whether seeing, hearing, feeling smelling or tasting, he lives at ease.

वस्तुश्रवणमात्रेण शुद्धबुद्धिर्निराकुलः ।

नैवाचारमनाचारमौदास्यं वा प्रपश्यति ॥ १८-४८ ॥

vastuśravaṇamātreṇa śuddhabuddhirnirākulaḥ  
naivācāramanācāramaudāsyam vā prapaśyati

He whose mind is pure and undistracted from the simple hearing of the Truth sees neither something to do nor something to avoid nor a cause for indifference.

यदा यत्कर्तुमायाति तदा तत्कुरुते ऋजुः ।

शुभं वाप्यशुभं वापि तस्य चेष्टा हि बालवत् ॥ १८-४९ ॥

yadā yatkartumāyāti tadā tatkurute ṛjuḥ  
śubham vāpyaśubham vāpi tasya ceṣṭā hi bālavat

The straight forward person does whatever presents itself to be done, good or bad, for his actions are like those of a child.

स्वातंत्र्यात्सुखमाप्नोति स्वातंत्र्याल्लभते परं ।

स्वातंत्र्यान्निरवृत्तिं गच्छेत्स्वातंत्र्यात् परमं पदम् ॥ १८-५०

svātāmtryātsukhamāpnoti svātāmtryāllabhate param

svātāmtryānnirvṛtiṁ gacchetsvātāmtryāt paramaṁ padam

By inner freedom one attains happiness, by inner freedom one reaches the Supreme, by inner freedom one comes to absence of thought, by inner freedom to the Ultimate State.

अकर्तृत्वमभोक्तृत्वं स्वात्मनो मन्यते यदा ।

तदा क्षीणा भवन्त्येव समस्ताश्चित्तवृत्तयः ॥ १८-५१ ॥

akartṛtvamabhokṛtvaṁ svātmano manyate yadā

tadā kṣīṇā bhavantyeva samastāścittavṛttayaḥ

When one sees oneself as neither the doer nor the reaper of the consequences, then all mind waves come to an end.

उच्छृंखलाप्यकृतिका स्थितिर्धीरस्य राजते ।

न तु सस्पृहचित्तस्य शान्तिर्मूढस्य कृत्रिमा ॥ १८-५२ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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ucchṛmkhalāpyakṛtikā sthitirdhīrasya rājate  
na tu sasphācittasya śāntirmūḍhasya kṛtrimā

The spontaneous unassumed behaviour of the wise is noteworthy, but not the deliberate purposeful stillness of the fool.

विलसन्ति महाभोगैर्विशन्ति गिरिगह्वरान् ।

निरस्तकल्पना धीरा अबद्धा मुक्तबुद्धयः ॥ १८-५३ ॥

vilasanti mahābhogairviśanti girigahvarān  
nirastakalpanā dhīrā abaddhā muktabuddhayah

The wise who are rid of imagination, unbound and with unfettered awareness may enjoy themselves in the midst of many goods, or alternatively go off to mountain caves.

श्रोत्रियं देवतां तीर्थमङ्गनां भूपतिं प्रियं ।

दृष्ट्वा संपूज्य धीरस्य न कापि हृदि वासना ॥ १८-५४ ॥

śrotriyaṁ devatāṁ tīrthamaṅganāṁ bhūpatiṁ priyam  
dṛṣṭvā saṁpūjya dhīrasya na kāpi hṛdi vāsanā

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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There is no attachment in the heart of a wise man whether he sees or pays homage to a learned brahmin, a celestial being, a holy place, a woman, a king or a friend.

भृत्यैः पुत्रैः कलत्रैश्च दौहित्रैश्चापि गोत्रजैः ।

विहस्य धिक्कृतो योगी न याति विकृतिं मनाक् ॥ १८-५५ ॥

bhṛtyaiḥ putraiḥ kalatraiśca dauhitraiścāpi gotrajaiḥ  
vihasya dhikkr̥to yogī na yāti vikṛtiṁ manāk

A yogi is not in the least put out even when humiliated by the ridicule of servants, sons, wives, grandchildren or other relatives.

सन्तुष्टोऽपि न सन्तुष्टः खिन्नोऽपि न च खिद्यते ।

तस्याश्चर्यदशां तां तां तादृशा एव जानते ॥ १८-५६ ॥

santuṣṭo'pi na santuṣṭaḥ khinno'pi na ca khidyate  
tasyāścaryadaśāṁ tāṁ tāṁ tādṛśā eva jānate

Even when pleased he is not pleased , not suffering even when in pain. Only those like him can know the wonderful state of such a man.

कर्तव्यतैव संसारो न तां पश्यन्ति सूरयः ।

शून्याकारा निराकारा निर्विकारा निरामयाः ॥ १८-५७ ॥

kartavyataiva saṁsāro na tāṁ paśyanti sūrayaḥ

śūnyākārā nirākārā nirvikārā nirāmayāḥ

It is the feeling that there is something that needs to be achieved which is Samsara. The wise who are of the form of emptiness, formless, unchanging and spotless see no such thing.

अकुर्वन्नपि संक्षोभाद् व्यग्रः सर्वत्र मूढधीः ।

कुर्वन्नपि तु कृत्यानि कुशलो हि निराकुलः ॥ १८-५८ ॥

akurvannapi saṁkṣobhād vyagraḥ sarvatra mūḍhadhīḥ

kurvannapi tu kṛtyāni kuśalo hi nirākulaḥ

Even when doing nothing the fool is agitated by restlessness, while a skilful man remains undisturbed even when doing what there is to do.

सुखमास्ते सुखं शेते सुखमायाति याति च ।

सुखं वक्ति सुखं भुङ्क्ते व्यवहारेऽपि शान्तधीः ॥ १८-५९ ॥



## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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sukhamāste sukhaṁ śete sukhamāyāti yāti ca  
sukhaṁ vakti sukhaṁ bhumkte vyavahāre'pi śāntadhīḥ

Happy he stands, happy he sits, happy sleeps and happy he comes and goes. Happy he speaks, and happy he eats. This is the life of a man at peace.

स्वभावाद्यस्य नैवार्तिर्लोकवद् व्यवहारिणः ।

महाहृद इवाक्षोभ्यो गतक्लेशः स शोभते ॥ १८-६० ॥

svabhāvādyasya naivārtirlokavad vyavahāriṇaḥ  
mahāhṛda ivākṣobhyo gatakleśaḥ sa śobhate

He who of his very nature feels no unhappiness in his daily life like worldly people, remains undisturbed like a great lake, cleared of defilement.

निवृत्तिरपि मूढस्य प्रवृत्तिरुपजायते ।

प्रवृत्तिरपि धीरस्य निवृत्तिफलभागिनी ॥ १८-६१ ॥

nivṛttirapi mūḍhasya pravṛtti rūpajāyate  
pravṛttirapi dhīrasya nivṛttiphalabhāginī

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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Even abstention from action leads to action in a fool, while even the action of the wise man brings the fruits of inaction.

परिग्रहेषु वैराग्यं प्रायो मूढस्य दृश्यते ।

देहे विगलिताशस्य क्व रागः क्व विरागता ॥ १८-६२ ॥

parigraheṣu vairāgyam prāyo mūḍhasya dṛśyate  
dehe vīgaliṭāśasya kva rāgaḥ kva virāgatā

A fool often shows aversion towards his belongings, but for him whose attachment to the body has dropped away, there is neither attachment nor aversion.

भावनाभावनासक्ता दृष्टिर्मूढस्य सर्वदा ।

भाव्यभावनया सा तु स्वस्थस्यादृष्टिरूपिणी ॥ १८-६३ ॥

bhāvanābhāvanāsaktā dṛṣṭirmūḍhasya sarvadā  
bhāvyabhāvanayā sā tu svasthasyādṛṣṭirūpiṇī

The mind of the fool is always caught in thinking or not thinking, but the wise man's is of the nature of no thought because he thinks what should be thought.

सर्वारंभेषु निष्कामो यश्चरेद् बालवन् मुनिः ।

न लेपस्तस्य शुद्धस्य क्रियमाणोऽपि कर्मणि ॥ १८-६४ ॥

sarvārambheṣu niṣkāmo yaścared bālavan muniḥ

na lepastasya śuddhasya kriyamāṇo'pi karmaṇi

For the seer who behaves like a child, without desire in all actions, there is no attachment for such a pure one even in the work he does.

स एव धन्य आत्मज्ञः सर्वभावेषु यः समः ।

पश्यन् शृण्वन् स्पृशन् जिघ्रन् अश्नन्निस्तर्षमानसः ॥ १८-६५ ॥

sa eva dhanya ātmajñaḥ sarvabhāveṣu yaḥ samaḥ

paśyan śṛṇvan spṛśan jighrann aśnannistarṣamānasah

Blessed is he who knows himself and is the same in all states, with a mind free from craving whether he is seeing, hearing, feeling, smelling or tasting.

क्व संसारः क्व चाभासः क्व साध्यं क्व च साधनं ।

आकाशस्येव धीरस्य निर्विकल्पस्य सर्वदा ॥ १८-६६ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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kva saṁsāraḥ kva cābhāsaḥ kva sādhyam kva ca sādhanam  
ākāśasyeva dhīrasya nirvikalpasya sarvadā

There is no man subject to Samsara, sense of individuality, goal or means to the goal for the wise man who is always free from imaginations, and unchanging as space?

स जयत्यर्थसंन्यासी पूर्णस्वरसविग्रहः ।

अकृत्रिमोऽनवच्छिन्ने समाधिर्यस्य वर्तते ॥ १८-६७ ॥

sa jayatyarthasaṁnyāsī pūrṇasvarasavigrahaḥ  
akṛtrimo'navacchinne samādhiryasya vartate

Glorious is he who has abandoned all goals and is the incarnation of satisfaction, his very nature, and whose inner focus on the Unconditioned is quite spontaneous.

बहुनात्र किमुक्तेन ज्ञाततत्त्वो महाशयः ।

भोगमोक्षनिराकांक्षी सदा सर्वत्र नीरसः ॥ १८-६८ ॥

bahunātra kimuktena jñātatatatto mahāśayaḥ  
bhogamokṣanirākāṁkṣī sadā sarvatra nīrasaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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In brief, the great-souled man who has come to know the Truth is without desire for either pleasure or liberation, and is always and everywhere free from attachment.

महदादि जगद्वैतं नाममात्रविजृम्भितं ।

विहाय शुद्धबोधस्य किं कृत्यमवशिष्यते ॥ १८-६९ ॥

mahadādi jagaddvaitaṁ nāmamātravijṛmbhitam  
vihāya śuddhabodhasya kiṁ kṛtyamavaśiṣyate

What remains to be done by the man who is pure awareness and has abandoned everything that can be expressed in words from the highest heaven to the earth itself?

भ्रमभृतमिदं सर्वं किञ्चिन्नास्तीति निश्चयी ।

अलक्ष्यस्फुरणः शुद्धः स्वभावेनैव शाम्यति ॥ १८-७० ॥

bhramabhṛtamidaṁ sarvaṁ kiṁcinnāstīti niścayī  
alakṣyasphuraṇaḥ śuddhaḥ svabhāvenaiva śāmyati

The pure man who has experienced the Indescribable attains peace by his own nature, realising that all this is nothing but illusion, and that nothing is.

शुद्धस्फुरणरूपस्य दृश्यभावमपश्यतः ।

क विधिः क वैराग्यं क त्यागः क शमोऽपि वा ॥ १८-७१

śuddhasphuraṇarūpasya dṛśyabhāvamapaśyataḥ  
kva vidhiḥ kva vairāgyaṁ kva tyāgaḥ kva śamo'pi vā

There are no rules, dispassion, renunciation or meditation for one who is pure receptivity by nature, and admits no knowable form of being?

स्फुरतोऽनन्तरूपेण प्रकृतिं च न पश्यतः ।

क बन्धः क च वा मोक्षः क हर्षः क विषादिता ॥ १८-७२

sphurato'nantarūpeṇa prakṛtiṁ ca na paśyataḥ  
kva bandhaḥ kva ca vā mokṣaḥ kva harṣaḥ kva viṣādītā

For him who shines with the radiance of Infinity and is not subject to natural causality there is neither bondage, liberation, pleasure nor pain.

बुद्धिपर्यन्तसंसारे मायामात्रं विवर्तते ।

निर्ममो निरहंकारो निष्कामः शोभते बुधः ॥ १८-७३ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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buddhiparyantasamsāre māyāmātram vivartate  
nirmamo nirahamkāro niṣkāmaḥ śobhate budhaḥ

Pure illusion reigns in Samsara which will continue until self realisation, but the enlightened man lives in the beauty of freedom from me and mine, from the sense of responsibility and from any attachment.

अक्षयं गतसन्तापमात्मानं पश्यतो मुनेः ।

क्व विद्या च क्व वा विश्वं क्व देहोऽहं ममेति वा ॥ १८-७४ ॥

akṣayaṁ gatasantāpamātmānaṁ paśyato muneḥ  
kva vidyā ca kva vā viśvaṁ kva deho'haṁ mameti vā

For the seer who knows himself as imperishable and beyond pain there is neither knowledge, a world nor the sense that I am the body or the body mine.

निरोधादीनि कर्माणि जहाति जडधीर्यदि ।

मनोरथान् प्रलापांश्च कर्तुमाप्नोत्यतत्क्षणात् ॥ १८-७५ ॥

nirodhādīni karmāṇi jahāti jaḍadhīryadi  
manorathān pralāpāṁśca kartumāpnotyatatkṣaṇāt

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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No sooner does a man of low intelligence give up activities like the elimination of thought than he falls into mind racing and chatter.

मन्दः श्रुत्वापि तद्वस्तु न जहाति विमूढतां ।

निर्विकल्पो बहिर्यत्नादन्तर्विषयलालसः ॥ १८-७६ ॥

mandah śrutvāpi tadvastu na jahāti vimūḍhatām  
nirvikalpo bahiryatnādantarviṣayalālasaḥ

A fool does not get rid of his stupidity even on hearing the truth. He may appear outwardly free from imaginations, but inside he is hankering after the senses still.

ज्ञानाद् गलितकर्मा यो लोकदृष्ट्यापि कर्मकृत् ।

नाप्नोत्यवसरं कर्म वक्तुमेव न किञ्चन ॥ १८-७७ ॥

jñānād galitakarmā yo lokadr̥ṣṭyāpi karmakṛt  
nāpnotyavasaraṁ karmaṁ vaktumeva na kiñcana

Though in the eyes of the world he is active, the man who has shed action through knowledge finds no means of doing or speaking anything.



क्व तमः क्व प्रकाशो वा हानं क्व च न किञ्चन ।

निर्विकारस्य धीरस्य निरातंकस्य सर्वदा ॥ १८-७८ ॥

kva tamaḥ kva prakāśo vā hānaṁ kva ca na kiṁcana  
nirvikārasya dhīrasya nirātaṅkasya sarvadā

For the wise man who is always unchanging and fearless there is  
neither darkness nor light nor destruction, nor anything.

क्व धैर्यं क्व विवेकित्वं क्व निरातंकतापि वा ।

अनिर्वाच्यस्वभावस्य निःस्वभावस्य योगिनः ॥ १८-७९ ॥

kva dhairyaṁ kva vivekitvaṁ kva nirātaṅkatāpi vā  
anirvācyasvabhāvasya niḥsvabhāvasya yoginaḥ

There is neither fortitude, prudence nor courage for the yogi  
whose nature is beyond description and free of individuality.

न स्वर्गो नैव नरको जीवन्मुक्तिर्न चैव हि ।

बहुनात्र किमुक्तेन योगदृष्ट्या न किञ्चन ॥ १८-८० ॥

na svargo naiva narako jīvanmuktirna caiva hi  
bahunātra kimuktena yogadr̥ṣṭyā na kiṁcana

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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There is neither heaven nor hell nor even liberation during life. In a nutshell, in the sight of the seer nothing exists at all.

नैव प्रार्थयते लाभं नालाभेनानुशोचति ।

धीरस्य शीतलं चित्तममृतेनैव पूरितम् ॥ १८-८१ ॥

naiva prārthayate lābham nālābhenānuśocati  
dhīrasya śītaḥ cittaṁ amṛtenaiva pūritam

He neither longs for possessions nor grieves at their absence. The calm mind of the sage is full of the nectar of immortality.

न शान्तं स्तौति निष्कामो न दुष्टमपि निन्दति ।

समदुःखसुखस्तृप्तः किञ्चित् कृत्यं न पश्यति ॥ १८-८२ ॥

na śāntaṁ stauti niṣkāmo na duṣṭamapi nindati  
samaduḥkhasukhastr̥ptaḥ kiñcit kṛtyaṁ na paśyati

The dispassionate does not praise the good or blame the wicked. Content and equal in pain and pleasure, he sees nothing that needs doing.

धीरो न द्वेष्टि संसारमात्मानं न दिदृक्षति ।

हर्षामर्षविनिर्मुक्तो न मृतो न च जीवति ॥ १८-८३ ॥

dhīro na dveṣṭi saṁsāramātmānaṁ na didṛkṣati

harṣāmarṣavinirmukto na mṛto na ca jīvati

The wise man does not dislike samsara or seek to know himself.  
Free from pleasure and impatience, he is not dead and he is not  
alive.

निःस्नेहः पुत्रदारादौ निष्कामो विषयेषु च ।

निश्चिन्तः स्वशरीरेऽपि निराशः शोभते बुधः ॥ १८-८४ ॥

niḥsnehaḥ putradārādau niṣkāmo viṣayeṣu ca

niścintaḥ svaśarīre'pi nirāśaḥ śobhate budhaḥ

The wise man stands out by being free from anticipation, without  
attachment to such things as children or wives, free from desire  
for the senses, and not even concerned about his own body.

तुष्टिः सर्वत्र धीरस्य यथापतितवर्तिनः ।

स्वच्छन्दं चरतो देशान् यत्रस्तमितशायिनः ॥ १८-८५ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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tuṣṭiḥ sarvatra dhīrasya yathāpatitavartinaḥ  
svacchandaṁ carato deśān yatrastamitaśāyinaḥ

Peace is everywhere for the wise man who lives on whatever happens to come to him, roaming wherever he pleases, and sleeping wherever the sun happens to set.

पततूदेतु वा देहो नास्य चिन्ता महात्मनः ।

स्वभावभूमिविश्रान्तिविस्मृताशेषसंसृतेः ॥ १८-८६ ॥

patatūdetu vā deho nāsyā cintā mahātmanah  
svabhāvabhūmiviśrāntivismṛtāśeṣasaṁsṛteḥ

Let his body rise or fall. The great souled one gives it no thought, having forgotten all about samsara in coming to rest on the ground of his true nature.

अकिञ्चनः कामचारो निर्द्वन्द्वश्छिन्नसंशयः ।

असक्तः सर्वभावेषु केवलो रमते बुधः ॥ १८-८७ ॥

akimcanaḥ kāmācāro nirdvandvaśchinnasaṁśayaḥ  
asaktaḥ sarvabhāveṣu kevalo ramate budhaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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The wise man has the joy of being complete in himself and without possessions, acting as he pleases, free from duality and rid of doubts, and without attachment to any creature.

निर्ममः शोभते धीरः समलोष्टाश्मकांचनः ।

सुभिन्नहृदयग्रन्थिर्विनिर्धूतरजस्तमः ॥ १८-८८ ॥

nirmamaḥ śobhate dhīraḥ samaloṣṭāśmakāñcanaḥ  
subhinnahrdayagranthirvinirdhūtarajastamaḥ

The wise man excels in being without the sense of "me". Earth, a stone or gold are the same to him. The knots of his hard have been rent asunder, and he is freed from greed and blindness.

सर्वत्रानवधानस्य न किञ्चिद् वासना हृदि ।

मुक्तात्मनो वितृप्तस्य तुलना केन जायते ॥ १८-८९ ॥

sarvatrānavadhānasya na kiñcid vāsanā hr̥di  
muktātmano vitṛptasya tulanā kena jāyate

Who can compare with that contented, liberated soul who pays no regard to anything and has no desire left in his heart?

जानन्नपि न जानाति पश्यन्नपि न पश्यति ।

ब्रुवन्न अपि न च ब्रूते कोऽन्यो निर्वासनादृते ॥ १८-९० ॥

jānannapi na jānāti paśyannapi na paśyati

bruvann api na ca brūte ko'nyo nirvāsanādṛte

Who but the upright man without desire knows without knowing, sees without seeing and speaks without speaking?

भिक्षुर्वा भूपतिर्वापि यो निष्कामः स शोभते ।

भावेषु गलिता यस्य शोभनाशोभना मतिः ॥ १८-९१ ॥

bhikṣurvā bhūpatirvāpi yo niṣkāmaḥ sa śobhate

bhāveṣu galitā yasya śobhanāśobhanā matiḥ

Beggar or king, he excels who is without desire, and whose opinion of things is rid of "good" and "bad".

क्व स्वाच्छन्द्यं क्व संकोचः क्व वा तत्त्वविनिश्चयः ।

निर्व्याजार्जवभूतस्य चरितार्थस्य योगिनः ॥ १८-९२ ॥

kva svācchandyam kva saṁkocaḥ kva vā tattvaviniścayaḥ

nirvyājārjavabhūtasya caritārthasya yoginaḥ

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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There is neither dissolute behaviour nor virtue, nor even discrimination of the truth for the sage who has reached the goal and is the very embodiment of guileless sincerity.

आत्मविश्रान्तिर्तृप्तेन निराशेन गतार्तिना ।

अन्तर्यदनुभूयेत तत् कथं कस्य कथ्यते ॥ १८-९३ ॥

ātmaviśrāntitṛptena nirāśena gatārtinā

antaryadanubhūyeta tat katham kasya kathyate

That which is experienced within by one desireless and free from pain, and content to rest in himself - how could it be described, and of whom?

सुप्तोऽपि न सुषुप्तौ च स्वप्नेऽपि शयितो न च ।

जागरेऽपि न जागर्ति धीरस्तृप्तः पदे पदे ॥ १८-९४ ॥

supto'pi na suṣuptau ca svapne'pi śayito na ca

jāgare'pi na jāgarti dhīrastr̥ptaḥ pade pade

The wise man who is contented in all circumstances is not asleep even in deep sleep, not sleeping in a dream, nor waking when he is awake.

ज्ञः सचिन्तोऽपि निश्चिन्तः सेन्द्रियोऽपि निरिन्द्रियः ।

सुबुद्धिरपि निर्बुद्धिः साहंकारोऽनहङ्कृतिः ॥ १८-९५ ॥

jñāḥ sacinto'pi niścintaḥ sendriyo'pi nirindriyaḥ  
subuddhirapi nirbuddhiḥ sāhaṁkāro'nahaṁkṛtiḥ

The seer is without thoughts even when thinking, without senses among the senses, without understanding even in understanding and without a sense of responsibility even in the ego.

न सुखी न च वा दुःखी न विरक्तो न संगवान् ।

न मुमुक्षुर्न वा मुक्ता न किञ्चिन्न च किञ्चन ॥ १८-९६ ॥

na sukhī na ca vā duḥkhī na virakto na saṁgavān  
na mumukṣurna vā muktā na kiṁcinnna ca kiṁcana

Neither happy nor unhappy, neither detached nor attached, neither seeking liberation nor liberated, he is neither something nor nothing.

विक्षेपेऽपि न विक्षिप्तः समाधौ न समाधिमान् ।

जाड्येऽपि न जडो धन्यः पाण्डित्येऽपि न पण्डितः ॥ १८-९७ ॥



## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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vikṣepe'pi na vikṣiptaḥ samādhau na samādhimān  
jādye'pi na jaḍo dhanyaḥ pāṇḍitye'pi na paṇḍitaḥ

Not distracted in distraction, in mental stillness not poised, in  
stupidity not stupid, that blessed one is not even wise in his  
wisdom.

मुक्तो यथास्थितिस्वस्थः कृतकर्तव्यनिर्वृतः ।

समः सर्वत्र वैतृष्ण्यान्न स्मरत्यकृतं कृतम् ॥ १८-९८ ॥

mukto yathāsthitisvasthaḥ kṛtakartavyanirvṛtaḥ  
samaḥ sarvatra vaitṛṣṇyānna smaratyakṛtaṁ kṛtam

The liberated man is self-possessed in all circumstances and free  
from the idea of "done" and "still to do". He is the same wherever  
he is and without greed. He does not dwell on what he has done  
or not done.

न प्रीयते वन्द्यमानो निन्द्यमानो न कुप्यति ।

नैवोद्विजति मरणे जीवने नाभिनन्दति ॥ १८-९९ ॥

na priyate vandyamāno nindyamāno na kupyati  
naivodvijati maraṇe jīvane nābhinandati

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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He is not pleased when praised nor upset when blamed. He is not afraid of death nor attached to life.

न धावति जनाकीर्णं नारण्यं उपशान्तधीः ।

यथातथा यत्रतत्र सम एवावतिष्ठते ॥ १८-१०० ॥

na dhāvati janākīrṇaṁ nāraṇyaṁ upaśāntadhīḥ  
yathātathā yatratatra sama evāvatiṣṭhate

A man at peace does not run off to popular places or to the forest. Whatever and wherever, he remains the same.

## Chapter 19

॥ एकोनविंशोऽध्यायः ॥

जनक उवाच ॥

तत्त्वविज्ञानसन्दंशमादाय हृदयोदरात् ।

नाविधपरामर्शशल्योद्धारः कृतो मया ॥ १९-१ ॥

janaka uvāca

tattvavijñānasandaṁśamādāya hṛdayodarāt

nāvidhaparāmarśaśalyoddhāraḥ kṛto mayā

**Janaka:** Using the tweezers of the knowledge of the truth I have managed to extract the painful thorn of endless opinions from the recesses of my heart.

क्व धर्मः क्व च वा कामः क्व चार्थः क्व विवेकिता ।

क्व द्वैतं क्व च वाऽद्वैतं स्वमहिम्नि स्थितस्य मे ॥ १९-२ ॥

kva dharmah kva ca vā kāmah kva cārthah kva vivekitā

kva dvaitam kva ca vā'dvaitam svamahimni sthitasya me

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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For me, established in my own glory, there is no religion, sensuality, possessions, philosophy, duality or even non-duality.

क भूतं क भविष्यद् वा वर्तमानमपि क वा ।

क देशः क च वा नित्यं स्वमहिम्नि स्थितस्य मे ॥ १९-३ ॥

kva bhūtaṁ kva bhaviṣyad vā vartamānamapi kva vā  
kva deśaḥ kva ca vā nityaṁ svamahimni sthitasya me

For me established in my own glory, there is no past, future or present. There is no space or even eternity.

क चात्मा क च वानात्मा क शुभं कः शुभं यथा ।

क चिन्ता क च वाचिन्ता स्वमहिम्नि स्थितस्य मे ॥ १९-४ ॥

kva cātmā kva ca vānātmā kva śubhaṁ kvāśubhaṁ yathā  
kva cintā kva ca vācintā svamahimni sthitasya me

For me established in my own glory, there is no self or non-self, no good or evil, no thought or even absence of thought.

क स्वप्नः क सुषुप्तिर्वा क च जागरणं तथा ।

क तुरियं भयं वापि स्वमहिम्नि स्थितस्य मे ॥ १९-५ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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kva svapnaḥ kva suṣuptirvā kva ca jāgaraṇaṁ tathā  
kva turīyaṁ bhayaṁ vāpi svamahimni sthitasya me

For me established in my own glory, there is no dreaming or deep sleep, no waking nor fourth state beyond them, and certainly no fear.

क दूरं क समीपं वा बाह्यं काभ्यन्तरं क वा ।

क स्थूलं क च वा सूक्ष्मं स्वमहिम्नि स्थितस्य मे ॥ १९-६ ॥

kva dūraṁ kva samīpaṁ vā bāhyaṁ kvābhyantaraṁ kva vā  
kva sthūlaṁ kva ca vā sūkṣmaṁ svamahimni sthitasya me

For me established in my own glory, there is nothing far away and nothing near, nothing within or without, nothing large and nothing small.

क मृत्युर्जीवितं वा क लोकाः कास्य क लौकिकं ।

क लयः क समाधिर्वा स्वमहिम्नि स्थितस्य मे ॥ १९-७ ॥

kva mṛtyurjīvitaṁ vā kva lokāḥ kvāsy kva laukikaṁ  
kva layaḥ kva samādhirvā svamahimni sthitasya me

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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For me established in my own glory, there is no life or death, no worlds or things of this world, no distraction and no stillness of mind.

अलं त्रिवर्गकथया योगस्य कथयाप्यलं ।

अलं विज्ञानकथया विश्रान्तस्य ममात्मनि ॥ १९-८ ॥

alam trivargakathayā yogasya kathayāpyalam

alam vijñānakathayā viśrāntasya mamātmani

For me remaining in myself, there is no need for talk of the three goals of life, of yoga or of knowledge.

## Chapter 20

॥ विंशतितमोऽध्यायः ॥

जनक उवाच ॥

क्व भूतानि क्व देहो वा केन्द्रियाणि क्व वा मनः ।

क्व शून्यं क्व च नैराश्यं मत्स्वरूपे निरंजने ॥ २०-१ ॥

janaka uvāca

kva bhūtāni kva deho vā kvendriyāṇi kva vā manaḥ

kva śūnyaṁ kva ca nairāśyaṁ matsvarūpe niraṁjane

**Janaka:** In my unblemished nature there are no elements, no body, no faculties no mind. There is no void and no despair.

क्व शास्त्रं क्वात्मविज्ञानं क्व वा निर्विषयं मनः ।

क्व तृप्तिः क्व वितृष्णात्वं गतद्वन्द्वस्य मे सदा ॥ २०-२ ॥

kva śāstraṁ kvātmavijñānaṁ kva vā nirviṣayaṁ manaḥ

kva tṛptiḥ kva vitṛṣṇātvaṁ gatadvandvasya me sadā

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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For me, free from the sense of dualism, there are no scriptures, no self-knowledge, no mind free from an object, no satisfaction and no freedom from desire.

क विद्या क च वाविद्या काहं केदं मम क वा ।

क बन्ध क च वा मोक्षः स्वरूपस्य क रूपिता ॥ २०-३ ॥

kva vidyā kva ca vāvidyā kvāhaṁ kvedaṁ mama kva vā  
kva bandha kva ca vā mokṣaḥ svarūpasya kva rūpit

There is no knowledge or ignorance, no "me", "this" or "mine", no bondage, no liberation, and no property of self-nature.

क प्रारब्धानि कर्माणि जीवन्मुक्तिरपि क वा ।

क तद् विदेहकैवल्यं निर्विशेषस्य सर्वदा ॥ २०-४ ॥

kva prārabdhāni karmāṇi jīvanmuktirapi kva vā  
kva tad videhakaivalyaṁ nirviśeṣasya sarvadā

For him who is always free from individual characteristics there is no antecedent causal action, no liberation during life, and no fulfilment at death.



क कर्ता क च वा भोक्ता निष्क्रियं स्फुरणं क वा ।

क्वापरोक्षं फलं वा क निःस्वभावस्य मे सदा ॥ २०-५ ॥

kva kartā kva ca vā bhoktā niṣkriyaṁ sphuraṇaṁ kva vā  
kvāparokṣaṁ phalaṁ vā kva niḥsvabhāvasya me sadā

For me, free from individuality, there is no doer and no reaper of the consequences, no cessation of action, no arising of thought, no immediate object, and no idea of results.

क लोकं क मुमुक्षुर्वा क योगी ज्ञानवान् क वा ।

क बद्धः क च वा मुक्तः स्वस्वरूपेऽहमद्वये ॥ २०-६ ॥

kva lokaṁ kva mumukṣurvā kva yogī jñānavān kva vā  
kva baddhaḥ kva ca vā muktaḥ svasvarūpe'hamadvaye

There is no world, no seeker for liberation, no yogi, no seer, no-one bound and no-one liberated. I remain in my own non-dual nature.

क सृष्टिः क च संहारः क साध्यं क च साधनं ।

क साधकः क सिद्धिर्वा स्वस्वरूपेऽहमद्वये ॥ २०-७ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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kva sṛṣṭiḥ kva ca saṁhāraḥ kva sādhyam kva ca sādhanam  
kva sādhaḥ kva siddhirvā svasvarūpe'hamadvaye

There is no emanation or return, no goal, means, seeker or  
achievement. I remain in my own non-dual nature.

क प्रमाता प्रमाणं वा क प्रमेयं क च प्रमा ।

क किञ्चित् क न किञ्चिद् वा सर्वदा विमलस्य मे ॥ २०-८

kva pramātā pramāṇam vā kva prameyam kva ca pramā  
kva kimcit kva na kimcid vā sarvadā vimalasya me

For me who am forever unblemishedf, there is no assessor, no  
standard, nothing to assess, or assessment.

क विक्षेपः क चैकाग्र्यं क निर्बोधः क मूढता ।

क हर्षः क विषादो वा सर्वदा निष्क्रियस्य मे ॥ २०-९ ॥

kva vikṣepaḥ kva caikāgryam kva nirbodhaḥ kva mūḍhatā  
kva harṣaḥ kva viṣādo vā sarvadā niṣkriyasya me

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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For me who am forever actionless, there is no distraction or one-pointedness of mind, no lack of understanding, no stupidity, no joy and no sorrow.

क्व चैष व्यवहारो वा क्व च सा परमार्थता ।

क्व सुखं क्व च वा दुखं निर्विमर्शस्य मे सदा ॥ २०-१० ॥

kva caiṣa vyavahāro vā kva ca sā paramārthatā

kva sukhaṁ kva ca vā dukhaṁ nirvimarśasya me sadā

For me who am always free from deliberations there is neither conventional truth nor absolute truth, no happiness and no suffering.

क्व माया क्व च संसारः क्व प्रीतिर्विरतिः क्व वा ।

क्व जीवः क्व च तद्ब्रह्म सर्वदा विमलस्य मे ॥ २०-११ ॥

kva māyā kva ca saṁsāraḥ kva prītirviratiḥ kva vā

kva jīvaḥ kva ca tadbrahma sarvadā vimalasya me

For me who am forever pure there is no illusion, no samsara, no attachment or detechment, no living being and no God.

क्व प्रवृत्तिर्निवृत्तिर्वा क्व मुक्तिः क्व च बन्धनं ।

कूटस्थनिर्विभागस्य स्वस्थस्य मम सर्वदा ॥ २०-१२ ॥

kva pravṛttirnirvṛttirvā kva muktiḥ kva ca bandhanam

kūṭasthanirvibhāgasya svasthasya mama sarvadā

For me who am forever unmovable and indivisible, established in myself, there is no activity or inactivity, no liberation and no bondage.

क्वोपदेशः क्व वा शास्त्रं क्व शिष्यः क्व च वा गुरुः ।

क्व चास्ति पुरुषार्थो वा निरुपाधेः शिवस्य मे ॥ २०-१३ ॥

kvopadeśaḥ kva vā śāstraṁ kva śiṣyaḥ kva ca vā guruḥ

kva cāsti puruṣārtho vā nirupādheḥ śivasya me

For me who am blessed and without limitation, there is no initiation or scripture, no disciple or teacher, and no goal of human life.

क्व चास्ति क्व च वा नास्ति क्वास्ति चैकं क्व च द्वयं ।

बहुनात्र किमुक्तेन किञ्चिन्नोत्तिष्ठते मम ॥ २०-१४ ॥

## ॥ अष्टावक्र गीता ॥ Ashtavakra Gita

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kva cāsti kva ca vā nāsti kvāsti caikaṁ kva ca dvayam  
bahunātra kimuktena kimcinnottiṣṭhate mama

There is no being or non-being, no unity or dualism. What more  
is there to say? Nothing proceeds out of me.

॥ ॐ तत्सत् ॥