The second term in Eq. 2 is the contribution of non-electrostatic (excluded volume) interactions accounted for the mobile ions volume as well

$$F_{\text{int}} = \frac{N}{\varphi} \left[(1 - \varphi - \varphi_{+} - \varphi_{-}) \ln(1 - \varphi - \varphi_{+} - \varphi_{-}) + \chi \varphi (1 - \varphi - \varphi_{+} - \varphi_{-}) \right], \tag{4}$$

where the first term is the entropy of solvent molecules and the second is the energy of volume interactions defined by the Flory-Huggins parameter χ . The value $\chi=0$ corresponds to athermal solvent, $\chi=0.5$ – the theta-solvent and $\chi>0.5$ corresponds to a poor solvent.

The third term in Eq. 2 accounts for ionic contributions: the translational entropy of mobile ions and for their partial pressure inside and outside the gel

$$F_{\rm ion} = \frac{2c_{\rm s}N}{\varphi} \left[1 - \sqrt{1 + \left(\frac{\alpha\varphi}{2c_{\rm s}}\right)^2} \right] + N\ln\left(1 - \alpha\right)$$
 (5)

where ionization degree, α , is calculated based on local ionization equilibrium and the local electroneutrality condition from the following equation

$$\frac{\alpha}{1-\alpha} 10^{\text{pK-pH}} = \sqrt{1 + \left(\frac{\alpha\varphi}{2c_{\text{s}}}\right)^2 - \frac{\alpha\varphi}{2c_{\text{s}}}}$$
 (6)

The derivation of the last two equations can be found in [2, 3].

Thus, taking a derivative of the hydrogel free energy Eq. 2 with respect to the gel volume, one could obtain the hydrogel partial pressure p or other words, the pressure needed to be applied to the hydrogel using a semipermeable sieve in order to make gel density equal to φ

$$p(\varphi, c_{\rm s}) = -\left(\frac{\partial F(\varphi(V_{\rm gel}), c_{\rm s})}{\partial V_{\rm gel}}\right)_{c_{\rm s}}$$
(7)

Because we assume all term of free energy independent we can work on them separately as following

$$p(\varphi, c_{\rm s}) = -\left(\frac{dF_{\rm conf}}{dV} + \frac{dF_{\rm int}}{dV} + \frac{dF_{\rm ion}}{dV}\right)$$
(8)

$$\frac{A^{2/3}N^{d-1}\left(1 - d\frac{1 - \frac{(AN/\varphi)^{2/3}}{b^2 N}}{1 - d\frac{1 - (AN/\varphi)^{2/3}}{N - (AN/\varphi)^{2/3}}\right)}{(N/\varphi)^{1/3}\left(N - (AN/\varphi)^{2/3}\right)^d} - \frac{\varphi}{N}$$
(9)

$$\frac{dF_{\text{int}}}{dV} = \left(1 - \frac{c_{\text{s}}}{\xi} - c_{\text{s}}\xi\right) \ln\left(1 - \varphi - \frac{c_{\text{s}}}{\xi} - c_{\text{s}}\xi\right) + \varphi + \chi\varphi^{2} + \frac{\left(\frac{c_{\text{s}}}{\xi} - c_{\text{s}}\xi\right) \left[\ln\left(1 - \varphi - \frac{c_{\text{s}}}{\xi} - c_{\text{s}}\xi\right) + \varphi + \chi\varphi^{2}\right]}{(2 - \alpha)\alpha\varphi + \frac{2c_{\text{s}}\xi}{\alpha}}, \tag{10}$$

where
$$\xi = \frac{\alpha (1 - \alpha_b)}{\alpha_b (1 - \alpha)} = \sqrt{1 + \left(\frac{\alpha \varphi}{2c_s}\right)^2 - \frac{\alpha \varphi}{2c_s}}$$

$$\frac{dF_{\rm ion}}{dV} = -2c_{\rm s} \left(\sqrt{1 + \left(\frac{\alpha \varphi}{2c_{\rm s}}\right)^2} - 1 \right) \tag{11}$$