

Tambaram - Cennai Beach Up				Week days							Tambaram - Cennai Beach Up				Week days				
	Train Nos.			-40002	-40003	-40006	-40502	-40008	-40504	-40506	-40010	-40508	-40012	-40014	-40016	-40510	-40018	-40020	-40022
Kms	Stations																		
0	Tambaram	d	04:00	04:20	04:40	04:55	05:15	05:30	05:45	06:00	06:10	06:20	06:30	06:38	06:45	06:52	07:00	07:10	
2	Tambaram Sanatorium	d	04:04	04:24	04:44	04:59	05:19	05:34	05:49	06:04	06:14	06:24	06:34	06:42	06:49	06:56	07:04	07:14	
4	Chromepet	d	04:07	04:27	04:47	05:02	05:22	05:37	05:52	06:07	06:17	06:27	06:37	06:45	06:52	06:59	07:07	07:17	
6	Pallavaram	d	04:10	04:30	04:50	05:05	05:25	05:40	05:55	06:10	06:20	06:30	06:40	06:48	06:55	07:02	07:10	07:20	
8	Thirusulam	d	04:13	04:33	04:53	05:08	05:28	05:43	05:58	06:13	06:23	06:33	06:43	06:51	06:58	07:05	07:13	07:23	
10	Minambakkam	d	04:15	04:35	04:55	05:10	05:30	05:45	06:00	06:15	06:25	06:35	06:45	06:53	07:00	07:07	07:15	07:25	
12	Palavanthangal	d	04:18	04:38	04:58	05:13	05:33	05:48	06:03	06:18	06:28	06:38	06:48	06:56	07:03	07:10	07:18	07:28	
13	St.Thomas Mount	d	04:21	04:41	05:01	05:16	05:36	05:51	06:06	06:21	06:31	06:41	06:51	06:59	07:06	07:13	07:21	07:31	
15	Guindy	d	04:24	04:44	05:04	05:19	05:39	05:54	06:09	06:24	06:34	06:44	06:54	07:02	07:09	07:16	07:24	07:34	
17	Saidapet	d	04:27	04:47	05:07	05:22	05:42	05:57	06:12	06:27	06:37	06:47	06:57	07:05	07:12	07:19	07:27	07:37	
18	Mambalam	d	04:30	04:50	05:10	05:25	05:45	06:00	06:15	06:30	06:40	06:50	07:00	07:08	07:15	07:22	07:30	07:40	
20	Kodambakkam	d	04:32	04:52	05:12	05:27	05:47	06:02	06:17	06:32	06:42	06:52	07:02	07:10	07:17	07:24	07:32	07:42	
21	Nungambakkam	d	04:34	04:54	05:14	05:29	05:49	06:04	06:19	06:34	06:44	06:54	07:04	07:12	07:19	07:26	07:34	07:44	
23	Chetpet	d	04:37	04:57	05:17	05:32	05:52	06:07	06:22	06:37	06:47	06:57	07:07	07:15	07:22	07:29	07:37	07:47	
25	Chennai Egmore	d	04:40	05:00	05:20	05:35	05:55	06:10	06:25	06:40	06:50	07:00	07:10	07:18	07:25	07:32	07:40	07:50	
27	Chennai Park	d	04:43	05:03	05:23	05:38	05:58	06:13	06:28	06:43	06:53	07:03	07:13	07:21	07:28	07:35	07:43	07:53	
28	Chennai Fort	d	04:46	05:06	05:26	05:41	06:01	06:16	06:31	06:46	06:56	07:06	07:16	07:24	07:31	07:38	07:46	07:56	
30	Chennai Beach	a	04:55	05:15	05:35	05:50	06:10	06:25	06:40	06:55	07:05	07:15	07:25	07:33	07:40	07:47	07:55	08:05	

Tambaram - Cennai Beach Up										Tambaram - Cennai Beach Up									
	Train Nos.	40702	40512	40026	40514	40028	40516	40030	40032	40034	40518	40036	40704	40038	40040	40042	40044	40046	
Kms	Stations										FAST		FAST	LS		STM/R	PVR		
0	Tambaram	d	07:19	07:32	07:44	07:50	07:56	08:10	08:06	08:15	08:24	08:30	08:30	08:40	08:38	08:47		08:55	
2	Tambaram Sanatorium	d	07:23	07:36	07:48		08:00		08:10	08:19	08:28	..	08:34	..	08:42	08:51		08:59	
4	Chromepet	d	07:26	07:39	07:51		08:03		08:13	08:22	08:31	..	08:37	..	08:45	08:54		09:02	
6	Pallavaram	d	07:29	07:42	07:54		08:06		08:16	08:25	08:34	..	08:40	..	08:48	08:57	09:03	09:05	
8	Thirusulam	d	07:32	07:45	07:57		08:09		08:19	08:28	08:37	..	08:43	..	08:51	09:00	09:06	09:08	
10	Minambakkam	d	07:34	07:47	07:59		08:11		08:21	08:30	08:39	..	08:45	..	08:53	09:02	09:09	09:10	
12	Palavanthangal	d	07:37	07:50	08:02		08:14		08:24	08:33	08:42	..	08:48	..	08:56	09:05	09:12	09:13	
13	St.Thomas Mount	d	07:40	07:53	08:05		08:17		08:27	08:36	08:45	..	08:51	..	08:59	09:08	09:05	09:16	
15	Guindy	d	07:43	07:56	08:08	08:04	08:20	08:24	08:30	08:39	08:48	08:43	08:54	08:54	09:02	09:11	09:08	09:18	
17	Saidapet	d	07:46	07:59	08:11		08:23		08:33	08:42	08:51	..	08:57	..	09:05	09:14	09:11	09:21	
18	Mambalam	d	07:49	08:02	08:14	08:09	08:26	08:29	08:36	08:45	08:54	08:48	09:00	08:59	09:08	09:17	09:14	09:24	
20	Kodambakkam	d	07:51	08:04	08:16		08:28		08:38	08:47	08:56	..	09:02	..	09:10	09:19		09:27	
21	Nungambakkam	d	07:53	08:06	08:18		08:30		08:40	08:49	08:58	..	09:04	..	09:12	09:21	09:18	09:28	
23	Chetpet	d	07:56	08:09	08:21		08:33		08:43	08:52	09:01	..	09:07	..	09:15	09:24	09:31	09:32	
25	Chennai Egmore	d	07:59	08:12	08:24	08:17	08:36	08:37	08:46	08:55	09:04	09:00	09:10	09:07	09:18	09:27	09:24	09:34	
27	Chennai Park	d	08:02	08:15	08:27	08:20	08:39	08:40	08:49	08:58	09:07	09:03	09:13	09:10	09:21	09:30	09:27	09:37	
28	Chennai Fort	d	08:05	08:18	08:30	08:23	08:42	08:43	08:52	09:01	09:10	09:07	09:16	09:13	09:24	09:33	09:30	09:40	
30	Chennai Beach	a	08:14	08:27	08:39	08:32	08:51	08:57	09:01	09:10	09:19	09:15	09:25	09:30	09:33	09:42	09:40	09:47	

Tambaram - Cennai Beach Up													Tambaram - Cennai Beach Up												
Train Nos.		-40520	-40048	-40080	-40522	-40524	-40052	-40526	-40706	-40054	-40056	-40058	-40059	-40062	-40528	-40064	-40802								
Kms	Stations	d						FAST	FAST																
0	Tambaram	d	08:50	09:03	09:12	09:10	09:25	09:40	09:33	09:38	09:50	10:02	10:10	10:20	10:28	10:35	10:45	10:56							
2	Tambaram Sanatorium	d	..	09:07	09:16	..	09:29	09:44	09:54	10:06	10:14	10:24	10:32	10:39	10:49	11:00							
4	Chromepet	d	..	09:10	09:19	09:15	09:32	09:47	09:38	..	09:57	10:09	10:17	10:27	10:35	10:42	10:52	11:03							
6	Pallavaram	d	..	09:13	09:22	..	09:35	09:50	10:00	10:12	10:20	10:30	10:38	10:46	10:55	11:06							
8	Thirusulam	d	..	09:16	09:25	..	09:38	09:53	10:03	10:15	10:23	10:33	10:41	10:48	10:58	11:09							
10	Minambakkam	d	..	09:18	09:27	..	09:40	09:55	10:05	10:17	10:25	10:35	10:43	10:50	11:00	11:11							
12	Palavanthangal	d	..	09:21	09:30	..	09:43	09:58	10:08	10:20	10:28	10:38	10:46	10:53	11:03	11:14							
13	St.Thomas Mount	d	..	09:24	09:33	..	09:46	10:01	10:11	10:23	10:31	10:41	10:49	10:56	11:06	11:17							
15	Guindy	d	09:04	09:27	09:36	09:25	09:49	10:04	09:48	09:48	10:14	10:26	10:34	10:44	10:52	10:59	11:09	11:20							
17	Saidapet	d	..	09:30	09:39	..	09:52	10:07	10:17	10:29	10:37	10:47	10:55	11:02	11:12	11:23							
18	Mambalam	d	09:09	09:33	09:42	09:30	09:55	10:10	09:53	09:53	10:20	10:32	10:40	10:50	10:58	11:05	11:15	11:26							
20	Kodambakkam	d	..	09:35	09:44	..	09:57	10:12	10:22	10:34	10:42	10:52	11:00	11:07	11:17	11:28							
21	Nungambakkam	d	..	09:37	09:46	..	09:59	10:14	10:24	10:36	10:44	10:54	11:02	11:09	11:19	11:30							
23	Chetpet	d	..	09:40	09:49	..	10:02	10:17	10:27	10:39	10:47	10:57	11:05	11:12	11:22	11:33							
25	Chennai Egmore	d	09:17	09:43	09:52	09:37	10:05	10:20	10:01	10:02	10:30	10:42	10:50	11:00	11:08	11:15	11:25	11:36							
27	Chennai Park	d	09:20	09:46	09:55	09:40	10:08	10:23	10:04	10:05	10:33	10:45	10:53	11:03	11:11	11:18	11:28	11:39							
28	Chennai Fort	a	09:23	09:49	09:58	09:44	10:11	10:26	10:07	10:08	10:36	10:48	10:56	11:06	11:14	11:21	11:31	11:42							
30	Chennai Beach		09:47	09:58	10:07	09:55	10:20	10:35	10:20	10:28	10:45	10:57	11:05	11:15	11:23	11:30	11:40	11:51							

Tambaram - Cennai Beach Up		Week days								Tambaram - Cennai Beach Up		Week days							
Train Nos.		-4006	-4008	-4052	-4070	-4072	-4074	-4078	-4054	-4076	-4053	-4078	-4080	-4053	-4082	-4084	-4086	-4056	
Kms	Stations																		
0	Tambaram	d	11:10	11:20	11:30	11:43	11:56	12:08	12:17	12:30	12:47	13:00	13:17	13:32	13:47	14:02	14:15	14:25	14:35
2	Tambaram Sanatorium	d	11:14	11:24	11:34	11:47	12:00	12:12	12:21	12:34	12:51	13:04	13:21	13:36	13:51	14:06	14:19	14:29	14:39
4	Chromepet	d	11:17	11:27	11:37	11:50	12:03	12:15	12:24	12:37	12:54	13:07	13:24	13:39	13:54	14:09	14:22	14:32	14:42
6	Palleavaram	d	11:20	11:30	11:40	11:53	12:06	12:18	12:27	12:40	12:57	13:10	13:27	13:42	13:57	14:12	14:25	14:36	14:45
8	Thirusulam	d	11:23	11:33	11:43	11:56	12:09	12:21	12:30	12:43	13:00	13:13	13:30	13:45	14:00	14:15	14:28	14:38	14:48
10	Minambakkam	d	11:25	11:35	11:45	11:58	12:11	12:23	12:32	12:45	13:02	13:15	13:32	13:47	14:02	14:17	14:30	14:40	14:50
12	Palavanthangal	d	11:28	11:38	11:48	12:01	12:14	12:26	12:35	12:48	13:05	13:18	13:35	13:50	14:05	14:20	14:33	14:43	14:53
13	St.Thomas Mount	d	11:31	11:41	11:51	12:04	12:17	12:29	12:38	12:51	13:08	13:21	13:38	13:53	14:08	14:23	14:36	14:46	14:56
15	Guindy	d	11:34	11:44	11:54	12:07	12:20	12:32	12:41	12:54	13:11	13:24	13:41	13:56	14:11	14:26	14:39	14:49	14:59
17	Saidapet	d	11:37	11:47	11:57	12:10	12:23	12:35	12:44	12:57	13:14	13:27	13:44	13:59	14:14	14:29	14:42	14:52	15:02
18	Mambalam	d	11:40	11:50	12:00	12:13	12:26	12:38	12:47	13:00	13:17	13:30	13:47	14:02	14:17	14:32	14:45	14:55	15:05
20	Kodambakkam	d	11:42	11:52	12:02	12:15	12:28	12:40	12:49	13:02	13:19	13:32	13:49	14:04	14:19	14:34	14:47	14:57	15:07
21	Nungambakkam	d	11:44	11:54	12:04	12:17	12:30	12:42	12:51	13:04	13:21	13:34	13:51	14:06	14:21	14:36	14:49	14:59	15:09
23	Chetpet	d	11:47	11:57	12:07	12:20	12:33	12:45	12:54	13:07	13:24	13:37	13:54	14:09	14:24	14:39	14:52	15:02	15:12
25	Chennai Egmore	d	11:50	12:00	12:10	12:23	12:36	12:48	12:57	13:10	13:27	13:40	13:57	14:12	14:27	14:42	14:55	15:05	15:15
27	Chennai Park	d	11:53	12:03	12:13	12:26	12:39	12:51	13:00	13:13	13:30	13:43	14:00	14:15	14:30	14:45	14:58	15:08	15:18
28	Chennai Fort	d	11:56	12:06	12:16	12:29	12:42	12:54	13:03	13:16	13:33	13:46	14:03	14:18	14:33	14:48	15:01	15:11	15:21
30	Chennai Beach	a	12:05	12:15	12:25	12:38	12:51	13:03	13:12	13:25	13:42	13:55	14:12	14:27	14:42	14:57	15:10	15:20	15:30

Tambaram - Cennai Beach Up					Week days				Tambaram - Cennai Beach Up										Week days			
	Train Nos.	-40088	-40090	-40092	-40542	-40094	-40096	-40098	-40544	-40100	-40102	-40104	-40546	-40106	-40108	-40110						
Kms	Stations	MEMU																				
0	Tambaram	d	14:45	14:55	15:05	15:15	15:23	15:32	15:38	15:45	15:50	16:00	16:08	16:18	16:27	16:36	16:43	16:50				
2	Tambaram Sanatorium	d	14:49	14:59	15:09	15:19	15:27	15:36	15:42	15:49	15:54	16:04	16:12	16:22	16:31	16:40	16:47	16:54				
4	Chromepet	d	14:52	15:02	15:12	15:22	15:30	15:39	15:45	15:52	15:57	16:07	16:15	16:25	16:34	16:43	16:50	16:57				
6	Pallavaram	d	14:55	15:05	15:15	15:25	15:33	15:42	15:48	15:55	16:00	16:10	16:18	16:28	16:37	16:46	16:53	17:00				
8	Thirusulam	d	14:58	15:08	15:18	15:28	15:36	15:45	15:51	15:58	16:03	16:13	16:21	16:31	16:40	16:49	16:56	17:03				
10	Minambakkam	d	15:00	15:10	15:20	15:30	15:38	15:47	15:53	16:00	16:05	16:15	16:23	16:33	16:42	16:51	16:58	17:05				
12	Palavanthangal	d	15:03	15:13	15:23	15:33	15:41	15:50	15:56	16:03	16:08	16:18	16:26	16:36	16:45	16:54	17:01	17:08				
13	St.Thomas Mount	d	15:06	15:16	15:26	15:36	15:44	15:53	15:59	16:06	16:11	16:21	16:29	16:39	16:48	16:57	17:04	17:11				
15	Guindy	d	15:09	15:19	15:29	15:39	15:47	15:56	16:02	16:09	16:14	16:24	16:32	16:42	16:51	17:00	17:07	17:14				
17	Saidapet	d	15:12	15:22	15:32	15:42	15:50	15:59	16:05	16:12	16:17	16:27	16:35	16:45	16:54	17:03	17:10	17:17				
18	Mambalam	d	15:15	15:25	15:35	15:45	15:53	16:02	16:08	16:15	16:20	16:30	16:38	16:48	16:57	17:06	17:13	17:20				
20	Kodambakkam	d	15:17	15:27	15:37	15:47	15:55	16:04	16:10	16:17	16:22	16:32	16:40	16:50	16:59	17:08	17:15	17:22				
21	Nungambakkam	d	15:19	15:29	15:39	15:49	15:57	16:06	16:12	16:19	16:24	16:34	16:42	16:52	17:01	17:10	17:17	17:24				
23	Chetpet	d	15:22	15:32	15:42	15:52	16:00	16:09	16:15	16:22	16:27	16:37	16:45	16:55	17:04	17:13	17:20	17:27				
25	Chennai Egmore	d	15:25	15:35	15:45	15:55	16:03	16:12	16:18	16:25	16:30	16:40	16:48	16:58	17:07	17:16	17:23	17:30				
27	Chennai Park	d	15:28	15:38	15:48	15:58	16:06	16:15	16:21	16:28	16:33	16:43	16:51	17:01	17:10	17:19	17:26	17:33				
28	Chennai Fort	d	15:31	15:41	15:51	16:01	16:09	16:18	16:24	16:31	16:36	16:46	16:54	17:04	17:13	17:22	17:29	17:36				
30	Chennai Beach	a	15:40	15:50	16:00	16:10	16:18	16:27	16:33	16:40	16:45	16:55	17:03	17:13	17:22	17:31	17:38	17:45				

Tambaram - Cennai Beach Up														Tambaram - Cennai Beach Up													
Train Nos.		-012	-004	-014	-016	-018	-056	-0120	-0122	-0552	-0124	-0126	-0128	-0554	-0130	-0132	-0134	-0556									
Kms	Stations		MEMU																								
0	Tambaram	d	16:57	17:00	17:04	17:11	17:18	17:25	17:32	17:39	17:46	17:53	18:00	18:08	18:15	18:25	18:35	18:45	18:55								
2	Tambaram Sanatorium	d	17:01	..	17:08	17:15	17:22	17:29	17:36	17:43	17:50	17:57	18:04	18:12	18:19	18:29	18:39	18:49	18:59								
4	Chromepet	d	17:04	17:06	17:11	17:18	17:25	17:32	17:39	17:46	17:53	18:00	18:07	18:15	18:22	18:32	18:42	18:52	19:02								
6	Pallavaram	d	17:07	..	17:14	17:21	17:28	17:35	17:42	17:49	17:56	18:03	18:10	18:18	18:25	18:35	18:45	18:55	19:05								
8	Thirusulam	d	17:10	..	17:17	17:24	17:31	17:38	17:45	17:52	17:59	18:06	18:13	18:21	18:28	18:38	18:48	18:58	19:08								
10	Minambakkam	d	17:12	..	17:19	17:26	17:33	17:40	17:47	17:54	18:01	18:08	18:15	18:23	18:30	18:40	18:50	19:00	19:10								
12	Palavanthangal	d	17:15	..	17:22	17:29	17:36	17:43	17:50	17:57	18:04	18:11	18:18	18:26	18:33	18:43	18:53	19:03	19:13								
13	St.Thomas Mount	d	17:18	17:15	17:25	17:32	17:39	17:46	17:53	18:00	18:07	18:14	18:21	18:29	18:36	18:46	18:56	19:06	19:16								
15	Guindy	d	17:21	17:17	17:28	17:35	17:42	17:49	17:56	18:03	18:10	18:17	18:24	18:32	18:39	18:49	18:59	19:09	19:19								
17	Saidapet	d	17:24	..	17:31	17:38	17:45	17:52	17:59	18:06	18:13	18:20	18:27	18:35	18:42	18:52	19:02	19:12	19:22								
18	Mambalam	d	17:27	17:22	17:34	17:41	17:48	17:55	18:02	18:09	18:16	18:23	18:30	18:38	18:45	18:55	19:05	19:15	19:25								
20	Kodambakkam	d	17:29	..	17:36	17:43	17:50	17:57	18:04	18:11	18:18	18:25	18:32	18:40	18:47	18:57	19:07	19:17	19:27								
21	Nungambakkam	d	17:31	..	17:38	17:45	17:52	17:59	18:06	18:13	18:20	18:27	18:34	18:42	18:49	18:59	19:09	19:19	19:29								
23	Chetpet	d	17:34	..	17:41	17:48	17:55	18:02	18:09	18:16	18:23	18:30	18:37	18:45	18:52	19:02	19:12	19:22	19:32								
25	Chennai Egmore	d	17:37	17:29	17:44	17:51	17:58	18:05	18:12	18:19	18:26	18:33	18:40	18:48	18:55	19:05	19:15	19:25	19:35								
27	Chennai Park	d	17:40	17:32	17:47	17:54	18:01	18:08	18:15	18:22	18:29	18:36	18:43	18:51	18:58	19:08	19:18	19:28	19:38								
28	Chennai Fort	d	17:43	17:35	17:50	17:57	18:04	18:11	18:18	18:25	18:32	18:39	18:46	18:54	19:01	19:11	19:21	19:31	19:41								
30	Chennai Beach	a	17:52	17:50	17:59	18:06	18:13	18:20	18:27	18:34	18:41	18:48	18:55	19:03	19:10	19:20	19:30	19:40	19:50								

Tambaram - Cennai Beach Up										Tambaram - Cennai Beach Up									
Train Nos.	-40135	-40138	-40712	-40140	-40558/3	-40142	-40560	-40144	-40562	-40146	-40148	-40564	-40566	-40804	-40150	-40568	-40152		
Kms Stations																			
0 Tambaram	d	19:03	19:10	19:17	19:23	19:29	19:35	19:45	20:00	20:10	20:20	20:30	20:42	20:55	21:10	21:20	21:30	21:45	
2 Tambaram Sanatorium	d	19:07	19:14	19:21	19:27	19:33	19:39	19:49	20:04	20:14	20:24	20:34	20:46	20:59	21:14	21:24	21:34	21:49	
4 Chromepet	d	19:10	19:17	19:24	19:30	19:36	19:42	19:52	20:07	20:17	20:27	20:37	20:49	21:02	21:17	21:27	21:37	21:52	
6 Pallavaram	d	19:13	19:20	19:27	19:33	19:39	19:45	19:55	20:10	20:20	20:30	20:40	20:52	21:06	21:20	21:30	21:40	21:55	
8 Thirusulam	d	19:16	19:23	19:30	19:36	19:42	19:48	19:58	20:13	20:23	20:33	20:43	20:55	21:08	21:23	21:33	21:43	21:58	
10 Minambakkam	d	19:18	19:25	19:32	19:38	19:44	19:50	20:00	20:15	20:25	20:35	20:45	20:57	21:10	21:25	21:35	21:45	22:00	
12 Palavanthangal	d	19:21	19:28	19:35	19:41	19:47	19:53	20:03	20:18	20:28	20:38	20:48	21:00	21:13	21:28	21:38	21:48	22:03	
13 St.Thomas Mount	d	19:24	19:31	19:38	19:44	19:50	19:56	20:06	20:21	20:31	20:41	20:51	21:03	21:16	21:31	21:41	21:51	22:06	
15 Guindy	d	19:27	19:34	19:41	19:47	19:53	19:59	20:09	20:24	20:34	20:44	20:54	21:06	21:19	21:34	21:44	21:54	22:09	
17 Saidapet	d	19:30	19:37	19:44	19:50	19:56	20:02	20:12	20:27	20:37	20:47	20:57	21:09	21:22	21:37	21:47	21:57	22:12	
18 Mambalam	d	19:33	19:40	19:47	19:53	19:59	20:05	20:15	20:30	20:40	20:50	21:00	21:12	21:25	21:40	21:50	22:00	22:15	
20 Kodambakkam	d	19:35	19:42	19:49	19:55	20:01	20:07	20:17	20:32	20:42	20:52	21:02	21:14	21:27	21:42	21:52	22:02	22:17	
21 Nungambakkam	d	19:37	19:44	19:51	19:57	20:03	20:09	20:19	20:34	20:44	20:54	21:04	21:16	21:29	21:44	21:54	22:04	22:19	
23 Chetpet	d	19:40	19:47	19:54	20:00	20:06	20:12	20:22	20:37	20:47	20:57	21:07	21:19	21:32	21:47	21:57	22:07	22:22	
25 Chennai Egmore	d	19:43	19:50	19:57	20:03	20:09	20:15	20:25	20:40	20:50	21:00	21:10	21:22	21:35	21:50	22:00	22:10	22:25	
27 Chennai Park	d	19:46	19:53	20:00	20:06	20:12	20:18	20:28	20:43	20:53	21:03	21:13	21:25	21:38	21:53	22:03	22:13	22:28	
28 Chennai Fort	d	19:49	19:56	20:03	20:09	20:15	20:21	20:31	20:46	20:56	21:06	21:16	21:28	21:41	21:56	22:06	22:16	22:31	
30 Chennai Beach	a	19:58	20:05	20:12	20:18	20:24	20:30	20:40	20:55	21:05	21:15	21:25	21:37	21:50	22:05	22:15	22:25	22:40	

		Tambaram - Cennai Beach Up			Week days		
	Train Nos.	-40570	-4015	-40156	-4057	-40153	-40574
Kms	Stations						
0	Tambaram	d 22:05	22:25	22:45	23:05	23:30	23:55
2	Tambaram Sanatorium	d 22:09	22:29	22:49	23:09	23:34	23:59
4	Chromepet	d 22:12	22:32	22:52	23:12	23:37	00:02
6	Pallavaram	d 22:15	22:35	22:55	23:15	23:40	00:05
8	Thirusulam	d 22:18	22:38	22:58	23:18	23:43	00:08
10	Minambakkam	d 22:20	22:40	23:00	23:20	23:45	00:10
12	Palavanthangal	d 22:23	22:43	23:03	23:23	23:48	00:13
13	St.Thomas Mount	d 22:26	22:46	23:06	23:26	23:51	00:16
15	Guindy	d 22:29	22:49	23:09	23:29	23:54	00:19
17	Saidapet	d 22:32	22:52	23:12	23:32	23:57	00:22
18	Mambalam	d 22:35	22:55	23:15	23:35	00:00	00:25
20	Kodambakkam	d 22:37	22:57	23:17	23:37	00:02	00:27
21	Nungambakkam	d 22:39	22:59	23:19	23:39	00:04	00:29
23	Chetpet	d 22:42	23:02	23:22	23:42	00:07	00:32
25	Chennai Egmore	d 22:45	23:05	23:25	23:45	00:10	00:35
27	Chennai Park	d 22:48	23:08	23:28	23:48	00:13	00:38
28	Chennai Fort	d 22:51	23:11	23:31	23:51	00:16	00:41
30	Chennai Beach	a 23:00	23:20	23:40	00:00	00:25	00:50