

NTS-16 Schedule

Draft Version: 5-12-16

PRE-EVENT:

WEDNESDAY, JULY 20

Japan groups arrive:

2 pm. Okinawa Group arrives at DTW. Delta 276. (10 people)

4:05 pm Fukuoka Group arrives at DTW. Delta 630. (11 people)

Drive groups to Lansing and check into Radisson Hotel

THURSDAY, JULY 21

8 am – 8 pm Overseas Visitor Tour in Grand Rapids; Return to Lansing
Radisson Hotel.

12 – 4 pm Open training space available at Iha dojo

4 – 6 pm Registration & HQ Set-up at Lansing Center (

EVENT:

FRIDAY, JULY 22

7:30- 8:30 am Dan Test Practice

8– 8:20 am Pre-Event Dojo Director Meeting with Sensei Iha.
(North Point Cafe: Provide bagels, cream cheese, juice, coffee.)

8:30 – 10 am Dan Testing with Sensei Iha (1.5 hr)

10 – 10:30 am Break (0.5 hr)

NTS SEMINAR BEGINS

10:30 – 12:30pm Guest Introductions, Introduce Internationals,
Friendship Circle. (Adults and Youth) (0.5 hrs)
Training with Sensei Iha. (Adults) (1.5 hrs)
Youth Training with Sensei Mitch (1.5 hrs)

**12:30 - 1 pm Adults and youth re-convene to watch Demos
(5-6 Groups, 5-minutes each) (0.5 hr)**

- 1 – 2:30 pm** **Lunch** (*on your own*) (1.5 hr)
- 2:30 – 4 pm** **Adult Karate Training** with _____ (1.5 hrs)
Youth Training with Sensei Mitch (1.5 hrs)
- 4 – 4:30 pm** **Adults and youth re-convene to watch Demos**
(5-6 Groups, 5-minutes each) (0.5 hr)
- 4:30 – 5:30 pm** **Break** (1.0 hr)
- 5:30 – 7:00 pm** **Adult Karate Training** with _____ (1.5 hrs)
Youth Training with Sensei Mitch (1.5 hrs)
- 7 – 7:30 pm** **Adults and youth re-convene to watch Demos**
(5-6 Groups, 5-minutes each) (0.5 hr)

Dinner on your own

SATURDAY, JULY 23

8 – 8:50 am	Pre-Event Dojo Director Meeting with Sensei Iha . (River Street Pub. Provide bagels, cream cheese, juice, coffee.) Saturday Seminar Check-in
9:00 – 11 am	Welcome and warm-ups (Adults and Youth) (.5 hr) Training with _____ (Adults) (1.5 hrs) Youth Training with Sensei Mitch (1.5 hrs)
11 am – 11:30 am	Adults and youth re-convene to watch Demos (5-6 Groups, 5-minutes each) (0.5 hr)
11:30 am – 1 pm	Lunch on Your Own (1.5 hrs)
1 – 2:30 pm	Karate Training with Sensei Kip Barker (1.5 hrs) Youth Training with Sensei Mitch & Iha (1.5 hrs)
2:30 – 3 pm	Adults and youth re-convene to watch Demos (5-6 Groups, 5-minutes each)
3 – 3:30 pm	NTS Total Group; Dojo Director Group Photo; Photo Opportunity with Sensei Iha
3:30 – 4 pm	Break
4 – 5:30 pm	Adult Breakout Training Options: (1.5 hrs) Karate Training with _____ Kobujutsu Bo Training YOUTH & TEEN KATA TOURNAMENT (1.5 hrs)
5:30 – 6	Adults and youth re-convene to watch Demos (5-6 Groups, 5-minutes each)
7 – 9 pm	Shido-kan 40th Celebration Banquet
9 – 11:30	NTS Friendship Party (River Street Pub)

SUNDAY JULY 24

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| 9 – 9:50 am | Pre-Event Dojo Director Meeting with Sensei Iha. (River Street Pub. Provide coffee service.) |
| 10 – 11:30 am | Training with Sensei Iha; NTS closing (<i>1.5 hrs</i>) |
| 11:30-12 pm | Demos if needed (5-6 Groups) or use full block for training. |
| 11 am - Noon | Hotel checkouts |
| Afternoon - Evening | Casual BBQ at Sensei's (Provide rides for internationals).
Everyone encouraged to bring a dish or beverage to share.
Shuttle international guests back to hotel as needed.
Shopping or other options. |

POST EVENT:

MONDAY, JULY 25

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| Early AM | Drivers meet Okinawa and Fukuoka groups at hotel. Breakfast, check out, and drive to DTW. Departure 12:41 pm., Delta 275. |
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THURSDAY, JULY 28

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| Early AM | Takafumi Nakayama group to DTW from Clawson Dojo. Depart 12:10 pm., Delta 3999 (to Chicago) |
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