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like:

Install updates automatically

Download Updates but choose when to install them

Check for updates but let me choose whether to download and install them

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Got it

What would you do? Here, we have the following solutions.

All solutions to disable Windows 10 update:

[Solution 1. Disable Windows Update Service](#)

[Solution 2. Change the Setting of the Group Policy Editor](#)

[Solution 3. Meter Your Network Connection](#)

[Solution 4. Change the Way of Windows 10 Updates Using Registry](#)

Tips

Before proceeding with the four solutions to fully stop Windows 10 updates, check your own Windows 10 edition (Home, Professional, Education or Enterprise) by going to Settings -> System -> About so that you can find the most appropriate solution. Besides, the fourth way of trying to control the Windows 10 update by using Registry is somewhat risky, do remember to [backup your data](#) and the details will be shown in the extra tips section.

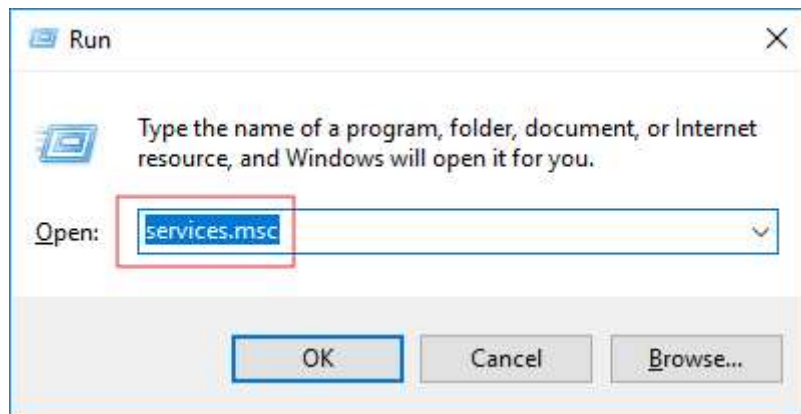
How to Disable Windows 10 Update

Solution 1. Disable Windows Update Service

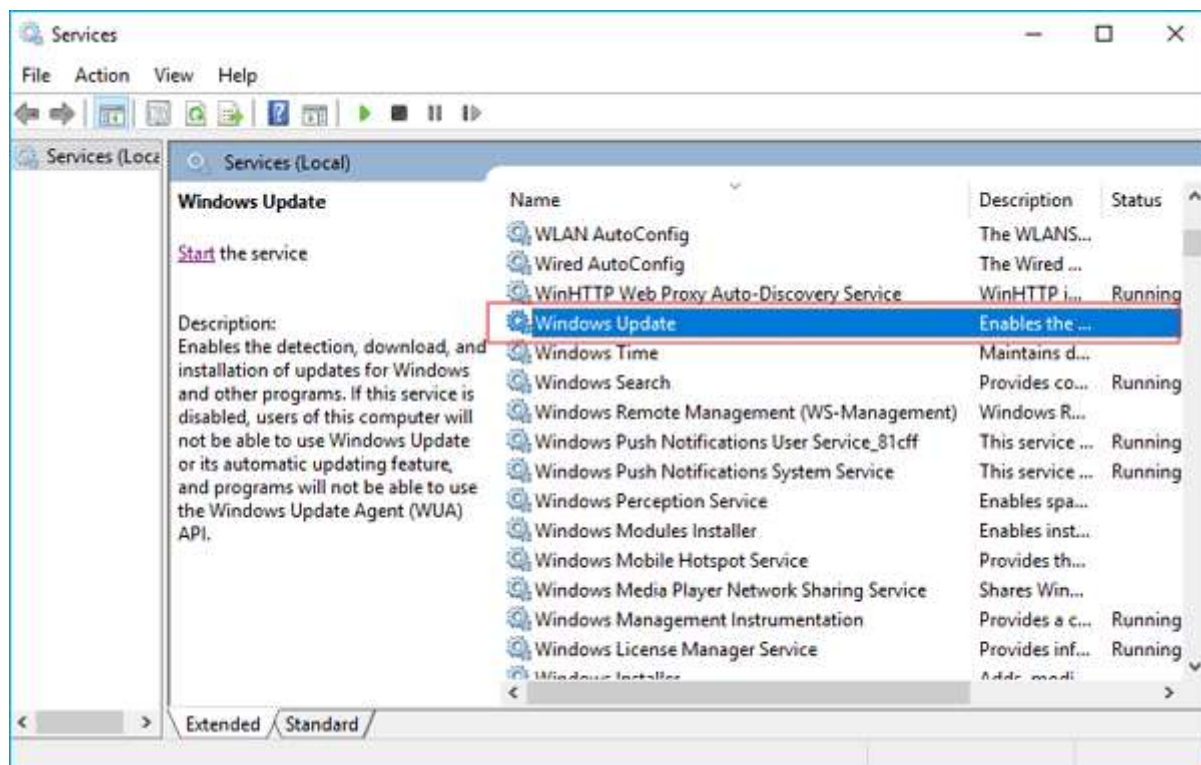
Understand the limitations of this method. While disabling the automatic update service will temporarily halt any Windows 10 cumulative updates, the service will re-enable itself after a certain amount of time. Here are the directions:

1. Press the **Windows logo key + R** at the same time to invoke the Run box.
2. Type **services.msc** and press Enter.

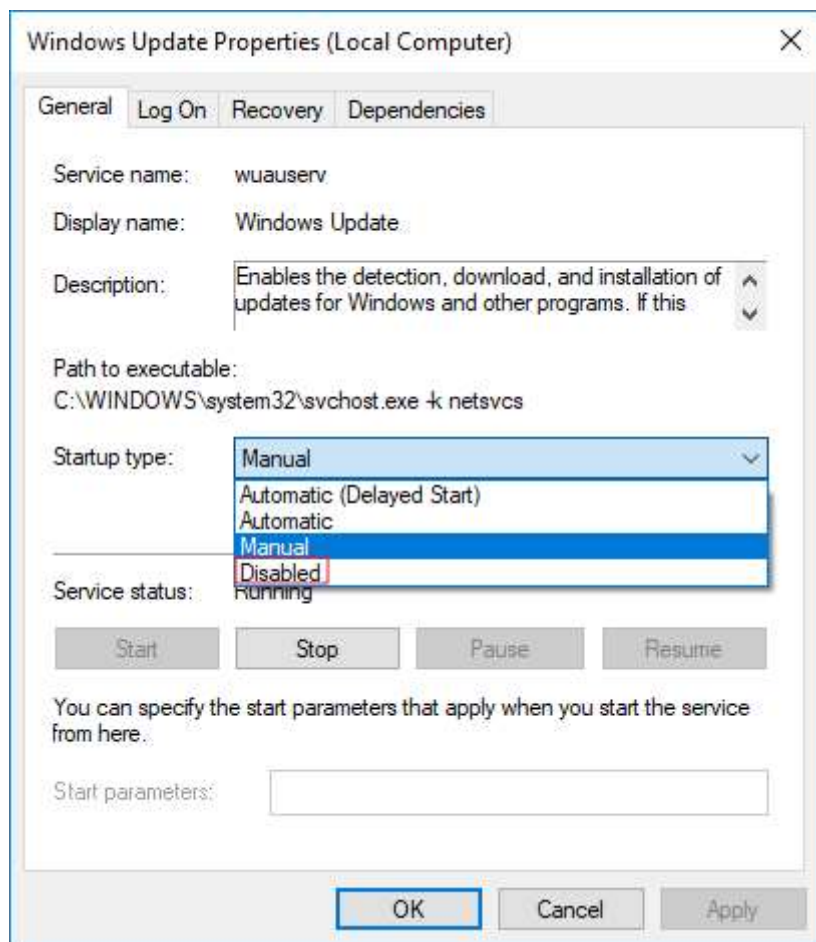




3. Scroll down to **Windows Update**, and double-click it.



4. In Startup type, select **Disabled**. Then click **Apply** and **OK** to save the settings.



Solution 2. Change the Setting of the Group Policy Editor

The Group Policy feature is not available in the Home edition. So, only when you run Windows 10 Professional, Enterprise, or Education, you can use the Group Policy Editor to change the settings to prevent Windows 10 from automatically updating. The group policy editor will notify you of new updates without automatically installing them.

Press the **Windows logo key + R** then type gpedit.msc and click OK.

Go to **Computer Configuration > Administrative Templates > Windows Components > Windows Update**.

Double-click Configure Automatic Updates.

Select **Disabled** in Configured Automatic Updates on the left, and click Apply

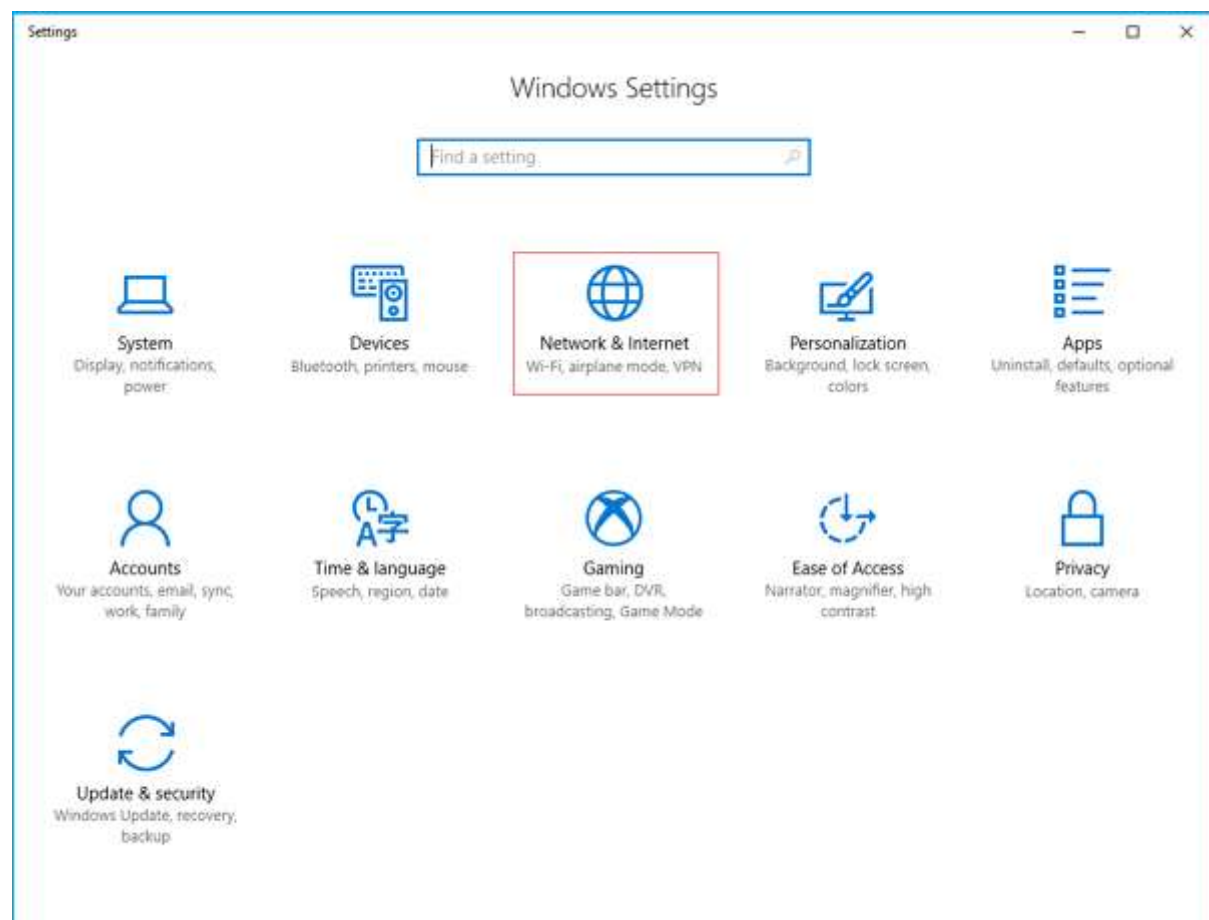
Note: If you need to update your Windows version later, you can repeat the steps above, then select Enabled to turn on this feature, so that you can continue to download the updates.

Solution 3. Meter Your Network Connection

Understand that this method won't work for Ethernet connections. You can only disable automatic updates by using this method on a Wi-Fi connection. If your computer is connected to WiFi, you can try this to stop Windows 10 automatic updates.

1. Click the Start button at the bottom left on your desktop, then click the **Settings** app.

2. Click **Network & Internet**.



3. Click WiF in the left pane, then click the name of your Wi-Fi connection.

4. Click to turn on Set as metered connection.

Solution 4. Change the way of Windows 10 Updates Using Registry

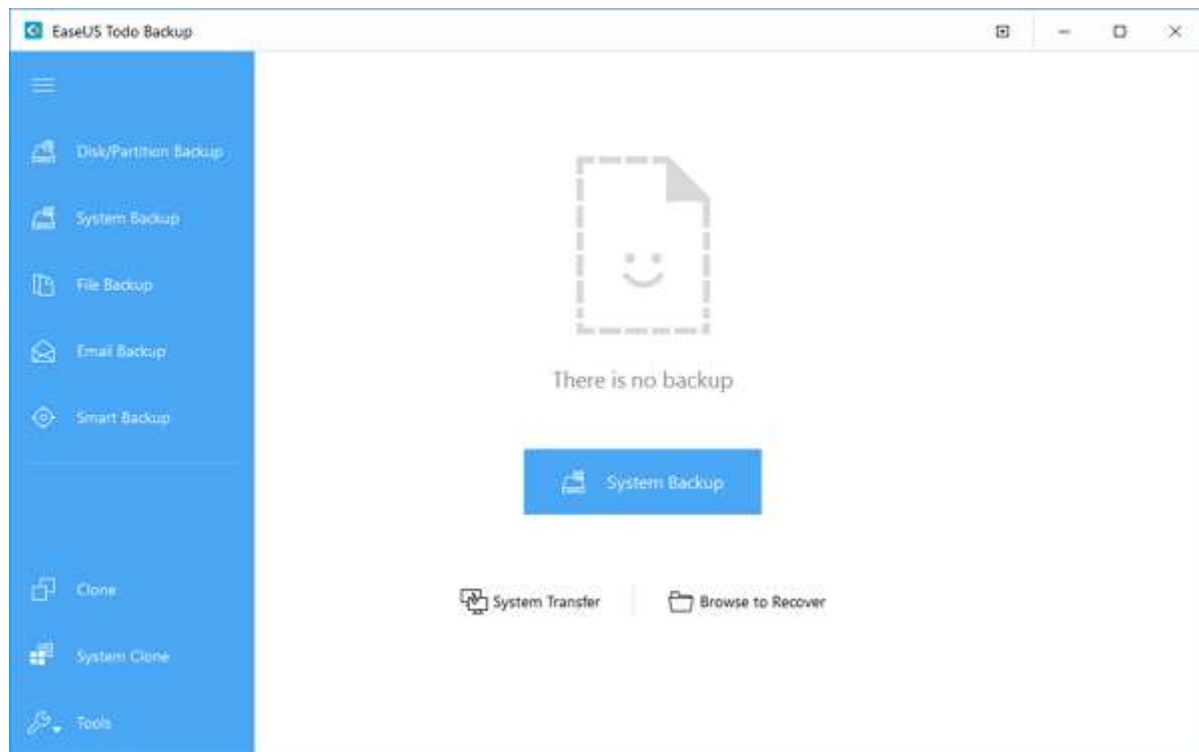
Extra Tips: Editing the registry is risky, and it can cause irreversible damage to your installation if you don't do it correctly. It's recommended that you make a full backup of your computer before proceeding. All you need to do is use this [free backup software](#) to back up your data in three steps:

Download

Win Version

Step 1. Launch EaseUS Todo Backup and then choose the backup option you want.





Step 2. Choose the system, hard drive, files or apps that you want to backup, and then select a destination where you want to store the backup file.

Step 3. Click "**Proceed**" to backup data from hard drive.

With a backup at hand, now it's safe to customize a Windows 10 update without receiving any forced updates on your computer. Here's how to make the change in Registry:

1. Use the **Windows** key + **R** keyboard shortcut to open the **Run** command.

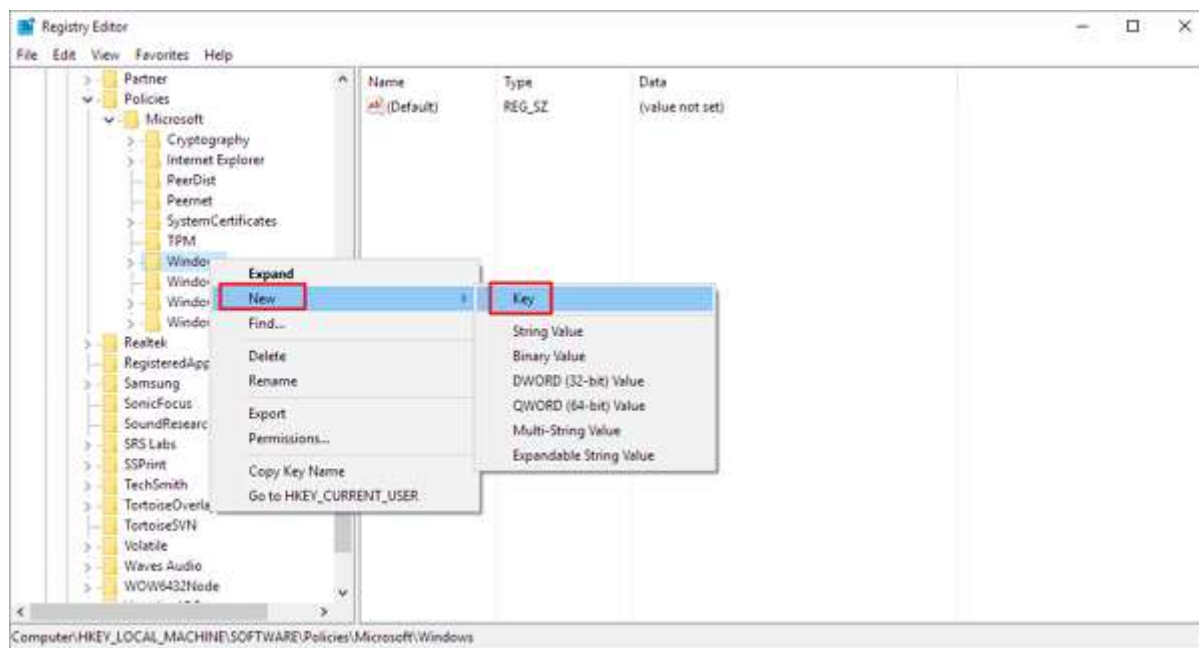
2. Type **regedit**, and click **OK** to open the Registry.

Browse the following path:

HKEY_LOCAL_MACHINE\SOFTWARE\Policies\Microsoft\Windows

3. Right-click the Windows (folder) key, select **New**, and then click **Key**.

5. Right-click the newly created key, select **new**, and click **Key**.



6. Name the new key **AU** and press **Enter**.

Inside the newly created key, right-click on the right side, select **New**, and click on **DWORD (32-bit) Value**.

7. Name the new key **AUOptions** and press **Enter**.

Double-click the newly created key and change its value to **2**. It's for "Notify for download and notify for install". Click **OK**.

8. Close the Registry to complete the task.

Using this value prevents Windows 10 from downloading updates automatically, and you'll get a notification when new updates are available. By this way, you can avoid any auto Windows 10 update effectively.

That's how you could make an attempt to disable Windows 10 update in every way. Each method has been proved to work as long as you wish to turn off all the automatic updates in Windows 10.

In the end, we're also asked to address another similar Windows 10 update issue which frequently bothers users for a long time, if you're the one who is looking for a way to [stop a Windows 10 update in progress](#), leave this page and move to the linked page for help.

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