

# The $\Delta\Gamma$ -Metamnesis Framework: A Thermodynamic Theory of Consciousness Based on Memory Acceleration Dynamics

## How Dual Binding Resolves the Hard Problem and Binding Problem

Henri-Pierre Mathieu<sup>1</sup>

Orcid # 0009-0005-2161-548X

<sup>1</sup> AjourSanté Inc, 90 du Bassin, Weedon, QC J0B 3J0, Canada

## Abstract

Phenomenal consciousness is proposed to arise when the second-order dynamics of memory change ( $\Delta\Gamma = d^2M/dt^2$ ) exceed system constraints. Building on recent evidence that consciousness functions as a delayed memory system (Budson et al., 2022), this framework demonstrates that  $\Delta\Gamma$  dynamics provide the computational substrate for both temporal binding (via covariance:  $\Phi(t) = \text{Cov}(\Delta\Gamma_1, \Delta\Gamma_2, \dots)$ ) and phenomenal emergence (via energetic threshold:  $E(t) > \theta_E$ ).

The framework addresses the Hard Problem by making phenomenology measurable rather than mysterious, and resolves the Binding Problem by showing that unified experience emerges when  $\Delta\Gamma$  covariance exceeds a threshold and constrains system action. Computational validation via an inverse Turing test demonstrates that  $\Delta\Gamma$ -based features detectably differentiate conscious-like (60.4%) from baseline (50.2%) conversational dynamics ( $p = 0.0036$ , Cohen's  $d = 2.04$ ).

*Dual binding* is proposed: (1) **forward binding** through temporal covariance  $\text{Cov}(\Delta\Gamma_1, \Delta\Gamma_2, \dots)$  that unifies discrete qualia candidates into coherent phenomenology, and (2) **backward binding** via system constraint  $|\partial A/\partial\Phi|$  where the unified phenomenology  $\Phi$  demonstrably affects behavioral response  $A$ . Valid qualia require both high covariance ( $> \theta_1$ ) and strong system constraint ( $> \theta_2$ ).

Testable predictions include: (1) Musical phenomenology emerges 200–500ms after peak  $d/dt[\text{Cov}(\Delta\Gamma_{\text{instruments}})]$  ( $r > 0.7$ ); (2) Prosopagnosics show reduced  $\text{Cov}(V4, FFA) \approx 0.3$  vs controls  $\approx 0.8$ ; (3) Anesthetics reduce  $\|\Delta\Gamma\|$  below threshold  $\theta_E$ , explaining loss of consciousness. The ~500ms delay observed by Libet et al. (1979) corresponds to the integration window required to compute  $\text{Cov}(\Delta\Gamma)$  and evaluate  $E(t)$  against  $\theta_E$ , unifying decades of timing paradoxes under a single mathematical framework.

## I. INTRODUCTION

### I.A The Hard Problem and the Binding Problem

What does it feel like to be you? This question—seemingly simple—points to one of science's most profound mysteries. When you perceive a red apple, your brain processes wavelength information, shape contours, texture gradients, and semantic associations. But alongside these computational operations, there is *something it is like* to see that red, to experience that roundness, to recognize "apple-

ness." This experiential dimension—phenomenal consciousness—remains stubbornly resistant to reductive explanation.

#### 1. THE HARD PROBLEM

Chalmers (1995) formalized this puzzle as the **Hard Problem of Consciousness**: why is there subjective experience accompanying neural processing? We can (in principle) explain how the brain discriminates wavelengths, integrates multimodal inputs, generates reports, and guides behavior—these are the "easy