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Men and Women, despite having very similar attitudes in the workplace have completely different opportunities, as the study shows men are a lot more prompt to get a promotion to senior levels position. According to the study done with sensors, men and women of the analyzed company had roughly the same scores in performance evaluations, they also had the same social connections and interactions at work. Despite the similarities between men and women in the lower level positions, men are significantly more prone to receiving a promotion, with only 20% of the senior position being occupied by women. I believe this is mostly due to old bias generated by society, as men are seen as the "breadwinner" therefore, are more worthy of promotion since they will be more focused on the job in order to support their family. Meanwhile, women are seen by society as the ones who are supposed to take care of family and household activities, therefore, companies see them as less productive and more likely to put family before work when compared to men despite no empirical evidence to support this.

Women who have transitioned to men find that their professional lives become a lot more "easy" as they are a lot less likely to be subjected to biases. According to the video, women who have transitioned feel as they are treated differently as opposed when they were women, some report they are taken more seriously especially when dealing with other men. However, in professions that are female dominated such as nursing, women who have transitioned feel as they are also treated differently, as they have to use an escort when treating women which makes their life harder. They are very consistent with the gender roles society has assigned as when women transitions, society sees them as men and therefore should be the one who works. This makes so that their work life is a lot easier since they are in the majority and are treated as such. However, as women are believed to be the caretakers of the household, in some professions such as nursing where this is beneficial, trans men are in the minority which detriments them in the profession. Also, trans white men have a different experience than trans men of color, as white women who are transitioning are going into the privileged status of white men. Meanwhile, women of color who are transitioning despite being more privileged, they are still in a minority and will not reap of the same benefits of trans white men.

Nature versus nurture as long is a big debate over their influence in gender norms and behavior. However, from my personal experience in life, I believe that nurture plays a much bigger role in gendered behavior. Due to the fact, my family has never assigned gender roles as me and my sisters always participated in the activities we wanted to without any hesitation from our family. This caused both of us, later in life to go into STEM majors which in society it is not the norm, especially since my sister went into engineering which a completely male-dominated major. This causes me to think that my families nurture helped a lot in my and my sister to develop into doing with what like instead of what society deemed fit. Also, I feel as in nature it also not evident that the male should be the dominant "breadwinner", as it is evident in several species such as lions and chimpanzees where the females are the ones who gather food and take care of the families. This furthers the argument that nature and biology aren't as prominent in determining gender roles, instead the way the children are nurtured is substantially more important.