

Henry Shanahan

Bristol, UK | 07795047945 | [LinkedIn](#) | [Instagram](#) |

Profile	An adaptable and motivated professional with 5 years of experience as a primary school teacher and a proven track record of success in high-pressure environments. Skilled in problem-solving, researching, logical thinking, data analysis, and team leadership. As a self-taught chef working in Michelin-starred kitchens, I have demonstrated rapid learning, adaptability, and attention to detail. My diverse background equips me with a unique perspective and a versatile skill set, making me well-prepared to excel in new challenges.	
Key Skills	Problem-solving and critical thinking Data analysis and research Team leadership and collaboration	Strong communication and relationship building Time management and organisation Adaptability
Employment History		
Apr 2023 - Present	Merchants' Academy Primary School Class Teacher	Bristol
	<ul style="list-style-type: none">Adaptability: Taught both Year 3 and a combined Year 1/2 cohort, adjusting lesson plans to meet the diverse needs of different age groups.Data Analysis & Problem-Solving: Improved reading and maths outcomes by 27% through data analysis, identifying gaps in student learning and implementing targeted interventions.Communication & Relationship Building: Built strong relationships with students, parents, and colleagues as a subject lead, fostering collaboration and enhancing educational outcomes.	
Aug 2021- Jul 2022	Olive Tree Restaurant Commis Chef	Bath
	<ul style="list-style-type: none">Attention to Detail: Crafting Michelin-starred desserts demanded precision and focus, all while maintaining a fast pace in a high-pressure environment.Fast Learning: Rapidly promoted from Commis Chef to Chef de Partie, demonstrating an ability to quickly grasp complex culinary techniques, adapt to new responsibilities, and excel in a high-pressure kitchen environment.Time Management: Effectively managed multiple tasks in a fast-paced kitchen, balancing the preparation of complex dishes and ensuring timely service without compromising quality.	
Sep 2017 - Aug 2021	Parson Street Primary School Class Teacher	Bristol
	<ul style="list-style-type: none">Leadership & Team Development: As Year 1 Team Leader, trained and coached fellow educators, fostering professional growth and improving classroom practices.Collaboration & Communication: Led initiatives in PSHE and Mental Health and Well-being, working closely with senior leaders to enhance policies and support structures.Time Management: Effectively balanced lesson planning, leadership responsibilities, and student support, consistently meeting deadlines and ensuring smooth classroom operations.	
Education		
Sep 2016 - July 2017	Post Graduate Certificate in Education , Bath Spa University Graduated with 'Outstanding.'	
Sep 2010 - July 2013	BA (Hons) History , University of Plymouth Graduated with Upper Second-Class honours.	
Hobbies	I am passionate about food; creating recipes and exploring culinary techniques. I have successfully run a pop-up restaurant and actively shared my cooking on social media. Additionally, I prioritise health and fitness, engaging in activities like running, climbing, and racquet sports. Travel is another key interest; I believe in immersing myself in different cultures and traditions. These hobbies not only fuel my creativity but also enhance my appreciation for diverse perspectives, which I find enriching both personally and professionally.	
Recent training	Angel Yu - 'Complete Web Development Bootcamp 2024' NorthCoders - 'Introduction to JavaScript'	