AVL Runtime Proof

On Friday, we proved an upper-bound on the height of an AVL tree is $2 \times lg(n)$ or O(lg(n)):

```
# of nodes (n) \geq N(h) > 2^{h/2}

n > 2^{h/2}

lg(n) > h/2

2 \times lg(n) > h

h < 2 \times lg(n) , for h \geq 1
```

Proved: The maximum number of nodes in an AVL tree of height h is less than $2 \times lg(n)$.