### Context

- What is an object?
  - An object is one of the built in data types in JavaScript.
  - An object is a collection of properties and methods.
    - A property is a name:value pair, the value of which can be accessed by referencing the name the value is associated with, or by using a getter method.
    - The value of a property has it's own data type, and can be another object (a nested object), a string, integer, etc...
    - The properties of an object can be changed directly by referencing the property, or by using a setter method.
  - The contents of an object are mutable, even if the object is declared using const. What is an array?
- What is an array?
  - In JavaScript, an array is one of the built in object data types, and thus it has methods associated with it.
  - An array is a collection of items, with each item stored within the array having an associated index that
  - The items within an array can be any other data type, including other arrays or objects.
    - An array that contains another array can be called a 2-dimensional array.

- Discuss the difference between an array and an object.
  - Both arrays and objects store collections of data, are mutable even when declared as constants, and can store a mix of data types.
  - The data stored within an array is referenced using a non-negative integer value, whereas within an object data is referenced using the name of the property the data is assigned to.
  - Both objects and arrays have built in methods, however arrays cannot have new methods added to them during and after creation whereas objects can.
  - While an array object can only be created by declaring an array, objects can either be created by declaring them or by the use of a class.

# Use of Arrays and Objects

#### How can arrays be used in loops

- A for loop:
  - An array can be used within a for loop:
    - To loop over each element within the array.
    - To modify the array a set number of times.

- A while loop:
  - An array can be used within a while loop:
    - To loop over each element of the array.
    - To search through the array for an item that meets a condition, or while a condition is met.

#### How can objects be used in loops

- A for loop:
  - An object can be used within a for loop:
    - To loop over each property and method of that object.
    - To modify the object a set number of times.

- A while loop
  - An object can be used in a while loop:
    - To loop over each property or method of that object.
    - To search through the object until a property meets a condition, or while a condition is met.
    - To modify an object until a condition is met.
    - To call an objects method until a condition is met.

## Appendix

- The primary challenge I faced in this task was going back to basics. In having to consider how to use an array or object in a way you would not normally use them, you are forced to think outside of the box to find a solution to a seemingly simple problem.
- I also found it useful going back over the definitions of objects and arrays, and more specifically them within the confines of JavaScript to better understand their implementation within the language.

•	General:		•	Arrays:			•	Objects:	
	•	https://developer.mozilla.org/en-US/docs/Glossary/Primitive			•	https://developer.moz illa.org/en-		•	https://www.w3schools.com/js/js_objects.asp
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