

# Health Report

## User Details

Name: User1 Lastname1

Age: 40

Gender: Male

Height: 175.5 cm

Weight: 80.2 kg

## Test Results

Warning: Severe health issues detected! Seek medical attention.

## Daily Activity

Total Steps: 111445

Active Minutes: 289.0

Calories Burned: 989.05

## Sleep Data

Average Sleep Duration: 472.4 hours

## Health Scores

BHI: -87.23

AHS: 81.87

SQS: 98.73

Final Health Score (FHS): 19.29