

mood scale

mood chart

mood boost

mood history

what is goodmood?
contact us



welcome to goodmood

track your emotions | improve your mood

Username



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Password



Type your password

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mood scale

mood chart

mood boost

mood history

**how
are you
feeling
right
now?**

good

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mood history

let's get
more
specific.



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simple exercises to help you feel better.



breathe



mindfulness



meditation



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mood scale

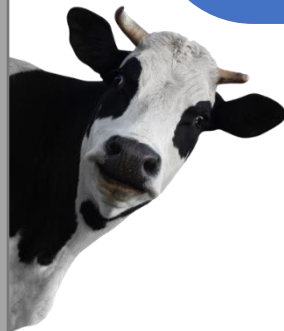
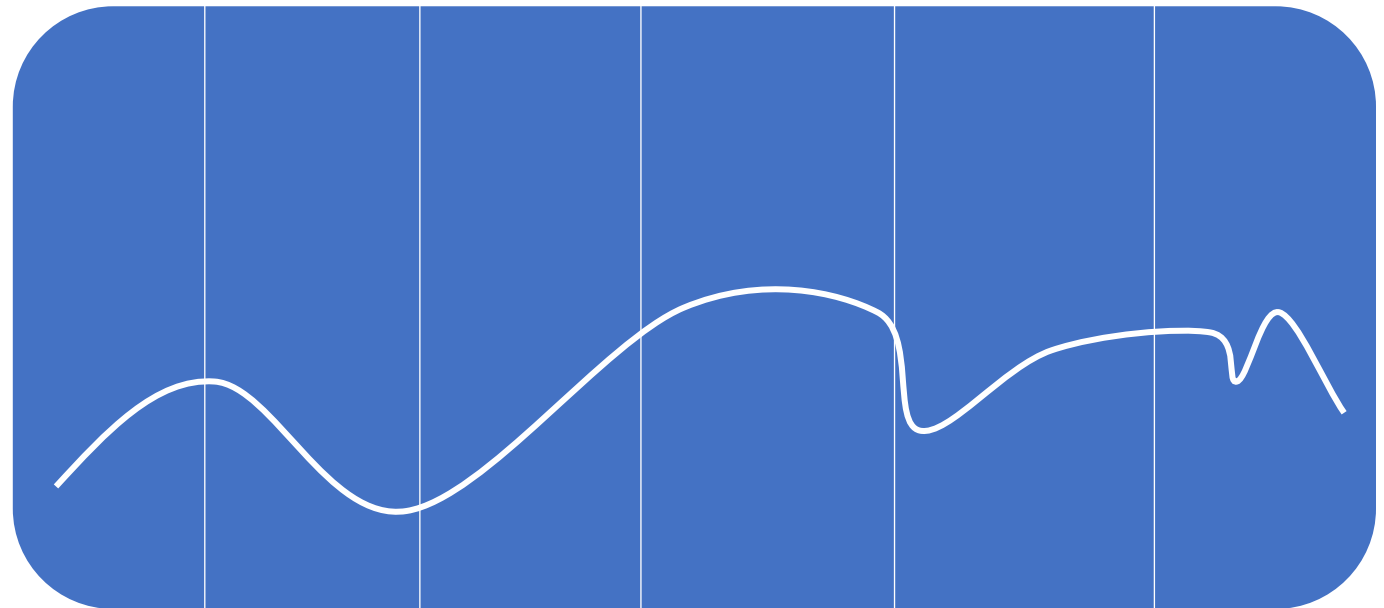
mood wheel

mood boost

mood history

let's check your progress.

week month $\frac{1}{2}$ year 1 year max



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mood scale

mood wheel

mood boost

mood history

let's get started.

what is goodmood?
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Create an account

Your Name

Your Email

Password

Confirm Password

Create Your Account

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nulla quam velit, **TERMS** and **CONDITIONS** nec, mattis ac neque. Duis vulputate commodo lectus, ac blandit elit

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