

A FRIEND IS ONE
TO WHOM ONE MAY POUR
OUT ALL THE CONTENTS
OF ONE'S HEART,
CHAFF AND GRAIN TOGETHER
KNOWING THAT THE
GENTLEST OF HANDS
WILL TAKE AND SIFT IT,
KEEP WHAT IS WORTH REEPING
AND WITH A BREATH OF KNOWESS
BLOW THE REST ANDY.

-ARABLAN PROVERB