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Henry Gets Moving

Keeping kids healthy!



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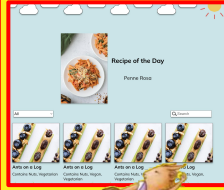
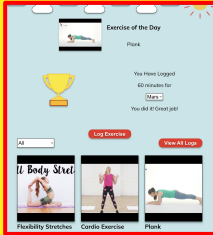
WHAT? Henry Gets Moving is an immersive learning project centered around Henry, a hamster who moves to a new school and overcomes his struggles by getting active and eating healthy. The project promotes the benefits of exercising 60 minutes a day, eating healthy foods, and having fun while doing it!

WHY? Child obesity is a growing problem in the United States—Henry encourages kids to eat healthy, stay active, and have fun while doing it.

HOW? Read on!

Get moving & Eat healthy

Catalogs of **exercises** and **healthy recipes** to make it as easy as possible for kids (and their families) to stay healthy.



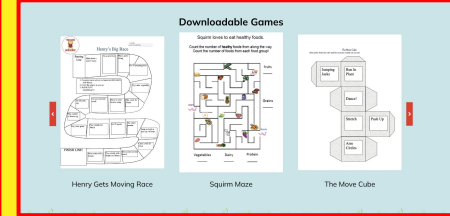
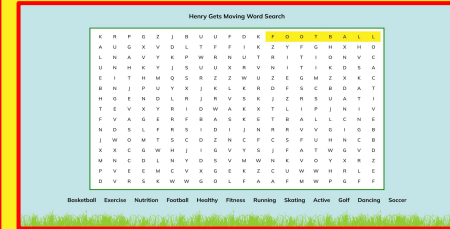
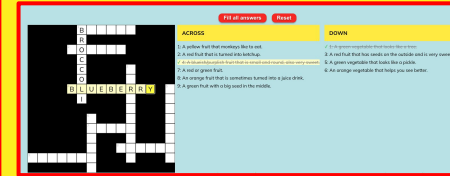
Easy to manage

Administrators can manage the website's content without any coding necessary



Fun for kids

Kid-friendly language that is easy to understand and interactive games centered around sports and healthy eating



Encourages exercise by keeping logs - A kid-friendly system to keep track of exercise they do, helping both children and their parents alike to get moving with an accountability system in place!

