



**Margaret**

# Heritage Happenings



**Mrs Johnson**

**September 2022**

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## Special Events

### **Birthday Night Reception and Sing-Along!!!**

**Friday, September 2** (before the birthday dinner) in Morgan Parlor  
With the talented Mercedes Van Den Berg on the Steinway ivories.

### **Labor Day Social**

**Monday, September 5** at 3:00 in Friendship Hall  
Ice cream & music by bassist [Bing Nathan](#) & pianist [Benny Watson](#)

### **Beatles in the Garden!!**

**Thursday, September 8** at 3:00 in Porter Garden  
Join us for drinks, apps and Beatles music by Joseph Wilkes

### **Asian Art Museum Presents The Goddess: Images of Power**

**Monday, September 12** at 3:00 in Friendship Hall  
Meet the wrathful avengers, phenomenal [dakinis](#), and benevolent [bodhisattvas](#) who grace the collections of the [Asian Art Museum](#). Whether feared or revered, these goddesses play an important and prominent role in many Asian religions. This will be presented virtually on Zoom.

### **Flu and Covid-19 Vaccine Clinic**

**Tuesday, September 13** from 10:00 to 2:00 in Friendship Hall  
Hosted by Safeway Pharmacy. Stay tuned for more details...

### **DeYoung/Legion of Honor presents Ramses the Great**

**Friday, September 16** at 3:00 in Friendship Hall  
With docent Marsha Callholm (In-person!)

### **Karaoke with Stephen!!!**

**Friday, September 23** at 3:00 in Friendship Hall

## **Special Author and Book Event**

Life Enrichment is delighted to announce that the 5th Annual [Sonoma Valley Authors Festival](#) comes to Heritage On The Marina.

You will see and hear from some of the world's most talented authors, speakers and thought leaders in science, technology and medicine via prerecorded sessions from the live festival. We have received books from most of the authors to pass out to residents after the scheduled session.

### **Bill Browder**

Wednesday, September 14 at 10:00 in Friendship Hall

*Freezing Order: A True Story of Money Laundering, Murder, and Surviving Vladimir Putin's Wrath*

### **Amor Towles**

Wednesday, September 14 at 3:00 in Friendship Hall

*The Lincoln Highway*

### **Tracy K Smith**

Thursday, September 15 at 10:00 in Friendship Hall

*Such Color: New and Selected Poems*

### **Amy Zegart**

Thursday, September 15 at 3:00 in Friendship Hall

*Spies, Lies, and Algorithms: The History & Future of American Intelligence*

### **Manoush Zomorodi**

Monday, September 19 at 10:00 in Friendship Hall

*Bored and Brilliant: How Spacing Out Can Unlock Your Most Productive and Creative Self*

### **Dr David Eagleman**

Monday, September 19 at 3:00 in Friendship Hall

*Livewired: The Inside Story of the Ever-Changing Brain*

### **John Markoff**

Wednesday, September 21 at 10:00 in Friendship Hall

*Whole Earth: The Many Lives of Stewart Brand*

**Dr Louann Brizendine ~ In Conversation With Julia Flynn Siler**

Thursday, September 22 at 10:00 in Friendship Hall

*The Upgrade: How the Female Brain Gets Stronger and Better in Midlife and Beyond*

**Victoria Kastner**

Thursday, September 22 at 3:00 in Friendship Hall

*Julia Morgan: An Intimate Biography of the Trailblazing Architect*

**Erik Larson ~ In Conversation With Jeffrey Brown**

Monday, September 26 at 10:00 in Friendship Hall

*The Splendid and the Vile: A Saga of Churchill, Family, and Defiance During the Blitz*

**Doug Holladay ~ In Conversation With Jeffrey Brown**

Monday, September 26 at 3:00 in Friendship Hall

How do we mentor the “next generation” to find meaning, balance, and purpose in their life and career?

**Tripp Mickle With John Markoff**

Wednesday, September 28 at 10:00 in Friendship Hall

*After Steve: How Apple Became a Trillion-Dollar Company and Lost Its Soul*

**Victoria Kastner**

Wednesday, September 28 at 3:00 in Friendship Hall

*Hearst Castle: The History of a Country House*

**Mary Roach ~ In Conversation With Jeffrey Brown**

Thursday, September 29 at 10:00 in Friendship Hall

*Fuzz: When Nature Breaks the Law*

**Mark Mills**

Thursday, September 29 at 3:00 in Friendship Hall

*The Cloud Revolution: How the Convergence of New Technologies Will Unleash the Next Economic Boom and a Roaring 2020s*

## Regular Programs

### Cable Entertainment



#### **Current Events with David Peritz**

*Tuesdays at 3:00  
on Channel 998*

### Religious Services

#### **Catholic Mass in the Chapel**

*Friday, September 2 at 10:00*

*Distribution of Communion*

*Sundays at 10:00*

#### **Episcopal Service**

*Sundays at 9:30 in McGinley Room*

[Live stream](#) from the National  
Cathedral, Washington DC

### Meetings

#### **Emotional Support Group with Jeanne DeMeio**

*First & third Wednesdays at 2:00 in  
Stucky Library*

#### **Saturday Shorts with Margaret Jacobs**

*Saturdays at 3:00 in McGinley  
Room*

### Painting Class with Instructor Yvette Brown



*Thursdays at  
10:00 in the Arts  
& Crafts Room*

We have a great  
[Art with Elders](#)  
teacher and a  
room full of

supplies. Come and create art!



Doris Howard "Matriarch" Acrylic on  
paper. 9"x12". 2022

### Tech Support with Tess Goldman

*Thursdays at 1:30-5:00 in Perry  
3rd floor sitting room except 9/29*

Please sign up in  
the Dining Room.



Tess is also  
available to  
provide support in  
your apartments.

**Exercise & Relaxation Classes**

<b>Strength Training with Bianca Lee</b> Mondays, Wednesdays & Fridays 9:00 Fitness Center	<b>Tai Chi with Bianca Lee</b> Mondays 9:45 Fitness Center
<b>Balance Class with Activity Staff</b> Monday to Friday 11:45 Porter Hallway	<b>Total Body Workout with Karina</b> Tuesdays 10:30 am Fitness Center
<b>Meditation with Stephen</b> Mondays and Thursdays 1:00 Cottage	<b>Walking Group</b> Wednesdays 1:00 Meet in Porter Library
<b>Coffee &amp; Chat Hour</b> Mondays and Wednesdays 4:00 to 5:00 Dining Room	<b>Yoga with <u>Claudia Bartsch</u></b> Thursdays 9:00 am Fitness Center

**Karina Tapia Achievements**

*Karina Tapia, Director of Social Services & Life Enrichment, is a busy woman! Here is her update:*

Last May, I completed 80 hours of Residential Care Facility for the Elderly (RCFE) certification training. At the beginning of June, I passed the [RCFE Administrator Exam](#).

In addition, I have completed 1,000 hours of administrator training to achieve my [Nursing Home Administrator License](#). I passed the California Department of Public Health NHA exam. Next, I need to take the Federal exam. For this, I need to find time to study and take the test - all this between working, commuting, and raising two little girls.

I never tell people when I plan to take a test - it gives me "test anxiety". I would rather wait, take the test and surprise everyone with the good news that I passed!!!

*Heritage Happenings* is a monthly publication published by residents of [Heritage on the Marina](#)

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## Editorial

If you see a crime underway, you know to call the police.

If you are elderly and you see somebody fall, you know to call for an ambulance.

But what do you do when you see a stain on a carpet or a cracked window pane or hear a pipe knocking? None of these are emergencies that need immediate fixing. None of these issues can directly cause harm or distress.

But left unfixed they contribute to an increase in a sense of insecurity or a diminished feeling of living in beauty. But is it really worth your time trying to find somebody who will take note of your concern that a water faucet is dripping or a curtain in a hall is not closing?

Jane Jacobs was a writer with a keen ability to observe the nuances of urban life. In her book *The Death and Life of Great American Cities*, she called people who observe closely what is going on the “eyes and ears” of the city.

Jacobs encouraged neighborhood residents to organize themselves so they could record all manner of issues (huge and tiny), agree on priorities and monitor responses by responsible parties.

Our Eleanor Bissell wants you to lend ***your eyes and ears*** to the task of examining our beautiful residence with the intent of defining what needs to be done. Eleanor wants to start a House Committee. And she wants you to join! Please do!



## **Library Corner**

### **Some New Acquisitions ~ not necessarily newly published!**

Stacey Lee, *The Downstairs Girl* (2019) [813.6]

Evan Thomas, *Ike's Bluff: President Eisenhower's Secret Battle to Save the World* (2012) [973.92]

Haider Warraich, *The Song of Our Scars: The Untold Story of Pain* (2022) [616]

George Packer, *Blood of the Liberals* (2000) [813.54]

Victoria Kastner, *Julia Morgan: An Intimate Biography of the Trailblazing Architect* (2022) [720.92]

Patrick Modiano, *Paris Nocturne: A Novel* (2015) [843.91]

### **Some gentle reminders ~ Please:**

- Sign out any books you want to take
- Sign in any books you return
- Put returned books in the designated box
- Do not reshelve books
- Put donated books in the designated donation box

### **Suggestions? Questions? Contact a Library Committee member!**

- Yvonne Benedict, [yvonne.benedict@sbcglobal.net](mailto:yvonne.benedict@sbcglobal.net)
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***Library Committee***

## Welcome! Jay Ludwig



Jay Ludwig, one of our newest residents, is a former Professor of English at [Michigan State University](#). He grew up in LaPorte, Indiana. At eighteen years old, he moved to Bloomington, where he spent five years at Indiana University. He then moved on to UC, Berkeley, where he earned his PhD., writing his dissertation on Shakespeare's *The Winter's Tale*. He then joined the English Department at Michigan State University and taught there for **fifty-two years**.

At MSU he taught Shakespeare and other early English Literature courses. He also taught writing, as well as film, reading, and teacher education.

For relaxation, he listens to classical music and jazz. He describes himself as "a mediocre but enthusiastic flute, piccolo, and saxophone player." He is also a devouring reader of biography, politics, world literature, and all the great texts he didn't read enough of during his college years.

Jay's family keeps him busy. He has two daughters [New York City, SF] a splendidly athletic son [Seattle], and two grandchildren[SF] who have already traveled more widely than he has or ever will.

His children encouraged him to move to Heritage on the Marina. They thought he should meet more people and eat more regularly. Jay's comment about moving to Heritage is that it is **"like moving into a wonderful cocktail party."**

*William Shakespeare  
playing the piccolo  
single line drawing  
generated by  
artificial intelligence*



**Barbara Anderson**



## A Wedding In The Philippines



*I am your knight in shining armor.....*

As the bride started down the aisle on her mother's arm, the groom began to sing Kenny Rogers' song "Lady". It was the second time she had heard him sing, the first being at the rehearsal the night before. The bride and groom were **Marivic and Billy**.

Their families had been next-door neighbors and they were childhood friends in a small town in the Philippines. Billy's family immigrated to the States in 1980. He hadn't returned to his hometown for 27 years when his sister suggested Billy get in touch with Marivic who still lived there with her mother. Billy followed up on his sister's suggestion and

started communicating with Marivic by phone and email. Theirs became a technology friendship that blossomed into a romance that culminated in Billy proposing on the phone.

In 2007, Billy returned to the Philippines ten days before the wedding—the first time he and Marivic had seen each other since Billy left. The wedding planner had arranged for a professional singer, but Billy's sister said, "Why don't you sing at the wedding?" Billy was at first surprised and then agreed. His sister explained that he sang for special events in San Francisco, including some for the post office where he worked. Always Billy would be the one called upon to sing the "Star Spangled Banner."

Marivic and Billy's departure by air for their honeymoon kept being delayed because of weather problems. They stayed and stayed - waiting for the weather to clear. While they were still waiting, one morning Marivic's mother complained of feeling ill. By evening she had passed away. She had been so happy to see her last child married and to participate in the wedding. And now as she slipped away Marivic, along with other family members, was able to be with her.

*There's something I want you to know  
You're the love of my life  
You're my lady*

***Martha Nell Beatty***

## **My Rooms in Bridgeton and Philadelphia**

The first place I ever rented on my own was 'way back in 1942, the year I graduated from [George School](#). Living at home with my father and my stepmother was not going to be possible. So, with my father's help, I got my first job: telephone operator with Ma Bell in Bridgeton NJ, about 30 miles from Salem. I rented a room in the home of an elderly woman, Mrs Isaac Munyun - lonely like me. I shared her kitchen and we became good friends over the year or so I was there. She gave me the courage to defy my father and go to New York to visit a friend from George School. That was the weekend I met Duncan, a first-year engineering student at Columbia.

But the room! It was an old-fashioned small townhouse. My closet was under the eaves. In that cold winter, I would put the alarm clock in the closet, forcing me to get out of bed in the morning to turn it off. I still hate getting out of bed on a cold morning, even though (maybe because) I grew up in a cold house.

The pay at Ma Bell then started at \$14 a week, but overtime was a constant and brought it closer to \$20. However, living was so cheap that I put \$3 a week in the bank. The company had all one's time: we worked what they called "split tricks" – four hours in the morning, three hours off, and then four more hours after that. That kept us pretty well chained to the job. There isn't much you can do in a small town where you know no one. All you can do is wash the car, go to a movie, or read a book. Bell wanted to move me up to Long Distance, but I decided to get out when it became clear that the telephone company was going to become an "essential service" to the war effort, from which I would be unable to extricate myself for the "duration".

I left Bridgeton in 1943 for a job with a bank in Philadelphia (not essential, it seemed). I spent a lot of time and shoe leather looking for a place to live – unwittingly looking in the 'red-light district' at one point but kindly directed elsewhere by a landlady who recognized my confusion. Then I ran into a friend from Salem who was enrolled at a secretarial school that provided apartments for out-of-town students. Florence offered to share it with me: one room, Murphy bed in the wall, closet-sized kitchen. It had a telephone the school had forgotten about! We were able to get it connected; a coup during the War when phones were impossible to get.

***Margaret Johnson***

## **Book Review Reprise**

Instead of writing a book review, I am adding to my [August book review](#). There I pointed out how [Jack Welch](#) decimated the engineering leadership of GE while instituting an unsustainable business model. Welch was not alone!

### **Boeing 737 Max ~ Engineering a Travesty**

On March 18, 2019, the FAA grounded all flights of the [Boeing 737 Max](#) because of two fatal crashes. In two cases, the planes dove straight down into the ground soon after take-off. In 2020 the FAA cleared all 737 MAX 8 and 9 models for operation. All agreed: the aircraft is safe to fly. ;-)

The backstory is fascinating. In 2011, American Airlines told Boeing it intended to shift half its fleet to the modern [Airbus A320neo](#). Alarmed, Boeing asked for a short time to respond.

It takes about ten years to design, build and obtain FAA approval for a new plane. So a new aircraft was out of the question. After three weeks of study, Boeing promised a revamped 737 (first delivered in 1967) with two new, more powerful engines. Any change to the fuselage other than lengthening required complete recertification of the whole plane - taking years. The MAX was the result, and it failed - killing two planeloads of people and resulting in two years of delay to redesign and re-obtain FAA clearance.

A principal issue involved a new flight control device - MCAS - used to maintain level flight. Boeing knew if they disclosed MCAS issues, the FAA could require retraining all pilots. Instead, Boeing made the installation and did not disclose it in the pilot manual. Upon discovery, the FAA fined Boeing \$2.5 billion. Financial losses admitted by Boeing are at least \$20 billion.

### **Boeing 787 Dreamliner**

The 737 MAX is just one of the Boeing engineering travesties. The Boeing 787 Dreamliner - a new and much-awaited twin-aisle jumbo jet - was barred by FAA orders for more than a year because of production errors - loose parts in cavities and other inspection failures during manufacturing.

### **Conclusion**

Lessons learned from Boeing's losses may be a recognition of engineering skills ignored in the chase for more dollars. The question: Will the United States be able to reimagine its successes and failures into a new dream?

*Fred Wentker*

## **Out and About excursion to Spreckels Lake and the San Francisco Model Yacht Club**

Resident Til Mossi is a life member of the [San Francisco Model Yacht Club](#). Til organized the Out and About afternoon at the SFMYC on August 9th. We toured the clubhouse and viewed a demonstration of sailboats and motor boats - all radio-controlled. Til was assisted by club members: Michael Fischer, Bob Pearsall, Jim Forbes, Norman Tuck, and Tony Dodson.

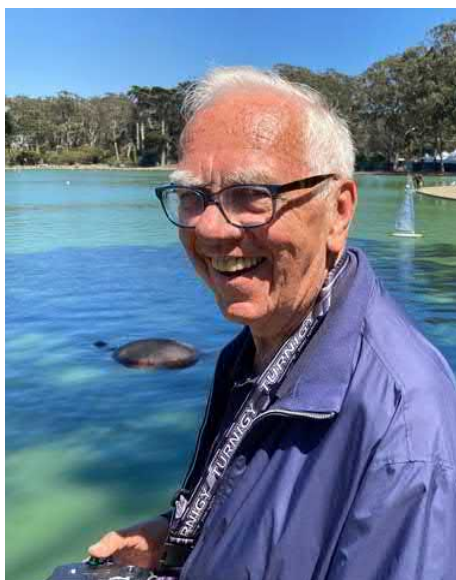
When we arrived, we were greeted at the clubhouse by Michael Fischer. Michael presented a detailed history of the clubhouse and the different types of sailboats the club sponsored - including free sailing and radio-controlled models. The boathouse is the largest and oldest model boat clubhouse in the world and contains many dozens of models. The collection includes a fascinating and valuable [French prisoner of war bone model ship](#). After viewing the clubhouse our group was escorted to Spreckels Lake for the sailboat and power boat demonstration. On arrival, Bob had his *City of Lakeport* toodling around the lake and tooting away. Bob also brought the *Elmira* and ran it too. The rest of the fleet mostly sailed [Lasers](#) and Norman's [ODOM](#). Yacht club members assisted residents in trying a hand at sailing - and seeing what model sailing is all about.

To top this off, we had a beautiful day with moderate temperatures, sun, and light winds. This outing showed off Spreckels Lake at its best. A further bonus was the appearance of Heritage alumni Gardner Haskell.

Many thanks to the SFMYC members who helped make our Out and About a successful day to remember. We all had great fun!







***Text: Til Mossi, Michael Fischer and Theo Armour  
Photos: Patrick Alexander, Michael Fischer***



## Photo Gallery

Who is behind that mask?



It's Priscilla!











## **Movie Programs**

### **Life Enrichment Fridays at 2:00 in Friendship Hall**

**September 2 ~ Postcards From The Edge ~ 1990 ~ comedy**

Stars: Shirley MacLaine, Meryl Streep, Gene Hackman

Director: Mike Nichols

**September 9 ~ Catch Me If You Can ~ 2002 ~ thriller**

Stars: Leonardo DiCaprio, Tom Hanks, Christopher Walken, Martin Sheen

Director: Steven Spielberg

**September 16 ~ How to Marry a Millionaire ~ 1953 ~ comedy**

Stars: Marilyn Monroe, Betty Grable, Lauren Bacall

Director: Jean Negulesco

**September 23 ~ The Band Wagon ~ 1953 ~ musical**

Stars: Fred Astaire, Cyd Charisse, Ava Gardner

Director: Vincente Minnelli

**September 30 ~ Wuthering Heights ~ 1992 ~ drama**

Stars: Juliette Binoche, Ralph Fiennes, Janet McTeer

Director: Peter Kosminsky

### **Movie Committee Sundays at 2:00 in McGinley Room**

**September 4 ~ Leaning into the Wind ~ 2017 ~ documentary**

Andy Goldsworthy, Holly Goldsworthy

Director: Thomas Riedelsheimer

**September 11 ~ And So It Goes ~ 2014 ~ comedy drama romance**

Stars: Michael Douglas, Diane Keaton, Sterling Jerins

Director: Rob Reiner

**September 18 ~ Rebel Without a Cause ~ 1955 ~ drama**

Stars: James Dean, Natalie Wood, Sal Mineo

Director: Nicholas Ray

**September 24 ~ Just Mercy ~ 2019 ~ biography ~ crime ~ drama**

Stars: Michael B Jordan, Jamie Foxx, Brie Larson

Director: Destin Daniel Cretton

## September Birthdays

9/3 Kathy Kirkpatrick  
9/10 Barbara Anderson  
9/14 Marcia Forman

9/22 Nancy Stent  
9/24 Mary Liz Harris  
9/25 Gloria Learned

The Birthday Dinner will be celebrated on Friday, September 2

## “Out and About” ~ Tuesday Van Trips

9/6/22	9/13/22	9/20/22	9/27/22
9:00 Walgreens	9:00 Safeway	9:00 Target	9:00 Trader Joe's
10:15 Historic Churches in San Francisco II	10:15 Japantown	10:15 49 Mile Drive (2nd half)	10:15 Sutro Park with scavenger hunt
1:00 <a href="#">Ramses Exhibit, De Young Museum</a>	1:00 <a href="#">Bay Model Sausalito</a>	1:00 <a href="#">Flower Piano at SF Botanical Garden</a>	1:00 Scenic Drive for Health Center Residents

## September Special Events Calendar

9/2	Fri	10:00	Chapel	Catholic Mass
9/2	Fri	5:00	Morgan Parlor	Birthday Night Sing-Along!!!
9/5	Mon	3:00	Friendship Hall	Ice cream with music by Bing & Benny
9/8	Thr	3:00	Porter Garden	Beatles in the Garden!!
9/12	Mon	3:00	Friendship Hall	Asian Art Museum: Images of Power
9/13	Tue	10 - 2	Friendship Hall	Flu and Covid-19 Vaccine Clinic
9/16	Fri	3:00	Friendship Hall	DeYoung: Ramses the Great
9/23	Fri	3:00	Friendship Hall	Karaoke with Stephen!!!

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# We Love Our Staff!

## Raffle To Support The Employee Appreciation Fund Drawing At Lunch On September 23

Tickets go on sale starting on  
September 12th thru September 22nd  
at lunch and dinner



### Raffle Tickets

Tickets \$1.00 each

Six tickets for \$5.00

Twelve tickets for \$10.00

You need not be present to win!