

Friday Movies at 2 pm in Friendship Hall

2 August ~ Women on the Verge of a Nervous Breakdown ~ 1988 ~ 1h 40m ~ Comedy, Drama ~ Subtitles
Pepa's lover Ivan suddenly leaves her without any explanation. She embarks on a journey to discover why. She meets a variety of eccentric characters.
Director: Pedro Almodovar ~ Stars: Carmen Maura, Antonio Banderas

9 August ~ Man of La Mancha ~ 1972 ~ 2h 12m ~ Musical Drama
In the days of the Spanish Inquisition, writer Miguel de Cervantes & his manservant makes livings as tax collectors but soon find themselves imprisoned after being accused of crimes against the church.
Director: Arthur Hiller ~ Stars: Peter O'Toole, Sophia Loren

23 August ~ Vivir Dos Veces ~ 2019 ~ 1h 41m ~ Comedy ~ Subtitles
Emilio, his daughter Julia, and his granddaughter Blanca embark on a crazy journey to find the love of his youth before he succumbs to Alzheimer's.
Director: Maria Ripoll ~ Stars: Mafalda Carbonell, Oscar Martinez

30 August ~ Vicky Cristina Barcelona ~ 2008 ~ 1hr 36m ~ Comedy
Americans Vicky & Cristina arrive in Spain for a summer vacation at a friend's Barcelona home. Visiting an art gallery, they meet seductive Juan Antonio, who invites them for a weekend of food, art and sex.
Director: Woody Allen ~ Stars: Javier Bardem, Penelope Cruz, Scarlt Johansson

Sunday Movies at 2 pm in the McGinley Room

4 August ~ The Rose Maker ~ 2020 ~ 1h 35m ~ Comedy, Drama (French with English Subtitles)
A renown rose grower on the verge of bankruptcy is in danger of being bought out by a powerful competitor. Can an outlandish plan save her rose business?
Director: Pierre Pinaud ~ Stars: Catherine Frot & Manel Foulgoc

11 August ~ Babe ~ 1995 ~ 1h 31m ~ Comedy, Drama
A gentle farmer wins a piglet, Babe, at a county fair. Escaping his fate as Christmas dinner, Babe discovers his talent for sheep herding.
Director: Chris Noonan ~ Stars: James Cromwell, Magda Szubanski

18 August ~ The Way ~ 2010 ~ 2h 3m ~ Comedy, Drama
A father whose estranged son died while hiking the *El Camino de Santiago* decides to take the pilgrimage himself.
Director: Emilio Estevez ~ Stars: Martin Sheen, Emilio Estevez, Deborah Unger

25 August ~ About a Boy ~ 2002 ~ 1h 41m ~ Comedy, Drama
Will attends single-parent meetings to woo women but instead meets Marcus, a troubled 12-year-old boy who he befriends.
Director: Chris Weitz ~ Stars: Hugh Grant, Nicholas Hoult, Toni Collette

Please see the Friendship Hall program calendar for additional activities.
Calendars are available from the Activity Department.



Heritage Happenings
Calendar
August 2024

Announcements	Birthdays	
This month—as part of this year’s Around the World program—we celebrate Spain . <ul style="list-style-type: none">Roberto Aguilar: Flamenco Guitar + Celebrate Spain! Happy HourMovies: 5 Spanish Films2 VideosNewsletter: Early Spanish HistoryDining Servicers: Theme Dinner	Til Mossi	8/8
	Erika Coughlan	8/9
	Carmelita Arburua	8/12
	Marion Wake	8/15
	Liz Nolan	8/18
	Bob Bledsoe	8/18
	Robert Segrin	8/23
	Birthday Dinner	8/9

Tuesday Out & About Excursion Schedule


6 August	13 August	20 August	27August
9:30 Walgreens Divisadero St 11:15 Cartoon Museum. We will have lunch in the area.	9:30 Safeway Marina Blvd 11:15 Point of Infinity plaza on Yerba Buena Island. Lunch on Treasure Island.	9:30 Trader Joe’s Bay St 11:15 Scenic Ride: San Francisco golf courses, led by Bob Connolly. Lunch at a clubhouse.	11:15 Shopping at Dollar Tree and other stores at Serramonte. Lunch in the area.

Always: first Tuesday: Walgreens, second: Safeway, third: Trader Joe’s

Around the World ~ Celebrating a country every month with dinners & events

January	Italy	April	Greece	July	France	Oct	Germany
February	China	May	Mexico	August	Spain	Nov	Thailand
March	Ireland	June	Caribbean	September	India	Dec	El Salvador

Out & About sign-up sheets are located in the dining room.
The schedule is subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Arts & Crafts Room CH Chapel CO Cottage CR Cedar Room DR Dining Room FC Fitness Center FH Friendship Hall MP Morgan Parlor MR McGinley Room PL Porter Library SL Stucky Library		Heritage Happenings August 2024 Gold: Birthday event Green: See Special Events in the newsletter Red "Around the World" program Spain events		1 Tess: Tech Help 9:00 Claudia: Yoga FC 10:30 Allen Ysidro: Chair Dancing FH 11:45 Balance Class PC 1:30: Painting Spanish Mosaic Tile FH 2:00 Tea & Chat FH	2 10:00 Father Arturo: First Friday Mass CH 11:45 Balance Class PC 2:00 Women on the Verge of a Nervous Breakdown FH 3:30 Walking Group PL	3 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
4 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>The Rose</i> <i>Maker</i> MR 3:00 Bingo FH	5 1:30 Video: Antoni Gaudi Life & Designs FH 3:30 Walking Group PL 4:00 Coffee Hour DR	6 Out & About Day 9:00 Claudia: Yoga FC 10:30 Food Committee MR 1:30 SPCA Visit PL&FH	7 11:00 Buck Institute > John Newman: Become Your Own Advocate FH 1:30 Intro to Spanish FH 2:00 Residents Discussion SL 3:30 Walking Group PL 4:00 Coffee Hour DR	8 Atilio "Til" Mossi Tess: Tech Help 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 2:00 Tea & Chat FH 3:00 Jason Meyers: At the Piano Sing-along FH	9 Erika Coughlan 11:45 Balance Class PC 2:00 Man of La Mancha FH 3:30 Walking Group PL 5:00 Birthday Sing- along 5:30 Birthday Dinner	10 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
11 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>Babe</i> MR 3:00 Bingo FH	12 Carmelita Arburua 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CO 3:30 Walking Group PL 4:00 Coffee Hour DR	13 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:00 Heritage Happenings Editorial Meeting 1:30 Roxana: Hand Massage FH 3:00 Asian Art Museum > Larry Mock Docent: Genghis Khan FH 3:30 Men's Group CO	14 9:00 Bianca: Stretch FC 10:30 Townhall Mtg FH 11:45 Balance Class PC 1:30 Out & About Mtg MR 3:30 Walking Group PL 4:00 Coffee Hour DR	15 Marion Wake Tess: Tech Help 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Meditation CO 2:00: Life Enrichment CO 2:00 Tea & Chat FH 3:00: Learn About Spanish Wines FH	16 7:00 Dr Lee: Podiatry BS 11:45 Balance Class PC 2:00 David Peritz: Abuse of Executive Power 3:30 Walking Group PL 5:30 Spanish Theme Dinner Service	17 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
18 Liz Nolan Bob Bledsoe 10:00 Episcopal Service MR 10:00 Father John: Catholic Mass CH 11:00 Stretch & Flex FH 2:00 Movie <i>The Way</i> MR 3:00 Bingo FH	19 11:45 Balance Class PC 1:30 Meditation CO 1:30 Video: Picasso's Last Stand FH 3:00 Alex Bootzin: Piano Recital MP 3:30 Walking Group PL 4:00 Coffee Hour DR	20 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH	21 11:00 Intro to Spanish FH 11:45 Balance Class PC 2:00 Residents Discussion SL 3:30 Walking Group PL 4:00 Coffee Hour DR	22 Tess: Tech Help 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Meditation CO 2:00 Tea & Chat FH 3:00 Roberto Aguilar: Flamenco Guitar + Happy Hour	23 Robert Segrin 11:45 Balance Class PC 2:00 Vivir Dos Veces FH 3:30 Walking Group PL	24 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
25 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>About a Boy</i> MR 3:00 Bingo FH	26 Massage with Homa 11:45 Balance Class PC 1:30 Meditation CO 3:30 Walking Group PL 4:00 Coffee Hour DR	27 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 3:30 Men's Group CO	28 11:45 Balance Class PC 3:00 Karaoke! FH 3:30 Walking Group PL 4:00 Coffee Hour DR	29 Tess: Tech Help 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Meditation CO 2:00 Tea & Chat FH	30 10:00 Resident Council 11:45 Balance Class PC 2:00 Vicky Cristina Barcelona FH 3:30 Walking Group PL	31 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR