

Friday Movies at 2 pm in Friendship Hall

**2 August ~ Women on the Verge of a Nervous Breakdown ~ 1988 ~ 1h 40m ~ Comedy, Drama ~ Subtitles**  
Pepa's lover Ivan suddenly leaves her without any explanation. She embarks on a journey to discover why. She meets a variety of eccentric characters.  
Director: Pedro Almodovar ~ Stars: Carmen Maura, Antonio Banderas

**9 August ~ Man of La Mancha ~ 1972 ~ 2h 12m ~ Musical Drama**  
In the days of the Spanish Inquisition, writer Miguel de Cervantes & his manservant make a living as tax collectors but soon find themselves imprisoned after being accused of crimes against the church.  
Director: Arthur Hiller ~ Stars: Peter O'Toole, Sophia Loren

**23 August ~ Vivir Dos Veces ~ 2019 ~ 1h 41m ~ Comedy ~ Subtitles**  
Emilio, his daughter Julia, and his granddaughter Blanca embark on a crazy journey to find the love of his youth before he succumbs to Alzheimer's.  
Director: Maria Ripoll ~ Stars: Mafalda Carbonell, Oscar Martinez

**30 August ~ Vicky Cristina Barcelona ~ 2008 ~ 1hr 36m ~ Comedy**  
Americans Vicky and Cristina arrive in Spain for a summer vacation at a friend's Barcelona home. While visiting an art gallery, they meet seductive Juan Antonio, who invites them for a weekend of food, art and sex.  
Director: Woody Allen ~ Stars: Javier Bardem, Penelope Cruz, Sc'rl't Johansson

Sunday Movies at 2 pm in the McGinley Room

**4 August ~ The Rose Maker ~ 2020 ~ 1h 35m ~ Comedy, Drama (French with English Subtitles)**  
A renowned rose grower on the verge of bankruptcy is in danger of being bought out by a big competitor. Can an outlandish plan save her rose business?  
Director: Pierre Pinaud ~ Stars: Catherine Frot & Manel Foulgoc

**11 August ~ Babe ~ 1995 ~ 1h 31m ~ Comedy, Drama**  
A gentle farmer wins a piglet, Babe, at a county fair. Escaping his fate as Christmas dinner, Babe discovers his talent for sheep herding.  
Director: Chris Noonan ~ Stars: James Cromwell, Magda Szubanski

**18 August ~ The Way ~ 2010 ~ 2h 3m ~ Comedy, Drama**  
A father whose estranged son died while hiking the *El Camino de Santiago* decides to take the pilgrimage himself.  
Director: Emilio Estevez ~ Stars: Martin Sheen, Emilio Estevez, Deborah Unger

**25 August ~ About a Boy ~ 2002 ~ 1h 41m ~ Comedy, Drama**  
Will attends single-parent meetings to woo women but instead meets Marcus, a troubled 12-year-old boy who he befriends.  
Director: Chris Weitz ~ Stars: Hugh Grant, Nicholas Hoult, Toni Collette

Please see the Friendship Hall program calendar for additional activities.  
Calendars are available from the Activity Department.



Heritage Happenings  
Calendar  
August 2024

| Announcements  | Birthdays              |            |
|--|------------------------|------------|
| This month—as part of this year’s <b>Around the World</b> program—we celebrate <b>Spain</b> . <ul style="list-style-type: none"><li>Roberto Aguilar: Flamenco Guitar + Celebrate Spain! Happy Hour</li><li>Movies: Five Spanish Films</li><li>Two Videos</li><li>Newsletter: Early Spanish History</li><li>Dining Services: Theme Dinner</li></ul> | Til Mossi              | 8/8        |
|  | Erika Coughlan         | 8/9        |
|  | Carmelita Arburua      | 8/12       |
|  | Marion Wake            | 8/15       |
|  | Liz Nolan              | 8/18       |
|  | Bob Bledsoe            | 8/18       |
|  | Robert Segrin          | 8/23       |
|  | <b>Birthday Dinner</b> | <b>8/9</b> |

Tuesday Out & About Excursion Schedule

| 6 August   | 13 August  | 20 August   | 27August   |
|--|--|---|--|
| <b>9:30</b><br>Walgreens<br>Divisadero St<br><b>11:15</b><br>Cartoon Museum.<br>We will have lunch<br>in the area. | <b>9:30</b><br>Safeway<br>Marina Blvd<br><b>11:15</b><br>Point of Infinity<br>plaza<br>on Yerba<br>Buena Island.<br>Lunch on Treasure<br>Island. | <b>9:30</b><br>Trader Joe’s<br>Bay St<br><b>11:15</b><br>Scenic Ride: San<br>Francisco golf<br>courses, led by<br>Bob Connolly.<br>Lunch at a<br>clubhouse. | <b>11:15</b><br>Shopping at Dollar<br>Tree and other<br>stores at<br>Serramonte.<br>Lunch in the area. |

Always: first Tuesday: Walgreens, second: Safeway, third: Trader Joe’s

| Around the World ~ Celebrating a country every month with dinners & events |         |       |           |               |              |     |             |
|--|---------|-------|-----------|---------------|--------------|-----|-------------|
| January  | Italy   | April | Greece    | July          | France       | Oct | Germany     |
| February   | China   | May   | Mexico    | <b>August</b> | <b>Spain</b> | Nov | Thailand    |
| March  | Ireland | June  | Caribbean | September     | India        | Dec | El Salvador |

**Out & About** sign-up sheets are located in the dining room.  
The schedule is subject to change.

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|--|---|--|---|---|--|---|
| AR Arts & Crafts Room<br>CH Chapel<br>CO Cottage<br>CR Cedar Room<br>DR Dining Room<br>FC Fitness Center<br>FH Friendship Hall<br>MP Morgan Parlor<br>MR McGinley Room<br>PL Porter Library<br>SL Stucky Library |    | <b>Heritage Happenings</b><br><b>August 2024</b><br><b>Gold: Birthday event</b><br><b>Green: See Special Events in the newsletter</b><br><b>Red "Around the World" program Spain events</b>        |   | <b>1 Tess: Tech Help</b><br>9:00 Claudia: Yoga FC<br>10:30 Allen Ysidro:<br>Chair Dancing FH<br>11:45 Balance Class PC<br><b>1:30: Painting Spanish</b><br>Mosaic Tile FH<br>2:00 Tea & Chat FH   | <b>2</b><br>10:00 Father Arturo:<br>First Friday Mass CH<br>11:45 Balance Class PC<br><b>2:00 Women on the</b><br><b>Verge of a Nervous</b><br><b>Breakdown FH</b><br>3:30 Walking Group PL                              | <b>3</b><br>9:30 Sit & Be Fit FH<br>11:00 Reminiscing FH<br>3:00 Saturday Shorts<br>with Margaret J MR  |
| <b>4</b><br>10:00 Episcopal Service<br>MR<br>11:00 Stretch & Flex FH<br>2:00 Movie <i>The Rose</i><br><i>Maker</i> MR<br>3:00 Bingo FH   | <b>5</b><br><b>1:30 Video: Antoni Gaudi</b><br><b>Life &amp; Designs FH</b><br>3:30 Walking Group PL<br>4:00 Coffee Hour DR   | <b>6 Out &amp; About Day</b><br>9:00 Claudia: Yoga FC<br>10:30 Food Committee MR<br><b>1:30 SPCA Visit PL&amp;FH</b>   | <b>7</b><br><b>11:00 Buck Institute/</b><br><b>John Newman:</b><br><b>Become Your Own</b><br><b>Advocate FH</b><br><b>1:30 Intro to Spanish FH</b><br>2:00 Residents<br>Discussion SL<br>3:30 Walking Group PL<br>4:00 Coffee Hour DR | <b>8 Atilio "Til" Mossi</b><br><b>Tess: Tech Help</b><br>9:00 Claudia: Yoga FC<br>9:30 Art with Patrick AR<br>11:45 Balance Class PC<br>2:00 Tea & Chat FH<br><b>3:00 Jason Meyers:</b><br><b>At the Piano</b><br><b>Sing-along FH</b>  | <b>9 Erika Coughlan</b><br>11:45 Balance Class PC<br><b>2:00 Man of La Mancha</b><br><b>FH</b><br>3:30 Walking Group PL<br><b>5:00 Birthday Sing-</b><br><b>along</b><br><b>5:30 Birthday Dinner</b>                     | <b>10</b><br>9:30 Sit & Be Fit FH<br>11:00 Reminiscing FH<br>3:00 Saturday Shorts<br>with Margaret J MR |
| <b>11</b><br>10:00 Episcopal Service<br>MR<br>11:00 Stretch & Flex FH<br>2:00 Movie <i>Babe</i> MR<br>3:00 Bingo FH  | <b>12 Carmelita Arburua</b><br>9:00 Bianca:<br>Morning Stretch FC<br>11:45 Balance Class PC<br>1:30 Meditation CO<br><b>3:00 Asian Art Museum/</b><br><b>Larry Mock Docent:</b><br><b>Genghis Khan FH</b><br>3:30 Walking Group PL<br>4:00 Coffee Hour DR | <b>13 Out &amp; About Day</b><br>9:00 Claudia: Yoga FC<br>11:45 Balance Class PC<br>1:00 <i>Heritage Happenings</i><br>Editorial Meeting<br>1:30 Roxana:<br>Hand Massage FH<br>3:30 Men's Group CO | <b>14</b><br>9:00 Bianca: Stretch FC<br><b>10:30 Townhall Mtg FH</b><br>11:45 Balance Class PC<br>1:30 Out & About Mtg MR<br>3:30 Walking Group PL<br>4:00 Coffee Hour DR   | <b>15 Marion Wake</b><br><b>Tess: Tech Help</b><br>9:00 Claudia: Yoga FC<br>9:30 Art with Patrick AR<br>11:45 Balance Class PC<br>1:30 Meditation CO<br>2:00: Activities Mtg CO<br>2:00 Tea & Chat FH<br><b>3:00 Stephen Camarota:</b><br><b>Celebrate</b><br><b>Spanish Wines FH</b> | <b>16</b><br>7:00 Dr Lee: Podiatry BS<br>11:45 Balance Class PC<br><b>2:00 David Peritz:</b><br><b>Abuse of Executive</b><br><b>Power</b><br>3:30 Walking Group PL<br><b>5:30 Spanish Theme</b><br><b>Dinner Service</b> | <b>17</b><br>9:30 Sit & Be Fit FH<br>11:00 Reminiscing FH<br>3:00 Saturday Shorts<br>with Margaret J MR |
| <b>18 Liz Nolan</b><br><b>Bob Bledsoe</b><br>10:00 Episcopal Service<br>MR<br>10:00 Father John:<br>Catholic Mass CH<br>11:00 Stretch & Flex FH<br><b>2:00 Movie The Way MR</b><br>3:00 Bingo FH                 | <b>19</b><br>11:45 Balance Class PC<br>1:30 Meditation CO<br>1:30 <b>Video: Picasso's</b><br><b>Last Stand FH</b><br><b>3:00 Alex Bootzin:</b><br><b>Piano Recital MP</b><br>3:30 Walking Group PL<br>4:00 Coffee Hour DR                                 | <b>20 Out &amp; About Day</b><br>9:00 Claudia: Yoga FC<br>11:45 Balance Class PC<br>1:30 Roxana:<br>Hand Massage FH  | <b>21</b><br><b>11:00 Intro to Spanish FH</b><br>11:45 Balance Class PC<br>2:00 Residents<br>Discussion SL<br>3:30 Walking Group PL<br>4:00 Coffee Hour DR  | <b>22 Tess: Tech Help</b><br>9:00 Claudia: Yoga FC<br>9:30 Art with Patrick AR<br>11:45 Balance Class PC<br>1:30 Meditation CO<br>2:00 Tea & Chat FH<br><b>3:00 Roberto Aguilar:</b><br><b>Flamenco Guitar +</b><br><b>Happy Hour</b>   | <b>23 Robert Segrin</b><br>11:45 Balance Class PC<br><b>2:00 Vivir Dos Veces FH</b><br>3:30 Walking Group PL   | <b>24</b><br>9:30 Sit & Be Fit FH<br>11:00 Reminiscing FH<br>3:00 Saturday Shorts<br>with Margaret J MR |
| <b>25</b><br>10:00 Episcopal Service<br>MR<br>11:00 Stretch & Flex FH<br>2:00 Movie <i>About a Boy</i><br>MR<br>3:00 Bingo FH  | <b>26 Massage with Homa</b><br>11:45 Balance Class PC<br>1:30 Meditation CO<br>3:30 Walking Group PL<br>4:00 Coffee Hour DR   | <b>27 Out &amp; About Day</b><br>9:00 Claudia: Yoga FC<br>11:45 Balance Class PC<br>3:30 Men's Group CO  | <b>28</b><br>11:45 Balance Class PC<br>3:00 Karaoke! FH<br>3:30 Walking Group PL<br>4:00 Coffee Hour DR   | <b>29 Tess: Tech Help</b><br>9:00 Claudia: Yoga FC<br>9:30 Art with Patrick AR<br>11:45 Balance Class PC<br>1:30 Meditation CO<br>2:00 Tea & Chat FH  | <b>30</b><br><b>10:00 Resident Council</b><br>11:45 Balance Class PC<br><b>2:00 Vicky Cristina</b><br><b>Barcelona FH</b><br>3:30 Walking Group PL   | <b>31</b><br>9:30 Sit & Be Fit FH<br>11:00 Reminiscing FH<br>3:00 Saturday Shorts<br>with Margaret J MR |