

News Briefs for August 9th

At last! You are reading the first article of the August *Heritage Happenings*. See also the [Cover Page](#). There are quite a few articles in the pipeline, so check back often!

New Email Address

For several years, residents have had the ability to send and receive emails using this email address:
residents@heritage.groups.io.

For a variety of reasons, we are switching over to a new address: heritage.happenings.sf@gmail.com

If you are having any problems with receiving links to this newsletter in your email, please let Theo know.

Protecting Resident Privacy

The *Heritage Happenings* has been a moderately public document. The newsletter is distributed freely to residents, staff, family, friends, prospective residents and others.

The *Heritage Happenings* Resident Directory, Floor Plans and Calendar have only been distributed to residents and staff.

As the publication moves into an increasingly online environment, it is worth considering what further protections of resident privacy might be taken.

Privacy Policy Updates

Starting with the July articles:

- Articles will only refer to first names and family names will be omitted
- Photographs will not include names

If you have any further suggestions, please let the editorial committee know about it.

How Older People Are Reaping Brain Benefits From New Tech

Overuse of digital gadgets harms teenagers, research suggests. But ubiquitous technology may be helping older Americans stay sharp.

Here is a link to a New York Times article The reports on a number of studies indicating that "use of everyday digital technology has been associated with reduced risk of cognitive impairment and dementia."

[Technology Cognition Older People](#)

