



Heritage Happenings

January 2021

Christmas morning rainbow over The Heritage, taken by Jin in Housekeeping

Move Your Mind Series Presented by Chelsea Rexrode RD

Every Monday at 3:00 pm in the Fitness Center
Sign-up sheets will be posted in the main Dining Room

Topics

- Monday, January 4 - Cognitive Health and Exercise
- Monday, January 11 - Sleep
- Monday, January 18 - Mind Diet
- Monday, January 25 - Brain Power

The *Move Your Mind Series* is an interactive brain fitness education program featuring discussions on cognitive health, and includes hands-on activities. The presentation focuses on lifestyle factors that can help prevent declines in cognitive health, or if not part of one's life, can have a negative impact. The presentation will be about 45-50 minutes.

LAMPLIGHTERS MUSIC THEATRE

Presents

The Yeoman of the Guard

Thursday, January 7, at 2:00 pm in the McGinley Room and Fitness Center

The Yeomen of the Guard, or *The Merryman and His Maid*, opened October 3, 1888, at the Savoy Theatre and ran for 423 performances. It is different from the other Gilbert and Sullivan operas in that it ends with a broken-hearted main character and at least two reluctant engagements, rather than the usual plethora of happy marriages. However, Gilbert finds plenty of opportunity to introduce comedy into his libretto. Many believe that the score is Sullivan's finest.

Presentation on Diabetes

Diane Lesnick, RN and Jenna Park, RN

UCSF Gerontology Program

Friday, January 8, at 3:00 pm in the Fitness Center,
and available via room link

Emotional Support Group with Jeanne

Wednesdays, January 13 and 27, at 3:00 pm in the Stucky Library

Jeanne Demeio, Activity Leader, will continue to host a group discussing such topics as *Coping with Covid-19*, *Grief and Loss*, *Isolation* and related or requested topics.

Louise Aronson, MD, MFA, will speak on:

Covid-19 and the Future of Old Age

Wednesday, January 20, at 3:00 pm in the Fitness Center

Louise is a leading geriatrician, writer, and professor of medicine at UCSF, and the author of the New York Times best-seller and Pulitzer Prize finalist, *Elderhood: Redefining Aging, Transforming Medicine and Reinvigorating Life*.



Winter Tea Social

Thursday, January 21, at 2:30 pm in the Porter Garden

In honor of National Hot Tea Month, bundle up and join fellow residents for a cup of tea and treats.

Sign up on the list in the Dining Room.



IMPORTANT NOTICES:

David Peritz' lectures are moving to Tuesdays at 3:00 pm on Channel 998. Stay tuned for the latest current events with Professor Peritz.

Tech Support with Stephen will be in the McGinley Room on Mondays, January 11 and 25, from 2:00-3:00 pm. Stephen is also available by appointment. Call 415-202-0300 ext. 241

Out and About continues with scenic drives on Tuesdays. Sign up in the Dining Room for the next adventure. Seating is limited to four.

And for relaxing, watch and listen to the Daily Dose of Music at 3:00 pm on Channel 998 daily except Tuesdays, with a full concert on Sundays.

Exercise Classes

Strength & Conditioning with Yasin

Monday, Wednesday & Friday
9:00 in the Courtyard
2:30 in the Fitness Center

Yoga & Meditation with Stephen

Tuesday & Thursday
9:15 in the CourtYard

Exercise classes on Channel 998 will continue

9:15 am Meditation
9:30 am Mon., Wed., Fri.
Seated Exercise with Ann Reiger-Matthews
9:30 am Tuesday & Thursday Yoga with Ilya Kaltman

Walking Group Every Wednesday at 1:30

Meet Activity Leader Stephen Camarota at the Porter Library every Wednesday at 1:30 to go for a stroll around the Marina!

*Please dress appropriately for any outdoor programs.
Signup sheets are located in the main dining room.*

CHELSEA REXRODE

NUTRITION CARE MANAGER

A Novato native, Chelsea went to local schools and at 17 started working at Moylan's Brewing Company, where she stayed for 10 years filling different jobs. Both in sports and cheerleading in high school and in her work at the restaurant, Chelsea found that teamwork was deeply important to her. She also attended Santa Rosa Junior College for three of those years.



Chelsea then transferred to Cal Poly in San Luis Obispo, where she majored in nutrition. She was very active on campus and in the community: President of the Nutrition Club. Part of a program called Food Security and Nutrition, which was especially aimed at children. Volunteer at the Food Bank. Diet Aide in a hospital. A member of Poly Fit, where the group did assessments on body fat, strength training, stretching for anyone in the community. In that program she figured everything out about the participants' bodies and followed up with recommendations.

As an undergraduate researcher, Chelsea worked on a project called Recharge, which focused on cardio-vascular health for older women. She

concentrated on how strawberries, a large crop in the area, affected their cardio -vascular health.

Chelsea moved back to the Bay Area after getting her BS and did an internship at SF State. While there she worked under dieticians in different communities. These included Marin Health in Greenbrae, St Mary's in San Francisco, St Paul's Towers in Oakland and a dialysis center. Chelsea had lots of exposure in different areas, which helped her gain nutrition expertise

After working in the various facilities, Chelsea determined that being in a continuing care or retirement community was what suited her; "I like getting to know the residents on a much more personal level vs a hospital. I get to track their histories, watch their progress and help get their nutrition correct. It's very passion driven."

And so Chelsea came to The Heritage as a member of the Morrison team. Half of her time is devoted to the Health Center and the other half to observing in the kitchen. She must see that every dish is following every guideline to a T.—that every protocol is followed. Such things as washing hands and cooking at correct temperatures. She approves the nutrition of every dish on the menu and then tweaks them for the Health Center.

The residents can access the nutrition binder in the Stucky Library and find every dish listed for every meal with its nutrition values listed. Every resident can have a complimentary half-hour session with Chelsea to go over their particular needs.

Chelsea brings enthusiasm and energy to her position at The Heritage

Martha Nell Beatty

WELCOMING 2021



We thought twenty twenty would never be done
But now we've arrived at twenty twenty-one
We wonder if the old norms will return
Or for them we will just yearn
And every day
We'll continue in the new way
But sit tight
Good news is in sight
The vaccine is coming to us
We'll start the year with a plus

Martha Nell Beatty

Tweeting New Year's Greetings



*It's a long long time from January to December,
Each year it becomes a little harder to remember
The significant events, the seeds that were sowed
Which would sprout and grow into this annual ode!*

*In March, the 2020 year came to a very abrupt halt
When the Corona virus created a quake-like fault;
When the earth shook and all hell broke loose,
I was gripped by the throat in a chokehold noose.*

*My world spun on its axis wildly out of control,
Flinging my head and my heart into a deep hole;
Spring term was cancelled at my beloved Fromm,
Later fall term as well—another damned bomb!*

*Meanwhile, MUNI—the City's transit system—
Was also abbreviated, became another virus victim;
So with nowhere to go, and no way to get there,
I became very lethargic just breathing precious air.*

*When anticipating the day I could no more roam,
I felt smug for having chosen The Heritage as home;
My creature comforts are foreseen and addressed,
For this lovely place to grow old in, I'm very blessed!*

*I think of you early and often, my old and new friends,
I count my blessings as this challenging 2020 ends;
May 2021 bring a new vaccine for the corona fight,
Meanwhile, Happy New Year to all
and to all a Good Night!*

Jean



Linda Sharp's
Dr. Fauci
bobblehead

OBITUARIES

One thing is for certain – we will all die – be we lawyers or vegans. Because I am the healthiest person I know, having a hangnail is enough to send me into thoughts of my mortality.

Recently, I broke my arm and shoulder in a bike crash. Too much time on my hands has led me a step beyond morbid thoughts. I have taken up reading the obits. This has given me an utter inferiority complex. It seems as if not a single person has departed this world who was not dearly loved and fondly remembered.

I pray that my favorite correspondent from traffic court will not be asked to add his two cents' worth when my time comes. Describing me as a "Fascist terrorist cross-dressed in the cloak of justice" might jolt the average reader's sensibilities. I think I even prefer that my obituary include the graffiti from the bathroom wall at the Hall of Justice, which read "Judge Hoff, Jesus Loves You, But The Rest Of Us Think You Are An Asshole."

The sanitized obituaries in the newspapers aren't nearly as much fun as the things people blurt out before they put their brain in gear at memorial services. Not long ago, I attended a gathering, bringing together those who knew my first husband, the father of my children. An elderly gentleman approached my youngest son, whom he had not met before. He introduced himself, shook hands and declared, "Your father was a real S.O.B., you know!" Though my son smiled and quietly replied, "I know," my children chose to leave that line out of their father's obit.

I must confess that over the years I've had occasion to help compose the obituaries of friends who have died and that I have been at a loss as to how to capture certain quirks of the departed.

My friend Claire lived out the final eight years of her life at St. Anne's Home for the Aged. Oh, how she hated that name inscribed over the front door of her residence. She was feisty until the day she died at eighty-one, and she never came to terms with being "aged." She locked horns with St. Anne's administrators over dietary requirements, her ability to come and go as she wished, and numerous other concerns. Should Claire's obituary have read, "She never aged?"

Or how might I have captured the time she was summoned to a meeting with the nun in charge, Sister Peter Rose and her assistant, Sister James, which was a quintessential Claire moment? Claire called me late one afternoon, beseeching me to accompany her to what she termed the inquisition. "They want to throw me out of this dump," she said. No amount

of cross-examination on my part gave me a clue as to the possible cause for Claire's threatened expulsion. I showed up for the meeting to lend my friend moral support.

"The State Accreditation people are coming to inspect St. Anne's next week," Sr. Peter Rose informed us.

"You must get rid of the newspapers before then," Sr. James added, looking expectantly at Claire.

Claire sat solemnly in an overstuffed chair, facing Sister Peter Rose's desk but said nothing. The chair just about swallowed up Claire's tiny frame, and her feet dangled a few inches above the floor.

"What's this about newspapers, Claire?" I asked, utterly mystified by the conversation.

"There are piles of Chronicles all over Claire's room," Sister James told me.

"We couldn't get a gurney in there if it became necessary."

"The rules are very strict about gurney access to residents' beds," Sister Peter Rose added.

"Why on earth are you saving all those Chronicles, Claire?" I laughed.

Claire, who had been fighting diabetes for sixty years, and was tickled pink when someone younger than she predeceased her, gave us an impish grin and replied, "I haven't had time to read the obits." Would schadenfreude – the perfect word for one who delights in someone else's misery – have been an appropriate word to use in Claire's obit? I settled for her having "fought diabetes for sixty years," instead. I suspect that most obituaries are composed by guilt-ridden folks, since no matter how they try to treat the nearly-departed with compassion, there's always something left undone at the time of someone's death.

Claire and I had a long-standing deal that she would call me when she felt her death to be imminent. She had fought the good fight against diabetes during all of her adult life, adhering to strict dietary requirements. It was her dream, before she died, to have a giant hot fudge sundae with nuts, whipped cream and not one, but three cherries on top. She called me one evening around 8:30, and all she said was, "It's time for my hot fudge sundae."

"Do you want it right now, Claire?" I asked.

"No, I've got too much to do to enjoy it tonight. Bring it in the morning," she

instructed. The next morning, I was at Mitchell's Ice Cream at eleven on the dot, right when they opened. I ordered the sundae made with three scoops, one each of chocolate, coffee and vanilla, per Claire's instructions, not forgetting about the three cherries.



The clerk gave me a quizzical look when he heard about the cherries, so I explained. "It's the last request of a dying eighty-one-year-old diabetic friend, who hasn't eaten ice cream in sixty years."

"It's on me," the clerk smiled. "There is no charge."

I drove across town to St. Anne's as fast as I could, to keep the ice cream from melting. When I reached St. Anne's and signed in at the front desk, writing Claire's name in the column marked "Person You Are Visiting," the nun manning Reception looked up and said quietly, "Claire passed away during the night, dear."

I hope those who read Claire's obituary smiled when they came to the line, "In lieu of flowers, please savor a hot fudge sundae with three cherries on top."

Aggie Hoff

Library News

For those of us who have quite a few favorite authors, but have read her/his most current book and are anxiously awaiting the next title, we can see if the internet might help us find alternative authors. While our Stucky Library has a good selection of books, space is limited and we may not be able to get all the books we would like to read. The San Francisco Public Library may come to the rescue.



At the address bar, using search engines like Google or Safari, type the words "If you like..." and add your authors name. For example, I finished reading Daphne du Maurier's *Rebecca* and wanted to read similar novels. At the computer I typed, "If you like Daphne du Maurier." The internet search says that I might like to read *Jane Eyre* or *Wuthering Heights*.

You can search online and place reserves on books or videos. While the physical buildings remain closed to the public, selected libraries in the system are available for book pick-up. Included in these is the Marina Branch nearest to us.

Begin your computer search by typing in "San Francisco Public Library" or sfpl.org. The website will appear including "SFPL to go" and "our locations." "SFPL to go" explains in three easy steps how to use the library's pick-up service. After searching, place a hold on the book you request, selecting "Marina Branch" as the pick-up library. When the book or DVD is ready you will be sent an email letting you know you can come to the outdoor pickup area where you will be given your books.

However, if you do not want to use the computer to request a book, you can call the library at 415-557-4400 and request a book or DVD to be sent to the Marina Branch. Check days and times the library is open for this service as this schedule is subject to change.

President's Year End Letter

Dear fellow residents:

As 2020 draws to a close, we can rejoice in the good fortune most of us have had during this most trying year. Who knew in February that the rest of the year would be an emotional roller-coaster. We are fortunate to be living in a safe, medically secure environment. Management and the rest of you have all contributed to our safety by following the basic precautions such as wearing masks, sanitizing hands, using gloves, distancing, and general caution when outside the premises. Soon we will have received the vaccine and that will be a relief to us all.

December has been a very eventful month: Light trips throughout San Francisco, social events in the courtyard, singing and enjoying chestnuts. The gingerbread house contest was fun for participants and observers alike. Many online music programs help set the seasonal spirit. Our Christmas lunch was well attended and a big success. We are lucky to be in our dining room. Our Christmas decorations are as beautiful as ever thanks to Patti Gallagher and her band of elves.

Your generous spirit of giving and thankfulness for the Employees Appreciation Fund set a record. They have been very appreciative. Our team members worked hard this year to help us all get through this unfortunate pandemic.

The Executive Council wishes you all the best for a better 2021.

Sincerely,
Bernie Burke

Movies in January

Fridays, at 2:30

In the McGinley Room:

Never on Sunday (1960)

Jan 1

An American scholar in Greece sets about improving the prostitute with whom he is infatuated. Stars: Melina Mercouri, Jules Dassin, Giorgos Foundas

The Imitation Game (2014)

Jan 15

During World War II, the English mathematical genius Alan Turing tries to crack the German Enigma code with help from fellow mathematicians. Stars: Benedict Cumberbatch, Keira Knightley, Matthew Goode

Official Secrets (2019)

Jan 22

The true story of a British whistleblower who leaked information to the press about an illegal NSA spy operation designed to push the UN Security Council into sanctioning the 2003 invasion of Iraq. Stars: Keira Knightley, Matt Smith, Matthew Goode

Knives Out (2019)

Jan 29

A detective investigates the death of a patriarch of an eccentric, combative family. Stars: Daniel Craig, Chris Evans, Ana de Armas

In the Cottage:

Kind Hearts and Coronets (1949)

Jan 8

A distant poor relative of the Duke D'Ascoyne plots to inherit the title by murdering the eight other heirs who stand ahead of him in the line of succession. Stars: Dennis Price, Alec Guinness, Valerie Hobson

Holiday (1938)

Jan 15

A young man in love with a girl from a rich family finds his unorthodox plan to go on holiday for the early years of his life met with skepticism by everyone except for his fiancée's eccentric sister and long-suffering brother. Stars: Katharine Hepburn, Cary Grant, Doris Nolan

The Odd Couple (1968)

Jan 22

Two friends try sharing an apartment, but their ideas of housekeeping and lifestyles are as different as night and day. Stars: Jack Lemmon, Walter Matthau, John Fiedler

Singin' in the Rain (1952)

Jan 29

A silent film production company and cast make a difficult transition to sound. Stars: Gene Kelly, Donald O'Connor, Debbie Reynolds

AUSTRALIA - December 18, 1999

To celebrate the millenium and my impending retirement from work, I decided to splurge and do something extra special. I decided on an expensive jaunt to Australia. I went for just two weeks. I purchased a commercial tour with COSMOS, and added two extra days at the end to ensure that not only would I have more time in Sydney, but that I would be in Sydney for the Millenium celebrations on December 31st.

The beginning did not auger well. I was scheduled to fly to Australia (via New Zealand) on Qantas Airways from Los Angeles and by United Shuttle SFO-LAX. To my consternation, United canceled the shuttle. Fortunately, because I had an international connection they put me on a later flight and all ended well. Qantas flew into Auckland, New Zealand and we had to deplane for aircraft cleaning, so I spent a pleasant hour in the airport looking at the beautiful sheep fleeces for sale, and at magnificent photographs of New Zealand. I could see lovely green fields outside the airport. I finally arrived at Melbourne, my first stop in Australia, early in the morning, a calendar day later as I had lost a day by crossing the International Date Line.

Melbourne: I was very tired on my first day in Melbourne, suffering from jet lag, but made myself stay awake until 8:00 PM in order for my internal body clock to adjust. My "All Seasons Welcome Hotel" was in the heart of the business district, adjacent to Chinatown. After settling in, I walked around downtown Melbourne, which was a mixture of modern skyscrapers and old low-rise buildings. There is an equivalent to our National Heritage Program in Melbourne, whereby buildings of historical significance are preserved and carefully renovated, so that exterior roofs and walls retain their original character and interiors are modernized to become offices and shopping malls.

Melbourne looks prosperous, and apart from a few street musicians, I saw no homeless people or beggars. Downtown looks extremely attractive. The shops are very busy and staying open late for the Christmas shoppers. Central Melbourne is very walkable, compact, with a small grid of streets, around the perimeter of which runs a FREE tram to cut down on car traffic. Melbourne has a wonderful transportation system of old style green trams which branch out to the many "urban villages," different districts, each with its individual character and neighborhoods.

The Yarra River runs through Melbourne. In the pleasant afternoon sun (about 70 F), I strolled through the downtown area and crossed the river by a pedestrian bridge. The "Southside" of the Yarra River bank has been made

into a pedestrian riverwalk with fountains, sidewalk cafes and restaurants. A huge new Exhibition Center is located here and even a casino. I strolled around Melbourne's Crown Casino entertainment complex, which is very glamorous, like Las Vegas, with gambling rooms, restaurants, big theaters and even Planet Hollywood.

Each morning during my stay in Australia, I found that all the hotels put on a gargantuan breakfast buffet. A groaning board of cereals, fresh fruit, yogurt and juices, scrambled eggs, bacon and sausages, hash brown potatoes, my favorite baked beans, grilled tomatoes a-la-English and coffee. A sumptuous feast every morning and my waistline showed it.

The next day, I took a commercial Melbourne City sightseeing tour which drove us all over Melbourne and its environs, giving me a good overview. It even took us to the port where giant cruise ships were docked, and then into some of Melbourne's individual 'villages,' each with its own unique characteristics.

Our first stop was at Captain Cook's Cottage in the Fitzroy Gardens. Captain James Cook was a famous English navigator who was the first (in three separate voyages - 1768 to 1778) to map the Southern Hemisphere. This cottage was built in 1755 and owned by Captain Cook's parents in Great Ayton, Yorkshire in England, where Captain Cook resided between voyages. It was dismantled, relocated to Melbourne and rebuilt to commemorate the Centenary of the State of Victoria in 1934. A bronze statue of Captain Cook stands outside. Nearby, in Fitzroy Gardens is a Conservatory with a beautiful display of hydrangeas.



We stopped in Melbourne's Botanical Gardens. There was a beautiful duck pond with a magnificent black swan presiding over it. Overlooking the pond was a very attractive restaurant from which we could take in the lovely views

To be continued

Sheila Moore



Kay Narron	1/04	Lillemor Leichum	1/26
Marlice Gardner	1/18	Barbara Clevenger	1/27
Linda Hanley	1/22	Theo Armour	1/28

Time is a Scarce Commodity

Gardner Haskell

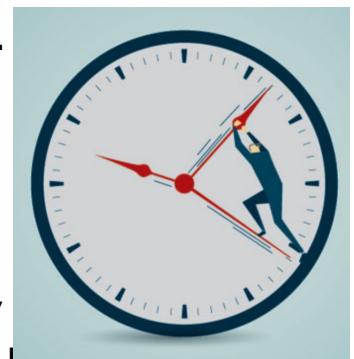
Thoreau wrote, "Time is but the stream I go a-fishing in. I drink at it; but while I drink I see the sandy bottom and detect how shallow it is. Its thin current slides away, but eternity remains."

After reading this quote again, I went to a website, thoreaufarm.org where I found an article "Time Is But a Stream—What a Piece of Wonder a River Is," by Corinne H. Smith. She states that metaphor was one of Thoreau's favorite literary devices. "An ever moving water makes a terrific symbol for time and eternity." She explains that each one of us is connected to each other and we are traveling downstream. She says that Thoreau's quote suggests that when we live life fully and deliberately we are "drinking in the stream."

I decided to contemplate what I am doing with my time and what I still want to do in this river of time which is my life.

I love living in The Heritage. My first night here was so relaxing that I knew I felt "at home." I spend time reading, walking, exercising, watching channel nine and movies on television. I send and receive a few letters through the U.S. postal system. A major treat is eating and having conversations with other residents at The Heritage. I text and call friends and family. I also shop for face masks, in vain searching for one that will not fog my glasses. As a friend once remarked, these are my daily rituals which enhance my life.

But how to improve my life for the coming year? I have signed up for and will take online chess instruction classes. I am also writing for Heritage Happenings and am helping in the Heritage library. I have discovered a series of pre-recorded online classes called Master Class. I will take two writing classes, but do I have time to also take a photography and a conservation class? In 2021 I will be finishing the last draft of my novel. Should I take down my watercolor paints and begin painting again? Do I have enough time?



I am always looking for rituals that will enhance my life because I feel that 'Time is a Scarce Commodity.'

Time changes everything except something within us which is always surprised by change. Thomas Hardy

What is the meaning of the three roses?

Below is an introduction to a project that Theo Armour explores in his website, <https://heretics-sf.github.io/#pages/What-is-the-meaning-of-the-three-roses.md>.

"When Julia Morgan designed The Heritage she added roses on the outside and inside of the building. We wonder why she did this. Did she have a hidden meaning that is lost to us? Or was the rose motif used to convey her feelings about the people who lived here? Might roses have been a theme for benefactors whose finances helped build this fascinating building? First [here] we will describe where the roses are located and then, we hope in this and future articles, to try to explain why Julia placed so many roses in the Heritage."



On the front there are inset panels of terra cotta tiles. Both panels display the same bas-reliefs: three roses surrounded by garlands or vines with four raspberries.



Flowers in terracotta panels between the windows above the two ground floor bays



Flowers in column capitals



Flowers in parlor mantelpiece



Flowers in brass ornaments above mantelpiece on parlor fireplace



Flowers at the front of the chapel alter table

January Special Events

Movie: <i>Never on Sunday</i>	Fri	Jan 1	2:30	McGinley Room
Saturday Shorts	Sat	Jan 2	3:00	McGinley Room
Cognitive Health & Exercise	Mon	Jan 4	3:00	Fitness Center
<i>David Peritz</i>	Tue	Jan 5	3:00	Channel 998
<i>Yeoman of the Guard</i>	Thu	Jan 7	2:00	McG. Rm, Fit C
Movie: <i>Kind Hearts & Coronets</i>	Fri	Jan 8	2:30	Cottage
Diabetes	Fri	Jan 8	3:00	Fitness center
Saturday Shorts	Sat	Jan 9	3:00	McGinley Room
Sleep	Mon	Jan 11	3:00	Fitness Center
Tech Support with Stephen	Mon	Jan 11	2:00	McGinley Room
<i>David Peritz</i>	Tue	Jan 12	3:00	Channel 998
Emotional Support Group	Wed	Jan 13	3:00	Stucky Library
Movie: <i>Imitation Game</i>	Fri	Jan 15	2:30	Fitness Center
Movie: <i>Holiday</i>	Fri	Jan 15	2:30	Cottage
Saturday Shorts	Sat	Jan 16	3:00	McGinley Room
Mind Diet	Mon	Jan 18	3:00	Fitness Center
<i>David Peritz</i>	Tue	Jan 19	3:00	Channel 998
Future of Old Age	Wed	Jan 20	3:00	Fitness Center
Winter Tea Social	Thu	Jan 21	2:30	Porter Garden
Movie: <i>Official Secrets</i>	Fri	Jan 22	2:30	McGinley Room
Movie: <i>The Odd Couple</i>	Fri	Jan 22	2:30	Cottage
Saturday Shorts	Sat	Jan 23	3:00	Mcginley Room
Tech Support with Stephen	Mon	Jan 25	2:00	McGinley Room
Brain Power	Mon	Jan 25	3:00	Fitness Center
<i>David Peritz</i>	Tue	Jan 26	3:00	Channel 998
Emotional Support Group	Wed	Jan 27	3:00	Stucky Library
Movie: <i>Knives Out</i>	Fri	Jan 29	2:30	McGinley Room
Movie: <i>Singing in the Rain</i>	Fri	Jan 29	2:30	Cottage
Saturday Shorts	Sat	Jan 30	3:00	McGinley Room