

Friday Movies at 2 pm in Friendship Hall

3 May ~ *The Mask of Zorro* ~ 1995 ~ 2hrs 17m
Imprisoned for 20 years, Zorro- Don Diego de la Vega, receives word that his old enemy, Don Rafael Montero has returned. Diego returns to his old headquarters, where he trains an aimless drunk to be his successor.

10 May ~ *La Bamba* ~ 1987 ~ 1hr 48m
L.A. teen Ritchie Valens becomes an overnight rock 'n' roll success in 1958, thanks to a love ballad "Donna" that he wrote for his girlfriend whose parents didn't want her to date a Latin boy.

17 May ~ *A Walk in the Clouds* ~ 1995 ~ 1h 42m
A soldier on his way home after WW2 realizes he barely knows his young wife. He is happy to have a diversion of a beautiful traveler.

24 May ~ *Viva Zapata!* ~ 1952 ~ 1h 53m
Mexican rancher becomes a revolutionary when the president ignores the needs of his people. Zapata and his brother join to support the president's opponent.

31 May ~ *American Graffiti* ~ 1973 ~ 1hr 50m
On the last day of summer in 1962, a group of friends cruise the streets of small-town California. It's the last night before their grown-up lives begin.

Sunday Movies at 2 pm in the McGinley Room

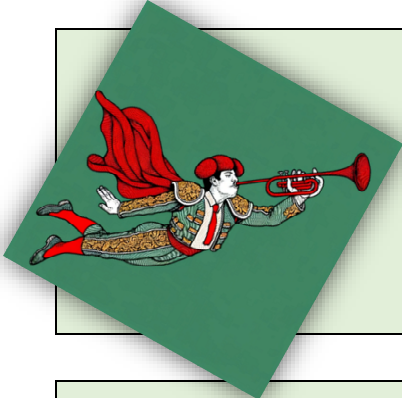
5 May ~ *The Boys in the Boat* ~ 2023 ~ 2h 3m ~ Biography, Drama
A 1930's story centered on the University of Washington's rowing team, from their Depression-era beginnings to winning gold at the 1936 Berlin Olympics. Director: George Clooney ~ Stars: Joel Egerton, Callum Turner, Peter Guinness

12 May ~ *Lili* ~ 1953 ~ 1h 21m ~ Drama, Musical, Romance
An orphaned teenager, charmingly naive, finds refuge in a carnival, where she becomes part of a puppet act and forms a relationship with the puppeteer. Director: Charles Walters ~ Stars: Leslie Caron, Mel Ferrer, Zsa Zsa Gabor

19 May ~ *Pride of the Yankees* ~ 1942 ~ 2h 8m ~ Biography, Sport
The story of the life and career of famed baseball player, Lou Gehrig. Director: Sam Wood ~ Stars: Gary Cooper, Teresa Wright, Babe Ruth

26 May ~ *The Miracle Club* ~ 2023 ~ 1h 30m ~ Comedy, Drama
There is just one way for the women of Ballygar, Ireland to taste freedom: to win a pilgrimage to the sacred French town of Lourdes. Director: Thaddeus O'Sullivan ~ Stars: Maggie Smith, Laura Linney, Kathy Bates, Agnes O'Casey

Please see the Friendship Hall program calendar for additional activities. Calendars are available from the Activity Department.




Heritage Happenings
Calendar
May 2024

Announcements	Birthdays	
This month—as part of this year’s Around the World program—we celebrate Mexico . <ul style="list-style-type: none">Movies: <i>The Mask of Zorro</i>, <i>La Bamba</i>, <i>A Walk in the Clouds</i>, & <i>Viva Zapata</i><i>Cinco De Mayo</i> Happy Hour with Mariachi San FranciscoEvangelina Portillo: Mexican ArtistMexican cuisine Sunday lunch<i>Heritage Happenings</i> in red and green and a matador blowing his trumpet as the masthead cameo	Stela Voyles	1 May
	Elizabeth Jordan	9 May
	Betty Dowell	12 May
	Shirley Ertola	18 May
	Birthday Dinner	10 May
	<i>Note: The Out & About Committee agreed always to schedule Walgreens on the first Tuesday, Safeway on the second and Trader Joe’s on the third.</i>	

Tuesday Out & About Excursion Schedule				
7 May	14 May	21 May	23 May	28 May
9:30 Walgreens Divisadero St 11:15 Ghirardelli Square. shopping, some chocolate, and lunch in the area or bring a bag lunch	9:30 Safeway Marina Blvd 10:30 Mission Bay Park. We will tour the area and stay for lunch. If you prefer, please bring a bag lunch	9:30 Trader Joe’s Bay St	1:15 Asian Art Museum: China’s Bronze Age. Lunch in the area or bring a bag lunch. Note this outing is on a Thursday	9:30 Target & Geary Blvd 10:00-2:00 San Bruno Ave Chinatown. Tour the area, the shops and stay in area for Dim Sum or bring a bag lunch
Around the World ~ Celebrating a country every month with dinners & events				
January Italy	April Greece	July France		
February China	May Mexico	August Spain		
March Ireland	June Caribbean	September India	Oct Germany	Nov Thailand
			Dec El Salvador	

Out & About sign-up sheets are located in the dining room. Schedule is subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> <h1>Heritage Happenings</h1> <h2>May 2024</h2> <p>Green: birthday event</p> <p>Blue: see Special Events in the newsletter</p> <p>Red: "Around the World" program Mexican events</p> </div>			1 Stela Voyles 9:30 Bianca: Morning Stretch FC 11:45 Balance Class PC 2:00 What's Up! SL 2:00 David Furman: Outer Space & Aging FH 3:30 Walking Group PL	2 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 2:00 Mariachi San Francisco: <i>Cinco De Mayo</i> Dance & Party FH	3 10:00 Father Arturo First Friday Mass CH 11:45 Balance Class PC 2:00 Movie <i>The Mask of Zorro</i> FH 3:30 Walking Group PL	4 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
5 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 11:30 Mexican Lunch 2:00 Movie <i>The Boys in the Boat</i> MR 3:00 Bingo FH	6 9:30 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:00 The Songbirds: Spring Concert FH 3:30 Walking Group PL 4:00 Coffee Hour DR	7 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage 2:30 Video: <i>Luis Miguel Concert</i> 3:30 Men's Group CO	8 9:30 Bianca: Morning Stretch FC 10:30 Town Hall Meeting FH 11:45 Balance Class PC 1:00 Activities Mtg CO 1:30 Out & About Mtg MR 1:30 Intro to Spanish FH 2:00 What's Up! SL 3:30 Walking Group PL 5:00 Birthday Sing-along 5:30 Birthday Dinner DR	9 Elizabeth Jordon Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 10:30 Allen Ysidro: Dance & Balance FH 11:45 Balance Class PC 2:00 Tea & Chat FH 3:00 Frank Cefalu: Mother's Day Happy Hour MP	10 7:00 Dr Lee: podiatry BS 11:45 Balance Class PC 2:00 Movie <i>La Bamba</i> FH 3:30 Walking Group PL	11 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
12 Betty Dowell Mother's Day 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 11:30 Mother's Day Lunch 2:00 Movie <i>Lili</i> MR 3:00 Bingo FH	13 11:45 Balance Class PC 1:30 Meditation CR 3:00 Asian Art Museum: China's Bronze Age 3:30 Walking Group PL 4:00 Coffee Hour DR	14 Out & About Day 9:00 Claudia: Yoga FC 10:30 Food Committee MR 11:45 Balance Class PC 1:30 Roxana: Hand Massage 2:30 Video: <i>Aztec Empire FH</i>	15 11:00 Heritage History FH 11:45 Balance Class PC 2:00 What's Up! SL 3:30 Walking Group PL 4:00 Coffee Hour DR	16 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Hans: SPCA Visit 2:00 Tea & Chat FH 3:00 Jason Myers Sing-along FH	17 11:45 Balance Class PC 2:00 Movie <i>A Walk in the Clouds</i> FH 3:30 Walking Group PL	18 Shirley Ertola 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
19 10:00 Episcopal Srvce MR 10:00 Father John: Catholic Mass CH 11:00 Stretch & Flex FH 2:00 Movie <i>Pride of the Yankees</i> MR 3:00 Bingo FH	20 11:45 Balance Class PC 1:30 Meditation CR 2:00 Ray Poydessus Disaster Prepare FH 3:30 Walking Group PL 4:00 Coffee Hour DR	21 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH 3:30 Men's Group CO	22 11:00 Intro to Spanish FH 11:45 Balance Class PC 2:00 What's Up! SL 3:00 Evangelina Portillo: Artists Showcase FH 3:30 Walking Group PL 4:00 Coffee Hour DR	23 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:00 Jeanne: Plants FH 11:45 Balance Class PC 2:00 Tea & Chat FH 3:00 Tea Fundraiser MP	24 11:45 Balance Class PC 2:00 Movie <i>Viva Zapata! FH</i> 3:30 Walking Group PL	25 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
26 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>The Miracle Club</i> MR 3:00 Bingo FH	27 11:45 Balance Class PC 1:30 Meditation CR 2:00 Memorial Day <i>Movie <i>Apollo 13</i> & Root Beer Floats FH</i> 3:30 Walking Group PL 4:00 Coffee Hour DR	28 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH	29 11:45 Balance Class PC 2:00 What's Up! SL 3:30 Walking Group PL 4:00 Coffee Hour DR	30 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 2:00 Tea & Chat FH 3:00 May flowers with Stephen FH	31 10:00 Residents Council Mtg FH 11:45 Balance Class PC 2:00 Movie <i>American Graffiti FH</i> 3:30 Walking Group PL	AR Arts & Crafts Room CH Chapel CO Cottage CR Cedar Room DR Dining Room FC Fitness Center FH Friendship Hall GR Garden Room MP Morgan Parlor MR McGinley Room PL Porter Library SL Stucky Library