

Friday Movies at 2 pm in Friendship Hall

5 July ~ Sideways ~ 2004 ~ 2h 7m ~ Comedy, Drama
Struggling writer & wine enthusiast Miles takes his engaged friend, Jack, on a trip to wine country for a last single-guy bonding experience.
Director: Alexander Payne ~ Stars: Paul Giamatti, Sandra Oh, Thomas Church

12 July ~ Lincoln ~ 2012 ~ 2h 30m ~ Historical Drama
President Abraham Lincoln brought his passion, humanity & political skill to what would become his legacy: to end the war & permanently abolish slavery.
Director: Steven Spielberg ~ Stars: Daniel Day-Lewis, Sally Field, TL Jones

19 July ~ The Butler ~ 2013 ~ 2h 12m ~ Historical Drama, Thriller
Cecil Gaines gets the opportunity of a lifetime when he is hired as a butler at the White House. Over the course of three decades, Cecil has a front-row seat to history & the inner workings of the Oval Office.
Director: Lee Daniels ~ Stars: Forest Whitaker, John Cusack, Oprah Winfrey

26 July ~ The Devil Wears Prada ~ 2006 ~ 1hr 49m ~ Comedy, Drama
Andy is a college graduate with big dreams. Landing a job at the prestigious Runway magazine, she finds herself the assistant to diabolical editor Miranda.
Director: David Frankel ~ Stars: Meryl Streep, Anne Hathaway, Stanley Tucci

Sunday Movies at 2 pm in the McGinley Room

7 July ~ Arthur the King ~ 2024 ~ 1h 47m ~ Adventure, Drama
Based on a true story, an adventure racer adopts a stray dog to join him and become a team member in an epic endurance race.
Director: Simon Cellan Jones ~ Stars: Mark Wahlberg, Simu Liu, Juliet Rylance

14 July ~ Brooklyn ~ 2015 ~ 1h 57m ~ Drama, Romance
An Irish immigrant lands in 1950s Brooklyn, where she falls into a romance. She must choose between two countries and the lives that exist within.
Director: John Crowley ~ Stars: Saoirse Ronan, Emory Cohen, D Gleeson

21 July ~ The Queen ~ 2006 ~ 1h 43m ~ Biography, Drama
After the death of Princess Diana, Queen Elizabeth II struggled with her reactions to a sequence of events nobody could have predicted.
Director: Stephen Frears ~ Stars: Helen Mirren, Michael Sheen, J Cromwell

28 July ~ Casablanca ~ 1942 ~ 1h 42m ~ Drama, Romance, War
A cynical expatriate American cafe owner struggles to decide whether to help his former lover and her fugitive husband escape the Nazis in French Morocco.
Director: Michael Curtiz ~ Stars: Humphrey Bogart, Ingrid Bergman, P Henreid

Please see the Friendship Hall program calendar for additional activities.
Calendars are available from the Activity Department.



Heritage Happenings
Calendar
July 2024

Announcements	Birthdays	
This month—as part of this year’s Around the World program—we celebrate France . <ul style="list-style-type: none">Bastille Day Happy Hour with Maya Meska performingMovies: <i>Amelie</i>, <i>Piaf</i> and <i>Casablanca</i>Out & About: Lunch at <i>Le Chalet Basque</i>Newsletter: Two reminiscences of France	Enid Leff	July 5
	Katherine Conley	July 15
	Midge Mansouri	July 15
	Gary Skootsky	July 22
	Patrick Alexander	July 27
Birthday Dinner		July 12

Tuesday Out & About Excursion Schedule				
2 July	9 July	16 July	23 July	30 July
9:30 Walgreens Divisadero St 11:15 SF Zoo. Lunch: Lemur Café Tickets \$20 Train \$7	9:30 Safeway Marina Blvd 11:15 <i>Museo Italo Americano</i> at Fort Mason Tickets \$10 Lunch: <i>Radhaus</i> Beer Hall	9:30 Trader Joe’s Bay St 11:15 Shopping & lunch at Ikea Market Street	9:30 Dollar Tree Serramonte 11:15 Marin Civic Center. Lunch: <i>Le Chalet Basque</i>	9:30 Target Geary Blvd 11:15 Residents’ Choice Shopping
Always: first Tuesday: Walgreens, second: Safeway, third: Trader Joe’s				

Around the World ~ Celebrating a country every month with dinners & events					
January	Italy	April	Greece	July	France
February	China	May	Mexico	August	Spain
March	Ireland	June	Caribbean	September	India
				Oct	Germany
				Nov	Thailand
				Dec	El Salvador

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Arts & Crafts Room CH Chapel CO Cottage CR Cedar Room DR Dining Room FC Fitness Center FH Friendship Hall MP Morgan Parlor MR McGinley Room PL Porter Library SL Stucky Library	1 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:00 De Young Jim Kohn: "American Beauty" 3:30 Walking Group PL 4:00 Coffee Hour DR	2 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH 2:00 Movie <i>La Vie en Rose</i> FH 3:30 Men's Group CO	3 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Intro to Spanish FH 2:30 What's Up! SL 3:30 Walking Group PL	4 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:30 4th of July BBQ DR 11:45 Balance Class PC 1:00 Activities Mtg CO 2:00 Tea & Chat FH 3:00 Jon Frank Trio: Performance MP	5 Enid Leff 10:00 Father Arturo: First Friday Mass CH 11:45 Balance Class PC 2:00 Movie <i>Sideways</i> FH 3:30 Walking Group PL	6 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
7 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>Arthur the King</i> MR 3:00 Bingo FH	8 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:00 Asian Art Museum: <i>Art of SE Asia</i> FH 3:30 Walking Group PL 4:00 Coffee Hour DR	9 Out & About Day 9:00 Claudia: Yoga FC 10:30 Food Committee MR 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH 2:00 Movie <i>Amelie</i> FH	10 9:00 Bianca: Morning Stretch FC 10:30 Townhall Mtg FH 11:00 Buck Institute #4: Treatments FH 11:45 Balance Class PC 1:30 Out & About Mtg MR 1:30 Intro to Spanish FH 2:30 What's Up! SL 3:30 Walking Group PL 4:00 Coffee Hour DR	11 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Activities Mtg CO 2:00 Tea & Chat FH 3:00 Maya Meska: <i>Bastille Day Happy</i> <i>Hour & Performance</i> FH	12 11:45 Balance Class PC 2:00 Movie <i>Lincoln</i> FH 3:30 Walking Group PL 5:00 Birthday Sing-along 5:30 Birthday Dinner	13 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
14 10:00 Episcopal Service MR 11:00 Stretch & Flex FH 2:00 Movie <i>Brooklyn</i> MR 3:00 Bingo FH	15 Katherine Conley Midge Mansouri 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 1:30 Meditation CR 3:30 Walking Group PL 4:00 Coffee Hour DR	16 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH 2:00 Movie <i>Double</i> <i>Indemnity</i> FH 3:30 Men's Group CO	17 9:00 Bianca: Morning Stretch FC 11:45 Balance Class PC 3:30 Walking Group PL 4:00 Coffee Hour DR	18 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 2:00 Tea & Chat FH 3:00 Vada Watson: Mental Health FH	19 7:00 Dr Lee: Podiatry BS 11:45 Balance Class PC 2:00 Movie <i>The Butler</i> FH 3:30 Walking Group PL 5:30 Ben Barnes: <i>French Theme</i> <i>Violin Concert</i> DR	20 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
21 10:00 Episcopal Srvce MR 10:00 Father John: Catholic Mass CH 11:00 Stretch & Flex FH 2:00 Movie <i>The Queen</i> MR 3:00 Bingo FH	22 Gary Skootsky 11:45 Balance Class PC 1:30 Meditation CR 3:30 Walking Group PL 4:00 Coffee Hour DR	23 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 1:30 Roxana: Hand Massage FH	24 11:00 Intro to Spanish FH 11:45 Balance Class PC 2:30 What's Up! SL 3:00 Happy Hour: <i>Cheers to the Red,</i> <i>White & Blue</i> FH 3:30 Walking Group PL 4:00 Coffee Hour DR	25 Tech Help w/Tess 9:00 Claudia: Yoga FC 9:30 Art with Patrick AR 11:45 Balance Class PC 1:30 Golden Retriever: SPCA Visit	26 11:45 Balance Class PC 10:00 Resident Council 2:00 Movie <i>The Devil</i> <i>Wears Prada</i> FH 3:30 Walking Group PL	27 Patrick Alexander 9:30 Sit & Be Fit FH 11:00 Reminiscing FH 3:00 Saturday Shorts with Margaret J MR
28 10:00 Episcopal Srvc MR 11:00 Stretch & Flex FH 2:00 Movie <i>Casablanca</i> MR 3:00 Bingo FH	29 11:45 Balance Class PC 1:30 Meditation CR 3:00 Ian Scarfe: <i>Piano Excursions</i> MP 3:30 Walking Group PL 4:00 Coffee Hour DR	30 Out & About Day 9:00 Claudia: Yoga FC 11:45 Balance Class PC 2:00 Movie <i>Touch of Evil</i> FH 3:30 Men's Group CO	31 11:45 Balance Class PC 3:30 Walking Group PL 4:00 Coffee Hour DR			

Heritage Happenings

July 2024

Gold: Birthday event

Red: See Special Events in the newsletter

Blue: "Around the World" program France events