

1. EXECUTIVE COMMITTEE



PRESIDENT: Jude Lewis

jude.lewis@hertford.ox.ac.uk

Welcome to Hertford College! We are a diverse, inclusive and friendly community right at the heart of Oxford. As JCR President it's my responsibility to oversee and coordinate the work of the Executive Committee and Committee of Representatives, ensuring that we fulfil our promises and are working hard to build a college environment that everyone feels part of. Most importantly I represent the views and wishes of the JCR to college administration and external bodies such as OxSU. If you have any questions, concerns or ideas on how to improve life at Hertford please don't hesitate to get in touch!

My responsibilities vary from term to term, but there are three main meetings I attend:

1. Joint Committee
2. Governing Body:
3. OxSU: every Wednesday. General meeting with all JCR presidents, vice presidents and OUSU Reps.

I also chair JCR meetings on Sundays of 2n, 5th and 7th weeks.



SECRETARY: James Parr

James.parr@hertford.ox.ac.uk

I'm a second year English student, but more importantly I'm your designated email and minutes person, sometimes called the secretary. The word secretary comes from the Latin *secretarius*, a name given to confidential officers of the 14th century who were entrusted with secrets and the duties of record keeping. This means we're off to a great start as I am neither an officer nor good at keeping secrets, but I have been told I have a lovely smile so there's that at least.

As to what I actually do, I take care of many of the democratic functions of the JCR. I post the agenda for the general meetings, and I receive all your motions and manifestos. I also make sure that the constitution and standing orders are up to date. I record minutes for all of the significant meetings

throughout term, and make sure you lovely Hertfordians can look at these whenever you want. I'm also involved in ensuring committee of representatives fulfil their manifesto promises adequately, and helping to oversee their handover. You can also expect to get a bulletin from me twice a week full of my usual blinding wit and gripping verse, and occasionally I'll be sending you your voting slip for JCR elections.

FAQs

When do I need to submit my motion/manifesto by?

General meeting are **Sunday at 7PM on 2nd/5th/8th weeks**. Your manifestos need to be sent to me by **8PM on the Wednesday** of that week, and motions by **8PM on the Thursday**.

What's in the Bulletin? Why should I read it?

The Bulletin is mostly an update on **the activity of the Exec and a reminder of any elections or meetings coming up**. If you plan to run for a position, or if you want to see what the committee has been doing, you should give it a read. I also take pride in filling each bulletin with offensively bad jokes and endearing charm, so maybe that will get you jazzed also. Sometimes the bulletin also has useful info on internships and other interesting opportunities around Oxford.

Where can I find the Constitution/Standing Orders? What are they?

You can find them on the JCR website and on the JCR Facebook page (it's under 'files').

They are **the central guidelines for how democratic processes are carried out in the JCR**. The **constitution lays out the duties of the Exec, and the standing orders act as a supplement**. They tell us things like the roles of each member of the Exec, the number of JCR members required to make a meeting quorate, and the way husts are to be carried out. They are **supposed to cover every situation** that the president and their exec may have to deal with during their term.

The **President has sole interpretive rights to the constitution**, but may be challenged by any JCR member, or overruled by a 2/3 majority in a JCR meeting. The **constitution can even be changed with a 2/3 majority in two successive meetings**.

What is a Hust?

It's a **short (2 minute) speech** made to the JCR to convince them of your suitability for the role. This is usually done at JCR general meetings.

Do you have hert?

Yeah

Zoë Hallett
Second year, Economics and Management
zoe.hallett@hertford.ox.ac.uk

My main responsibility is managing the JCR budgets and accounts, keeping them balanced but still providing enough funding for the societies and sports that make Hertford such a wonderful college to be a part of. If you have any questions about funding or the JCR finances in general, please feel free to get in touch. I also work with college to resolve any issues students may have with Battels, again if you have any concerns with these please let me know!

FAQ:

Q: How do I pay my Battels?

A: Head to the Bursary (in OB2) and pay via card or cheque or do an online bank transfer to college (see the bottom of your Battels for bank details) quoting your account number in the reference.

Q: Something isn't right on my Battels

A: Drop me a message or an email and I might be able to explain. If this doesn't clear things up email Raquel Goold (raquel.goold@hertford.ox.ac.uk) and CC me in (zoe.hallett@hertford.ox.ac.uk) explaining the issue.

Q: How do I go about getting funding for X?

A: Submitting a motion to a JCR meeting is the most commonly used way of getting funding. If you need any advice on what to include in the motion or want information about how much of the JCR motions budget has been spent etc. then please ask me and I'll be happy to help.

Q: Can I have a look at the JCR Budgets?

A: Yes! Any JCR member can look at the budgets, if you want to see them or a copy of the presentation of the Budgets for this year feel free to ask and I will send you them.

WELFARE:



Female Welfare Officer: Kez Smith
kerris.chappell-smith@hertford.ox.ac.uk



Male Welfare Officer: Jake Manton
jacob.manton@hertford.ox.ac.uk

We are Kez (second year Human Sciences) and Jake (second year languages), and your JCR Welfare Officers for 2018!

Our Role:

We are friendly faces (see above) around college, and people you can approach in confidence - whether you want a chat about something that's bothering you, or need some supplies for the bedroom (see the FAQs for more details). When other people or organisations are more qualified or suitable for your specific circumstance, we will direct you to them, supporting you through the process if wanted or required. As members of the JCR exec, we are the student body's link to college, and will therefore present any important welfare issues to the big peeps, lobbying for improvements where appropriate.

We have some exciting ideas for the terms ahead (themed welfare teas, rebooting the 'adopt a finalist' idea, and plenty more...), and are both really looking forward to helping the JCR have a productive, safe and fun 2018 in Oxford!

Staff we work with:

Peer Supporters:

Hertford has a wonderful contingent of trained students who can offer a more informal opportunity to discuss any issues you may have. They will listen and communicate effectively with you whilst respecting boundaries, and if needed point you in the direction of professional support networks. The current Peer Support network can be found at <http://hertfordjcr.org/peersupporters>

First Responders:

These students are trained to listen to and help those who have been victims of sexual violence, offering direction to available resources and support. The current First Responder network can be found at <http://hertfordjcr.org/firstresponders>

Dean:

Dr Alison Woollard manages welfare provision across the college, and can be contacted at dean@hertford.ox.ac.uk. Since she works closely with other members of Welfare staff at College, and is well placed to refer you to the most appropriate person. Alison is also Hertford's lead on PREVENT, dealing with worries about radicalisation.

Junior Deans:

Hertford has three Junior Deans across its different buildings. These are graduate students who are available for immediate issues, whether you are looking for someone to speak to or need someone to deal with noise reduction. Jieun Baek (ji.baek@hertford.ox.ac.uk) can be found on Main Site in NB4, Andrew Dean (andrew.dean@hertford.ox.ac.uk) in South Oxford in the Graduate Centre, and Anne-Marie Nussberger (anne-marie.nussberger@hertford.ox.ac.uk) in North Oxford.

Welfare Coordinator:

Mrs Yo Davies is the first point of call for student welfare, providing support for mental health (Yo is a trained Cognitive Behavioural Therapist) and disability issues. Yo can be contacted at yo.davies@hertford.ox.ac.uk to set up appointments, and also holds drop-in sessions between 1 and 2pm on Monday, Tuesday, Thursday and Friday during term time.

Chaplain:

The Reverend Maria (Mia) Smith is open to a confidential chat in her office in NB1/4, and can be contacted at chaplain@hertford.ox.ac.uk

College Nurse:

Mrs Alison Nicholls is your go-to member of staff for medical issues, providing quick advice and able to refer you to a doctor from her comprehensive list of agencies, as well as being a confidential ear for other welfare issues (such as homesickness). She offers an open walk-in in NB1/3 (see FAQs for open times). She can also be contacted at nurse@hertford.ox.ac.uk if you need an appointment with her or the Hertford-only surgery at 28 Beaumont Street between 12 and 1pm on Tuesdays (the surgery is also contactable at 01865 311811).

Tutor for Women:

Professor Emma Smith (emma.smith@hertford.ox.ac.uk) can offer advice on issues like harassment, for both men and women equally.

Disability Lead:

Professor David Hopkin is both the Senior Tutor and the Governing Body member responsible for all matters relating to disability.

Porters:

The Porters can be contacted in the Lodge at 01865 279400.

JCR Reps:

We also work closely with JCR reps (find their page on the JCR website)

FAQs:

Welfare Supplies

What supplies can I get from the Welfare Officers?

We can provide:

- Condoms (also available for free from condom machines: HW5 ground floor toilet, and laundry rooms in Warnock and Leckford)
- Pregnancy Tests
- Lube

- Attack Alarms
- Dental Dams
- Earplugs

How can I get these supplies?

1. Contact a welfare officer - just email or message us
2. We will pidge the requested supplies to you!
 - a. We will generally pidge within 24 hours. If the supply is urgent (e.g. pregnancy tests), we will pidge ASAP.

If I buy supplies elsewhere, can the JCR reimburse me?

If you choose to buy any of the supplies listed above, the JCR will not subsidise you. However, there are a few items which cannot be pided but can be subsidised:

1. Mooncups: the JCR will subsidise half the price of a Mooncup. Students who purchase one can email one of us and pidge us the receipt. We will then pidge back half the cost, to the nearest pound.
2. Morning After Pill: When students purchase the morning after pill from a pharmacy, the JCR will subsidise 50% of the cost. Students must email one of us, and then pidge them the receipt. We will pidge them the money.
 - a. Note: It is often possible to get the morning after pill for free on weekdays at a pharmacy (e.g. Boots) if you have a consultation and fill in a form.

College Nurse

Where and when can I find her?

Alison holds an “open” surgery in her medical room - NB1/3:

Monday	09:30 - 11:45
Wednesday	14.00 - 16.00
Thursday	09:30 - 11:45
Friday	09:30 - 11:45

These are “walk in” sessions - individual appointments can be booked at other times by emailing or telephoning her.

What if I’m ill on a Tuesday?

On Tuesdays, there is a Hertford-only surgery at 28 Beaumont Street Surgery between 12pm and 1pm. Choose an appointment by emailing or phoning the Nurse, or phoning the doctor’s surgery (01865 311811).

Sexual Health Clinics

Where are sexual health clinics in Oxford?

There are 3 clinics in Oxford which together provide a comprehensive range of contraception and sexual health services:

1. Rectory Centre: Rectory Road, East Oxford, OX4 1BU
2. The Churchill Hospital, Old Road, Headington, OX3 7LE
3. Orchard Health Centre, Cope Road, Banbury, OX16 2EZ

There are also clinics in Abingdon, Bicester, Didcot, Kidlington, Wantage and Witney.

For full details visit www.sexualhealthoxfordshire.nhs.uk

Welfare teas

What are welfare teas? Why should I go to them?

The purpose of welfare teas is to provide a friendly and relaxing environment in college. They are events which happen three times each term (often weeks 3, 5, and 7), usually in the JCR common room. All members of the JCR are invited (massively encouraged!!) to attend.

Welfare teas are an opportunity to meet new people, chat to welfare officers and peer supporters, eat free food, and have important breaks from academic work.

Welfare Taxis

What are JCR Welfare Taxis? When can I use one?

When there is a valid welfare concern, JCR students are able to use a taxi which is fully subsidised (battered £0) by college. Of course, all cases and circumstances vary, but examples of valid reasons for taking a JCR taxi include:

1. Emergencies that require immediate medical attention
2. Alone at night and feel unsafe walking home
3. Immobility - if a person is unable to take other means of transport they may use a welfare taxi (note: if this is the case for a long period of time, it must be negotiated with the Welfare Officers)
4. Any circumstance in which the use of the JCR taxi will remove a student from a potentially harmful situation, particularly if they are alone

Previously arranged trips to the JR Hospital are unlikely to be valid for subsidisation, unless mobility is an issue. The use of welfare taxis to the SARC (Sexual Assault Referral Centre) in Slough IS VALID.

How to book a JCR Welfare Taxi:

1. Ring the lodge and ask to book a welfare taxi
2. Provide Bodcard number, pick-up location and destination
3. **Email Welfare Officers** within **48 HOURS** with reason, for assessment of validity. (Note: *this step is vital*. Even if the lodge is aware of the reason, please email the Welfare Officers.)
 - a. If the given reason is valid, the student will be battered £0
 - b. If the given reason is not valid, the student will be battered the cost of the taxi

The Student Support Fund

What even is the Student Support Fund?

The student support fund is intended to help students (undergraduates and graduates, from UK or overseas) in financial difficulty for reasons beyond their direct control, who do not have access to other forms of financial support. The funds are donated to the college by alumni and charitable institutions for this purpose.

How do I apply?

You can apply for the Student Support Fund in any college term, BUT applications must be submitted to the Bursary by the **end of 4th Week**, to be assessed by the Student Support Committee in 5th Week.

1. Get application form - available from bursar, welfare officers, or Raquel Goold (raquel.goold@hertford.ox.ac.uk)

2. Complete application form
 - a. The form requires you to declare the income of your parents, and all sources of funding. These details can remain confidential to the Student Support Committee if you wish.
 - b. The form must be supported in writing by your tutor/supervisor, though there is some flexibility here.
3. Submit application form to the Bursary by the end of 4th Week
4. Students will be contacted after their application has been assessed

Useful/Important Websites:

For an overview of all Hertford welfare services, see <https://www.hertford.ox.ac.uk/my-hertford/health-welfare>

Links to university-wide welfare services can be found at <https://www.hertford.ox.ac.uk/my-hertford/health-welfare/university-welfare-support>

Links to external services (including physiotherapy, Nightline, contraception/pregnancy and other sexual health issues, substance dependency, and mental health) can be found at <https://www.hertford.ox.ac.uk/my-hertford/health-welfare/other-services-including-sexual-health>



ACCESS OFFICER: Katie Chester

Katie.chester@hertford.ox.ac.uk

Access work is absolutely crucial in order to increase the diversity we have here at Oxford. I want students from all backgrounds to feel welcome here at Hertford.

My regular roles include ensuring all the tours and Q and A's of Hertford run smoothly, running and advertising Hertford's access blog, and updating the alternative prospectus. On top of this I advertise university wide access schemes and run access events during equalities week. I want Hertford to be as open as possible with future applicants -if you have any ideas or are keen to get involved please let me know!

College Staff I work with:

Catherine Redford- Head of Admissions

Lynn Feathersone- Academic Registrar

FOOD AND HOUSING OFFICER: Alex Nhadi



alex.nnadi@hertford.ox.ac.uk

I'm Alex Nnadi a second year Historian and your Food and Housing officer for 2018. As you would have guessed I'm here to address both your Food and Housing concerns lol. I post the menu for Hall every week and the menu for Warnock every week day. I also post the link to formal sign up.

Hertford isn't just our college, it's our home and I want to make sure everyone has a comfortable experience. If you have any issues or queries regarding accommodation, I am the person to contact. I also organise the housing ballot which takes place in Hilary term.

I am regularly in contact with the bursary, housekeeping and catering staff to ensure the welfare of JCR members in relation to food and accommodation issues.

College Staff I work with:

Home Bursar: Andrew Beaumont

Contact Info: andrew.beaumont@hertford.ox.ac.uk

Description of role: Andrew has overall management responsibility for the operational departments of Hertford College: Housekeeping, Maintenance, Catering Services, Kitchens, and Lodge. He is also the college's Health & Safety Officer, and additionally is responsible for HR matters and compliance. His office is located on the first floor of staircase OB2 on the main college site.

Catering Services Manager: Antony Barrett

Description of Role: Antony manages the college's Catering Services team, responsible for the delivery of high quality service to college members and their guests, as well as visitors and conference delegates. Antony is the first point of contact for event enquiries.

Head Chef: Ben Gibbons

Contact info: ben.gibbons@hertford.ox.ac.uk

Description of role: Ben manages the college's Kitchen team, responsible for the delivery of dining provision to college members and their guests, as well as visitors and conference delegates.

Domestic Manager: Karen Smith

Description of Role: Karen is responsible for the college's Housekeeping team (comprising residential caretakers, housekeepers, and scouts), who clean and help maintain the college's main site and annexe properties.

Accommodation Manager: Charlotte Malins

Contact Info: charlotte.malins@hertford.ox.ac.uk

Description of Role: Charlotte manages all the accommodation Hertford provides for its undergraduate and postgraduate students. She is also the first point of contact for anyone outside the college who is interested in holding an event at Hertford. Queries about student accommodation can be sent to accommodation@hertford.ox.ac.uk

Frequently Asked Questions

1. Something has broken in my room, what do I do?

If something has broken or isn't right in your room, i.e. a light bulb has blown, your taps are broken, you have mould or pests or whatever, then send an email to Hertford's domestic manager, Karen Smith, and CC in the Food and Housing Officer and Caroline Balfour, the head housekeeper. It's also probably a good idea to CC in your housekeeper if you're off main site, but for fresher's this shouldn't be an issue until you're in second year. Karen will pass your problems onto maintenance, who will sort them out as quickly as they can. Karen's not around 24/7 however (she's in college during office hours) so if it's an urgent problem and it hasn't happened between 9 and 5 Monday to Friday, your best bet is the lodge. They're trained to sort most things out, but if not they will be able to get maintenance in to sort it out.

2. My laundry is stuck in the machine/the machine isn't working/something has gone wrong. What do I do?

Firstly, there is a lot of history to this – this used to happen A LOT. Thankfully, completely new machines have been installed and the laundry rooms have been redecorated all over college's accommodation blocks, so this shouldn't be as big an issue for you as it has been for previous years. If, however, you encounter a problem with the machine, the first thing you need to do is ring the Circuit laundry helpline on either of the following numbers: 08000924068 or 01422820026. It's open 24/7 (during office hours by Circuit itself, outside of them by a contractor) and they will be able to sort out your problem over the phone, get a mechanic sent out if required, and (if between 9-5 M-F) process a refund if required.

3. When are formal dinners? What do I have to wear? Can I bring guests?

Formal dinners are three-course dinners held in Hall and are open to all students, with a sign-up held on the preceding Monday at 9am. Last year they were held on Sunday evenings and Wednesday evenings, although the Wednesday evening formal is being moved to Thursdays and Fridays alternately in order to accommodate as many people as possible this year. Dress code for formals is smart with gowns. There are also Guest Night formals on the Friday nights of 4th and 8th weeks, which are an even swankier version of the normal formals. You can bring up to 3 guests to formal dinners, which you book on using the sign-up system explained below.

4. How do I book formal dinners? What do I do if I want to swap or cancel it?

If you use the link posted in the JCR Facebook page pinned post, you will be sent to a different site where you can sign in with your SSO and go through the signup process there. If you want to swap it, then cancel your spot and make sure your friend is on the site at the same time to pick it up. If you want to cancel it, make sure you do so before 10am on the morning of the formal, or at 10am on the preceding Friday for Sunday night formals.

5. What if the signup isn't working?

Let the Food and Housing Officer know. If it's not working for you, then odds are that it isn't working for everyone else. The Food and Housing Officer will endeavor to get it sorted quickly and fairly and will update the JCR Facebook page accordingly.

6. I had a terrible meal in Hall. What can I do about it?

On the JCR pinned post there is a page entitled Hertfood Review. Use it to review your meal – either good or bad – and the chefs will be able to see it and respond to your needs.

7. I have a special dietary requirement – how can I ensure that I am catered for in Hall?

On the form for formal dinners, there is a section where you can stipulate the requirements for you and your guests if needed. For main meals, all allergens are listed on the noticeboard outside hall, and vegetarian and gluten free items are listed on the menu posted on the JCR Facebook page. For other dietary requirements, get in touch with the kitchen in advance (at the start of the week, preferably) and let them know when and what you will require. The number for the kitchen is 01865279444.

8. What am I allowed to keep in my room? What isn't allowed?

There is a long list of items that are and aren't allowed in college accommodation, far too many for this small answer – you can find a more extensive list on the website, although even this isn't exhaustive. In short, anything with fire is strictly prohibited i.e. candles, incense sticks, grills, toastie makers etc. But you can have kettles (which is a perk) and a small fridge (as long as it is kept clean), as long as they are PAT tested. Pod coffee machines are allowed, but bean-to-cup and pump machines are not. Check the website if you aren't sure about something, and if it isn't listed there, then get in touch with the Food and Housing Officer.

ACADEMIC AFFAIRS: Lucy Clay

lucy.clay@hertford.ox.ac.uk

Hey, I'm Lucy and I'm the JCR Academic Affairs Officer. For those of you who don't know me, I'm a second year Geography student. If you have any problems with work, exams, tutors or anything else related to academics then don't be afraid to get in touch! You can drop me a message on Facebook or email me and I'll help you out —my door is always open.



About ACAF

Work at Oxford can often be challenging, and I'm here to help with any problems that relate to your studies. No problem is too big or small, so if you're unsure about whether to get in touch, don't be afraid. Some of the common things that ACAF looks into are issues with tutors, collections or workspaces as well as queries about rustications or suspensions, but the role is by no means restricted to these.

There are some really strong support networks within both college and the university to help you out. If you ever feel like you need help with your course then there are a lot of different people that you can contact.

College Contacts

These are the main contacts in Hertford for any academic issues. If you don't know who to contact with an issue then just ask, and if none of the Hertford contacts seem to cover the issue then I can point you towards some wider university contacts to help out:

a) **Senior tutor**

David Hopkin

david.hopkin@hertford.ox.ac.uk

The senior tutor is responsible for overseeing the full range of academic activities within the college.

b) **Academic registrar**

Lynn Featherstone

lynn.featherstone@hertford.ox.ac.uk

The academic registrar oversees academic operations such as inductions and examinations, and acts as the point of contact for students with disabilities.

c) **Academic administrator**

Sue Finch

sue.finch@hertford.ox.ac.uk

d) **Deputy academic administrator**

Julia Howe

julia.howe@hertford.ox.ac.uk

University Services

SusCam is a service that provides support for suspended students. The Facebook page can be found here <https://www.facebook.com/suspendedstudents/> and they also have a page for support and advice that you can join here <https://www.facebook.com/groups/350529701804420/>

The OxSU ACAF rep is Oliver Holdsworth and he can be reached at oliver.holdsworth@oxfordsu.ox.ac.uk

College Services

Tutor reports can be found on Oxkort. These are published at the end of each term. <http://www.oxkort.ox.ac.uk>



Lecture slides and course information can be located on weblearn. **<https://weblearn.ox.ac.uk>**

Links to the academic feedback surveys, info on booking college rooms in Trinity term and info on tutor feedback sessions and other ACAF news will be posted on the JCR page throughout term so make sure to keep your eye out!

FAQs

What does ACAF actually do?

In a nutshell the ACAF officer provides information and advice about the academic affairs in college. This can be anything from problems with tutors to helping students book rooms. If you want a better understanding of the role then take a look at the description of the role in the college constitution, which I have put a copy of below.

I'm having problems with a tutor, what do I do?

Problems with tutors can include a tutor not giving work back on time, setting too much work that is unrealistic, making comments that make you feel uncomfortable and upset and much more. If you are experiencing any form of problems with your tutors then message me and I can help you to email a tutor, can send an email on your behalf or speak to the Senior Tutor about the problems. Don't be afraid to get in touch.

I haven't had an essay/collections back. What do I do?

If you are having trouble with tutors returning work to you then let me know and we can sort it out as soon as possible.

I'm having suspension issues. How do I get support or advice?

There are a number of services provided by the university that can give you help and advice if you have been suspended. The main one of these is SusCam and there is also a Facebook community of suspended students that provides support. The links to these have been provided above and have options to post anonymously if you message the pages. If you need any more information then just contact me.

SPORTS: David Melvin

david.melvin@hertford.ox.ac.uk

Hi, my name is David (friends call me Dave) I am your JCR Sports Officer for 2018. I am a second year law student and am currently living in Old Ab. There are lots of opportunities to get involved in College sport. If you're keen to set up something that is not on the list of captains below, notice that something has lapsed or want to organise a team, please don't hesitate to contact me.

A large number of our teams compete in Cuppers (inter-collegiate competitions). If you want to get involved, either myself or the team captain (see details at the bottom of the page). Don't be put off if it seems too competitive for you - you can get involved at any level.

Hertford pitches (located near edgeway and Purcell roads) are a 7 minute cycle from the main college site (Catte Street), or a 22 minute walk away. It has a football, lacrosse and rugby pitch in Michaelmas and Hillary and a cricket pitch in Trinity. There is also a squash court and a pavilion with changing rooms. We are currently in the process of renovating the sporting facilities available at Hertford and as such this guide will be updated in late 2018.

3. My Role

- (1) Liaising with JCR Treasurer/Vice-president, sports' captains and groundsmen.
- (2) Reminding sports' captains of financial responsibilities.
- (3) Ensuring that JCR sports equipment is available, maintained and accounted for.
- (4) Holding the position of OU Sports Federation Representative.
- (5) The awarding of sports colours with the help of relevant captains.
- (6) The organisation of the colours presentation dinner in Trinity term.
- (7) The organisation of a Hertford College sports day in Trinity term.
- (8) Distributing the College Blue's fund in Trinity Term (as outlined under BLUES FUND in the Standing Orders).
- (9) The sending of a Hertford Sports Bulletin once fortnightly.
- (10) Managing the distribution of the JCR Sports budget from the Hertford College JCR sports account.
- (11) Presenting these accounts to the JCR Treasurer on a termly basis, or whenever requested.
- (12) Ensuring that there is an appropriate handover to the incoming Sports Officer in Michaelmas term.

4. College Staff who relate to my role –

Hertford Pitches ground staff (contact through either a sports captain or myself)

Lodge staff for hiring out pitch facilities and the pavilion

5. Information on university services that relate to your role

If you are wanting to use a gym Hertford does have its own gym, however it is by no means expansive and the more serious gym-goer may want to get membership elsewhere. The university has a gym on the Iffley Road, to look at rates please click on the following link (<http://www.sport.ox.ac.uk/membership/membership/student-membership/>).

The University runs offers relating to sports physiotherapy and other related services, please use the following link to find out more if you are interested (<http://www.sport.ox.ac.uk/offer/peak-sporting-performance/>).

Oxford has an extensive number of sports clubs competing at a range of difficulties and levels, to find out more about this range please use the following link which contains details about who to contact and where to go (<http://www.sport.ox.ac.uk/student-sport/sports-clubs/>).

6. Services

In order to increase participation there is a list of sports captains below, if you are in any way apprehensive about contacting them I can facilitate this:

Football

Mens 1sts – Anthony Forde (Anthony.forde@hertford.ox.ac.uk)

Mens 2nds – Jacob Hamilton (Jacob.hamilton@hertford.ox.ac.uk)

Hertford/Keble Women's team – Eleanor Frew (Eleanor.frew@hertford.ox.ac.uk)

Squash

Captain – Ellie Foster (ellie.foster@hertford.ox.ac.uk)

Basketball

Men's and Mixed Captain – Alex Syriopoulos (alex.syriopoulos @hertford.ox.ac.uk)

Women's Captain – Anna Williams (anna.williams@hertford.ox.ac.uk)

Rugby

Co-Captain – Oliver Loeb Mills (oliver.loebmills@hertford.ox.ac.uk)

Co-Captain – Maciek Peplinski (maciek.peplinski@hertford.ox.ac.uk)

Netball

Mixed Captain - Jude Lewis (jude.lewis@hertford.ox.ac.uk)

Cricket

Men's Captain - Jake Manton (jacob.manton@hertford.ox.ac.uk)

Rowing

President – Joe Wynn (joe.wynn@hertford.ox.ac.uk)

Men's Captain – Jack Waterman (jack.waterman@hertford.ox.ac.uk)

Women's Captain – Phillipa Thornton (phillipa.thornton@hertford.ox.ac.uk)

Lacrosse

Mixed Captain – Alice Semark (alice.semark@hertford.ox.ac.uk)

Ultimate Frisbee

Mixed Captain - Muriel van der Laan (Muriel.vanderlaan@hertford.ox.ac.uk)

There are always opportunities for other sports – such as Pool, Badminton, Table Tennis, Hockey (Mixed and Women's), Tennis, Croquet, Badminton, Athletics?, cross country? etc.

7. Frequently Asked Questions

What is the Blues Fund/can I get funding to help pay for costs of uni sport?

The Blues Fund is a fund designed so that all who want to can access University level sports without being put off by financial costs. The level of funding available depends on numbers applying and the applicant's involvement in University sport. There is a guarantee that you will get the money back for subscription fees for the year for playing for your chosen team so long as they don't exceed the limit of £100. On top of this the amount of money available is dependent on applicant numbers. Please make any applications or enquiries well before the deadline of Sunday 5th Week Trinity. Failure to do so means there is no guarantee of financial support.

Can I hire out the sports grounds?

Yes, email alan.sula@sport.ac.ox.uk to book, and then pick up the key from the old lodge. Please return them after usage as there is a limited supply of keys and there have been instances where teams have been locked out of facilities.

Does any college sport cost money to play?

No, everything is completely free to participate in, as we have a sports budget which covers the running costs of all teams. The exception to this is rowing which costs £35 a term (battled).

When are women's gym hours and weekly yoga sessions?

The women's hours in the gym are as follows:

Monday 8pm-9pm

Wednesday 5pm-6pm

Saturday 10am-11am.

I've injured myself playing X - what are the nurses hours? /What can college do to help?

Please contact the college Nurse as a first point of contact, her details, contact hours and any other information surrounding her function can be found here (<https://www.hertford.ox.ac.uk/my-hertford/health-welfare/hertford-welfare-support/college-nurse>). Additionally, please speak to the Sports Officer to see if they can help in any way as they

can help to ensure additional required services are available. As this may be an issue that is a joint welfare and sport issue the usage of welfare taxis and other welfare services may be applicable, just ask if in doubt!

Where can I get the key for the Sports Cupboard?

The key for the Sports Cupboard are stored in the lodge, please go there and ask for it.