



Ted Cruz

stated on August 30, 2023 in A post on X.:



“(President Joe) Biden is trying to limit you to two beers per week.”



IF YOUR TIME IS SHORT

- President Joe Biden has not said he plans to impose a two-beer-a-week limit on Americans.
- The director of the National Institute on Alcohol Abuse and Alcoholism said the U.S. may follow Canada and recommend adults consume only two drinks per week.
- Even if implemented, it is a recommendation, not a mandate.

[See the sources for this fact-check](#)



By [Sarah Bahari](#)

September 1, 2023