users				
String	z_id	PK		
String	name			
String	email			
String	password			
String	last_message		nullable	
DateTime	last_message_at		nullable	
Int	messages_createds			
DateTime	created_at			
DateTime	updated_at			

messages						
String	z_id	PK				
String	text					
String	nickname		nullable			
DateTime	created_at					
DateTime	updated_at					