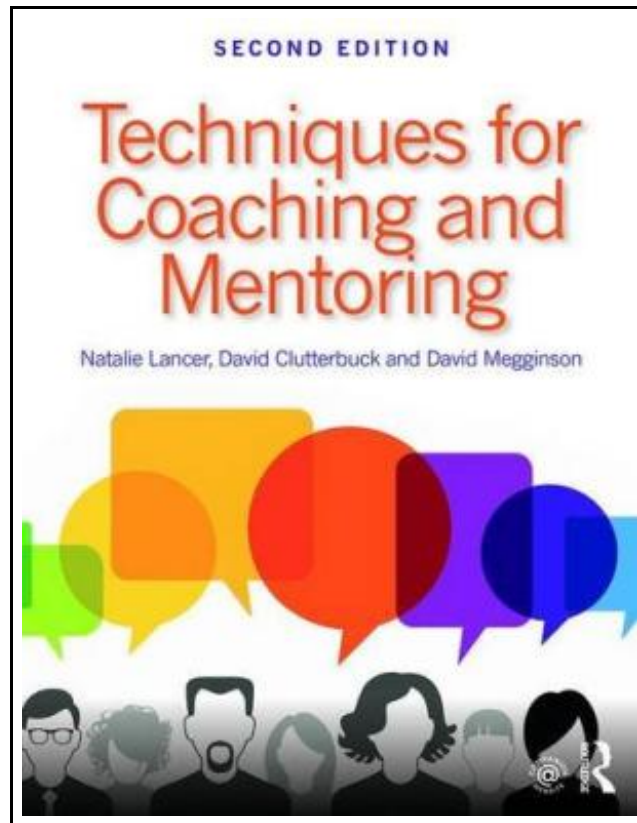


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TECHNIQUES FOR COACHING AND MENTORING



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Taylor Francis Ltd, United Kingdom, 2016. Paperback. Book Condition: New. 2nd Revised edition. 246 x 189 mm. Language: English . Brand New Book. This is a fully revised and updated second edition of the successful *Techniques for Coaching and Mentoring*, also incorporating the best bits of its sister text *Further Techniques for Coaching and Mentoring*. The book presents a comprehensive and critical overview of the wide range of tools and techniques available to coaches and mentors. With a strong academic underpinning, it explores a wide range of approaches, and provides techniques both for use with clients and to support professional development of the coach or mentor. Key features include: * Easy-to-use resources and techniques for one-to-one coaching; * Case studies throughout the text, helping to put theory into practice; * An overview of different theoretical approaches; * A dedicated section on themes for the coach discussing coaching across cultures, evaluating your coaching and looking after yourself as a coach; and * Downloadable worksheets for each technique. *Techniques for Coaching and Mentoring 2nd Edition* is an invaluable resource for professional coaches and mentors looking to enhance their practice, and for students of coaching and mentoring.



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