



Gluten-Free on a Shoestring Quick and Easy: 100 Recipes for the Food You Love--Fast!

By Nicole Hunn

The Perseus Books Group. Paperback. Book Condition: new. BRAND NEW, Gluten-Free on a Shoestring Quick and Easy: 100 Recipes for the Food You Love--Fast!, Nicole Hunn, People who follow a gluten-free diet-avoiding all foods with even a trace of wheat, barley, and rye in their ingredients-don't always have the quick and cheap food options that their friends do.until now. Gluten-free guru Nicole Hunn is back with 100 new quick-prep and make-ahead recipes for dinners, yeast-free breads, baked goods, snacks, breakfasts, and more. These unique timesaving recipes take advantage of readily available gluten-free ingredients and kitchen shortcuts. Created with the busy family in mind, Hunn shares her secrets to getting a complete meal, including bread, on the table in no time flat - all without breaking the bank. Recipes include Super-Quick Cinnamon Rolls, Yeast-Free English Muffins, Easy Veggie Burgers, Weeknight Chicken Soup, Cheesecake Cookies, Make-Your-Own Yellow Cake Mix, and more.



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