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# 21-DAY CHALLENGES BOX SET 1 - SELF LOVE, SELF CONFIDENCE HAPPINESS



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Book 1: The 21-Day Self-Love Challenge Are you tired of being shy and uncertain about yourself? Tired of negative self-talk that makes you feel bad and stops you from living your life to the fullest? Are you ready to learn how to truly love and accept yourself as the perfectly imperfect person you are NOW? Low self-esteem, low...

## Read PDF 21-Day Challenges Box Set 1 - Self Love, Self Confidence Happiness

- Authored by 21 Day Challenges
- Released at 2015



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