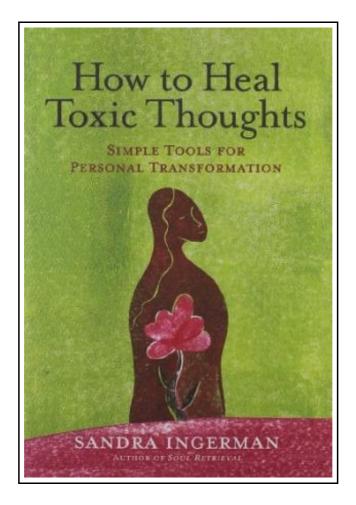
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HOW TO HEAL TOXIC THOUGHTS: SIMPLE TOOLS FOR PERSONAL TRANSFORMATION (REVISED EDITION)



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