



## The Heart of Psychology: Unraveling the Mysteries of the Mind

By Ph. D Howard Paul

AuthorHouse. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. This book takes complicated issues and explains them in a manner everyone can understand. Topics such as guilt, obsessive behaviors, eating problems, dealing with a homosexual child, honesty in relationships, anger, codependence and many others are covered in a uniquely human manner, delicately balancing of warmth, understanding, compassion and humor. Many important topics are addressed that people typically do not wish face or actively avoid. This is a book that can find a valuable home in almost every thinking adults library. For less than the price of 5 minutes of therapy, one is treated to 45 years of wisdom and learning. Everyone can benefit from or be helped by this book. We study history to learn from the wisdom of the past as well as to not repeat mistakes that are avoidable. This book satisfies the same role in that there is much to learn and many mistakes to avoid. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



**READ ONLINE**  
[ 6.44 MB ]

### Reviews

*This is the very best publication i have got go through until now. I am quite late in start reading this one, but better then never. I discovered this pdf from my dad and i encouraged this book to understand.*

-- **Casimer McGlynn**

*Good e-book and beneficial one. it absolutely was writtern quite flawlessly and beneficial. I am delighted to explain how this is basically the very best ebook i have read through within my very own daily life and may be he greatest ebook for at any time.*

-- **Prof. Leonardo Parker**