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It's Your Time: Information and Exercises To Get You Ready For a Great Retirement

By Donna McCaw

BPS Books, Canada, 2011. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.Are You Starting to Plan Your Retirement? Think like a canoeist According to retirement expert Donna McCaw, successful retirees approach their retirement the way an experienced canoeist plans a safe yet exciting canoe trip #8212 over-prepare and then go with the flow. Donna's practical and entertaining new book focuses on retirement advice for Canadians but its principles are applicable to retirees anywhere. She shows you how you can plan the retirement that fits you #8212 how you can enter this fulfilling time of your life with confidence and flexibility, prepared for some nice surprises. It's Your Time give you a heads-up in the areas of: GETTING STARTED #8212 The emotional and other issues you need to consider before you make the leap into retirement FINANCES #8212 The importance of knowing the financial facts about retirement HEALTH AND WELLNESS #8212 The top health issues affecting women and men and how to prevent or manage them LEISURE #8212 Passive vs. active leisure and the value of volunteering RELATIONSHIPS #8212 The importance of keeping in touch with family and...



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