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## Chakras for Beginners: How to Activate and Balance Your Chakras to Strengthen Your Character and Live a Better Life

By Olivia Summers

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Discover How Your Chakras Can Easily Be Activated And Balanced To Build A Strong Character A Better Life Today! You might know about the miraculous physical benefits you can get from balancing your Chakras, but did you know the mental benefits are even greater ? Your Chakras are powerful vortices of energy that can unlock different parts of your brain and help you become a more well rounded and balanced person. The only problem, is that the concepts of Chakras and Kundalini are highly misunderstood by most people. These concepts are extremely popular in the Metaphysical movement but everyone seems to have their own interpretation of what Chakras are and what they re supposed to do. With such an avalanche of information, it can be hard to decode what Chakras truly are and how to use their powers in the right way. I ll Demystify The Chakra Concept, And You ll Walk Away Truly Understanding The Benefits Of Balancing Each Chakra. A person with a strong sense of character can withstand any obstacle that comes...



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