



Lessons from a Tantric Tango Dancer

By Carla Tara

Ecstatic Living Publication. Paperback. Book Condition: New. Paperback. 110 pages. Join Tantric Relationship counselor Carla Tara as she invites you to look at your life as a tapestry of the experiences that brought you to your path of self-growth and deeper self-knowledge. She guides you through simple exercises to help you change any beliefs that limit your highest potential for intimacy. You will learn to cultivate sensuous spiritual energy, and use it to empower your new expanded vision. Discover insights and useful ways to: Understand Tantra as a natural, common sense way to live consciously and celebrate the connection between sex and love Achieve greater harmony in your relationships Heal wounds that may have contributed to closing your heart Open up to love responsibly, yet with spontaneity and innocence Uncover and trust your intuition Make choices from your inner core Communicate your truths, softened by your heart Bring more orgasmic energy into your dance of life In this book Carla invites you to consider what is happening in your life as a gift which reminds you of your control over your beliefs and ability to attract what you deeply desire. She also gives you simple tools to do so. It is...



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