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HOW TO GET ABS: MORE FANTASTIC EXERCISES THAT WILL HELP YOU FLATTEN YOUR STOMACH AND REVEAL THOSE SEXY ABS



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How To Get Abs 2: More Fantastic Exercises That Will Help You Flatten Your Stomach and Reveal Those Sexy Abs. NO GYM REQUIRED! If you enjoyed the first How to Get Abs book and you are looking for some more amazing flat stomach exercises then you HAVE to check out the second book in the series! Are you...

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- Authored by John Mayo
- Released at 2015



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