



Diabetes Journal: Keep Record of Blood Sugar

By Frances P Robinson

Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book *****
Print on Demand *****. This Diabetes Journal contains enough space to monitor your blood sugar up to 4 times a day (before and after meals and bedtime) for one full year. Keep all of your results in one place. Take and show to the doctor. (No more worries about forgetting the details.) (BONUS SECTION!)
BLOOD PRESSURE CHART A bonus section in the back of the book allows for you to record your blood pressure readings.
Enter the date, time, high and low reading and any comments.
The Diabetes Journal is a great way to keep record of two of your most vital signs, blood sugar and blood pressure. This large 8.5 x 11 book has plenty room to write plus its easy to read!.



Reviews

A fresh eBook with a brand new standpoint. It can be rally exciting through looking at period of time. I am delighted to inform you that this is the greatest book i have read through during my individual existence and may be he very best publication for ever.

-- Era Thompson

This created book is wonderful. This is for all those who statte that there was not a worth reading. Your way of life span will likely be enhance as soon as you comprehensive looking at this publication.

-- Jesse Yundt

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