



## The History of My Going for Refuge (2nd)

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By Sangharakshita

Windhorse Publications. Paperback. Book Condition: new. BRAND NEW, The History of My Going for Refuge (2nd), Sangharakshita, 'Going for refuge' is the act of committing one's life to Buddhism. Tracing his own path of discovery, Sangharakshita shows how the monastic life and spiritual life are not identical but that what is truly important is commitment to Buddhist spiritual ideals. This work features a new introduction. With a timeless design and brand new introductions, "Sangharakshita Classics" refreshes these important and beloved works by Sangharakshita. First published twenty years or more ago, they are as relevant now as when they were first written.



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