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Jackpot Press, a Wyatt-MacKenzie Imprint, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English. Brand New Book ***** Print on Demand *****.Improving Cognitive Function Promoting Healing What is Art Therapy? Art therapy is the use of the creative process, in combination with psychotherapeutic techniques, to improve mental health. Art therapy utilizes art to enhance the physical and emotional wellbeing of individuals suffering from stress, traumatic experiences, behavioral issues, and physical and mental illness. Through art...

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- Authored by Shyla T High
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