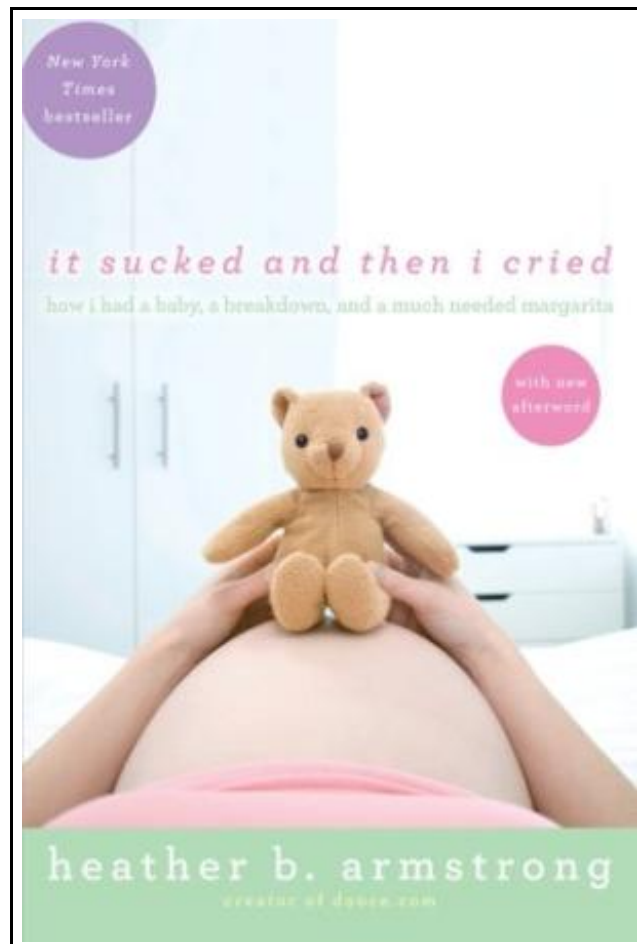


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Gallery. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.9in. x 6.0in. x 0.8in. An irreverent and captivating memoir about the unexpected joys and glaring indignities of pregnancy, childbirth, and parenthood - from the beloved creator of the most popular personal blog on the web, dooce. com Heather Armstrong gave up a lot of things when she and her husband, Jon, decided to have a baby: beer, small boobs, free time -- and antidepressants. The eighteen months that followed were filled with anxiety, constipation, nacho cheese Doritos, and an unconditional love that threatened to make her heart explode. Still, as baby Leta grew and her husband, Jon, returned to work, Heather faced lonely days, sleepless nights, and endless screaming that sometimes made her wish shed never become a mother. Just as she was poised to throw another gallon of milk at her husbands head, she committed herself for a short stay in a mental hospital -- the best decision she ever made for her family. To the dedicated millions who cant get enough of Heathers unforgettably unique style and hilarious stories on her hugely popular blog, theres little she wont share about her daily life as a recovering Mormon, liberal daughter of Republicans, wife of a charming geek, lover of television that exceeds at being really awful, and stay-at-home mom to five-year-old Leta and two willful dogs. In *It Sucked and Then I Cried*, Heather tells, with trademark wit, the heartfelt, unrelentingly honest story of her battle with postpartum depression and all the other minor details of pregnancy and motherhood that no one cares to mention. Like how boring it can be to care for someone whose primary means of communication is through her bowels. And how long it can possibly take to reconvene the procedure that got you into this whole...



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