



## Vegetables

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By Nancy Dickmann

Capstone Global Library Ltd, United Kingdom, 2011. Paperback. Book Condition: New. 203 x 173 mm. Language: English . Brand New Book. Make a place for vegetables in your diet. From leafy greens to root vegetables that provide a variety of nutrition in all forms. This title includes information and meal ideas readers need to create healthy, balanced diets that include vegetables.



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