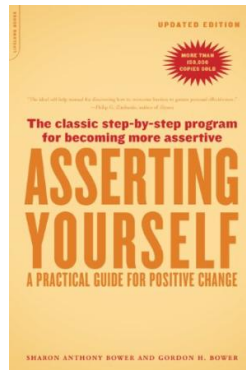


## Asserting Yourself: A Practical Guide for Positive Change (Revised edition)



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**(Gillian Wisoky)**

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