



Understanding Dementia and Caregiving for Your Aging Parents from A to Z

By Ellen Gerst

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Caregiving takes its toll in many ways - mentally, emotionally, and physically. It is important to ask for and accept help as you come to grips with this enormous task in front of you. There are lots of books on caregiving, dementia and Alzheimer s disease, which review the same topics in different ways. Understanding Dementia and Caregiving For Your Aging Parents From A to Z attempts to look at the same subject matter through a different lens. While having a base of knowledge about the subject is important, information alone, or beyond a certain point, isn t the only ingredient you will need in order to cope with a dementia diagnosis. Consequently, this book is not an attempt to educate you on all the medical aspects of dementia, although they are touched on lightly. Instead, it speaks to you from the heart and a personal standpoint. It lets you know some of what to expect and the emotions and thoughts you might have in response to your loved one s deteriorating condition, and it provides suggestions to...



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