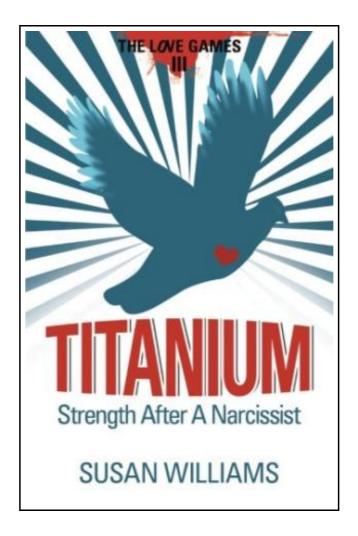
Titanium: Strength After a Narcissist



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(Dr. Haskell Osinski)

TITANIUM: STRENGTH AFTER A NARCISSIST



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ****** Print on Demand *****.Your ordeal with the narcissist is finally finished for good? You longed for it to be over and you know you should be relieved but instead you feel even more hurt, lost, angry and betrayed? Breaking up with a narcissist for the last time is never easy and partners can expect to feel a tremendous amount of anger and grief. While you are left picking up the pieces he has generally sailed straight on to a new life and a new woman, without once looking back. It is not easy when you realize that your entire relationship was built on a lie and that the man you loved wasn t genuine. After the final final breakup with a narcissistic you will have times where you may feel so bruised and shattered that it seems like you are merely existing in the world, rather than participating in it. At first you may experience a brief period of freedom and release that the ordeal is finally over but like finally giving birth after a long pregnancy, there will come a point where you realize that the real work has only just now begun. Whereas before you were clinging on for dear life and survival, now you need to find ways to recover and move on. This will include having to undo some less than healthy relationship patterns that you may have been carrying around with you for your entire life. Titanium is the third and final book in my true story series. It is written for the women who come out of this type of relationship feeling so traumatized that they don't know where to begin to...

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