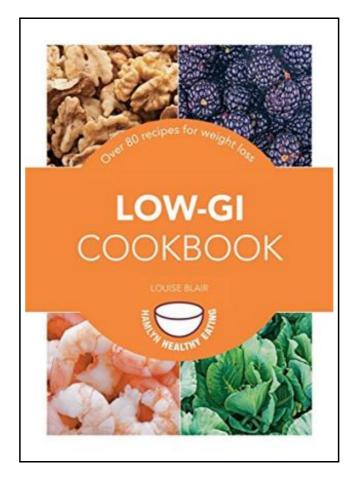
### Low-GI Cookbook: Over 80 Delicious Recipes to Help You Lose Weight and Gain Health



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(Ms. Julie Huels)

## LOW-GI COOKBOOK: OVER 80 DELICIOUS RECIPES TO HELP YOU LOSE WEIGHT AND GAIN HEALTH



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