



## Letters to My Soul: Vital Steps Toward Transformation

By MS Micheline Matchum

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Micheline proposes Vital Steps toward Transformation to those in search of a clear spiritual path to attain their finality: the state of the mature human, the measure of the stature of the fullness of Christ (Eph. 4:13). The author assimilates human life to a soccer team, made up of the spirit, soul, and body: We are the interdependent members of a team of which I am the coach. The conscious part of my soul is the captain of the team, while the subconscious part is the goalkeeper. The various parts of my body constitute the rest of the team. Circumstances are the ball, and life the game. Therefore, I must educate my soul constantly, so she might (1) remain awake and aware; (2) understand the techniques of the game increasingly better; and (3) be able to lead the team with mastery. She suggests throwing an objective look at the subjective mind, and working consciously with the Holy Spirit to bring the soul back to its original state of purity and innocence.



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