



## 21st Century: Woman with the Issue of Blood

By Aprelle Mitchell-Smith

Xulon Press, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Aprelle Mitchell-Smith was like most young girls in her childhood until she entered the fifth grade and started puberty. Besides starting her period, she saw her skin tone and texture change from normal to a dark, velvety texture. This was accompanied with unsettling moles all over her body in the most intimate places, and disfigurement in her body shape. From frequent clothes changes due to over bleeding; to wearing diapers, adult-depends and a half dozen sanitary napkins, all Aprelle could ask was why would a loving God have a young woman deal with such disheartening medical conditions? In her autobiography, 21st Century: Woman With the Issue of Blood, Aprelle gives glimpses of her grapples with health conditions: Acanthosis Nigricans, Polycystic Ovarian Syndrome and a sixteen-year battle with continuous menstrual cycles. Taking you from her childhood to adult age, she bares all as she details how this Issue of Blood affected her career, sex-life, and self-confidence. 21st Century: Woman With the Issue of Blood is an eye-opening experience, leaving you feeling hopeful and encouraged as you laugh and...



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## Reviews

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-- Gerardo Bauch PhD

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-- Roma Little

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