



Neuropsychotherapy: Theoretical Underpinnings and Clinical Applications

By Dr Pieter Rossouw

Createspace, United States, 2014. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In this book Pieter Rossouw and his colleagues have made a wonderful and exciting contribution to the world of psychology, psychotherapy and counselling by bringing into practical reality the importance of an integrative approach to the psychosocial care of others. The book presents a ground-breaking, new integrated model of neuropsychotherapy, based on years of research, clinical practice and teaching in the neuropsychotherapy field. Dr Rossouw s integrated model of neuropsychotherapy develops and enhances the theoretical work of Seymour Epstein and Klaus Grawe and recognises that safety in the therapeutic alliance is a core component and guiding tenet of a neuropsychotherapeutic approach. Through the principles of neuroscience the book takes us on a challenging, yet exciting journey exploring the application of brain-based therapies. Section A of the book (chapters 1, 2 and 3) reviews the development through history of how neuroscience has informed schools of psychology and therapeutic approaches, and critiques existing theoretical constructs. Section B (the remaining 17 chapters) offers a series of case studies, written by practising clinicians from across Australia, in varying clinical settings and the...



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