



A Beginner's Guide to Earthquake Disaster Management

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Earthquake Survival - A Guide To Preparedness And Action Table of Contents Preface Chapter 1 - Introduction Chapter 2 - Surviving an Earthquake 2.1Inside a premises 2.2Outside the buildings 2.3Automobiles 2.4Impaired mobility 2.5High-Rise Buildings 2.6Crowded Indoor Public Places 2.7Stadium or Theater 2.8Near the Shore 2.9Below a Dam Chapter 3 - Prevention 3.1Practice Drills 3.2Evacuation Plans 3.3Write Down Important Information Chapter 4 - Emergency supplies 4.1First Aid Kit 4.2Drugs/Medications 4.3Dressings 4.4Other First Aid Supplies 4.5Survival Kit for Your Home 4.6Items for safety and comfort 4.7Survival Kit for Your Automobile 4.8Survival Kit for Your Workplace Chapter 5 - Inspecting for Possible Home Hazards 5.1Rooms in the Home 5.2Securing Appliances 5.3Hanging and Overhead Items 5.4Shelves, Cabinets, and Furniture 5.5Hazardous Materials 5.6Foundation 5.7Roof and Chimney 5.8Learning to Shut Off Utilities Electricity Water Chapter 6 - First aid scenarios 6.1Bleeding wounds 6.2Internal bleeding 6.3Burning 6.4Burn symptoms 6.5Principles of first aid against burns 6.6Broken bones 6.7Treatment of broken bone wounds Chapter 7 - Conclusion Author Bio Preface It's natural to feel helpless against nature. I agree it is not a fair fight, but...



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