

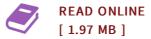
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Developing Your Counselling and Psychotherapy Skills and Practice (Hardback)

By Dr. Laco Timulak

Sage Publications Ltd, United Kingdom, 2011. Hardback. Book Condition: New. 232 x 188 mm. Language: English . Brand New Book. This book offers a helping hand to trainees wishing to make the transition to the next level in their counselling and psychotherapy training. With wide-ranging content closely aligned to actual practice, this intermediate level text covers the research-informed skills, interventions, processes and issues that students need to know once they ve covered the basics. It includes: - Specific techniques from different therapeutic orientations - How to tailor the skills or approach used to the specific client problem - Case conceptualisation and management - Therapeutic alliance; establishing and exploring the relationship - Ethics - Multidisciplinary working -How to deal with situations such as silence, crying, and aggression. Integrating cognitive, behavioural, personcentred/experiential and psychodynamic approaches, the author provides research-informed practical instructions on how to deliver therapy and includes extracts from counselling sessions to demonstrate the skills in action. This is essential reading for postgraduates on Counselling and Psychotherapy Diplomas and Masters courses, and will also be of benefit to Clinical and Counselling Psychology students.



Reviews

The best publication i actually study. We have study and that i am certain that i will likely to study once more again later on. Your daily life span will likely be transform the instant you total reading this book.

-- Mrs. Alene Leffler DVM

Completely essential study ebook. This is for all those who statte there was not a well worth reading. I realized this book from my dad and i recommended this publication to find out.

-- Jarrell Kovacek