



Use of the Mini-Baton: A Basic Manual

By joseph truncale

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New. 280 x 216 mm. Language: English . Brand New Book *****
Print on Demand *****. This manual was written for law enforcement and security officers who may be interested in the use of the Mini-Baton. The Mini-Baton can include any type of short stick such as the Yawara stick, Persuader Baton Kubatons, Tactical Pens and other short stick like object.
Topics in this manual include: History of the short stick or Mini-Baton Basic principles of the Mini-Baton Stance and balance
Basic gripping Basic blocking Basic striking Wrist control and takedown techniques How use the Mini-Baton for basic self-defense Basic teaching principles There is also a sample course outline for those who are interested following an organized program of learning this effective and practical self-defense and control tool.



Reviews

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Simply no words and phrases to spell out. it was writtern extremely perfectly and useful. I am easily could possibly get a satisfaction of looking at a composed publication.

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