



## Your Life - Student Book 4 (4th Revised edition)

By John Foster, Simon Foster, Kim Richardson

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Your Life - Student Book 4 (4th Revised edition), John Foster, Simon Foster, Kim Richardson, Your Life provides the only whole school solution for combining Citizenship and PSHE at Key Stage 3 and 4. The fourth editions of this bestselling series contains extensive materials on Economic Wellbeing and Financial Capability. Section 1: Personal wellbeing 1. Developing your identity and image A sense of identity Behaviour and self-image 2. Managing your emotions and moods How do you manage how you feel? Assertiveness 3. Changing relationships Friends and family Exploring love 4. Coping with crises Separation and divorce Bereavement Leaving home 5. Thinking ahead - planning your future Assessing your skills and investigating careers Why work experience Getting started on work experience Section 2: Social education 6. Britain - a diverse society How did Britain begin Is there a national identity and culture in Britain Is Britain racist? 7. Human rights What are human rights? What are responsibilities? 8. Rights and responsibilities Parental responsibility What is work?/The law at work Consumers and traders 9. Challenging offensive behaviour Understanding prejudice Fighting discrimination Section 3: Keeping healthy 10. Healthy eating Eating and body shape Healthy eating...



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