



Stop Being a Bitch by Being Truthful with Yourself

By Barb Bailey

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Do you feel yourself acting like a bitch, then feel terrible after? Part of you just wants to lash out, but you don't understand why. Do you realize that these type of actions may be due to not being truthful with yourself? DO YOU REALIZE THIS ISN'T YOUR TRUE NATURE? Acknowledging personal truths allows you to let go of the control they have over you. You have the ability to set free the unintentional burdens that you have created for yourself. These burdens can cause you to lose thought and emotional clarity. In this book you will learn how to be truthful with yourself so you can bring more peace into your life. The Blue Rainbow series is a collection of purposely short teachings and meditations. They have been created to convey single-focused topics. Contained in the book is an exciting new process for personal growth and transformation. These innovative tools includes: 1) Following the short book is your own personal journal pages where you can record your personal inspirations. 2) A FREE...



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