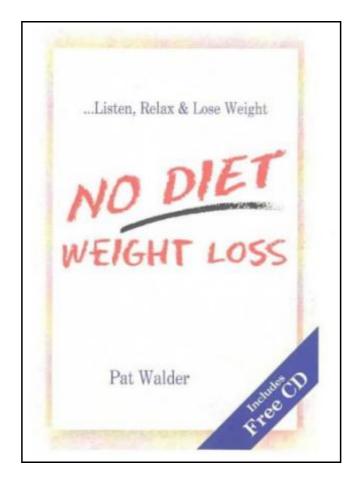
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NO DIET WEIGHT LOSS: LISTEN, RELAX AND LOSE WEIGHT



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