



## Essential Music: A Biblical Strategy for Worship in the Urban Church

By Willetta Greene Johnson Ph D

Createspace, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Essential Music is music that supports the vital agenda of winning souls to Christ and fostering compassionate discipleship. The book is written for anyone who enjoys music, has an interest in the theology of worship, its pivotal place in Christ's agenda and its impact on the next generation. Every leader, music pastor, music minister, administrator and layman can profit from its life applications and the remarkable chronicled positive effects of music on human health. Executing essential music gives God great glory and improves our lives spiritually, mentally, and physically. Essential Music reviews some of the many medical benefits of singing reported in scientific journals. Singing and playing instruments have been shown to lower blood pressure, combat depression, kill certain bacteria (sonic waves), and even help one recover motor skills faster after a stroke. These physiological benefits flow naturally from a rich and steady devotion to God and from enlarging our understanding of the scriptures. Physicists discovered about 60 years ago that Sun-like stars sing, emitting ultra-low frequency acoustical waves. Stars singing is mentioned in the book of Job...



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