



## Beyond Mental Illness: Transform the Labels Transform a Life

By Lcsw David Moyer

XLIBRIS. Paperback. Book Condition: New. Paperback. 578 pages. Dimensions: 8.9in. x 6.0in. x 1.6in. A great writer -- clear and to the point, accurate and well informed. Packs a lot into a small space and does a great job of summarizing a broad literature base into a compelling story. I'm totally on board with what he has to say. Dr. Stephanie Seneff, PhD, Senior Research Scientist at the MIT Computer Science and Artificial Intelligence Laboratory, provides a critical review of the history of the DSM-5 and factors that prevent its much-needed evolution, but also gives us a model for improving it. Psychiatry, in contrast to the rest of medicine, generally does not assess the organ or the biological systems that it treats. Drug treatments have a mixed record--from ineffective to dangerous. They reduce symptoms but at what cost? Science-based interventions work in my practice and the practices of other healthcare providers who individualize assessment and treatment. At a time when out of the box perspectives and solutions are sorely needed, Moyer, after having exhaustively researched the medical peer-reviewed literature, provides an abundance of them. Hyla Cass, MD, author. Fabulous contribution to the field! Thank God for those in the trenches trying...



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