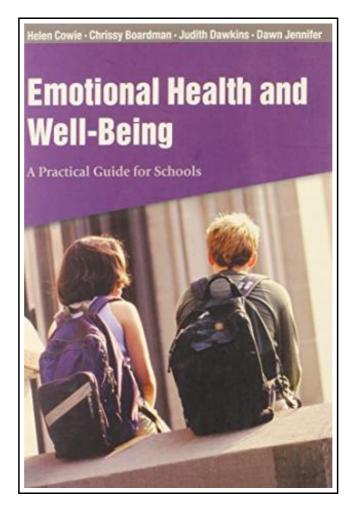
# Emotional Health and Well-Being: A Practical Guide for Schools



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# EMOTIONAL HEALTH AND WELL-BEING: A PRACTICAL GUIDE FOR SCHOOLS



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SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Emotional Health and Well-Being: A Practical Guide for Schools, Helen Cowie, Christine Boardman, Judith Barnsley, Dawn Jennifer, 'This publication is a valuable and timely contribution to the current investigations into the behaviours of children and young people that impact on their emotional health. The book will serve as a practical guide for schools addressing the problem as they see it, the case studies vividly illustrating situations and behaviours that teachers will readily recognise. This is a well structured book. [It] deserves to be read and can serve as a source of information on how various behaviours have been defined, investigated and addressed. It will be of value to any school, much more than a topical or interesting read but as the basis of an institutional response to a problem seriously affecting educational achievement for individuals and schools. It would particularly serve as a stimulus to in-service training for teachers and support staff' - George Varnava, Young Minds Magazine 'Each of the authors has considerable relevant expertise so the text is rich both in research data and examples, including case studies, from their experience. Readers will find a wealth of practical advice and encouragement that is balanced by the acknowledgement of the limitations of individual interventions and the potential costs, overt and hidden, of each one. A whole-school approach is advocated and exemplified, including schools that have considered the needs of the staff' - Child and Adolescent Mental Health 'This work would be of use throughout all age ranges as the different problems and strategies are very easily accessible with a lot of proven, practical support. Professor Cowie and her colleagues have produced a valuable tool for use in all schools on both micro and macro level' - Education Review 'The book...

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