



## Breakthrough - Moving Beyond Your Mental-Illness Diagnosis to Your Highest-Functioning Outcome

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By Linda Denke

Total Publishing and Media, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The goal of this book is two fold: to educate the family member and / or caregiver about their loved one s disease, and second, to equip the reader with identified strategies to assist them in helping their loved one navigate through their mental illness diagnosis successfully and to live a high-functioning life. The book begins by introducing the reader to mom, Savannah Rutledge, and her son, Adam P. Rutledge, who today is a practicing attorney living successfully with a bipolar diagnosis. Meet, Linda Denke, PhD, who dialogues and walks alongside her reader as together they navigate the mental-health system. As a nurse leader and national speaker, she recently presented at the 2014 American Nurses Credentialing Center (ANCC) for the Magnet Recognition Program which credential nursing best practices and success strategies worldwide. Her contributions include mental health nursing education, training, coaching, mentoring, innovation, clinical excellence, and research aficionado. Dr. Denke takes us through an intensely personal and at times frightening and heartbreaking experience of a mother learning of her son s diagnosis with mental illness....



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### Reviews

*It is fantastic and great. Sure, it is perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Conor Grant**

*The book is simple in read through better to fully grasp. It is rally exciting through looking at period of time. I discovered this publication from my i and dad encouraged this book to find out.*

-- **Dr. Dillon Monahan**