



## The Brain in Love: 12 Lessons to Enhance Your Love Life

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By Daniel G. Amen M.D.

Harmony, 2009. Taschenbuch. Book Condition: Neu. Neu  
Schnelle Lieferung, Kartonverpackung. Abzugsfähige  
Rechnung. Bei Mehrfachbestellung werden die Versandkosten  
anteilig erstattet. - You hold the key to stronger relationships,  
deeper connections, and heightened intimacy. Everyone wants  
to know how to improve his or her love life, but so few of us  
understand the integral role the brain plays in attraction,  
keeping us excited about our partner, and helping us feel a  
strong connection. Based on Dr. Daniel Amen's cutting-edge  
neuroscience research, The Brain in Love shares twelve lessons  
that help you enhance your love life through understanding  
and improving brain function. Filled with practical suggestions  
and information on how to have lasting and more fulfilling  
relationships, The Brain in Love reveals: - How emotional and  
physical intimacy can help prevent heart disease, improve  
memory, stave off cancer, and boost your immune system -  
How the differences between men's and women's brains affect  
our perceptions and interest in sex - The science behind why  
breakups hurt so much, and what you can do to ease the pain -  
Surefire techniques to fix common problems-depression, PMS,  
ADD-that contribute to conflicts - How to make yourself  
unforgettable to your partner The Brain in Love explains...



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### Reviews

*Very useful to any or all group of folks. It really is rally interesting throgh reading through period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- Mrs. Dorris Wintheiser

*These sorts of book is the greatest book offered. This can be for all those who statte that there had not been a really worth reading. I am just quickly could get a pleasure of reading a written ebook.*

-- Verner Goyette DDS