



Spring Cleaning Me: A Key to Effectiveness in Your Purpose

By Aileen Price

Createspace, United States, 2013. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.Just as our homes can use deep cleanings, a person's soul can benefit from a time of cleaning pruning, and purging unhealthy clutter that can accumulate over time. Spring Cleaning Me is a Bible study based on Psalm 139:23-24: Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. The study focuses on the head, the heart, and the mouth. It's a candid expose on the hindering dangers of wrong thinking, negative emotions, and inappropriate speech. A Biblical cleaning plan for each of these areas is included. The author concludes each chapter with questions written from the perspective of a Christian life coach provided for the reader to conduct a self-evaluation. With the guidance of the Holy Spirit, the cleansing power of the Word, and a willingness to clean out the cobwebs and dust bunnies within you, you will grow and experience freedom to move forward in God's plan for your life. God does not...



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