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The Best-ever 30 Minute Cookbook: 400 Delicious and Quick Step-by-step Recipes for the Busy Cook

By Jenni Fleetwood

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Best-ever 30 Minute Cookbook: 400 Delicious and Quick Step-by-step Recipes for the Busy Cook, Jenni Fleetwood, This title offers 400 delicious and quick step-by-step recipes for the busy book, featuring more than 1600 photographs. It is an unbeatable selection of 10-minute, 20-minute and 30-minute recipes that combine convenience and speed with fresh, healthy foods and tastes. It is a delicious collection of easy-to-prepare recipes, including breakfasts, appetizers, snacks, family meals, suppers, dinner parties, indulgent desserts and a range of meat, poultry, vegetarian and pasta main course dishes. It is an introductory guide to no-fuss cooking advises on must-have utensils, simple ways to stock a store cupboard, short-cut baking ingredients and how to prepare stocks, marinades, dips, sauces, condiments and preserves. Nutritional information detailing fats, carbohydrates and calorific content will enable the reader to incorporate these quick-fix meals into a balanced diet. With over 400 original recipes, this is the ultimate guide to healthy, home-cooked food that can be rustled up in a matter of minutes. Beginning with ideas for breakfast and brunch - from porridge to buttermilk pancakes - this book is also packed with ideas for mid-morning snacks and lunches,...



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