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## How Much Joy Can You Stand?: A Creative Guide to Facing Your Fears and Making Your Dreams Come True

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By Suzanne Falter-Barns

Brilliance Corporation, United States, 2012. CD-Audio. Book Condition: New. Unabridged, Revised, Updated. 165 x 137 mm. Language: English . Brand New. If you re an entrepreneur holding tight to that big idea, a writer with writer s block, or anyone afraid to go for it! this is the book for you. In fresh, funny language amply laced with wisdom, How Much Joy Can You Stand? gives you a wealth of ways to break through those walls to creative expression and provides the inspirational kick in the pants you ve been waiting for. Inside is all the reassurance and encouragement you need to get going and keep going. Stories, anecdotes, and the author s own hard-won wisdom tell the simple truth about creating your dream it s not as hard as you think. Discover how to ignite the fire in your belly and get your creative juices flowing; when to run from helpful advice; whether talent really matters; and how to stick with your work even in the face of couch-potato attacks and complete creative meltdown. Hands-on exercises follow each short, pungent chapter to put you back on track toward achieving your goals and realizing your dreams! The ultimate handyman s...



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