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HOW TO GET KIDS OFFLINE, OUTDOORS, AND CONNECTING WITH NATURE: 200+ CREATIVE ACTIVITIES TO ENCOURAGE SELF-ESTEEM, MINDFULNESS, AND WELLBEING



Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, How to Get Kids Offline, Outdoors, and Connecting with Nature: 200+ Creative Activities to Encourage Self-esteem, Mindfulness, and Wellbeing, Bonnie Thomas, Full of ideas, activities and exercises, this book provides imaginative ways to inspire young people to put down the computer games, disconnect from social media, and spend more time away from a screen. In an increasingly electronic world, creating enthusiasm for the great outdoors can seem an impossible task. Yet,...

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- Authored by Bonnie Thomas
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