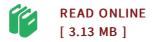




Browsing Nature's Aisles: A Year of Foraging for Wild Food in the Suburbs

By Brown, Eric. Brown, Wendy.

New Society. 1 Paperback(s), 2013. soft. Book Condition: New. As part of their commitment to self-reliance and resiliency, Wendy and Eric Brown decided to spend a year incorporating wild edibles into their diet. The experience fundamentally changed their definition of food; not only did they learn about southern Maine's flora and faunaas they encountered mud clams, knotweed, and plants that bite backbut they also had to learn how to prepare them in ways that would be both palatable and aesthetically appealing. Packed with information on collecting, preparing, and preserving easily identifiable wild edibles found in most suburban landscapes, this unique and inspiring guide explains how to bridge the gap between the food you are able to produce and what your family needs to survive. "As engrossing as a seed catalog and much more truthful. A new generation of homesteaders, nature enthusiasts, hikers, campers and would-be foragers have long awaited these passionate, compelling and hardearned words of wisdom." Bee Culture magazine 199.



Reviews

Comprehensive information for book lovers. This is for all who statte that there had not been a worth studying. Its been printed in an remarkably simple way which is simply following i finished reading through this pdf where actually modified me, change the way i think.

-- Rebekah Smith

A brand new e book with a brand new standpoint. It really is simplified but unexpected situations in the 50 % of the publication. Your daily life period will likely be transform as soon as you full looking over this publication.

-- Dr. Carmine Hammes