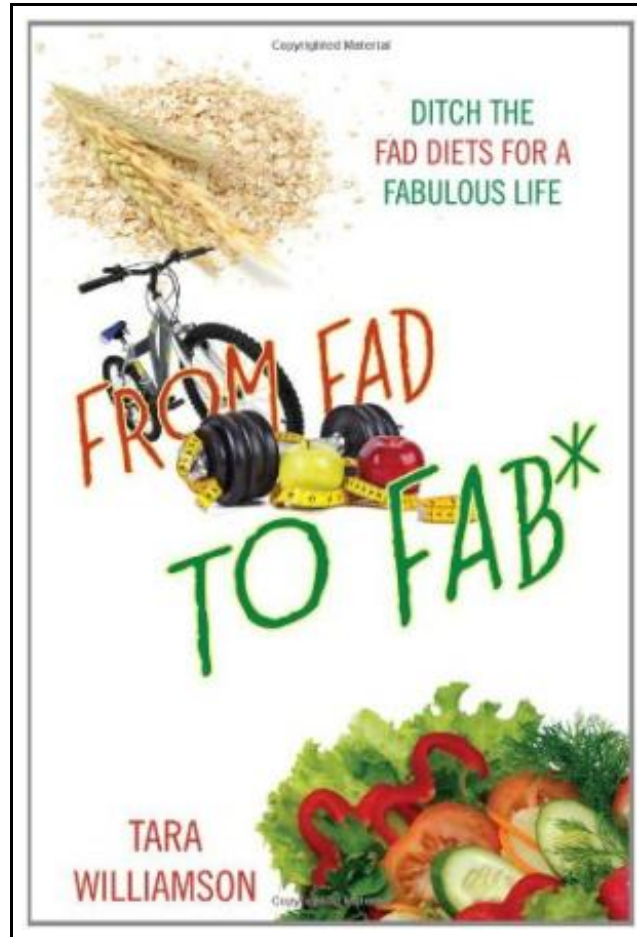


From Fad to Fab*: Ditch the Fad Diets for a Fabulous Life



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