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A Parent's Guide to Understanding Your Teen (Workbook)

By Caleb J Sessions

Createspace, United States, 2013. Paperback. Book Condition: New. Workbook. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Written by a 16 year old high school Junior, who has struggled with ADHD/ADD and other issues throughout his life, Caleb Sessions has been compared to a modern day Dear Abby offering his honest, unique, creative and out-of-the-box insight on helping parents and teens bridge their communication gap, shedding the light on what it's like being a teen in the 21st century today and hoping to create a world full of Well-Rounded Teens. After losing his Dad at 12 years old, being raised by a single mom, undergoing heart surgery and always on creating ways to overcome his unique challenges, he is now the Author of 7 Days to Understanding Your Teen, Founder of (a Teenage Modern Day Dear Abby advice site bridging the communication gap between parents and teens), President of his company called The Well Rounded Teen and even now, a speaker throughout his community at just 16 years old. This young man has experienced quite a few challenges and obstacles and has been able to overcome them by learning how to keep his...



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