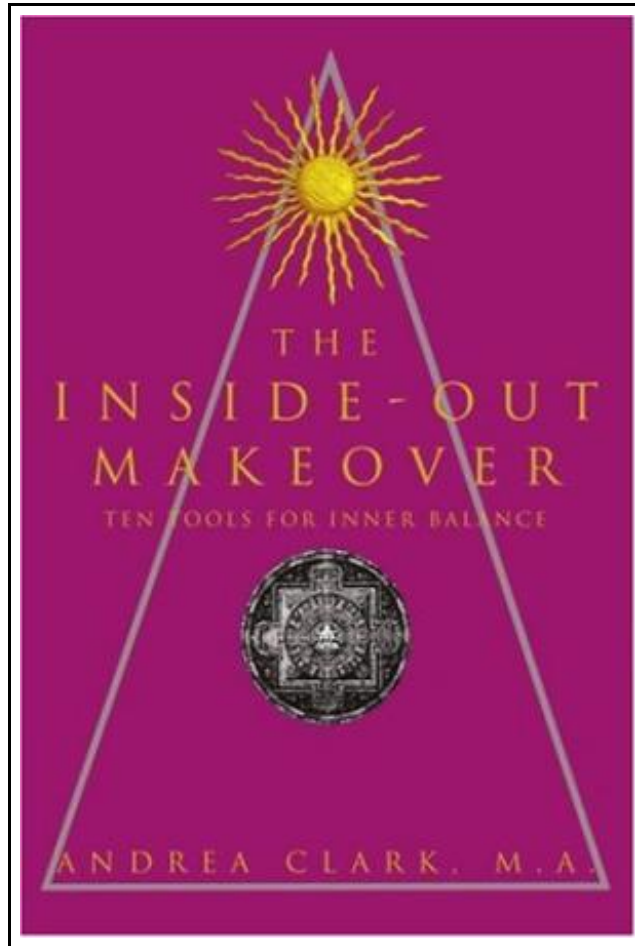


The Inside-Out Makeover: (Ten Tools for Inner Balance)



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