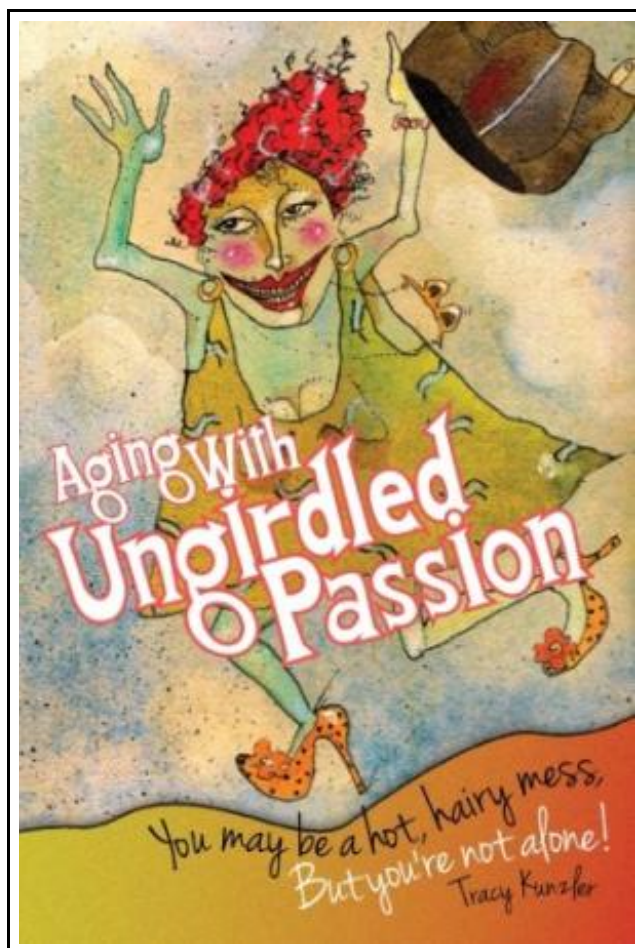


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Createspace, United States, 2013. Paperback. Book Condition: New. Vicki Bruner (illustrator). 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.If You re A Woman 40 Years Or Older, You Need This Book! You may be a hot, hairy mess, but you re in good company! Experiencing hot flashes, menopause, wrinkles, unwanted hair, weight gain, incontinence? This is the prescription you need! Cheaper than therapy and a whole lot more fun! Laughter is the best remedy for the gifts that come with aging! From humor columnist, blogger and greeting card writer Tracy Kunzler comes a selection of new, expanded and favorite essays on aging with ungirdled passion. It s a celebration and commiseration concerning the gifts that come with reaching a certain age. Chapters, Highlights And Symptoms Include: - My Ovaries Are Going Out of Business, And All My Clothing Is Half Off!- Middle Age Has Turned Me Into A Real Mother Plucker!- My Perfect Sleep Number Is Chardonnay- I ve Fought The Lard, And The Lard s Won: Fallen Soldiers In The Battle of the BulgeShift Happens; It s Best To Be A Man About It.Living with ungirdled passion means you ve shed societal and nylon constraints, you have the guts to be yourself, and you re comfortable in your own skin, even if that skin is now spotted, loose and veiny! The ungirdled woman doesn t run from the changes that come with age - mostly because she can no longer run. She accepts them with grace, dignity and good spirits - namely tequila, vodka and gin! Here s What Readers Say: - I love Tracy s smart and quirky sense of humor. The table of contents alone is hilarious. Reading this book will make you feel like you just spent a night...



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