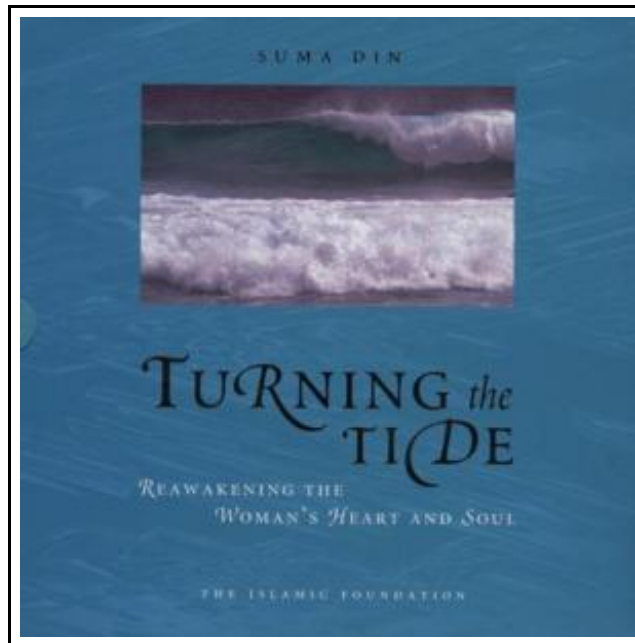


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Islamic Foundation. Paperback. Book Condition: new. BRAND NEW, Turning the Tide: Reawakening the Woman's Heart and Soul, Suma Din, "A book small in size and great in wisdom. . . I expect readers young and old, female and male will turn to this book and find themselves wishing to not come ashore again."--Dr. Kristin Kanzari, University of Bergen "Designed to reawaken and nourish the woman's heart and soul, [Turning the Tide] is a fresh perspective on the lives of Muslim women through the passage of time.inclusive to women from all walks of life."--B. Aisha Lemu, Former National President of The Federation of Muslim Women's Association of Nigeria."This is a beautiful, valuable and inspiring book. The journey from the innocence of a newly-created soul to the anticipation of the soul preparing to return to its Maker, is a journey of hope, love, encouragement and faith. An excellent book."--Ruqaiyyah Waris Maqsood, author, educationalist and counsellor.Suma Din takes the reader on a journey through the stages of life on earth, with guidance and compassion from the Koran and sayings of the Prophet Muhammad that pave the way and inspire readers to reawaken their hearts and souls. With insightful thoughts and voices flowing through the book, this voyage is one of contemplation, discovery, and self-knowledge. The book is beautifully slipcased for gift-giving to loved ones.Table of Contents: AcknowledgementsA map for the readerIntroduction to the revised editionIntroductionThe soul wide oceansChildhood snow flake crystalsYouth streamsKnowledge springsThe Heart, Sea of ChangeHealth and Appearance, lakes and reflectionsMarriage, clouds and seasMotherhood, raindropsThe age of wisdom, treasures in the seaThe Soul's journey on, the shorelineGlossary of Arabic wordsFurther reading.

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