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Kiss and Run: The Single, Picky, and Indecisive Girls Guide to Overcoming Fear of Commitment

By Elina Furman

Fireside Books. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 8.2in. x 5.4in. x 0.8in. You May Be Commitment-Phobic If: You have a mile-long list of requirements for your ideal mate You go from one short-lived relationship to the next You have a habit of dating unavailable men You think many of your married friends have settled for less You are constantly blowing hot and cold in your relationships For years, it was the men who had the monopoly on commitment-phobia. Today, single women are the fastest-growing segment of the population, with over forty-seven million single women in this country and twenty-two million of them between the ages of twenty-five and forty-four. Whatever the reasons -- fear of divorce, increased financial independence, delayed motherhood -- more women than ever no longer feel the urgency, or the ability, to settle down. Lucky for this growing group of women, author and former commitment-phobe Elina Furman has written *Kiss and Run*, the first-ever book about female commitment anxiety. Filled with fun quizzes, first-person testimonials, and step-by-step action plans, *Kiss and Run* includes the top-five panic buttons, advice for curbing overanalysis, and tips for fixing negative commitment scripts. You'll also find the seven types of...



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