



Buddhism: Beginners Guide to Buddhism - An Introduction to the Teachings and Practices of Buddhism

By Seth Cohen

Createspace, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand ******.Buddhism For Beginners Beginners Guide To Buddhism: An Introduction To The Teachings And Practices Of Buddhism is the perfect all in one guide for anyone who wants to learn more about Buddhism. Whether you are just interested in finding out what it is that has attracted millions of people to practice the faith and billions more to practice the philosophical teachings or you want to learn how to incorporate those teachings into your own life, this book is the perfect place to start! More Than Just Mediation and Yogalt is written in simple and easy to understand language so that you don t feel lost with all the strange foreign terms or mystical concepts that are part of the religious teachings. You can gain a comprehensive knowledge of what these teachings really mean in plain language that doesn t overcomplicate things. From its beginnings, Buddhism was meant to be a religion that everyone could follow. In their native language, the scriptures are written in a manner that is easy to understand. It is only through their translation into English and other...



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