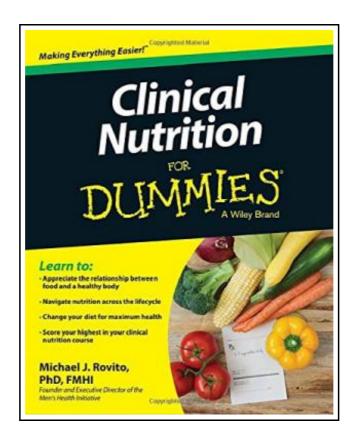
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Reviews

A high quality book and also the typeface utilized was exciting to read. This really is for anyone who statte there was not a worthy of reading. I am easily will get a enjoyment of reading a written ebook. (Burnice Carter)

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John Wiley Sons Inc, United States, 2014. Paperback. Book Condition: New. 234 x 188 mm. Language: English. Brand New Book. Get up to date on clinical nutrition for school, work, or your own health From the proper function of the major organs and the role that proper nutrition plays in their functioning, to a breakdown of carbs, proteins, fats, vitamins, and minerals, Clinical Nutrition For Dummies provides you with the easy-to-read guide you need to immerse yourself in the subject! Written in the fun style that the For Dummies series has become known for, the book is perfect for students in the wide variety of fields that require an in-depth understanding of clinical nutrition, or for those who want to improve their own lives through better nutrition. Dive right into the book for an exploration of the chemical and functional components of food, how to properly assess your nutritional intake, the changing face of nutrition throughout the human lifespan, and so much more! This handy resource offers a wealth of information, and specifically addresses the growing obesity and diabetes epidemics that promise to make the study of clinical nutrition more important than ever. Includes a complete breakdown of the relationship between nutrition and chronic diseases. * Explores the nutritional requirements at various life stages, from pediatric through geriatric * Features information on the importance of proper nutrition during pregnancy * Shares tips for modifying dietary intake and health behavior theory, along with properly communicating health information Clinical Nutrition For Dummies is your complete, fun guide to the topic of nutrition dive in today to get started on the pathway to mastering this increasingly important subject.



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