



The Super You: Unlocking and Living with Your Highest Level of Confidence

By Dre Baldwin

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm.

Language: English . Brand New Book ***** Print on Demand

*****.When I was a child, there were these color-by-numbers

coloring books we would play with. Each page would have a

picture of, say, a bear. And the bear would have different areas

of its body marked by a number. There was a little box in the

corner of the page that told you which colors referred to each

number. So if the number 1 was green, you colored all the

corresponding 1s on the page in green. Then you did the same

with black, red, yellow and the rest. After coloring in all the

numbered sections, you d have a perfectly colored picture to

admire. There was no thinking or real-life application

necessary. Just do what the damn book said, step by step, and

everything would be perfect. The Super You is not a coloring

book. My goals in writing this book are to: 1) Give you insight

into the phenomenon of confidence by explaining what it is,

where it comes from, when you can use it to your advantage,

and how it is developed,...



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