



Eyegames: Easy and Fun Visual Exercises: An OT and Optometrist Offer Activities to Improve Vision!

By Lois Hickman, Rebecca Hutchins

Future Horizons Incorporated. Paperback. Book Condition: new. BRAND NEW, Eyegames: Easy and Fun Visual Exercises: An OT and Optometrist Offer Activities to Improve Vision!, Lois Hickman, Rebecca Hutchins, Developing healthy visual-motor abilities is more difficult in the complex stimulus of today's world than ever before. Our visual experiences can be overwhelmed by the vast complexity of artificial colors and sounds which did not exist in our ancestors' lives. Much more time is spent indoors, exposed to a myriad of unnatural colors, movement and imagery. We hibernate inside, interacting with machines instead of being out in the sunlight, looking at the far horizons, exploring natural environments. More and more time is spent sitting rather than moving, watching rather than doing. Here is a book that has: An overview of the development of vision, with a checklist of warning signs of vision problems-based on the studies of behavioral optometry; A discussion of the importance of integrating all the senses equally in the development of optimal visual skills, rooted in the field of occupational therapy; Practical, playful activities designed to improve visual skills in both adults and children. Excellent for use at home, in the clinic, at school, or amid outdoor settings.



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Reviews

This pdf is definitely not easy to get started on studying but quite entertaining to read through. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Ms. Fatima Erdman**

The publication is simple in read easier to comprehend. It really is rally interesting throgh looking at time period. I found out this book from my i and dad suggested this pdf to discover.

-- **Shakira Kunde**