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Fasten Your Seatbelt: A Crash Course on Down Syndrome for Brothers and Sisters

By Brian Skotko and Susan P. Levine

Woodbine House, 2009. Softcover. Book Condition: New. Even the closest brothers and sisters don't always get along or understand each other. Add a disability like Down syndrome to the mix, and that sibling relationship gets even more complicated, especially for teenagers. Fasten Your Seatbelt is the first book written exclusively for teens with a brother or sister with Down syndrome. In an easy-to-read, question & answer format, it tackles a broad range of their most common issues and concerns. Nearly 100 questions -- all posed by teen siblings -- are grouped into the following categories: . Facts and stats about Down syndrome . How people with Down syndrome learn . Handling parent and family conflicts . Dealing with your sibling's frustrating behaviors . Managing uncomfortable situations . Sorting out your feelings . Becoming an advocate . What the future holds for you and your sibling . Finding local and national resources Thoughtful, knowledgeable answers are provided by Brian Skotko, the brother of a young woman with Down syndrome, and Sue Levine, a social worker focused on sibling issues for the past 30 years. Fasten Your Seatbelt gives teens the green light to explore their own feelings and questions about their...



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