

Edinburgh Handedness Inventory

Please tell us which hand you prefer for the activities below by putting a + in the appropriate box.

If you only use one hand for an activity and never the other, please indicate this with two + +.

If you cannot decide which hand you prefer, please put a + in both boxes. Please try to answer all the questions.

Which hand do you use to...	Left Hand	Right Hand
1. Write?		
2. Draw?		
3. Throw?		
4. Cut with scissors?		
5. Brush your teeth?		
6. Hold a knife (without a fork)?		
7. Hold a spoon?		
8. Hold the upper end of a broom?		
9. Hold a match when lighting it?		
10. Take off the lid of a box?		