

Supporting High School Students

Pre-College RA Training 2022
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Overview

- Who were you in high school?
- Adolescent Development
- Small Group Chat: Impact during PreCollege
- Providing Support
- Questions



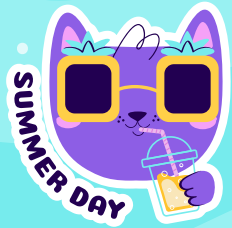
Who were YOU in high school?



Erik Erikson & Adolescent Devo



- Ego psychologist
- Impacted by Sigmund Freud's work, but focused on psychosocial development rather than psychosexual development
- This theory describes the impact of the social experience across the whole lifespan



Stages of Development

0 - 1.5

Trust vs Mistrust

Babies are uncertain about the world they live in and look to their primary caregivers.

2 - 3

Autonomy vs Shame & Doubt

Independence through exploration + support

3-5

Initiative vs Guilt

Toddlers become assertive & ultimately develop a sense of initiative & feel secure in leading others.

5 - 12

Industry vs Inferiority

Peer groups become more significant & a

- major source of self-esteem

12 - 18

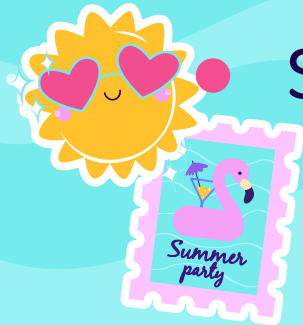
Identity vs Role Confusion

Adolescents search for a sense of self and personal identity through an intense exploration of personal values, beliefs, & goals

Failure to establish a sense of identity within society can lead to role confusion

Identity vs Role Confusion

- Want more independence while also trying to fit in with their community
- Wanting to be treated like an adult, but not face adult consequences for actions
- Social identities may become salient



How does this impact them during PC?



- What motivates these students?
- What do you anticipate being common issues or sources of conflict between students?
- What might be important to consider about their experience at RISD specifically?



Providing Support

- Check ins
- Opportunities for socializing
- Helping to build connections
- Providing room for self-expression





Questions?

