

State-wide/District	Type of Helpline Number	Contact Details	Link	Further Sources for PDFs
Arunachal Pradesh	State Helpline Number	0360-2292774/2292775/2292777	<a href="http://covid19.itanagarsmartcity.in/directory.php">http://covid19.itanagarsmartcity.in/directory.php</a>	
Arunachal Pradesh	State Helpline Number (Toll free)	104/1075	<a href="http://covid19.itanagarsmartcity.in/directory.php">http://covid19.itanagarsmartcity.in/directory.php</a>	
Arunachal Pradesh	State Helpline Number (Whatsapp Number)	6033856466	<a href="http://www.arunachalpradesh.gov.in/">http://www.arunachalpradesh.gov.in/</a>	
Arunachal Pradesh	Contact Details of Deputy Commissioners, Superintendents of Police and DMOs across the Districts		<a href="http://covid19.itanagarsmartcity.in/directory.php">http://covid19.itanagarsmartcity.in/directory.php</a>	
Arunachal Pradesh	Helpline No. for Essential Commodities across districts		<a href="http://covid19.itanagarsmartcity.in/essentialserviceproviders.php">http://covid19.itanagarsmartcity.in/essentialserviceproviders.php</a>	
East Kameng	Covid 19 District Control Room, Sepa (24*7 Helpline)	03787-222222/222333	<a href="https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg">https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg</a>	<a href="https://eastkameng.nic.in/">https://eastkameng.nic.in/</a>
Lohit	Power sector helpline	224517	<a href="https://lohit.nic.in/helpline/">https://lohit.nic.in/helpline/</a>	
Longding	Rescue and relief helpline	1070	<a href="https://longding.nic.in/helpline/">https://longding.nic.in/helpline/</a>	
Longding	Telephone enquiry helpline	197	<a href="https://longding.nic.in/helpline/">https://longding.nic.in/helpline/</a>	
Longding	STD and PIN codes	3786	<a href="https://longding.nic.in/std-pin-codes/">https://longding.nic.in/std-pin-codes/</a>	
Lower Dibang Valley	Gas agency helpline	222405	<a href="https://roing.nic.in/helpline/">https://roing.nic.in/helpline/</a>	
Lower Dibang Valley	Power house helpline	222205	<a href="https://roing.nic.in/helpline/">https://roing.nic.in/helpline/</a>	
Tirap	District Control Room	6909104489	<a href="https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg">https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg</a>	<a href="https://tirap.nic.in/">https://tirap.nic.in/</a>
Tirap	24*7 Helplines	03786-222228, 8731965943	<a href="https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg">https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg</a>	<a href="https://tirap.nic.in/">https://tirap.nic.in/</a>
Tirap	Covid-19, Tirap Helpline for labourers/stranded migrants who may be suffering due to ongoing lockdown	9612359011, 9366982627	<a href="https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg">https://cdn.s3waas.gov.in/s3cf004fdc76fa1a4f25f62e0eb5261ca3/uploads/2020/04/2020041565.jpg</a>	<a href="https://tirap.nic.in/">https://tirap.nic.in/</a>