

Sprint-driven development: working, learning and the process of enculturation in the PyPy community

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Abstract. In this paper we look at sprint-driven software development as it occurs in a specific Open Source community, PyPy. Applying a situated learning perspective, we report the findings from a study focused on the activities leading up to, taking place during, and following after sprints. The study included a one-week period of direct observation of a sprint and analysis of sprint reports, email archives, and other documents available on the community website. The purpose was to elaborate on how sprint driven development facilitates the expansion of the Open Source community and the dissemination of knowledge and learning among its members.

Keywords: Distributed software development, Open Source communities, sprints, situated learning.

1 Introduction

Software development is a complex task. It is an activity which not only requires people with highly specialized technical skills, who are capable of working with highly abstract constructs and keeping up to date in an uncertain and rapidly developing area, but it also requires a high degree of collaboration. A software development project is often characterised by large scale, uncertainties, and complex interdependencies [14]. Further adding to these difficulties is the fact that software development is increasingly carried out in a distributed manner, fuelled by the complexity and large scale of modern software systems, by the trend toward globalization and the search for an educated yet inexpensive work force.

While the challenges facing globally distributed software development are not unique, certain difficulties – technical and managerial, as well as social and cultural - are further exacerbated by geographical and temporal distance. Three often mentioned issues are cultural differences, trust, and communication [e.g. 10, 18, 20]. But these are by no means the only difficulties, as more traditional concerns such as coordination, control and software processes are also affected by the distribution [e.g. 4, 11]. Currently there is significant interest in both academia and industry to gain a better understanding of these key issues and, above all, to discover ways of addressing the difficulties and thus improving practice [9].

The success of Open Source Software has resulted in it becoming a focus for research into issues relating to distributed software development. A number of the most complex and successful software products nowadays – Linux, Apache, Firefox, OpenOffice and Eclipse, to mention but a few – have been developed or enhanced by Open Source Communities. What is interesting about this phenomenon is how these loosely organized and often ad-hoc communities, using mostly simple communication and development tools such as email lists, version control systems and simple text editors [e.g. 8], can manage to develop high quality software [e.g. 17, 13].

Whilst we must recognize that the practices of Open Source communities are by no means the “ultimate solution” for developing software and that many of them may not be adaptable to the more rigid requirements of the corporate world, they still provide a valuable resource in terms of understanding the key issues relating to distributed software development thus potentially providing guidance in the improvement of practice. Within the Open Source arena, it is quite common that novel development methods and ways of working in cooperative projects are tried out. Some projects not only aim at producing an operational end product, but also actively investigate and improve software development techniques and attempts to find improved ways of running development projects. One such Open Source project is PyPy.

The PyPy project¹ evolved from within the Python Open Source community and is focused on re-implementing the Python programming language using Python itself. The end-product will be an open run-time environment for the Python language, but this is not the only goal. It also focuses on investigating novel techniques for implementing practical dynamic programming languages and aims to showcase a software development method called “sprint-driven development”. In this paper, we are focusing on this latter aspect.

We have conducted a study consisting of observations of one PyPy sprint, which took place in August 2006 in Limerick, Ireland, and analysis of email lists, archives, sprint reports and other documents available on the community webpage. The purpose of the study was to examine the actual activities leading up to, taking place during and following after a sprint and to elaborate on how sprint driven development facilitates the expansion of the Open Source community and the dissemination of knowledge and learning among its members. This paper will present a brief introduction to the PyPy project and the principles of sprint-driven development, and will then provide some specific accounts of the collaborative practices that occur in this community. We will apply a situated learning perspective to explain what we have observed and will draw conclusions about what lessons can be learned from PyPy regarding distributed software development.

1.1 The socGSD project

At the University of Limerick, Ireland, a group at the Interaction Design Centre has received national funding as part of a software engineering research consortium to study the social, organisational, and cultural aspects of Global Software Development (socGSD). The socGSD project aims to explore through case studies, how organizations attempt to manage the coordination of engineering work via a variety of mechanisms, from the formation of closely-knit, though distributed, teams in multinational companies through to Open Source communities, who act as self-organising bodies and manage to produce notable results without having formal management structures and too many well-defined rules. Our research is based on the findings of earlier studies on articulation and coordination work, information sharing, knowledge management and informal learning practices in distributed work. Our work is exploring the diversity of ways in which distributed teams shape their work practices and come to a joint understanding of their objectives. Our research also considers the various ways in which developers acquire new skills through their day-to-day practice and continuously improve their practices through learning and innovation.

Our research methods mainly rely on an interpretive, naturalistic approach to data collection and analysis. This means that we study the phenomenon in the actual settings where the work activity takes place, attempting to make sense of the work through the eyes of those actually doing it.

The study of an Open Source community for the duration of a sprint provided us with an excellent opportunity to observe the actual work practices of a team of developers who were collocated for one week, but also to consider these practices from the perspective of the context offered by the community’s web presence and accounts of similar events.

¹ <http://pypy.org/>

2 The PyPy project and sprint-driven development

2.1 The PyPy project

PyPy is part of the large open source community behind Python. Python is a programming language, published under an OSI approved Open Source License. The Python language was originally developed in 1990 by Guido van Rossum. Today, the *de facto* standard implementation of the language is the CPython implementation, which is also being developed as an Open Source project

The PyPy project also aims at producing an implementation of Python. But unlike CPython, which is developed and written in C, the PyPy project is developing an interpreter for the Python language in Python itself (hence the project name).²

However, creating a run-time environment for Python is not the only purpose of this project. The PyPy project came into being as an Open Source project in 2003 and in December 2004 the project received partial funding from the European Union (EU). As a result, the project objectives expanded to include a methodological goal, namely to demonstrate that the Open Source way of working in general, and the development methodology of choice in particular, are successful ways of undertaking distributed, collaborative work and hence can be of use in future EU projects. The methodology adopted by the PyPy community is what has been called “sprint driven development”.

2.2 Sprint-driven development

A “sprint” is a focused development session – developers gather in one place for a short period of time and work in pairs (or small groups) on specific parts of the software system. This type of event has become popular within some Open Source communities – for example, the OpenBSD and Linux communities - and has many names, such as “hackathon”, “codefest”, “sprintathon”, “sprint”, and so on. The primary purpose of these on-site meetings, which last from a few days up to one week, is to write and test code in a collaborative way. To facilitate access these events are often collocated with conferences relevant to many of the community’s members, but may also be hosted separately by community members.

The practice of using sprints for pivotal development was initiated by the Zope Corporation in the early days of the Zope 3 project. In order to maintain focus, the traditional sprint is supposed to last for only three to four days and to involve no more than 10 people. A sprint generally incorporates aspects of eXtreme Programming such as pair-programming and test-driven development. In addition, it is usually led by a “coach”, who sets the goals, organizes the event, coordinates the work, tracks the results and follows up.

The underlying concept is that a sprint is a good way to give a project “a boost by focusing the efforts of a group on specific development issues” [12]. Furthermore, sprints also offer valuable opportunities to maintain developer involvement, and to enable newcomers to get acquainted with the code base as well as the specifics of a project.

2.3 Sprint-driven development in practice in PyPy

The PyPy community describe themselves as a hybrid project, combining different aspects of Agile and Distributed Development within the context of an Open Source community [5]. In PyPy the developers are not just distributed but also dispersed, with no more than 2 developers being located in the same place. The main strategy in PyPy to handle this challenge to the development process is to “sprint” systematically, using sprints not only for software iteration purposes but also to provide an accelerated and collaborative physical practice that enables community building as well as the dissemination of knowledge and learning within the team. In fact the PyPy project itself originated from a one-week sprint held in February 2003.

² For technical specifications, visit <http://codespeak.net/pypy/dist/pypy/doc/architecture.html>

The sprint methodology used with the PyPy community differs in a number of ways from the original Zope3 format described earlier. The focus of Zope3 sprints was to produce code and as such they tended to be rather closed events where only experienced Zope developers participated and they were usually arranged close to larger releases [5]. In addition, an appointed “coach” was used to coordinate the event and its outcome. However, within the PyPy community a sprint is an open event where newcomers are welcomed – indeed a sprint is seen as an opportunity to initiate newcomers into the project and clearly has a “tutorial” component. In addition, PyPy sprints are developer-driven and no formal role such as a “coach” exists. Instead, they have introduced a mechanism of initial and daily status meetings where the whole group makes decisions. A local contact will help to organize the logistics for the event based on the sprint location.

A PyPy sprint is usually 7 days long, with one free day in the middle normally dedicated to social events. The sprint is initiated with a start-up meeting. Tutorials will be arranged during the sprint if there are new participants present or if a new tool or feature has been implemented. For the remainder of the week, each day begins with a status meeting. During the status meetings, progress is discussed, tasks are drafted, the direction of the sprint is set or altered, and developers pair up according to needs, skills and wishes. During sprints pair-programming is used systematically – not only between core developers sharing an interest in a specific task but also for mentoring newcomers by pairing them with core developers [5]. The pairs may change each day, or may continue to work together for several days. Apart from the actual code, the outcome of a sprint is also a sprint report. Usually a couple of participants will volunteer to write this. The sprint report summarizes the activities and the initial goals and results. It also serves as a rough plan for focusing the work of the community until the next sprint.

In PyPy, there is a rough plan detailing future sprints for the coming months, enough to maintain a general awareness of the dates and sites of upcoming sprints and allowing people to plan for attendance. About a month before a particular sprint, its content and goals are discussed on the mailing list (pypy-dev) and on the PyPy IRC channel, mostly by the core developers, although the discussions are transparent and anyone can, in principle, participate.³ Information is also distributed on the general pypy-sprint mailing list and through the project webpage. As the sprint approaches, a more detailed sprint announcement is sent out. People can announce their intention to attend either by checking in the information in Subversion (the PyPy code repository and version control system), or on the sprint webpage. Lately, the PyPy project introduced weekly “pypy-sync meetings” (on IRC) and this has also become a major forum for discussing the content and goals of upcoming sprints where any member can participate.

3 Research Method

In our study of collaborative work practices, the preferred methods are inspired by ethnography. We try, whenever possible, to observe people in their normal work environment as they engage with their work practice. Furthermore, we interview the participants (individually or in groups) and bring into discussion events we observed, complementing what we saw with the addition of their perspectives. An ethnographic approach typically includes field work done in natural settings, the study of the larger picture to provide a more complete context of activity, an objective perspective with rich descriptions of people, environments and interactions, and an aim toward understanding activities from the informants’ perspective [1]. More recent studies [16] claim that by narrowing the focus of field research before entering the field, using key informants and multiple interactive observation techniques and collaborative iterative data analysis methods, one can obtain reliable data in a shorter period of time than was traditionally considered.

The study we conducted was mainly centred on the sprint that took place in Limerick, Ireland, between the 21st and 28th of August, 2006. The sprint was hosted at the University of Limerick, with the assistance of local contacts. For the most part, there were 7 participants, mostly core developers. A local developer joined the sprint for the last three days, and two newcomers also visited and attended a tutorial that was arranged for them. Since there were mostly core developers present, the sprint was considered an opportunity to work on some of the more crucial technical matters, e.g. the JIT module, core optimization and distributed testing.⁴

³ http://codespeak.net/pypy/dist/pypy/doc/dev_method

⁴ http://codespeak.net/svn/pypy/extradoc/sprintinfo/ireland-2006/limerick_sprint-report.txt

We studied this sprint mostly through direct observation, complemented by informal discussion and a dedicated Q&A session. We observed and recorded (video and audio) the start-up meeting and the daily status meetings, as well as observed some of the actual work sessions. Because of the interest expressed by researchers at the University of Limerick in the PyPy way of working, a workshop was held on the first day of the sprint. The PyPy project and the sprint-driven way of working were presented. One of the most senior members of the project joined the last half of the workshop and there was a Q&A session.

Prior to the sprint, we reviewed a number of sources referring to Open Source communities in general and sprints, the Python language and the PyPy project in particular, including papers and talks, as well as mailing lists, web pages, bios, sprint reports, blog posts referring to PyPy, and so on. After the sprint, we continued to observe the community for an additional four months, mostly through document analysis (email lists, sprint reports and other documents).

4 Sprints as a way of working, learning and innovating

Several authors speak about the various roles assumed by the members of Open Source communities [19, 21, 7]. The traditional evolution based on perceived levels of expertise, is from the periphery of the community to the center: the majority of people start as users, get involved by discovering and later fixing some bugs, make occasional contributions to the source code, and only after gaining a reputation as an “expert” can they be accepted as core members of the community. The apprentice often has a long (and sometimes lonely) way to go before becoming actively involved in development. The PyPy community is, in this respect, quite different. There is no single leader or visionary – just a core group of passionate Python developers. Anyone who has the skills and motivation can rapidly become an active contributor. Within the PyPy community there is a welcoming attitude toward new participants which originates in the strong belief of the community members regarding the benefits of collaborative work. There is a strong culture of openness and transparency, or as described in [8] a culture of “keeping it public”. Access to the PyPy online mailing lists and IRC is freely available. Core developers are accessible to answer questions or act as mentors both via online mailing lists and IRC and during sprints. The fact that the PyPy development process incorporates an automated framework for testing and version control allows for a more relaxed attitude regarding distribution of commit rights to new developers [5].

Several studies on Free and Open Source Software mention learning as one of the core motivations for participation [21, 7, 13], but in many cases, this simply means “lurking” and using the available code. While “lurking” - or in effect being a peripheral participant in the community - can provide valuable awareness information [8], in PyPy newcomers are encouraged to become directly involved in development from the very beginning. The PyPy community has developed a comprehensive and detailed repository of documentation, guides for beginners, talks, sprint reports, mail and chat archives in addition to its main code repository. While an important part of the PyPy community’s body of knowledge is freely available on the web, becoming a member of the community is made quicker and easier by participation in collocated events such as sprints. Newcomers can make a decision about staying or leaving after being offered an immersion in the practices, social events and personal contacts that usually arise in a sprint.

Before deciding to join their first sprint, newcomers are encouraged to get accustomed to the work being done in PyPy. The architecture of the interpreter, the code itself, extensive coding guidelines, the available documentation, the tools used, configuration and tutorials are all available on the PyPy website. Furthermore, newcomers are also encouraged to start socializing with the others by participating in email and IRC conversations and accessing the mail and chat archives. Subsequently, during the actual sprint, newcomers are given tutorials and then “taken by the hand” usually by pairing up with an experienced developer, working together on a chosen topic and getting detailed feedback.

The participants in the Limerick sprint in August 2006 were in the majority part of the core PyPy group, with one exception: a young and enthusiastic developer who was funded through the “Summer of PyPy” initiative⁵ (although it was not his first PyPy sprint). Pairs were formed and topics were

⁵ <http://codespeak.net/pypy/dist/pypy/doc/summer-of-pypy.html>

chosen in an extremely flexible way. The start-up meeting highlighted the list of topics that needed attention resulting from previous sprints and discussions, the participants announced their intentions to the group, paired up according to these, and simply started working on them. Although the project manager (who has an administrative role and is not involved in coding) and one of the core developers chaired the meeting, their role was more one of facilitating the sprint, and not imposing anything on the group. At the end of the week, this role was taken over by another member of the core group. Every decision was taken collectively, and the initial program changed several times to accommodate people and events. Usually, there's a day dedicated to social activities in the middle of the sprint week, but because of a slow start on Monday morning, the group decided to continue working through the dedicated break day, and to have a night out on Friday instead, when the local developers were planning to join. Agility and the ability to incorporate continuous change and adaptation are highly valued by the PyPy community. They innovate continuously, looking for both solutions to make their software more efficient, and for practices that would allow them to enhance or improve the form but keep the spirit of their activities.

The lack of formality and relaxed atmosphere are probably the first striking aspect when observing the sprint. Sprint participants talk to each other, move around asking questions, joke and have fun. They are all in the same room and maintain a certain awareness of what's happening in the other groups. They make the decision to take a break – or continue an hour more than planned – by consulting each other. Peers are invited to have a look, when unexpected errors occur. It is not uncommon for people to switch between multiple windows, reading through their emails or keeping an eye on the chat channel while listening to a new solution proposed by their peer. Priorities are permanently shuffled, concepts get re-invented, new routes are adopted, tried out and sometimes abandoned.

The participants in a PyPy sprint benefit not only from their mutual knowledge sharing, but there's also a recognisable flow of enthusiasm. Sprints provide the opportunity for a process of learning and enculturation, where new participants get the chance of getting directly involved not only in problem solving, innovation, planning – but also in the social life of the community.

5 Discussion

5.1 Learning facilitated by sprint-driven development

A major issue in distributed software development projects is how to facilitate learning about programming techniques, technology and project specific matters among project participants when direct interaction is limited due to geographical and temporal distance and, often, affected by national, social and organisational cultural differences. A sprint offers a good opportunity for the dissemination of knowledge, both among senior members of the community and to new members. However, being able to contribute to a software development project does not just require technical skills.

From a situated learning perspective, learning cannot be seen as an isolated activity, separated from the practice it is meant to enable [3]. Instead, learning involves becoming an “insider”, not just absorbing a discreet body of individual knowledge, but learning to function within the community of practice. So learning the necessary skills needed to participate in a project like PyPy also involves learning about the dynamics of the community, what norms and interpretive schemes are dominating, and what range of behaviour is acceptable, as well as developing identity in the community.

PyPy sprints seem a perfect illustration of situated learning, as conceptualized by Lave and Wenger [15]: learning happens in a community of practice, by participation (a peripheral one in the beginning), and by gradually acquiring knowledge and reputation through social interaction. Brown & Duguid write that the “central issue in learning is becoming a practitioner not learning about practice” [3]. From what we have seen during this study, this is precisely what the PyPy people are supporting when welcoming new participants to sprints, arranging tutorials for them, and letting them pair up with more experienced developers to do the work. This mechanism is further enhanced because the new participants are encouraged to participate in the mailing lists and IRC channels and to get acquainted with the system architecture and the code base prior to their first sprint, and thus have already started to form an identity within the community when arriving at the sprint.

Learning the concepts of the Python programming language does not mean one knows how to program in that language. Applying those concepts to a specific project and actually writing code is

when learning happens. Sprints accelerate this process for distributed teams, recognising the important situated aspects of learning and supporting them.

5.2 Sprints as a way of sustaining and renewing the community

Previous research on Open Source software development has shown that learning is, in fact, a major motivational force for participants [21, 13]. It has also been argued that for Open Source projects to sustain themselves, the community must co-evolve with the system developed [21]. The community must be able to regenerate itself through both concrete contributions of code and the emergence of new members whom can carry on the work. The sprints in PyPy, through conscious mentoring efforts, attract new members and enable them to both achieve the necessary technical skill and to create an identity within the community, thus ensuring the sustainability of the community.

However, regarding the formation of the community, there are also possible hazards with driving development through sprints. During the sprint, the centre-periphery relationship usually based on experience and contributions resulting in a hierarchy in most Open Source communities are altered: the collocated participants become the centre, while all the others move, in a way, to the periphery because they are missing from that specific location. The danger is that this leads to the formation of in-groups. The active PyPy coding effort is a subgroup within the wider Python community and those who participate in sprints are again a further subgroup (although temporary) of the overall coding effort. This situation can lend itself to the formation of in-groups and the exclusion of others and the eventually fragmentation of the group.

A previous experimental effort [2] to consider the in-group/out-group effect was concerned with the mixed media working environment whereby access to resources is not equally distributed. In part this is a consequence of having a substantial component of the development team collocated. The hypothesis which they looked at were that individuals collocated together will interact more and form an in-group. We heard this concern voiced by the project manager herself, when she mentioned that because sometimes their progress was so rapid and so much happened during the sprints, the non-participants could not keep up and became passive. In the PyPy project, there is conscious effort to ensure the community doesn't fragment.

The strategy has been to host sprints at different locations to encourage and facilitate participation from as wide a group as possible. During the period 2003-2004 6 sprints were arranged in various European cities (since then there has been a more systematic structuring of sprinting every 6th week) [6]. Sprints have also been organized on other continents whenever possible. For example, there was a Post-PyCon PyPy sprint in February 2006 in Dallas, Texas, and another one in Tokyo, Japan in April 2006. Also, during the recent Leysin sprint, in January 2007, a remote participant worked constantly with two others participating in the sprint to accomplish a specific task. Non European developers whose participation in sprints was more difficult to organise have raised the possibility of doing a "virtual sprint" that would allow them to get involved as well.

6 Conclusions

The sprint driven development methodology as it occurs in PyPy is interesting because, while it is a way to accelerate the development in terms of written code, it also serves as a mechanism to expand the community and facilitate the enculturation of its members. In PyPy, we have seen how new participants are welcomed to sprints and how a real effort is made to embrace them in the community by encouraging participation in the online activities prior to their first sprint and arranging tutorials and pairing them up with experienced developers to work during the sprint. This attracts new members and enables them to both achieve the necessary technical skill and to create an identity within the community, thus enabling them to contribute. It also contributes to sustaining and renewing the community which drives the PyPy project through introduction of new members and the emergence of new core members and active developers.

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