

KindRoot Consulting – Internal Messaging Opt-In Confirmation

Purpose:

This document confirms that all recipients of messages from KindRoot Consulting's toll-free number +1 (833) 700-3577 have provided consent to receive internal alerts and notifications.

Use Case:

Messages sent from this number are non-marketing and used exclusively for internal communication, including:

- Employee call-out alerts
- Schedule and coverage coordination
- Urgent operational updates.

Opt-In Process:

Employees who are part of KindRoot Consulting's leadership or management team opt in to receive these texts as part of their job responsibilities. Consent is obtained during onboarding or role assignment and documented in HR communication records.

By accepting a leadership or management position, each participant acknowledges:

"I agree to receive internal call-out and shift coverage alerts from KindRoot Consulting by text message. Message frequency varies. Message and data rates may apply. I understand that these messages are not marketing-related and are limited to operational communication. I understand I can reference the Privacy Policy at <https://kindrootconsulting.com/privacy>."

Employees may opt out at any time by replying STOP to any message.

Contact for Questions:

■ hello@kindrootconsulting.com

■ <https://kindrootconsulting.com>