

FY2045 Quantum Mechanics I

Fall 2023

Henning Goa Hugdal

Week 9

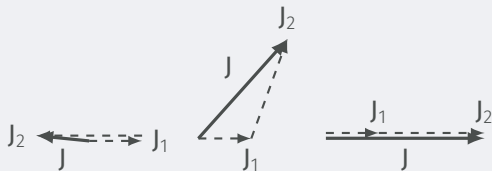
Addition of angular momenta

Addition of two angular momenta

How do we treat addition of angular momenta, $\mathbf{J} = \mathbf{J}_1 + \mathbf{J}_2$?

Classical case

$|\mathbf{J}|$ can vary continuously between $||\mathbf{J}_1| - |\mathbf{J}_2||$ and $|\mathbf{J}_1| + |\mathbf{J}_2|$



Quantum mechanical case

More complicated! Two questions arise:

- What quantum numbers j can we have for \mathbf{J} , when \mathbf{J}_1 and \mathbf{J}_2 have quantum numbers j_1 and j_2 .
- How do we express the eigenstates of \mathbf{J} in terms of eigenstates of \mathbf{J}_1 and \mathbf{J}_2 ?

Two particles with spin $\frac{1}{2}$

Two particles with quantum numbers $s_1 = s_2 = \frac{1}{2}$, and m_1, m_2 . Four possible states:

$$\begin{aligned} |\uparrow\uparrow\rangle, m &= 1, \\ |\uparrow\downarrow\rangle, m &= 0, \\ |\downarrow\uparrow\rangle, m &= 0, \\ |\downarrow\downarrow\rangle, m &= -1, \end{aligned}$$

where $m = m_1 + m_2$. Since $m = 0, \pm 1$, we would expect $s = 1$, but we have one state too many!

Solution: Two different combinations for the total spin states $|sm\rangle$:

$$\begin{aligned} |11\rangle &= |\uparrow\uparrow\rangle \\ |10\rangle &= \frac{1}{\sqrt{2}}[|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle] \\ |1-1\rangle &= |\downarrow\downarrow\rangle \end{aligned} \left. \vphantom{\begin{aligned} |11\rangle \\ |10\rangle \\ |1-1\rangle \end{aligned}} \right\} s = 1 \text{ (triplet)}$$
$$|00\rangle = \frac{1}{\sqrt{2}}[|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle] \left. \vphantom{|00\rangle} \right\} s = 0 \text{ (singlet)}$$

The combination of two particles with spin $\frac{1}{2}$ can carry total spin of **1 or 0**.

General addition of angular momenta

Adding two angular momenta described by

$$|j_1 m_1\rangle, \quad m_1 = -j_1, -j_1 + 1, \dots, j_1,$$

$$|j_2 m_2\rangle, \quad m_2 = -j_2, -j_2 + 1, \dots, j_2,$$

the total quantum number j can take the values

$$j = j_1 + j_2, j_1 + j_2 - 1, \dots, |j_1 - j_2|.$$

The “new” or total spin states are

$$|j m\rangle = \sum_{m_1+m_2=m} C_{m_1 m_2 m}^{j_1 j_2 j} |j_1 j_2 m_1 m_2\rangle,$$

where $C_{m_1 m_2 m}^{j_1 j_2 j}$ are **Clebsch-Gordan coefficients**.

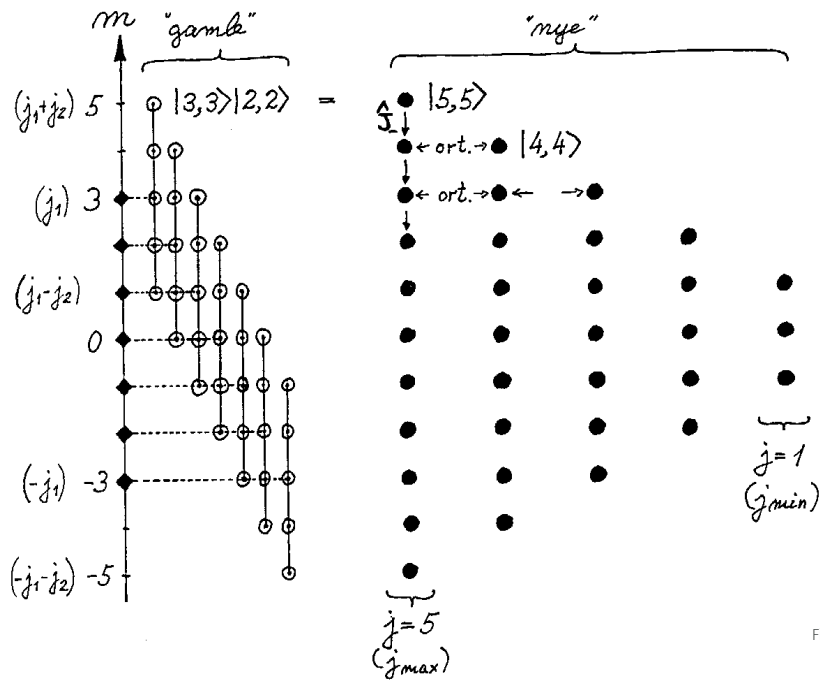


Figure by I. Øverbø.

General addition of angular momenta

Adding two angular momenta described by

$$|j_1 m_1\rangle, \quad m_1 = -j_1, -j_1 + 1, \dots, j_1,$$

$$|j_2 m_2\rangle, \quad m_2 = -j_2, -j_2 + 1, \dots, j_2,$$

the total quantum number j can take the values

$$j = j_1 + j_2, j_1 + j_2 - 1, \dots, |j_1 - j_2|.$$

The “new” or total spin states are

$$|j m\rangle = \sum_{m_1+m_2=m} C_{m_1 m_2 m}^{j_1 j_2 j} |j_1 j_2 m_1 m_2\rangle,$$

where $C_{m_1 m_2 m}^{j_1 j_2 j}$ are **Clebsch-Gordan coefficients**.

Two spin $\frac{1}{2}$

$C_{m_1 m_2 m}^{j_1 j_2 j}$ given in table

$1/2 \times 1/2$		1			
		+1	1	0	
+1/2	+1/2	1	0	0	
	+1/2 -1/2		1/2	1/2	1
	-1/2 +1/2		1/2	-1/2	-1
			-1/2 -1/2		1

Examples:

$$|11\rangle = C_{\frac{1}{2} \frac{1}{2} 1}^{\frac{1}{2} \frac{1}{2} 1} |\uparrow\uparrow\rangle = |\uparrow\uparrow\rangle$$

$$\begin{aligned} |00\rangle &= C_{\frac{1}{2} -\frac{1}{2} 0}^{\frac{1}{2} \frac{1}{2} 0} |\uparrow\downarrow\rangle + C_{-\frac{1}{2} \frac{1}{2} 0}^{\frac{1}{2} \frac{1}{2} 0} |\downarrow\uparrow\rangle \\ &= \frac{1}{\sqrt{2}} [|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle]. \end{aligned}$$

Example — Electron with orbital angular momentum and spin

The electron in a hydrogen atom can have both orbital and spin angular momentum, $\mathbf{J} = \mathbf{L} + \mathbf{S}$;

$$j = l - \frac{1}{2}, \text{ or } j = l + \frac{1}{2}, \text{ (assuming } l > 0\text{)}.$$

For $l = 1$, we can construct e.g. the “new” state

$$\left| \frac{3}{2} \frac{1}{2} \right\rangle = \frac{1}{\sqrt{3}} \left| 1 \frac{1}{2} 1 - \frac{1}{2} \right\rangle + \sqrt{\frac{2}{3}} \left| 1 \frac{1}{2} 0 \frac{1}{2} \right\rangle,$$

or the “old” state

$$\left| 1 \frac{1}{2} 0 \frac{1}{2} \right\rangle = \sqrt{\frac{2}{3}} \left| \frac{3}{2} \frac{1}{2} \right\rangle - \frac{1}{\sqrt{3}} \left| \frac{1}{2} \frac{1}{2} \right\rangle.$$

$1 \times 1/2$		$\frac{3}{2}$ $+3/2$		
$+1$	$+1/2$	1	$\frac{3}{2}$	$\frac{1}{2}$
			$+1/2$	$+1/2$
$+1$	$-1/2$	$\frac{1}{3}$	$\frac{2}{3}$	$\frac{3}{2}$
0	$+1/2$	$\frac{2}{3}$	$-\frac{1}{3}$	$\frac{1}{2}$
			$-1/2$	$-1/2$
		0	$-1/2$	$\frac{2}{3}$
		-1	$+1/2$	$\frac{1}{3}$
				$-2/3$
				$\frac{3}{2}$
			-1	$-1/2$
				1

Addition of several angular momenta

When adding several angular momenta

$$\mathbf{J} = \mathbf{J}_1 + \mathbf{J}_2 + \mathbf{J}_3 + \dots,$$

we do the additions in a step-wise fashion:

- 1) The combination $\mathbf{J}_{12} = \mathbf{J}_1 + \mathbf{J}_2$ has possible quantum numbers
 $|j_1 - j_2| \leq j_{12} \leq j_1 + j_2,$
- 2) The combination $\mathbf{J}_{13} = \mathbf{J}_{12} + \mathbf{J}_3$ has possible quantum numbers
 $|j_{12} - j_3| \leq j_{13} \leq j_{12} + j_3,$
- 3) ...

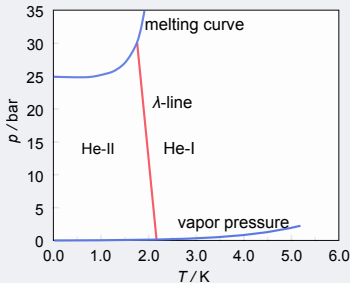
Example — Helium-4 vs. Helium-3

Helium-4

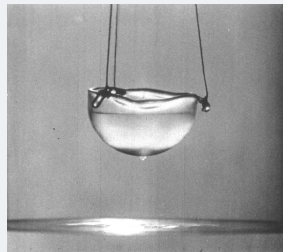
${}^4_2\text{He}$ has two protons, **two** neutrons and two electrons.

Total spin $S = 0$ — this is a **boson**!

Can form Bose-Einstein condensate, becomes a superfluid below ~ 2 K.



Wikipedia, CC BY-SA 3.0. Background added.



By Alfred Leitner - Own work, Public Domain.

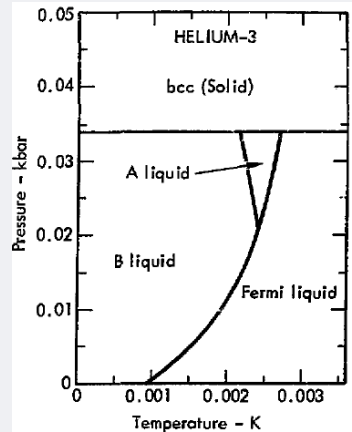
Example — Helium-4 vs. Helium-3

Helium-3

${}^3_2\text{He}$ has two protons, **one** neutron and two electrons.

Total spin $S = \frac{1}{2}$ — this is a **fermion**!

A superfluid below ~ 1 mK — how?



By David A. Young - Public Domain.

Example — Helium-4 vs. Helium-3

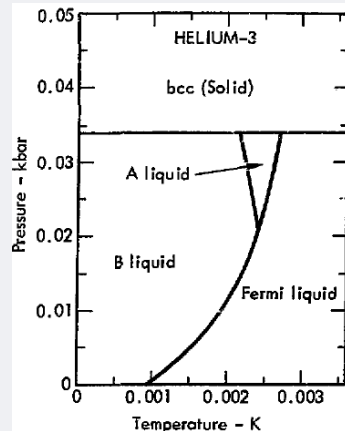
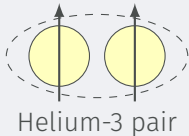
Helium-3

${}^3_2\text{He}$ has two protons, **one** neutron and two electrons.

Total spin $S = \frac{1}{2}$ — this is a **fermion**!

A superfluid below ~ 1 mK — how?

Helium-3 atoms can form pairs — with integer spin!

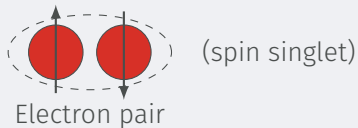


By David A. Young - Public Domain.

For more information see e.g. [Nobel Focus: Helium Impersonates a Superconductor](#).

Tangent #1 — Superconductivity

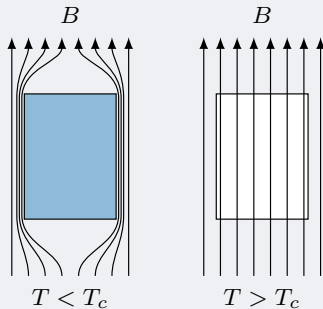
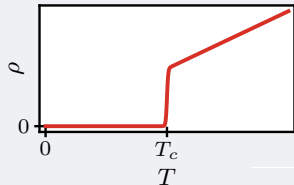
Electrons can also form pairs!



If they condense we get a charged superfluid — a **superconductor**.

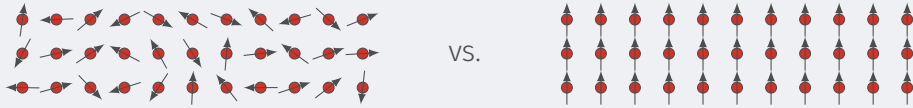
Below a certain temperature T_c

- currents flow without resistance ($\rho = 0$),
- magnetic fields are expelled.

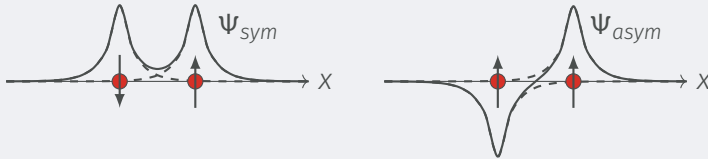


Tangent #2 — Ferromagnetism

Since electrons have magnetic moments due to spin, they behave like tiny magnets. If many spins align spontaneously in the same direction we have a **ferromagnet**!



Why do they sometimes align in this way? Due to **exchange interactions**:



The antisymmetric configuration reduces the **electrostatic energy** of the electrons — hence parallel spins are favored.

Tangent #3 — Quantum information

In traditional computers the building blocks are **bits** that can be either 1 or 0.

In quantum computers one wants to use quantum bits (**qubits**) that can be in states $|1\rangle$ or $|0\rangle$ — or a **superposition** of them.

Spin qubit

Use spins as bits?

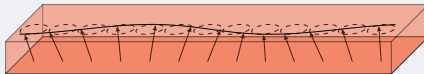
$$|\uparrow\rangle = |1\rangle,$$

$$|\downarrow\rangle = |0\rangle.$$

Spin currents

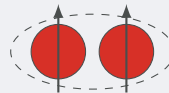


or



Spin supercurrents

Generate triplet electron pairs using e.g. magnets



Electron pair

Atoms and the periodic table

For a neutral atom of atomic number Z , with a nucleus with charge Ze and Z electrons with mass m_e and charge $-e$, we have the Hamiltonian

$$H = \sum_{j=1}^Z \left\{ -\frac{\hbar^2}{2m_e} \nabla_j^2 - \frac{1}{4\pi\epsilon_0} \frac{Ze^2}{r_j} \right. \quad (\text{kinetic + el-nucl interaction}) \\ \left. + \frac{1}{2} \frac{1}{4\pi\epsilon_0} \sum_{k \neq j} \frac{e^2}{|\mathbf{r}_j - \mathbf{r}_k|} \right\} \quad (\text{el-el interaction}).$$

We need to solve $H\psi = E\psi$ for wavefunction $\psi(\mathbf{r}_1, \mathbf{r}_2, \dots, \mathbf{r}_Z)$, but can **only be solved exactly for hydrogen**, $Z = 1$. In practice one must use approximation methods.

We will sketch some **qualitative** features.

Helium — $Z = 2$

For $Z = 2$, we get

$$H = \left\{ -\frac{\hbar^2}{2m_e} \nabla_1^2 - \frac{1}{4\pi\epsilon_0} \frac{2e^2}{r_1} \right\} + \left\{ -\frac{\hbar^2}{2m_e} \nabla_2^2 - \frac{1}{4\pi\epsilon_0} \frac{2e^2}{r_2} \right\} + \frac{1}{4\pi\epsilon_0} \frac{e^2}{|\mathbf{r}_1 - \mathbf{r}_2|}$$
$$\equiv H_1 + H_2 + H_{\text{el-el}},$$

with hydrogenic Hamiltonians H_i , $i = 1, 2$ with nuclear charge $2e$, and electron-electron repulsion term $H_{\text{el-el}}$.

If we ignore $H_{\text{el-el}}$:

$$\psi(\mathbf{r}_1, \mathbf{r}_2) = \psi_{nlm}(\mathbf{r}_1) \psi_{n'l'm'}(\mathbf{r}_2),$$
$$E = 4(E_n + E_{n'}),$$

with hydrogen wavefunctions ψ_{nlm} with half the Bohr radius, and $E_n = -13.6/n^2$ eV.

Helium — Ground state

Using this approximation, we get

$$E_0 = -109 \text{ eV}$$

and

$$\psi_0(\mathbf{r}_1, \mathbf{r}_2) = \psi_{100}(\mathbf{r}_1)\psi_{100}(\mathbf{r}_2),$$

with electrons in the singlet state.

This is lower than the experimental value

$$E_0^{\text{exp}} = -78.975 \text{ eV},$$

since we neglected the **positive** $H_{\text{el-el}}$,

$$H_{\text{el-el}} = \frac{1}{4\pi\epsilon_0} \frac{e^2}{|\mathbf{r}_1 - \mathbf{r}_2|}.$$

Helium — Excited states

For excited states, one electron is in $n = 1$, one is in $n > 1$,

$$\psi_{nlm}\psi_{100}.$$

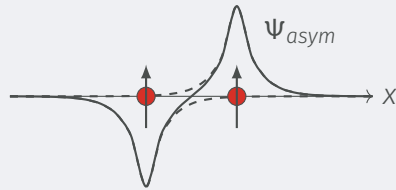
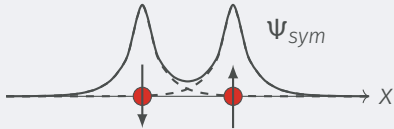
Total state must be antisymmetric:

Parahelium

$$\underbrace{[\psi_{nlm}(\mathbf{r}_1)\psi_{100}(\mathbf{r}_2) + \psi_{nlm}(\mathbf{r}_2)\psi_{100}(\mathbf{r}_1)]}_{\text{symmetric}} \underbrace{[|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle]}_{\text{singlet}}$$

Orthohelium

$$\underbrace{[\psi_{nlm}(\mathbf{r}_1)\psi_{100}(\mathbf{r}_2) - \psi_{nlm}(\mathbf{r}_2)\psi_{100}(\mathbf{r}_1)]}_{\text{antisymmetric}} \left\{ \begin{array}{l} |\uparrow\uparrow\rangle \\ |\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle \\ |\downarrow\downarrow\rangle \end{array} \right\}_{\text{triplet}}$$



The expectation value for the separation is smaller for the symmetric wavefunction.

Helium — Excited states

For excited states, one electron is in $n = 1$, one is in $n > 1$,

$$\psi_{nlm}\psi_{100}.$$

Total state must be antisymmetric:

Parahelium

$$\underbrace{[\psi_{nlm}(\mathbf{r}_1)\psi_{100}(\mathbf{r}_2) + \psi_{nlm}(\mathbf{r}_2)\psi_{100}(\mathbf{r}_1)]}_{\text{symmetric}} \underbrace{[|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle]}_{\text{singlet}}$$

Orthohelium

$$\underbrace{[\psi_{nlm}(\mathbf{r}_1)\psi_{100}(\mathbf{r}_2) - \psi_{nlm}(\mathbf{r}_2)\psi_{100}(\mathbf{r}_1)]}_{\text{antisymmetric}} \left\{ \begin{array}{l} |\uparrow\uparrow\rangle \\ |\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle \\ |\downarrow\downarrow\rangle \end{array} \right\} \underbrace{\hspace{1cm}}_{\text{triplet}}$$

Interaction energy due to $H_{\text{el-el}}$ higher for parahelium, giving parahelium states slightly higher energies than orthohelium states with the same (nlm) .