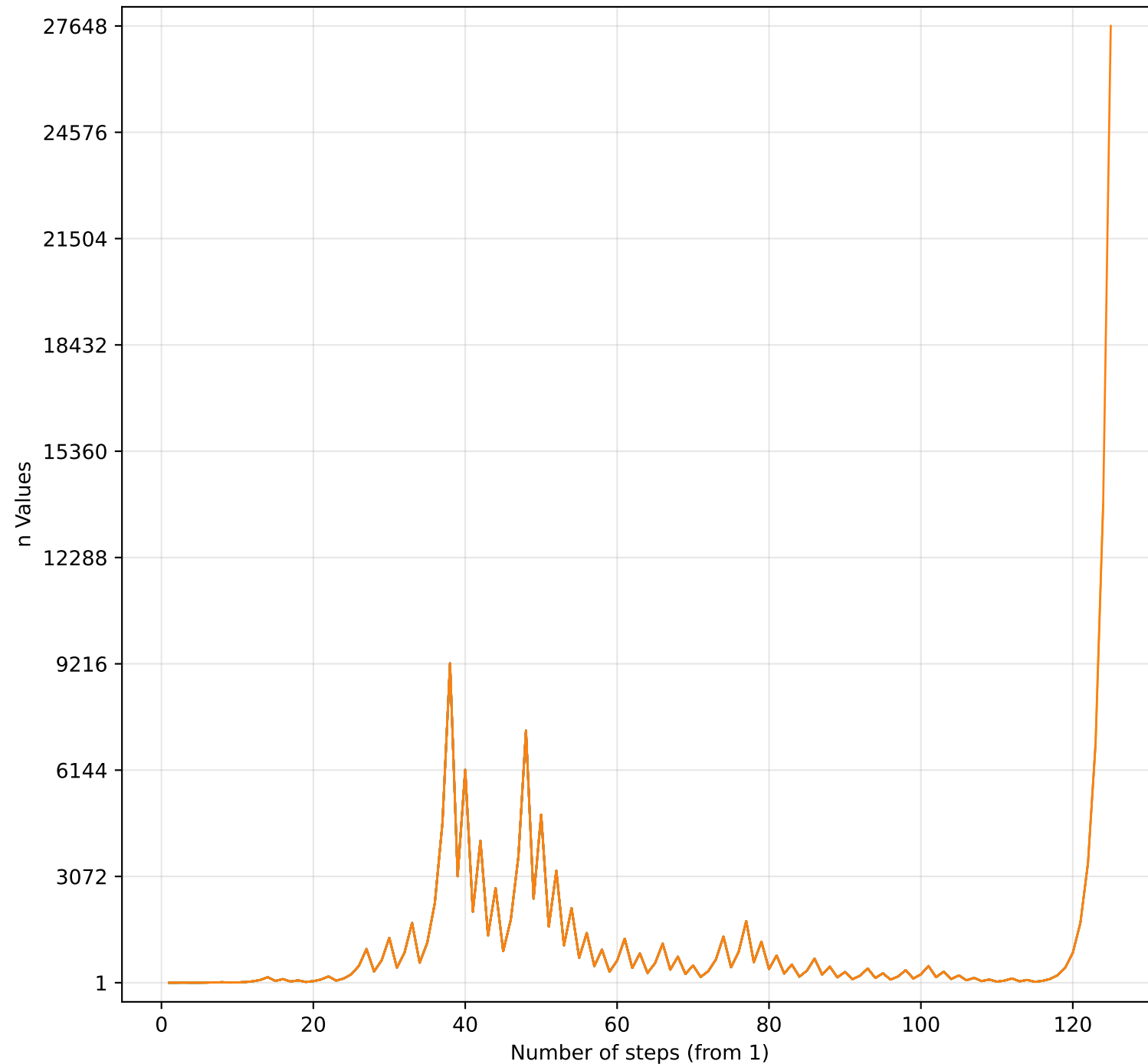Collatz sequence and m sequence for mr=53