

# BCCA Protocol Summary for Adjuvant Therapy for Breast Cancer Using DOCEtaxel and Cyclophosphamide

**Protocol Code**

*BRAJDC*

**Tumour Group**

*Breast*

**Contact Physician**

*Dr. Lee Ann Martin*

## **ELIGIBILITY:**

- ECOG 0-1
- Adequate renal and hepatic function
- Adequate hematological parameters (ANC greater than  $1.5 \times 10^9/L$  and platelets greater than  $90 \times 10^9/L$ )
- High risk, node negative or node positive patients, not otherwise considered best treated with a longer standard 6 to 8 cycle anthracycline or anthracycline plus taxane regimen (e.g. BRAJFEC, BRAJFECd, BRAJACT, etc) as decided by their treating physician.

## **EXCLUSIONS:**

- ECOG 2-4
- pregnancy or lactation
- significant hepatic dysfunction
- greater than or equal to grade 2 sensory or motor neuropathy

## **TESTS:**

- Baseline: CBC & diff, platelets, bilirubin, creatinine, liver enzymes (see Precaution #5 for guidelines regarding hepatic dysfunction and DOCEtaxel)
- Before each treatment (Day 1): CBC & diff, platelets
- If clinically indicated: creatinine, bilirubin, liver enzymes

## **PREMEDICATIONS:**

- Antiemetic protocol for High/Moderate emetogenic chemotherapy (see protocol SCNAUSEA)
- For DOCEtaxel:
  - Dexamethasone 8 mg PO bid for 3 days, starting one day prior to each DOCEtaxel administration. Patient must receive minimum of 3 doses pre-treatment
- DOCEtaxel-induced onycholysis and cutaneous toxicity of the hands may be prevented by wearing frozen gloves starting 15 minutes before DOCEtaxel infusion until 15 minutes after end of DOCEtaxel infusion; gloves should be changed after 45 minutes of wearing to ensure they remain cold during the entire DOCEtaxel infusion.

**TREATMENT:**

Administer cyclophosphamide first to reduce hypersensitivity response to DOCEtaxel

Drug	Dose	BCCA Administration Guideline
Cyclophosphamide	600 mg/m <sup>2</sup>	IV in 100 to 250 mL NS over 20 min to 1 hour
DOCEtaxel	75 mg/m <sup>2</sup>	IV in 250 mL* NS over 1 hour (use non-DEHP equipment)

\* If 75 to 185 mg, use 250 mL bag. If greater than 185 mg, use 500 mL bag.

Repeat every 21 days x 4 cycles.

- If radiation therapy is required, it is given following completion of chemotherapy (see BCCA Cancer Management Manual).

**DOSE MODIFICATIONS****1. Hematological**

ANC (x 10 <sup>9</sup> /L)		Platelets (x10 <sup>9</sup> /L)	Dose	Filgrastim (G-CSF) Option
greater than or equal to 1.5	and	greater than 90	100%	
1 to 1.49	or	70 to 90	75%	100 % regimen with G-CSF 300 mcg SC daily on Days 5 to 12 (adjust as needed)
less than 1	or	less than 70	Delay until ANC <u>greater than 1.5 and plts greater than 90</u> then give 75% of previous cycle doses	Delay until ANC <u>greater than 1.5 and plts greater than 90</u> then give 100 % regimen with G-CSF 300 mcg SC daily on Days 5 to 12 (adjust as needed)

**Febrile Neutropenia**

Event	Dose Reduction Option	Filgrastim (G-CSF) Option
1 <sup>st</sup> episode	75% of previous cycle dose if Day 1 ANC greater than or equal to 1.5 and platelets greater than or equal to 100	100% regimen with G-CSF 300 mcg sc daily on Days 5 to 12 (adjust as needed)
2 <sup>nd</sup> episode	50% of original cycle dose if Day 1 ANC greater than or equal to 1.5 and platelets greater than or equal to 100	75% regimen with G-CSF 300 mcg sc daily on Days 5 to 12 (adjust as needed)
3 <sup>rd</sup> episode	Discontinue protocol or switch to Filgrastim (G-CSF) Option	50% regimen with G-CSF 300 mcg sc daily on Days 3 to 10 (adjust as needed)
4 <sup>th</sup> episode	N/A	Discontinue protocol

## 2. Hepatic

Alkaline Phosphatase		AST +/-or ALT	Dose
less than 2.5 x ULN	and	less than or equal to 1.5 x ULN	100%
2.5 – 5 x ULN	and	1.6 – 5 x ULN	75%
greater than 5 x ULN	or	greater than 5 ULN	discuss with contact physician

ULN = upper limit of normal

### PRECAUTIONS:

- 1. Febrile Neutropenia:** DOCEtaxel-containing adjuvant chemotherapy for breast cancer is associated with an extreme risk of febrile neutropenia approaching 40% in real practice settings, as reported in two outcome studies from Ontario. Thus, strong consideration should be given to using prophylactic G-CSF. Febrile neutropenia rates with prophylactic G-CSF are lower (5-7%) making this the safer option. Fever or other evidence of infection must be assessed promptly and treated aggressively.
- 2. Extravasation:** DOCEtaxel causes pain and tissue necrosis if extravasated. Refer to BCCA [Extravasation Guidelines](#).
- 3. Renal Dysfunction:** Dose modification may be required for cyclophosphamide if creatinine clearance less than 0.3 mL/sec, i.e., less than 18 mL/minute (see BCCA Cancer Drug Manual).
- 4. Fluid Retention (DOCEtaxel):** Dexamethasone premedication must be given to reduce incidence and severity of fluid retention with DOCEtaxel.
- 5. Hepatic Dysfunction (DOCEtaxel):** DOCEtaxel undergoes hepatic metabolism. Hepatic dysfunction (particularly elevated AST) may lead to increased toxicity and usually requires a dose reduction. Baseline liver enzymes are recommended before cycle 1 and then if clinically indicated (e.g., repeat liver enzymes prior to each treatment if liver enzymes are elevated or there is severe toxicity such as neutropenia). Note: this information is intended to provide guidance but physicians must use their clinical judgment when making decisions regarding monitoring and dose adjustments.
- 6. Hypersensitivity reactions to DOCEtaxel** are common but it is not necessary to routinely initiate the infusion slowly. If slow initiation of infusion is needed, start infusion at 30 mL/h x 5 minutes, then 60 mL/h x 5 minutes, then 120 mL/h x 5 minutes, then complete infusion at 250 mL/h (for 500 mL bag, continue 250 mL/h for 5 minutes and then complete infusion at 500 mL/h). Refer to BCCA [Hypersensitivity Guidelines](#).
- 7. Interstitial pneumonitis (DOCEtaxel)** may occur. Risk may be increased with radiation therapy.

### PATIENT EDUCATION:

- For the Patient: cyclophosphamide, and DOCEtaxel.

**Contact Dr. Lee Ann Martin or tumour group delegate at (604) 877-6000 or 1-800-663-3333 with any problems or questions regarding this treatment program.**

Date activated: 01 June 2007

Date revised: 01 Aug 2015 (Eligibility clarified)

**References:**

1. Jones et al., Phase III Trial Comparing Doxorubicin plus cyclophosphamide with docetaxel plus cyclophosphamide as adjuvant therapy for operable breast cancer. *J Clin Oncol* 2006;24(34):5381-7.
2. Jones S, Holmes, F, O'Shaughnessy, J, et al. Extended follow-up and analysis by age of the US Oncology adjuvant trial 9735: docetaxel/cyclophosphamide is associated with an overall survival benefit compared to doxorubicin/cyclophosphamide and is well tolerated in women 65 or older. *San Antonio Breast Cancer Symposium* 2007, abstract 12.
3. Koch et al. Retrospective Analysis of the incidence of allergic reactions with the use of docetaxel in different combinations (TC vs TAC vs AC-T). *ASCO 2009 Breast Cancer Symposium*, abstract 309.
4. Vandenberg T, Younus J, and Al-Hkayyat S. Febrile neutropenia rates with adjuvant docetaxel and cyclophosphamide chemotherapy in early breast cancer: discrepancy between published reports and community practice – a retrospective analysis. *Curr Oncol* 2010;17(2):2-3.
5. Soong D et al. High rate of febrile neutropenia in patients with operable breast cancer receiving docetaxel and cyclophosphamide. *J Clin Oncol* 2009;27(26):101-2.
6. Chan A et al. Impact of colony-stimulating factors to reduce febrile neutropenic events in breast cancer patients receiving docetaxel plus cyclophosphamide chemotherapy. *Supp Care Cancer* 2011;19:497-504.
7. Jones S et al. Docetaxel with cyclophosphamide is associated with an overall survival benefit compared with doxorubicin and cyclophosphamide: 7-year follow-up of US Oncology Research Trial 9735. *J Clin Oncol* 2009;27(8):1177-83.