

AYAMI HIGASHI

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SUMMARY

Disciplined Operating Room Staff Nurse offering 2+ years of experience in healthcare in MedSurg and OR setting. Known for excellent bedside manner and efficient communication with colleagues. Knowledgeable in standard nursing diagnoses and OR equipment. Desire to improve patient safety and hospital care efficiency.

PROFESSIONAL EXPERIENCE AND MEMBERSHIPS

Recent enrollment in Professional Development Recognition Program (PDRP) at Virginia Mason Franciscan Health where nurses are supported in researching evidence-based topics to potentially help their department or patient population or gain certification in their specialty.

2021 Graduate of Virginia Mason's Perioperative Residency with completion of an evidence-based research project on surgical site infection risk and the use of disposable surgical headwear vs. reusable cloth hats.

Active member of Association of periOperative Registered Nurses (AORN).

SKILLS

- Medical Procedure Preparation
- Advocate for patient safety
- Critical Thinking
- Patient Care Assessment
- Care Coordination
- Attention to Detail

WORK HISTORY

01/2021 to Current **Registered Nurse, Operating Room**

Virginia Mason Franciscan Health – Seattle, WA

- Facilitator/Charge Nurse for separate OR buildings; evaluate the schedule for any delays for surgical cases and problem-solve to offer solutions to help decrease amount of delays, assist turn-over, close-loop communication with prep, recovery, surgical team, patients and OR staff on important case status.
- Assess for patient medical readiness such as: if patient has a pacemaker and requires additional monitoring, assessing hematocrit and evaluating if units of blood are in house and ordered for the case, ensuring patient has a Covid-19 test result before heading back to prep, etc.
- Advocate for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying patient safety risks.

- Provide didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.

10/2019 to 12/2020 **Registered Nurse, Medical-Surgical Unit**
Virginia Mason Franciscan Health – Seattle, WA

- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management before discharge.
- Performed at least 5-10 hand-hygiene and PPE audits per week to evaluate adherence and recognize areas of improvement to promote a safe environment for staff and patients.
- Performed assessments on patients for risks of pressure sores, falls, self-harm, medical adherence and implement interventions to prevent said risks, and evaluate if interventions were successful or need for re-evaluation.

EDUCATION

09/2019 **Bachelor of Science**
Seattle University - Seattle, WA
 GPA: 3.68

Expected in 08/2022 **Certificate: Full Stack Coding Bootcamp**
University of Washington - Seattle, WA

Current Languages:

- HTML, CSS, Javascript

Taught in curriculum:

- React.js, Node.js, MySQL and more

CERTIFICATIONS

Active RN license in state of Washington

AHA BLS Certified

AORN Periop 101: Core Curriculum and Didactic Course