## INTERNATIONAL ACADEMY OF ARTS AND SCIENCES

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① Sick Policy

Illness is an expected part of childhood. Undeveloped immune systems and increased exposure make illness even more expected in pre-school children. However, we must still do our best to minimize the risk of serious illness among our children by requiring parents to follow the school policy on illness. Unlike adults, children under the age of six years rarely contact "24 hour bugs." Rather, once infected, they remain ill for several days. Therefore, caution must be taken before sending a sick child back to school. The following is the school policy on specific illnesses and will be strictly enforced. If your child has an illness or symptoms not specified below, please consult the director before returning your child to school.

- \* Any child absent due to illness for three days or more is required to have a doctor's note to return.
- \* Any child on antibiotics (oral, topical, eye drops) must be on medication for 48 hours before returning.

The following common illnesses or conditions require you to keep your child at home for 48 hours after the condition is first noted, <u>if symptoms do not persist</u> or 24 hours <u>after the symptoms are no longer present</u>:

- Severe pain
- Acute diarrhea (loose stools twice the normal frequency in 24 hours)
- Vomiting
- Oral temperature over 101.5 °F or axillary (armpit) temperature over 100.0 °F
- Yellow eyes or jaundiced skin
- Red eyes with discharge
- Infected, untreated skin patches
- Difficult, rapid breathing
- Skin rashes lasting more than one day
- Weeping, bleeding skin lesions
- Swollen joint
- Stiff neck and/or swollen lymph nodes
- Blood in urine
- Head lice
- Influenza

The following diseases **require a doctor's note** before returning to school. There will be no exceptions.

- Chicken pox
- Salmonella, Shigella or infectious diarrhea
- Measles
- Strep throat
- Impetigo
- Tinea corporis (ringworm)
- Croup
- Pertussis (whooping cough)