

ENVS 240

Jterm2020 Course Eval

February 26, 2020 2:02 PM CST

Q4 - The course I took was

#	Field	Choice Count
4	Environmental Studies 240: Environmental Issues in the Pacific Northwest	8

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#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	The course I took was	4.00	4.00	4.00	0.00	0.00	8

Q32 - Please indicate your level of agreement with the following statements pertaining to the portion of the program Prior to Departure

#	Field	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Total
1	The application process was straightforward and clear.	0	0	0	5	3	8
2	I received sufficient information from the Center for Global Learning to navigate the process from acceptance to my actual departure.	0	0	0	6	2	8
3	The Center for Global Learning pre-departure orientation (the large group session in Valders 206) prepared me for my off-campus course (leave blank if you participated in a domestic program).	0	0	3	0	0	3
4	The pre-departure session(s) conducted by my program leader(s) prepared me for my off-campus course.	0	0	0	4	4	8

Showing rows 1 - 4 of 4

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	The application process was straightforward and clear.	4.00	5.00	4.38	0.48	0.23	8
2	I received sufficient information from the Center for Global Learning to navigate the process from acceptance to my actual departure.	4.00	5.00	4.25	0.43	0.19	8
3	The Center for Global Learning pre-departure orientation (the large group session in Valders 206) prepared me for my off-campus course (leave blank if you participated in a domestic program).	3.00	3.00	3.00	0.00	0.00	3
4	The pre-departure session(s) conducted by my program leader(s) prepared me for my off-campus course.	4.00	5.00	4.50	0.50	0.25	8

Q37 - Please reflect on the pre-departure preparations. Are there topics that were not covered in your pre-departure preparations that you would have liked the CGL staff/program leaders to cover?

Please reflect on the pre-departure preparations. Are there topics that wer...

None

I thought it was very thorough, perhaps a bit too much so.

Meetings got started a little later than I expected but once we had the meetings I felt very prepared

I thought I was well prepared.

I was very satisfied with pre-departure preparations.

Pre-departure preparations were well thought out and gave time to go over all questions.

Our pre-departure preparations prepared me for the study away experience.

Q38 - With respect to packing, what do you wish you had brought with you? What do you wish you had left behind?

With respect to packing, what do you wish you had brought with you? What do...

I wish that I brought less stuff. One big suitcase would have been better than hauling around multiple little ones.

I kind of wish I had downsized a lot of my clothing. I feel like I brought way too much. But to be honest I'd rather be over prepared than under prepared. Overall, I felt like I did a good job on packing.

I brought my guitar and I probably didn't play it enough on the trip that it was worth bringing.

I actually did a pretty good job packing. For the most part I didn't have anything I was missing. I could have packed less running socks bc I ended up running in my longer warmer socks. We were told to bring lightweight snowpants but I sort of wished I had had my regular snowpants since we were outside for so long.

I was pretty happy with my packing, perhaps a little overambitious with the number of books I packed though!

I was happy with the list that was given to me and felt like I packed very well for this trip.

I felt I was very prepared with what I had, but brought a few too many clothes that I could have left behind.

I wish I had brought a watch with me. I wish I left behind some of the extra clothes I packed.

Q39 - Please indicate your level of agreement with the following statements pertaining to the Off-Campus Program

#	Field	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Total
1	There was a strong connection between the course content and the program location(s).	0	0	0	2	6	8
2	The amount of time allocated to structured "class time," group experiential learning, and free time was balanced.	0	0	0	2	6	8

Showing rows 1 - 2 of 2

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	There was a strong connection between the course content and the program location(s).	4.00	5.00	4.75	0.43	0.19	8
2	The amount of time allocated to structured "class time," group experiential learning, and free time was balanced.	4.00	5.00	4.75	0.43	0.19	8

Q40 - Please provide further comment on your answers above, as desired.

Please provide further comment on your answers above, as desired.

Holden was super relevant to the course content; we covered plenty of environmental case studies and Holden itself / the mining and remediation could have easily been a part of our textbook.

We talked about environmental issues in the Pacific Northwest and well, that's where we were living, allowing for us to go out and make connections. We had a very balanced schedule, class time in the morning, homework for the next day but afternoons to have for free time, which I think the majority of people on this specific trip really used that free time to their advantage and got the most out of it than I feel other trips might of.

At Holden, we had a lot of free time to make the experience our own. I really appreciated that part of the experience, because if we had a lot more busy work, the experience would not have been as restorative and valuable.

Q41 - Tell about an experience that enhanced your understanding of yourself or changed you.

Tell about an experience that enhanced your understanding of yourself or ch...

Reading books on ethics in the Holden library gave me a new perspective on life and allowed me to explore my values.

Being at Holden was probably one of by far the best opportunities I've ever had. I learned so much about myself, others, and the environment. I will be forever grateful for that. Being up in the mountains with no connection to the outside world really helped me connect with myself on a level I've never done before.

I walked through a labyrinth lit by candles and it was one of the most beautiful things that I have ever seen. The scenery at Holden evokes wonder like nowhere else that I have been. I won't forget this experience. I have to recall that every place has a bit of wildness to be celebrated.

I don't think there was one specific experience. It was the gradual process of adapting to life at Holden - eating vegetarian, starting to enjoy Vespers services, having lower-stress days that allowed me to be more creative, and bonding with my tripmates - that changed me.

Being apart from technology, and with a limited amount of possessions really changed the way in which I interact with people for the better and allowed me to form much stronger relationships with my peers. I wish we could see more of that strong, intentional community at Luther.

The fact that we were so disconnected from technology allowed for me to take more things in without distractions. I made deeper personal connections with myself, the people around me and the environment I was living in.

Being off of the grid for almost a month was amazing. I never thought about checking my phone or what other people were doing online. I was able to truly live in the moment and value the time I had at Holden Village. I believe that this experience gave me better insights into what it means to live a meaningful life.

Q42 - Tell about an experience that enhanced your understanding of the location(s) where you studied.

Tell about an experience that enhanced your understanding of the location(s)...

Going to village events: Vespers, naturalist, sling lessons, weaving

Everyday I felt like I learned something new and interesting about Holden Village. It was such a unique and interesting place. I can't wait to go back some day.

I got to sing Holden evening prayer with two of my classmates from Luther. The villagers were very appreciative and kind to us after we performed. This service was a big part of the Holden culture, and they really emphasized that we did a great job with it, which was really nice.

I was on garbo duty very early on, and got to help process compost and sort recycling. John told us all about how waste management works at Holden, and it was super interesting and helped me understand more about Holden's food/waste/sustainable philosophy.

While discussing the topic of endangered species and tensions with the timber industry, a villager we all greatly respected joined our class discussion and told us about his family relied on the timber industry. Seeing his side of the story really gave us all a new perspective on the debate and changed the way we approached the discussion.

Two of the days on our trip the avalanche predictions were very high all around us, which made me recognize that even though we are now living in such a human centered world, we cannot control everything and sometimes we need to recognize that we need to step back with our roles in the world and realize that there are bigger roles out there than us.

Since our class at Holden Village was environmental issues in the Pacific Northwest, basically everything we learned enhanced my understanding about where we studied. I learned about how dams impact salmon populations, grizzly bear reintroduction, spotted owls and the logging industry, etc.

Q43 - Which program field trips, excursions, museum visits, etc. did you find particularly enriching.

Which program field trips, excursions, museum visits, etc. did you find par...

Tour of the hydro plant and working in garbology

I loved being able to cross country ski all of the time. I also really liked the hydroelectric power plant tour that we did.

On the last night, we hiked out to the baseball field, where some of us had built a snow fort. Nearly the entire class came and crammed into the fort and stargazed. Someone started singing about being outside in the woods in the snow and we all just listened to her; it was very peaceful and meaningful. Someone else asked what we would miss about Holden, and we went around the entire group offering our answers. This wasn't organized by Holden or by our professor, but it seemed to sum up the essence of our experience quite well.

We were in the village the whole time but we got to tour their hydroelectric plant as well as some of the effects of the mine remediation which were very interesting.

Just being able to go outside everyday and seeing the landscape around us was fulfilling enough. Having the opportunity to walk 5 minutes and you can be on a trail that is for skiing or snowshoeing or just walking.

A few times groups of us would hike into protected wilderness areas. The Cascade Mountains were surrounding us and it was so beautiful.

Q45 - Please indicate your level of agreement with the following statements pertaining to

Accommodations/Transportation/Food

#	Field	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Total
1	I was satisfied with the accommodations.	0	0	0	2	6	8
2	I was satisfied with the classroom/meeting spaces.	0	0	0	1	7	8
3	I was satisfied with the ground transportation arrangements.	0	0	0	4	4	8
4	I was satisfied with the air transportation arrangements.	0	0	5	0	0	5
5	I was satisfied with the number of group meals.	0	0	0	1	7	8
	I was satisfied with the quality of group meals.	0	0	0	1	7	8

Showing rows 1 - 6 of 6

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	I was satisfied with the accommodations.	4.00	5.00	4.75	0.43	0.19	8
2	I was satisfied with the classroom/meeting spaces.	4.00	5.00	4.88	0.33	0.11	8
3	I was satisfied with the ground transportation arrangements.	4.00	5.00	4.50	0.50	0.25	8
4	I was satisfied with the air transportation arrangements.	3.00	3.00	3.00	0.00	0.00	5
5	I was satisfied with the number of group meals.	4.00	5.00	4.88	0.33	0.11	8
6	I was satisfied with the quality of group meals.	4.00	5.00	4.88	0.33	0.11	8

Q46 - Please comment on aspects related to accommodations, transportation, and food.

Your insights will help us improve future programs.

Please comment on aspects related to accommodations, transportation, and fo...

Train ride is long and it's hard to sleep, but it's cool to see the scenery and it decreases the group's carbon footprint.

We traveled by train out to Washington and that was really cool. I highly recommend keeping that.

Holden is so accommodating and the food is excellent. They didn't serve much meat but I don't have a problem with that because I am vegetarian. We rode a party bus from Chelan to Wenatchee, which was quite the experience. We took the train from Saint Paul to Wenatchee, and I did not sleep super well on the train because there were little kids crying.

I miss Holden bread already Sleeping on the train was rough, but the existence of the party bus made up for it I loved eating every meal together

I thought the whole process of transportation went very smoothly and I was very pleased. The party bus from Wenatchee to Chelan was a hoot!

The train was awesome, and the greatest way to travel to the place that we did.

All aspects above were mostly provided by the village itself and they did an extremely nice job preparing and hosting us.

The food at Holden Village was AMAZING. Basically every meal was vegetarian and they always had vegan options. I don't know if I will ever eat that well again in my life.

Q44 - How much did you personally spend on food while at the program location(s).

#	Field	Choice Count
1	<\$100	8
2	\$101-\$200	0
3	\$201-\$300	0
4	\$301-\$400	0
5	\$401-\$500	0
6	\$501-\$600	0
7	>\$601	0
		8

Showing rows 1 - 8 of 8

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Total Spent	1.00	1.00	1.00	0.00	0.00	8

Q59 - What few words or phrases would you use to describe the experience to others?

What few words or phrases would you use to describe the experience to other...

Incredible, super fun, winter wonderland

Literally incredible. I almost can't put it into words how amazing this trip was.

Awe-inspiring, spiritual, broadens your horizons, long-lasting friends.

incredible like being at camp, but academically stimulating welcoming a place for self-improvement and figuring stuff out

Intentional community, snowy haven, winter adventure, calm and reflective.

This trip was full of one new experience after another, allowing for me to take a break from the "real world" and really take in the people and environment around me. I always knew I was passionate about the environment but after this trip I feel I have found a new side of myself.

Restorative, reflective, centering, meaningful, life-giving

Q58 - Would you recommend this program to others? Why or why not?

Would you recommend this program to others? Why or why not?

Yes- Holden is a life changing experience and it's an awesome place to be for a month

Yes!!!! It was literally so amazing and I met so many amazing people because of it. I found out a lot about myself, others, and the environment. It was a good way to take a break from the craziness and stresses of life.

Yes I would. Holden is a fantastic place to experience. The villagers that live there really made the experience for me. It is a great place to learn, but I also had some much needed time to reflect on my plans for the future. Also, the distance from technology was super great. I felt like I really got to know the people in my group.

YES. Holden was a unique atmosphere where I had a lot of fun but also learned a lot. My classmates and I got to try tons of new things, like skiing and weaving and some crazy Just Dance moves. The emphasis on community there helped me bond with the Luther folks and we have all continued talking now that we're back at school.

I would absolutely recommend Holden because it was the perfect opportunity to slow down, enjoy a simple way of life, engage with some amazing people, and grow as a human being!

Yes! Holden is an incredible place that provides for a ton of academic and personal growth and learning, and it's just so fun to be in such a unique place for a longer period of time.

This program was an 11/10! I would say one of the best decisions I have made here at Luther so far. This program gives students (environmental studies or not) an insight on how difficult it is to understand our relationship with the environment, and teaches us how we may go about resolving these conflicts. While learning how we can do that, you are given time to go out and explore the environment for yourself making your own connections and experiences that you can bring with you anywhere you go in the world.

I would absolutely recommend this program to others. I think no matter what you are studying, Holden Village is a place that accepts anyone. Holden Village will change your life for the better. Being off the grid for a month is a once in a lifetime opportunity as well.

End of Report