# Introduction to Double Descent

CS 229 Summer 2022



#### Overview

- Background
- Double Descent Phenomenon
- Possible Explanations
- Related Research

#### Data generating process

Let the training dataset be:

$$S = \{x(i), y(i)\}_{i=1}^{n}$$

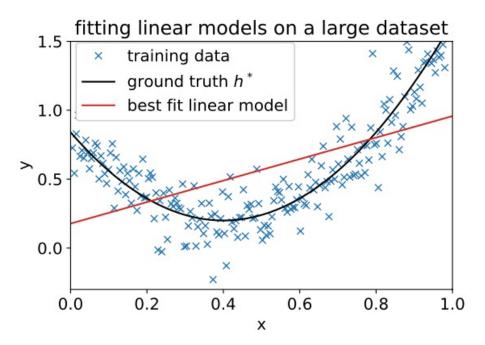
Such that:

$$y(i) = h^*(x(i)) + \xi(i)$$
$$\xi(i) \sim \mathcal{N}(0, \sigma^2)$$

Denote the model trained on the dataset as:  $\hat{h}_{\mathcal{S}}$ 

#### Recap of Bias

• Data generated by a quadratic  $h^*$  function:



#### Recap of Bias

Bias = Test error when model is given infinite training data

Equivalently, let  $h_{avg}$  be average of models trained on many different datasets S:

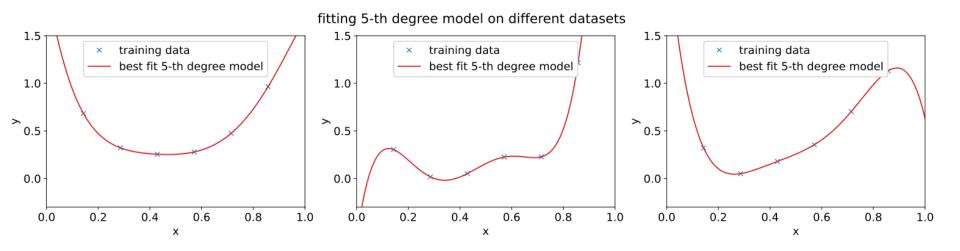
$$h_{avg}(x) = \mathbb{E}_{\mathcal{S}}[h_{\mathcal{S}}(x)]$$

Then,

$$Bias^2 = (h^*(x) - h_{avg}(x))^2$$

#### Recap of Variance

Depending on the training dataset S we draw, our learned model can look very different



## Recap of Variance

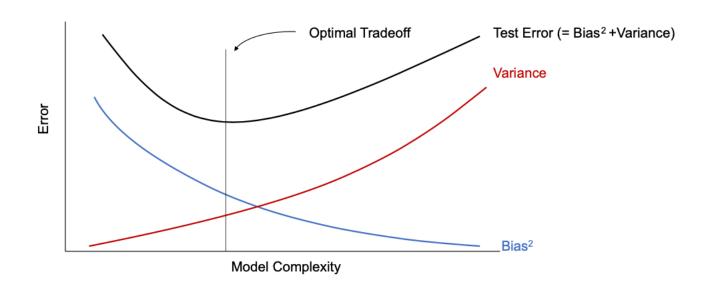
Variance = Measure of deviation of a prediction function varies from average

The term captures sensitivity of model to randomness in training data:

Variance = 
$$\mathbb{E}[(h_{\mathcal{S}}(x) - h_{avg}(x))^2]$$

#### Bias-Variance Trade-off

$$MSE(x) = \sigma^2 + \mathbb{E}[(h^*(x) - h_S(x))^2]$$
$$= \sigma^2 + Bias^2 + Variance$$



# What is model complexity?

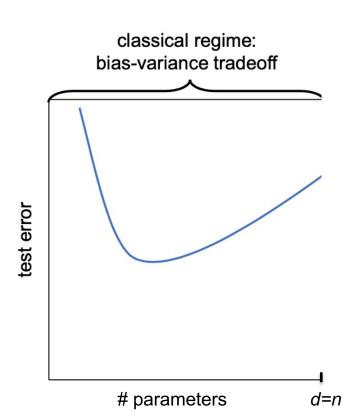
#### This can be ambiguous:

- O Number of parameters?  $y = \theta_0 + \theta_1 \cdot x$  vs.  $y = \theta_0 + \theta_1 \cdot x + \theta_2 \cdot x^2$
- $\circ$  Structure of model?  $y= heta_0+ heta_1\cdot x+ heta_2\cdot x^2$   $y= heta_0*\sin( heta_1\cdot x)$

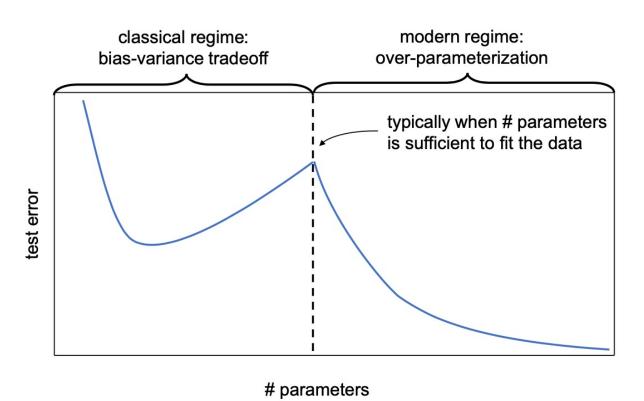
## Complexity = Number of parameters

Let *d* represent the number of parameters

Let *n* represent the training dataset size



#### The test error starts decreasing again!



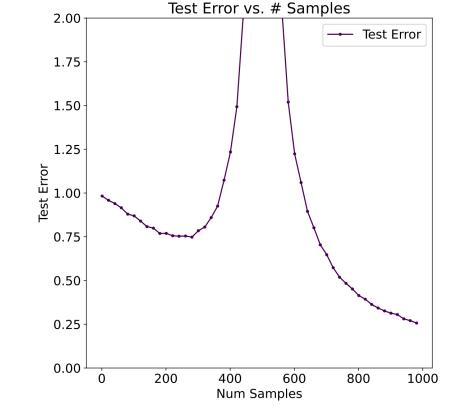
## It gets even more interesting...

Data distribution (x, y) is:

$$x \sim \mathcal{N}(0, I_d)$$

$$y \sim x^T \beta + \mathcal{N}(0, \sigma^2)$$

- $\sigma = 0.5$
- d = 500
- $\|\beta\|_2 = 1$



Data is isotropic gaussian ( $\Sigma \propto I$ )

# A Statistical Perspective

This phenomenon is interesting for a slightly different reason:

Example: Sample mean in statistics:

$$\overline{X} = \frac{1}{n} \sum_{i=1}^{n} X_i$$

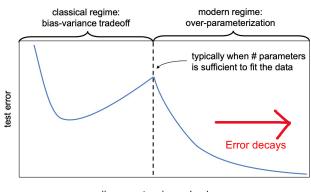
$$\overline{X} \stackrel{p}{\to} \mu$$

## Why is this happening?

Nobody knows for sure...

One idea is gradient descent is implicitly regularizing the learning process (e.g., gradient descent acts like L2-norm regularization)

The test error seems to get smaller in the over-parameterized regime



#parameters/sample size

# So, why the peak? A case in linear regression

Long story short. For the data generating process shown below:

$$x \sim \mathcal{N}(0, I_d)$$
  $y \sim x^T \beta + \mathcal{N}(0, \sigma^2)$ ,  $\hat{\beta} = X^\dagger y = egin{cases} rgmin_{eta:Xeta=y} ||eta||^2 & ext{when } n \leq d & ext{("Overparameterized")} \ rgmin_{eta} ||Xeta-y||^2 & ext{when } n > d & ext{("Underparameterized")} \end{cases}$ 

Let's break down the overparameterized case, into two sub-cases:

- $n \ll d$
- $n \approx d$

# Overparameterized case in linear regression

- For  $n \ll d$ , there are many solutions to beta:  $X\hat{\beta} = y$ . So gradient descent can find the minimum-norm solution.
- For  $n \approx d$  (interpolation threshold), there is only one solution. However, since data is noisy,  $\beta$  must fit to the noise:

$$\hat{\beta} = X^{\dagger}y = X^{\dagger}(X\beta + \eta) = \underbrace{X^{\dagger}X\beta}_{\text{signal}} + \underbrace{X^{\dagger}\eta}_{\text{noise}}$$

X becomes singular near  $n \approx d$ , causing noise (and thus, error) to have very high norm.

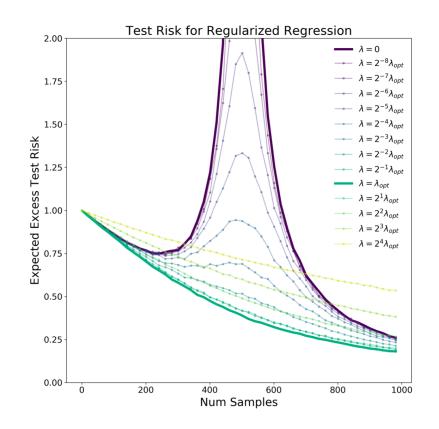
Read [1] for more details!

# Optimal regularization mitigates double descent

Adding a penalty to the loss function forces a solution that does not blow up the test error (ridge regression) [2]:

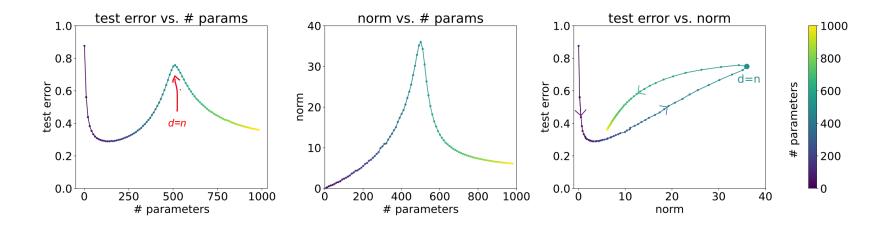
$$\hat{\beta}_{\lambda} := \operatorname{argmin}_{\beta} ||X\beta - \vec{y}||_{2}^{2} + \lambda ||\beta||_{2}^{2}$$

 $\lambda$  is tuned for each sample size n. Under certain assumptions,  $\lambda_{opt}$  is independent of n!



#### Double Descent is *not* a universal phenomenon

What if we measure model complexity by the "norm" of the parameters?



Model shown here is linear regression on n = 500 examples, from the Fashion-MNIST dataset [2].

#### This is still an open research area!

- What happens if we remove isotropic restriction from data?
- Properties for non-linear regression case can we mathematically show what's happening for more complex models?

#### References

- 1. Preetum Nakkiran. More data can hurt for linear regression: Sample-wise double descent. 2019. <a href="https://arxiv.org/pdf/1912.07242.pdf">https://arxiv.org/pdf/1912.07242.pdf</a>
- Preetum Nakkiran, Prayaag Venkat, Sham Kakade, and Tengyu Ma. Optimal regularization can mitigate double descent. 2020. <a href="https://arxiv.org/pdf/2003.01897.pdf">https://arxiv.org/pdf/2003.01897.pdf</a>
- 3. Song Mei and Andrea Montanari. The generalization error of random features regression: Precise asymptotics and the double descent curve. Communications on Pure and Applied Mathematics, 75(4):667–766, 2022.