# CCFA PARTNERS: AN INTERNET-BASED COHORT STUDY

Core Baseline Adult Survey
Version 5.3

## **Funding Source**

Crohn's & Colitis Foundation of America

## **CCFA Program Official**

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#### CCFA Partners Dictionary - Welcome Page (v5)

(Report created at: 2014-06-23 12:47:48)

#### [ Home - All Versions & Forms ]

#### Used in:

- Baseline v5 start from 2014-04-11
- Baseline v5.1 start from 2014-05-07
- Baseline v5.2 start from 2014-05-12
- Baseline v5.3 start from 2014-05-21

SAS Labels
SAS Formats

## **Section 1. Welcome Page**

Thank you for your interest in CCFA Partners. As you may know, we are actively seeking patients with IBD to join the Partners project.

Q310 - How old are you?

- 1 = Younger than 18 years old
- 2 = Between 18 and 25 years old
- 3 = Older than 25 years old

Q315 - Were you a participant in CCFA Partners Kids & Teens?

1 = No

2 = Yes

What email address did you use for Partners Kids & Teens?

Q317 - Parent email address:

Q318 - Child email address:

Q281 - How did you hear about CCFA Partners? [Check all that apply]

Q281\_1 - Email from CCFA

Q281 2 - CCFA.org website

Q281\_3 - Physician

Q281 4 - Other healthcare professional

Q281\_5 - CCFA newsletter

Q281\_13 - CCFA Information Resource Center (IRC)

Q281\_6 - CCFA Social media (Facebook, Twitter)

Q281\_7 - From a friend

Q281 8 - Family member

Q281\_9 - CCFA meeting or event

Q281\_10 - Internet search

Q281\_11 - Newspaper or magazine

Q281\_12 - Radio or TV

Before we begin, we need to ask about YOUR IBD status.

Q120 - Has a doctor EVER told you that YOU have Inflammatory Bowel Disease?

1 = Yes, Crohn's disease

2 = Yes, ulcerative colitis

3 = Yes, indeterminate colitis

4 = Yes, other colitis

5 = No, I don't have IBD

There are different types of colitis. Have you ever been told that you have any of the following types?

	1 = Yes	2 = No	3 = Don't know
200 - Lymphocytic colitis	0	0	0
240 - Collagenous colitis	0	0	0
280 - Microscopic colitis	0	0	0

Q282 - Your email was on file with the Crohn's & Colitis Foundation of America because: [Check all that apply]

Q282\_1 - I have one or more family members with IBD

Q282\_2 - I have one or more friends with IBD

Q282\_3 - I am a physician

Q282\_4 - I am a nurse

Q282\_5 - I work in the health research field (non-clinician)

Q282 6 - I work for a media organization interested in IBD

Q282\_7 - I work for a pharmaceutical company

Q282\_8 - For some other reason

Q283 - Are you the parent of a child (younger than 18 years) with IBD?

1 = Yes

2 = No

## CCFA Partners Dictionary - Email Page (v2)

(Report created at: 2014-06-23 12:48:35)

## [ Home - All Versions & Forms ]

#### Used in:

- Baseline v2 start from 2011-11-22
- Baseline v2.1 start from 2011-12-14
- Baseline v2.2 start from 2012-04-24
- Baseline v2.3 start from 2012-06-22
- Baseline v2.4 start from 2012-08-06
- Baseline v3 start from 2012-12-21
- Baseline v4 start from 2013-07-12
- Baseline v4.1 start from 2013-07-19
- Baseline v4.2 start from 2013-09-17
- Baseline v4.3 start from 2013-10-24
- Baseline v5 start from 2014-04-11
- Baseline v5.1 start from 2014-05-07
- Baseline v5.2 start from 2014-05-12
- Baseline v5.3 start from 2014-05-21

SAS Labels
SAS Formats

## Section 1. Email Page

Please confirm the email address you would like us to use to contact you in the future. The address we used to invite you to join CCFA Partners is [[useremail]]

Q40 - Is this the address you would like CCFA Partners to use to contact you in the future?

1 = Yes

2 = No, I want to use a different email address

Q80 - What email address would you like CCFA Partners to use to contact you in the future?

#### CCFA Partners Dictionary - Background Info (v5.3)

(Report created at: 2014-06-23 12:48:49)

#### [ Home - All Versions & Forms ]

#### Used in:

- Baseline v5.3 start from 2014-05-21

Section 1. Demographics

Section 2. Health Care

Section 3. Smoking History

Section 4. Characteristics of your IBD

Section 17. Extra Intestinal Manifestations

Section 5. IBD Medications

Section 6. Use of IBD Medications

Section 7. Pain Medications

Section 8. Family History

Section 9. Colitis History

Section 10. Crohn's History

Section 11. Crohn's Activity

Section 12. Prevention

Section 13. Exercise - Daily Activity

Section 14. Health Status - Quality of Life

Section 15. Health Status - PROMIS

Section 18. Transitioning

Section 16. Comments & Feedback

**SAS Labels** 

**SAS Formats** 

## **Section 1. Demographics**

Q320 - How old were you on your last birthday?

Q360 - Are you...?

1 = Male

2 = Female

Q400 - How tall are you?

0 = --- Please choose a unit ---

1 = Feet/Inches

2 = Meters

Qs400 1 1 - Specify feet for option 1 (Feet/Inches) of Q400 - How tall are you?

Qs400\_1\_2 - Specify inches for option 1 (Feet/Inches) of Q400 - How tall are you?

Qs400\_2\_1 - Specify meters for option 2 (Meters) of Q400 - How tall are you?

Q520 - How much do you weigh? (enter your weight, then choose the appropriate units)

Qu520 - Unit for Q520 - How much do you weigh? (enter your weight, then choose the appropriate units) 1=pounds (lbs) 2=kilograms (kg) Q530 - Do you live in the United States (or a U.S. territory)? 1 = Yes2 = NoIf Q530=1 (live in USA), show Q560 (which US state or territory), else if Q530=2, show Q9790 (which country) Q560 - In which U.S. state or territory do you live? 0 = --- Please select a state ---1 = ALABAMA2 = ALASKA60 = AMERICAN SAMOA 4 = ARIZONA5 = ARKANSAS 6 = CALIFORNIA 8 = COLORADO 9 = CONNECTICUT 10 = DELAWARE 11 = DISTRICT OF COLUMBIA 12 = FLORIDA 13 = GEORGIA 66 = GUAM15 = HAWAII 16 = IDAHO 17 = ILLINOIS 18 = INDIANA 19 = IOWA 20 = KANSAS 21 = KENTUCKY 22 = LOUISIANA

23 = MAINE 24 = MARYLAND

26 = MICHIGAN 27 = MINNESOTA 28 = MISSISSIPPI 29 = MISSOURI 30 = MONTANA 31 = NEBRASKA 32 = NEVADA

25 = MASSACHUSETTS

33 = NEW HAMPSHIRE 34 = NEW JERSEY 35 = NEW MEXICO 36 = NEW YORK

37 = NORTH CAROLINA 38 = NORTH DAKOTA

39 = OHIO 40 = OKLAHOMA 41 = OREGON 42 = PENNSYLVANIA 72 = PUERTO RICO 44 = RHODE ISLAND 45 = SOUTH CAROLINA 46 = SOUTH DAKOTA 47 = TENNESSEE 48 = TEXAS

5

- 49 = UTAH
- 50 = VERMONT
- 78 = VIRGIN ISLANDS
- 51 = VIRGINIA
- 53 = WASHINGTON
- 54 = WEST VIRGINIA
- 55 = WISCONSIN
- 56 = WYOMING

## if Q530=2, show Q9790 (which country)

Q9790 - What country do you live in?

- 0 = --- Please select a country ---
- 999 = --- Not in this country list ---
- 16 = Åland Islands
- 3 = Afghanistan
- 6 = Albania
- 61 = Algeria
- 1 = Andorra
- 9 = Angola
- 5 = Anguilla
- 10 = Antarctica
- 4 = Antigua and Barbuda
- 11 = Argentina
- 7 = Armenia
- 15 = Aruba
- 14 = Australia
- 13 = Austria
- 17 = Azerbaijan
- 32 = Bahamas
- 24 = Bahrain
- 20 = Bangladesh
- 19 = Barbados
- 36 = Belarus
- 21 = Belgium
- 37 = Belize
- 26 = Benin
- 28 = Bermuda
- 33 = Bhutan
- 30 = Bolivia, Plurinational State of
- 18 = Bosnia and Herzegovina
- 35 = Botswana
- 34 = Bouvet Island
- 31 = Brazil
- 105 = British Indian Ocean Territory
- 29 = Brunei Darussalam
- 23 = Bulgaria
- 22 = Burkina Faso
- 25 = Burundi
- 44 = Côte dIvoire
- 116 = Cambodia
- 47 = Cameroon
- 38 = Canada
- 52 = Cape Verde
- 123 = Cayman Islands
- 41 = Central African Republic
- 212 = Chad
- 46 = Chile
- 48 = China
- 53 = Christmas Island

- 39 = Cocos (Keeling) Islands
- 49 = Colombia
- 118 = Comoros
- 42 = Congo
- 40 = Congo, the Democratic Republic of the
- 45 = Cook Islands
- 50 = Costa Rica
- 97 = Croatia
- 51 = Cuba
- 54 = Cyprus
- 55 = Czech Republic
- 58 = Denmark
- 57 = Djibouti
- 59 = Dominica
- 60 = Dominican Republic
- 62 = Ecuador
- 64 = Egypt
- 208 = El Salvador
- 87 = Equatorial Guinea
- 66 = Eritrea
- 63 = Estonia
- 68 = Ethiopia
- 71 = Falkland Islands (Malvinas)
- 73 = Faroe Islands
- 70 = Fiji
- 69 = Finland
- 74 = France
- 79 = French Guiana
- 174 = French Polynesia
- 213 = French Southern Territories
- 75 = Gabon
- 84 = Gambia
- 78 = Georgia
- 56 = Germany
- 81 = Ghana
- 82 = Gibraltar
- 88 = Greece
- 83 = Greenland
- 77 = Grenada
- 86 = Guadeloupe
- 90 = Guatemala
- 80 = Guernsey
- 85 = Guinea
- 92 = Guinea-Bissau
- 93 = Guyana
- 98 = Haiti
- 95 = Heard Island and McDonald Islands
- 233 = Holy See (Vatican City State)
- 96 = Honduras
- 94 = Hong Kong
- 99 = Hungary
- 108 = Iceland
- 104 = India
- 100 = Indonesia
- 107 = Iran, Islamic Republic of
- 106 = Iraq
- 101 = Ireland
- 103 = Isle of Man
- 102 = Israel

- 109 = Italy
- 111 = Jamaica
- 113 = Japan
- 110 = Jersey
- 112 = Jordan
- 124 = Kazakhstan
- 114 = Kenya
- 117 = Kiribati
- 120 = Korea, Democratic Peoples Republic of
- 121 = Korea, Republic of
- 122 = Kuwait
- 115 = Kyrgyzstan
- 125 = Lao Peoples Democratic Republic
- 134 = Latvia
- 126 = Lebanon
- 131 = Lesotho
- 130 = Liberia
- 135 = Libyan Arab Jamahiriya
- 128 = Liechtenstein
- 132 = Lithuania
- 133 = Luxembourg
- 147 = Macao
- 143 = Macedonia, the former Yugoslav Republic of
- 141 = Madagascar
- 155 = Malawi
- 157 = Malaysia
- 154 = Maldives
- 144 = Mali
- 152 = Malta
- 142 = Marshall Islands
- 149 = Martinique
- 150 = Mauritania
- 153 = Mauritius
- 243 = Mayotte
- 156 = Mexico
- 72 = Micronesia. Federated States of
- 138 = Moldova, Republic of
- 137 = Monaco
- 146 = Mongolia
- 139 = Montenegro
- 151 = Montserrat
- 136 = Morocco
- 158 = Mozambique
- 145 = Myanmar
- 159 = Namibia
- 168 = Nauru
- 167 = Nepal
- 165 = Netherlands
- 8 = Netherlands Antilles
- 160 = New Caledonia
- 170 = New Zealand
- 164 = Nicaragua
- 161 = Niger
- 163 = Nigeria
- 169 = Niue
- 162 = Norfolk Island
- 148 = Northern Mariana Islands
- 166 = Norway
- 171 = Oman

- 177 = Pakistan
- 184 = Palau
- 182 = Palestinian Territory, Occupied
- 172 = Panama
- 175 = Papua New Guinea
- 185 = Paraguay
- 173 = Peru
- 176 = Philippines
- 180 = Pitcairn
- 178 = Poland
- 183 = Portugal
- 186 = Qatar
- 187 = Ré union
- 188 = Romania
- 190 = Russian Federation
- 191 = Rwanda
- 27 = Saint Barthélemy
- 198 = Saint Helena, Ascension and Tristan da Cunha
- 119 = Saint Kitts and Nevis
- 127 = Saint Lucia
- 140 = Saint Martin (French part)
- 179 = Saint Pierre and Miquelon
- 234 = Saint Vincent and the Grenadines
- 241 = Samoa
- 203 = San Marino
- 207 = Sao Tome and Principe
- 192 = Saudi Arabia
- 204 = Senegal
- 189 = Serbia
- 194 = Seychelles
- 202 = Sierra Leone
- 197 = Singapore
- 201 = Slovakia
- 199 = Slovenia
- 193 = Solomon Islands
- 205 = Somalia
- 244 = South Africa
- 89 = South Georgia and the South Sandwich Islands
- 67 = Spain
- 129 = Sri Lanka
- 195 = Sudan
- 206 = Suriname
- 200 = Svalbard and Jan Mayen
- 210 = Swaziland
- 196 = Sweden
- 43 = Switzerland
- 209 = Syrian Arab Republic
- 225 = Taiwan, Province of China
- 216 = Tajikistan
- 226 = Tanzania, United Republic of
- 215 = Thailand
- 218 = Timor-Leste
- 214 = Togo
- 217 = Tokelau
- 221 = Tonga
- 223 = Trinidad and Tobago
- 220 = Tunisia
- 222 = Turkey
- 219 = Turkmenistan

Paternal grandfather:  Paternal grandmother:	Q26715 C 1 Q26725 C 1	° 2	° 3	Q26718	° 2	° 3
Paternal grandfather:	Q26715 0 1	° 2	C 3	° 1	° 2	C 3
Paternal grandfather:	Q26715	° 2	° 3	0	° 2	O 3
	L			Q26718		
	Yes	No	Unknown	Yes	No	Unknown
	Is gra	ndparent Je	ewish?	If Jev	vish, Ashke	enazi?
5 = American Indian or Alaskan No. 6 = More than one race 7 = Other  Q26690 - Do you consider yourse 1 = Yes 2 = No 3 = Don't know	ative	?				
Q680 - Which of the following bes 1 = White 2 = Black/African American 3 = Asian 4 = Native Hawaiian or Other Paci	·					
Q640 - Do you consider yourself to 1 = Yes 2 = No	o be of Hispanic or L	atino ethnici	ty?			
Q600 - What is the highest grade 1 = Less than 12th grade 2 = 12th grade 3 = Some college 4 = College 5 = Graduate school	of school that you ha	ive complete	d?			
Qs9790_999_1 - Specify Country in?	Name: for option 999	9 ( Not in t	his country list	) of Q9790 -	What coun	try do you liv
242 = Yemen 245 = Zambia 246 = Zimbabwe						

211 = Turks and Caicos Islands 224 = Tuvalu

235 = Venezuela, Bolivarian Republic of

228 = Uganda 227 = Ukraine 2 = United Arab Emirates

76 = United Kingdom 231 = Uruguay 232 = Uzbekistan

239 = Vanuatu

238 = Vietnam

	Q26735			Q26738		
Maternal grandfather:	° 1	° 2	° 3	° 1	° 2	° 3
	Q26745			Q26748		
Maternal grandmother:	0 1	° 2	° 3	0 1	° 2	° 3

#### Section 2. Health Care

Q700 - Are you currently pregnant?

1 = Yes

2 = No

3 = Don't know

Q710 - Are you currently trying to become pregnant or considering pregnancy within the next 12 months?

1 = Yes

2 = No

3 = Don't know

Q720 - Do you currently have a primary care physician?

1 = Yes

2 = No

3 = Don't know

If Q720=1 (have a primary care physician), show Q760 (how many times ... over the past year)

Q760 - How many times have you seen this physician over the past year?

1 = Never

2 = 1 or 2 times

3 = 3 or 4 times

4 = 5 or more times

5 = Don't know

Q800 - Do you currently have a gastroenterologist who helps you treat your IBD?

1 = Yes

2 = No

3 = Don't know

If Q800=1 (have a gastroenterologist), show Q840 (how many times ... over the past year) and Q880 (where)

Q840 - How many times have you seen this gastroenterologist over the past year?

1 = Never

2 = 1 or 2 times

3 = 3 or 4 times

4 = 5 or more times

5 = Don't know

Q880 - Where do you usually see this gastroenterologist?

1 = University/academic setting

2 = Private practice

3 = Veterans Administration

4 = Other

5 = Don't know setting

Q890 - Do you have any health condition(s) - unrelated to IBD - that have greatly affected your diet, exercise, digestion, lifestyle, or mental health over the past month? Examples might be recent major surgery (non-IBD) or acute health problem, injury, other significant illness, etc.

1 = Yes

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2 = No
3 = Don't know
If Q890=1 (have any health condition(s) - unrelated to IBD), show Q900 (what health condition)
Q900 - What are the health condition(s)? (Check all that apply.)
Q900 1 - Stroke
Q900_2 - Heart attack
Q900_4 - Major non-IBD surgery
Q900 5 - Fracture or other injury
Q900 6 - Other
Qs900 6 - Specify for option 6 (Other) of Q900 - What are the health condition(s)? (Check all that apply.)
Section 3. Smoking History
Q920 - Have you smoked at least 100 cigarettes in your life?
1 = Yes
2 = No
If smoked at least 100 cigarettes (Q920=1), show Q1000.
Q1000 - Do you currently smoke cigarettes?
1 = Yes
2 = No
If currently smoking (Q1000=1), show Q1040.
Q1040 - In the past year have you been advised by your doctor to quit smoking or has your doctor offered you cessation
medications, methods or strategies to guit smoking?
1 = Yes
2 = No
3 = Don't know
Section 4. Characteristics of your IBD
Q1080 - At what age were you first diagnosed with IBD?
Q1120 - Have you ever been hospitalized for your IBD?
1 = Yes
2 = No
3 = Don't know
If Q1120=1 (hospitalized), show Q1160 (how many times) and Q1200 (when was the last time)
Q1160 - How many times have you been hospitalized for your IBD?
1 = 1 \text{ time}
2 = 2 \text{ times}
3 = 3 \text{ times}
4 = 4 \text{ times}
5 = 5 \text{ times}
6 = More than 5 times
7 = Don't know
Q1200 - When was the last time you were hospitalized for IBD?
1 = Less than 1 year ago
2 = 1-2 years ago
3 = 3-10 years ago
4 = More than 10 years ago
5 = Don't know
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Q1240 - Have you had any surgeries on your bowels?

1 = Yes

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2 = No
3 = Don't know
If Q1240=1 (have surgeries on bowels), show Q1280 (how many operations), Q1320 (pouch) and Q1360 (ostomy)
Q1280 - How many operations have you had on your bowels?
1 = 1
2 = 2
3 = 3 or more
4 = Don't know
Q1320 - Do you have an ileal pouch or Koch pouch?
1 = Yes - ileal pouch anal anastomosis (such as J pouch or restorative proctocolectomy)
2 = Yes - Koch pouch
4 = Yes - unsure what type
3 = No
5 = Don't know
If Q1320=1,2,4 (have pouch), show Q1330 (how long had pouch).
Q1330 - For how long have you had your pouch?
1 = Less than 6 months
2 = Between 6 months and 1 year
3 = Between 1 and 5 years
4 = More than 5 years
5 = Don't know
Q1360 - Do you currently have an ostomy?
1 = Yes - ileostomy
2 = Yes - colostomy
3 = Yes - unsure what type
4 = No
5 = Don't know
Q10010 - In the past 6 months my disease has been
1 = Constantly active, giving me symptoms every day
2 = Often active, giving me symptoms most days
3 = Sometimes active, giving me symptoms on some days (for instance 1-2 days/week)
4 = Occasionally active, giving me symptoms 1-2 days/month
5 = Rarely active, giving me symptoms on a few days in the past 6 months
6 = I was well in the past 6 months, what I consider a remission or absence of symptoms
If UC/IC patient (Q120=2,3) and Q1320=1,4 (have ileal pouch or unsure type) and no ostomy (Q1360!=1,2,3), show
Q26005.
Q26005 - Have you ever had symptoms of pouchitis? Symptoms include abdominal pain, cramping and urgent and
frequent bowel movements.
1 = Yes
2 = No
3 = Don't know
If Q26005=1, show Q26010.
Q26010 - In the past 6 months, have you had symptoms of pouchitis?
1 = Yes
2 = No
3 = Don't know
If UC/IC patient (Q120=2,3) and Q1320=1,4 (have ileal pouch or unsure type) and no ostomy (Q1360!=1,2,3), show
Q26015 - Have you ever been diagnosed with cuffitis?
1 = Yes
2 = No
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if Q19050=1, show Q19110 and Q19115 if Q19050=2, show Q19120 and Q19125 if Q19050=3, show Q19130 and Q19135 if Q19050=4, show Q19140 and Q19145 if Q19050=5, show Q19150 and Q19155

Q19050\_17 - Don't know

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if Q19050=6, show Q19160 and Q19165
if Q19050=7, show Q19170 and Q19175
if Q19050=8, show Q19180 and Q19185
if Q19050=9, show Q19190 and Q19195
if Q19050=10, show Q19200 and Q19205
if Q19050=11, show Q19210 and Q19215
if Q19050=12, show Q19220 and Q19225
if Q19050=13, show Q19230 and Q19235
if Q19050=14, show Q19240 and Q19245
if Q19050=15, show Q19250, Q19255, and Q19257
if Q19050=16, show Q19260 and Q19265
if Q19050=18, show Q19146 and Q19147
if Q19050=19, show Q19196 and Q19197
if Q19050=20, show Q19228 and Q19229
Q19110 - How old were you when you were first diagnosed with colorectal cancer?
Q19115 - What treatment(s) did you receive for colorectal cancer? (Check all that apply.)
Q19115_1 - Surgery
Q19115_2 - Chemotherapy
Q19115 3 - Radiation
Q19115 4 - Other
Q19115 5 - None
Q19115 6 - Don't know
Qs19115_4 - Specify for option 4 (Other) of Q19115 - What treatment(s) did you receive for colorectal cancer? (Check all
that apply.)
Q19120 - How old were you when you were first diagnosed with lung cancer?
Q19125 - What treatment(s) did you receive for lung cancer? (Check all that apply.)
Q19125 1 - Surgery
Q19125 2 - Chemotherapy
Q19125 3 - Radiation
Q19125 4 - Other
Q19125 5 - None
Q19125_6 - Don't know
Qs19125_4 - Specify for option 4 (Other) of Q19125 - What treatment(s) did you receive for lung cancer? (Check all that
apply.)
Q19130 - How old were you when you were first diagnosed with breast cancer?
Q19135 - What treatment(s) did you receive for breast cancer? (Check all that apply.)
Q19135_1 - Surgery
Q19135_2 - Chemotherapy
Q19135_3 - Radiation
Q19135 4 - Other
Q19135 5 - None
Q19135_6 - Don't know
Qs19135 4 - Specify for option 4 (Other) of Q19135 - What treatment(s) did you receive for breast cancer? (Check all that
apply.)
Q19140 - How old were you when you were first diagnosed with prostate cancer?
Q19145 - What treatment(s) did you receive for prostate cancer? (Check all that apply.)
Q19145_1 - Surgery
Q19145_2 - Chemotherapy
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Q19145 3 - Radiation
Q19145_4 - Other
Q19145 5 - None
Q19145 6 - Don't know
Qs19145_4 - Specify for option 4 (Other) of Q19145 - What treatment(s) did you receive for prostate cancer? (Check all
that apply.)
Q19146 - How old were you when you were first diagnosed with bile duct cancer?
Q19147 - What treatment(s) did you receive for bile duct cancer? (Check all that apply.)
Q19147_1 - Surgery
Q19147_2 - Chemotherapy
Q19147_3 - Radiation
Q19147 4 - Other
Q19147 5 - None
Q19147_6 - Don't know
Qs19147_4 - Specify for option 4 (Other) of Q19147 - What treatment(s) did you receive for bile duct cancer? (Check all
that apply.)
Q19150 - How old were you when you were first diagnosed with bladder cancer?
Q19155 - What treatment(s) did you receive for bladder cancer? (Check all that apply.)
Q19155_1 - Surgery
Q19155_2 - Chemotherapy
Q19155 3 - Radiation
Q19155_4 - Other
Q19155_5 - None
Q19155 6 - Don't know
Qs19155 4 - Specify for option 4 (Other) of Q19155 - What treatment(s) did you receive for bladder cancer? (Check all
that apply.)
Q19160 - How old were you when you were first diagnosed with brain cancer?
Q19165 - What treatment(s) did you receive for brain cancer? (Check all that apply.)
Q19165 1 - Surgery
Q19165_2 - Chemotherapy
Q19165_3 - Radiation
Q19165 4 - Other
Q19165 5 - None
Q19165 6 - Don't know
Qs19165 4 - Specify for option 4 (Other) of Q19165 - What treatment(s) did you receive for brain cancer? (Check all that
apply.)
Q19170 - How old were you when you were first diagnosed with cervical cancer?
Q19175 - What treatment(s) did you receive for cervical cancer? (Check all that apply.)
Q19175_1 - Surgery
Q19175 2 - Chemotherapy
Q19175_3 - Radiation
Q19175 4 - Other
Q19175 5 - None
Q19175_6 - Don't know
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Qs19175\_4 - Specify for option 4 (Other) of Q19175 - What treatment(s) did you receive for cervical cancer? (Check all that apply.)

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Q19180 - How old were you when you were first diagnosed with kidney cancer?
Q19185 - What treatment(s) did you receive for kidney cancer? (Check all that apply.)
Q19185_1 - Surgery
Q19185_2 - Chemotherapy
Q19185_3 - Radiation
Q19185 4 - Other
Q19185 5 - None
Q19185 6 - Don't know
Qs19185 4 - Specify for option 4 (Other) of Q19185 - What treatment(s) did you receive for kidney cancer? (Check all
that apply.)
Q19190 - How old were you when you were first diagnosed with leukemia/lymphoma?
Q19195 - What treatment(s) did you receive for leukemia/lymphoma? (Check all that apply.)
Q19195_1 - Surgery
Q19195_2 - Chemotherapy
Q19195_3 - Radiation
Q19195 4 - Other
Q19195 5 - None
Q19195_6 - Don't know
Qs19195_4 - Specify for option 4 (Other) of Q19195 - What treatment(s) did you receive for leukemia/lymphoma? (Check
all that apply.)
Q19196 - How old were you when you were first diagnosed with liver cancer?
Q19197 - What treatment(s) did you receive for liver cancer? (Check all that apply.)
Q19197_1 - Surgery
Q19197 2 - Chemotherapy
Q19197_3 - Radiation
Q19197 4 - Other
Q19197_5 - None
Q19197_6 - Don't know
Qs19197_4 - Specify for option 4 (Other) of Q19197 - What treatment(s) did you receive for liver cancer? (Check all that
apply.)
Q19200 - How old were you when you were first diagnosed with oral cancer?
Q19205 - What treatment(s) did you receive for oral cancer? (Check all that apply.)
Q19205 1 - Surgery
Q19205 2 - Chemotherapy
Q19205 3 - Radiation
Q19205_4 - Other
Q19205 5 - None
Q19205 6 - Don't know
Qs19205 4 - Specify for option 4 (Other) of Q19205 - What treatment(s) did you receive for oral cancer? (Check all that
apply.)
Q19210 - How old were you when you were first diagnosed with ovarian cancer?
Q19215 - What treatment(s) did you receive for ovarian cancer? (Check all that apply.)
Q19215 1 - Surgery
Q19215_2 - Chemotherapy
Q19215_3 - Radiation
```

```
Q19215 4 - Other
Q19215_5 - None
Q19215 6 - Don't know
Qs19215_4 - Specify for option 4 (Other) of Q19215 - What treatment(s) did you receive for ovarian cancer? (Check all
that apply.)
Q19220 - How old were you when you were first diagnosed with pancreatic cancer?
Q19225 - What treatment(s) did you receive for pancreatic cancer? (Check all that apply.)
Q19225_1 - Surgery
Q19225 2 - Chemotherapy
Q19225_3 - Radiation
Q19225_4 - Other
Q19225 5 - None
Q19225_6 - Don't know
Qs19225 4 - Specify for option 4 (Other) of Q19225 - What treatment(s) did you receive for pancreatic cancer? (Check all
that apply.)
Q19228 - How old were you when you were first diagnosed with small bowel cancer?
Q19229 - What treatment(s) did you receive for small bowel cancer? (Check all that apply.)
Q19229 1 - Surgery
Q19229_2 - Chemotherapy
Q19229_3 - Radiation
Q19229 4 - Other
Q19229_5 - None
Q19229_6 - Don't know
Qs19229_4 - Specify for option 4 (Other) of Q19229 - What treatment(s) did you receive for small bowel cancer? (Check
all that apply.)
Q19230 - How old were you when you were first diagnosed with stomach cancer?
Q19235 - What treatment(s) did you receive for stomach cancer? (Check all that apply.)
Q19235_1 - Surgery
Q19235 2 - Chemotherapy
Q19235_3 - Radiation
Q19235_4 - Other
Q19235 5 - None
Q19235 6 - Don't know
Qs19235_4 - Specify for option 4 (Other) of Q19235 - What treatment(s) did you receive for stomach cancer? (Check all
that apply.)
Q19240 - How old were you when you were first diagnosed with uterine cancer?
Q19245 - What treatment(s) did you receive for uterine cancer? (Check all that apply.)
Q19245_1 - Surgery
Q19245 2 - Chemotherapy
Q19245 3 - Radiation
```

Q19245 4 - Other

Q19245 5 - None

Q19245 6 - Don't know

Qs19245 4 - Specify for option 4 (Other) of Q19245 - What treatment(s) did you receive for uterine cancer? (Check all that apply.)

Q19250 - How old were you when you were first diagnosed with skin cancer?
Q19255 - What treatment(s) did you receive for skin cancer? (Check all that apply.) Q19255_1 - Surgery
Q19255_2 - Chemotherapy
Q19255_3 - Radiation Q19255 4 - Other
Q19255_4 - Other Q19255_5 - None
Q19255_6 - Don't know
Qs19255_4 - Specify for option 4 (Other) of Q19255 - What treatment(s) did you receive for skin cancer? (Check all that apply.)
Q19257 - What type of skin cancer? (Check all that apply.)
Q19257_1 - Melanoma
Q19257_2 - Other skin cancer
If 19257=2, show Q19258
Q19258 - What type of other skin cancer? (Check all that apply.)
Q19258_1 - Squamous Cell carcinoma (SCC) Q19258_2 - Basal Cell carcinoma (BCC)
Q 19236_2 - Basai Celi carcinoma (BCC)
Q19260 - How old were you when you were first diagnosed with other cancers?
Q19265 - What treatment(s) did you receive for other cancers? (Check all that apply.)
Q19265_1 - Surgery
Q19265_2 - Chemotherapy
Q19265_3 - Radiation
Q19265_4 - Other
Q19265_5 - None

Qs19265\_4 - Specify for option 4 (Other) of Q19265 - What treatment(s) did you receive for other cancers? (Check all that apply.)

## **Section 17. Extra Intestinal Manifestations**

Q19265\_6 - Don't know

# If UC/IC (Q120=2,3), show following past week table Q2800~Q3000

Over the past week, have you experienced any of the following?

	1 = Yes	2 = No	3 = Don't know
2800 - Painful joints	0	0	0
2840 - Erythema nodosum - painful red skin lesions	0	0	0
2880 - Pyoderma gangrenosum - painful ulcerated skin lesions	0	0	c
2920 - Eye inflammation/redness (Uveitis, Scleritis or Episcleritis)	0	0	0
2960 - Aphthous ulcerations in your mouth	0	0	0
3000 - Primary sclerosing cholangitis (a kind of liver disease associated with inflammatory bowel disease)	0	0	0

## Show following ever or since last survey table to all patients Q2805~Q3005

Have you ever experienced any of the following related to your IBD?

	1 = Yes	2 = No	3 = Don't know
2805 - Painful joints	0	0	0
2845 - Erythema nodosum - painful red skin lesions	0	0	0
2885 - Pyoderma gangrenosum - painful ulcerated skin lesions	0	0	0
2925 - Eye inflammation/redness (Uveitis, Scleritis or Episcleritis)	0	0	0
2965 - Aphthous ulcerations in your mouth	0	0	0
3005 - Primary sclerosing cholangitis (a kind of liver disease associated with inflammatory bowel disease)	o	0	o

## **Section 5. IBD Medications**

Many medications and supplements can be used to treat Crohn's and colitis or complications of these diseases. For each medication or supplement, we want to know if you have ever used it, and whether you are currently using it.

	1 = I have never used, or I don't know if I have ever used	2 = I have used, but I am not currently using	3 = I am currently using
1520 - Rectal Steroids (Cortenema, Cortifoam (hydrocortisone rectal), etc.)	0	0	0
1440 - Oral/IV steroids (prednisone, prednisolone, methylprednisolone)	0	0	0
1480 - Budesonide (Entocort, Uceris)	0	0	0
1560 - Oral 5-ASA (Lialda, Asacol, Delzicol, Pentasa, Apriso (mesalamine), Colazal, Giazo (balsalazide), Dipentum (olsalazine))	0	o	c
1640 - Rectal 5-ASA (Rowasa, Canasa (mesalamine rectal))	0	0	0
1600 - Azulfidine (sulfasalazine)	0	0	0
1680 - Ciprofloxacin	0	0	0
1720 - Flagyl (metronidazole)	0	0	0
1760 - Other antibiotics prescribed for IBD	0	0	0
1800 - Purethinol (6MP) /Imuran (Azathioprine)	0	0	0
1840 - Methotrexate (oral)	0	0	0

1860 - Methotrexate (subcutaneous injection)	0	0	0
1880 - Remicade (infliximab)	0	0	0
1920 - Humira (adalimumab)	0	0	0
1960 - Cimzia (certolizumab pegol)	0	0	0
1980 - Simponi (golimumab)	0	0	0
2000 - Neoral (cyclosporine)	0	0	0
2040 - Prograf (Tacrolimus)	0	0	0
2080 - Tysabri (natalizumab)	0	0	0
2100 - Entyvio (vedolizumab)	0	0	0
4600 - Calcium	0	0	0
4640 - Vitamin D	0	0	0
10040 - Vitamin B-12	0	0	0
4680 - Bisphosphonate (medications like Fosamax (alendronate), Actonel (risedronate), Boniva (ibandronate), Zometa or Reclast (Zoledronate), Didronel (etidronate)	O	0	O
2120 - Narcotic pain medicine (examples might include Percocet (oxycodone/acetaminophen), Vicodin, Codeine (hydrocodone/acetaminophen), etc.)	c	0	c
2160 - Experimental therapies in clinical trials	0	0	0
2240 - Probiotics (VSL-3 or other)	0	0	0
2200 - Other complementary or alternative therapy	0	0	0
10050 - Total parenteral nutrition (TPN; receiving nutrition intravenously)	0	0	0
30160 - Supplemental enteral nutrition (high calorie formula such as Ensure added to current diet for weight gain)	0	0	0

## **Section 6. Use of IBD Medications**

Skip this section if taking any injection or infusion medication(s). Otherwise if taking the oral medications Q1440, Q1480, Q1500, Q1520, Q1560, Q1600, Q1680, Q1720, Q1760, Q1800, Q1840, Q2000, Q2040, show this section.

© Morisky Medication Adherence Scale.

You indicated that you are taking medication for your IBD. Individuals have identified several issues regarding their medication-taking behavior and we are interested in your experiences. There is no right or wrong answer. Please answer each question based on your personal experience with your IBD.

```
Q7960 - Do you sometimes forget to take your IBD pills?
1 = Yes
2 = No
Q8000 - People sometimes miss taking their medications for reasons other than forgetting. Thinking over the past 2
weeks, were there any days when you did not take your medication?
1 = Yes
2 = No
Q8040 - Have you ever cut back or stopped taking your medication without telling your doctor because you felt worse
when you took it?
1 = Yes
2 = No
Q8080 - When you travel or leave home, do you sometimes forget to bring along your IBD medication?
1 = Yes
2 = No
Q8120 - Did you take your IBD medicine yesterday?
1 = Yes
2 = No
Q8160 - When you feel like your IBD symptoms are under control, do you sometimes stop taking your medication?
1 = Yes
2 = No
Q8200 - Taking medication every day is a real inconvenience for some people. Do you ever feel hassled about sticking to
your IBD treatment plan?
1 = Yes
2 = No
Q8240 - How often do you have difficulty remembering to take all your IBD medications?
1 = Rarely/Never
2 = Once in a while
3 = Sometimes
```

#### Section 7. Pain Medications

We are now interested in obtaining information on certain medications that you may have taken during the past month.

These include medicines that you have obtained anywhere including a doctor's prescription, a hospital or neighborhood clinic, pharmacy, supermarket, store, friends, neighbors and relatives.

During the past month did you ever take any of the following medications, for abdominal pain, headache, backache, arthritis, bursitis, rheumatism, joint pain, injury, accident, operation, migraine, sinus trouble or (women) menstrual cramps, or for other reasons?

Q11010 - During the past month, did you ever take any prescription aspirin-type pain medications (called "prescription NSAIDS")? Examples include Daypro, Celebrex, Lodine, Feldene, Mobic.

```
1 = Yes
```

4 = Usually 5 = Always

2 = No

3 = Don't know

#### If Q11010=1, show Q11015. If Q11010=2, show Q11016

Q11015 - About how often, on average during the past month, did you take ANY of these medications? Please tell us the average number of times per day, per week, or per month you took ANY 1 or MORE of these medications?

Qu11015 - Unit for Q11015 - About how often, on average during the past month, did you take ANY of these medications? Please tell us the average number of times per day, per week, or per month you took ANY 1 or MORE of these medications?

1=per day

2=per week

3=per month

4=Don't know

Q11016 - Why did you NOT take these pain medications? (Check all that apply.)

Q11016 4 - Did not need these medications

Q11016\_1 - Advised by physician NOT to take these medications due to my IBD

Q11016\_2 - Allergy to these medications

Q11016\_3 - These types of medications don't work for my pain

Q11016 5 - Other

Qs11016\_5 - Specify for option 5 (Other) of Q11016 - Why did you NOT take these pain medications? (Check all that apply.)

Q11020 - During the past month, did you ever take any over the counter aspirin-type pain medications (called "OTC NSAIDS")? Examples include aspirin, ibuprofen, Aleve, Advil, BC or Goody's powders, Excedrin or Alka-seltzer.

1 = Yes

2 = No

3 = Don't know

#### If Q11020=1, show Q11025. If Q11020=2, show Q11026

Q11025 - About how often, on average during the past month, did you take ANY of these medications? Please tell us the average number of times per day, per week, or per month you took ANY 1 or MORE of these medications?

Qu11025 - Unit for Q11025 - About how often, on average during the past month, did you take ANY of these medications? Please tell us the average number of times per day, per week, or per month you took ANY 1 or MORE of these medications?

1=per day

2=per week

3=per month

4=Don't know

Q11026 - Why did you NOT take these pain medications? (Check all that apply.)

Q11026 4 - Did not need these medications

Q11026\_1 - Advised by physician NOT to take these medications due to my IBD

Q11026\_2 - Allergy to these medications

Q11026 3 - These types of medications don't work for my pain

Q11026 5 - Other

Qs11026\_5 - Specify for option 5 (Other) of Q11026 - Why did you NOT take these pain medications? (Check all that apply.)

Q11030 - Do you feel that taking ANY aspirin-type pain medications (NSAIDS) worsens your bowel symptoms?

1 = Yes

2 = No

3 = Don't know

4 = Never use these medications

Q11040 - During the past month, did you ever take any over the counter <u>non-aspirin pain medications</u>? Examples include Tylenol, Datril, aspirin-free pain formula, aspirin-free Excedrin and acetaminophen.

- 1 = Yes
- 2 = No
- 3 = Don't know

## If Q11040=1, show Q11045. If Q11040=2, show Q11046

Q11045 - About how often, on average during the past month, did you take ANY of these medications? Please tell us the average number of times per day, per week, or per month you took ANY 1 or MORE of these medications?

Qu11045 - Unit for Q11045 - About how often, on average during the past month, did you take ANY of these medications? Please tell us the average number of times per day, per week, or per month you took ANY 1 or MORE of these medications?

- 1=per day
- 2=per week
- 3=per month
- 4=Don't know

Q11046 - Why did you NOT take these pain medications? (Check all that apply.)

- Q11046\_4 Did not need these medications
- Q11046\_1 Advised by physician NOT to take these medications due to my IBD
- Q11046 2 Allergy to these medications
- Q11046\_3 These types of medications don't work for my pain
- Q11046\_5 Other

Qs11046\_5 - Specify for option 5 (Other) of Q11046 - Why did you NOT take these pain medications? (Check all that apply.)

Q11070 - Do you feel that taking non-aspirin pain medications worsens your bowel symptoms?

- 1 = Yes
- 2 = No
- 3 = Don't know
- 4 = Never use these medications

## **Section 8. Family History**

Q2320 - Have any of your immediate biological family members (biological parents, brothers or sisters, children) ever been diagnosed with Crohn's disease, ulcerative colitis, or indeterminate colitis?

- 1 = Yes
- 2 = No
- 3 = Don't know

#### If Q2320=1, show the following text and table.

In the chart below, please enter the number of immediate biological family members who have Crohn's Disease (CD), ulcerative colitis (UC)? [Enter numbers only 0,1,2, 3, etc]

	Number with CD	Number with UC	Don't know
Biological Mother	Q2342	Q2343	□ <sub>Q2346</sub>
Biological Father	Q2352	Q2353	□ Q2356
Biological Siblings	Q2362	Q2363	□ <sub>Q2366</sub>
Biological Children	Q2372	Q2373	□ <sub>Q2376</sub>

#### **Section 9. Colitis History**

## Only show this section to UC/IC patients (Q120=2,3).

## Only show this question to patients without pouch (Q1320!=1,2,4).

Q2520 - Ulcerative colitis can involve all of the colon or only part of the colon. Which part(s) of your colon have been involved at any point in your life?

- 1 = Just the rectum
- 2 = The rectum and sigmoid colon
- 3 = The rectum, sigmoid colon, and descending colon (sometimes referred to as left side of colon or left-sided disease)
- 4 = The rectum, sigmoid colon, descending colon and transverse colon
- 5 = The entire colon (sometimes referred to as pancolitis)
- 6 = Don't know

## Only show this section to UC/IC patients (Q120=2,3).

For the rest of the questions in this section, please answer for an average 24-hour period over the past week.

#### Q2560 - What has been your bowel frequency during the day?

- 1 = 0 times
- 2 = 1-3 times
- 3 = 4-6 times
- 4 = 7-9 times
- 5 = More than 9 times

#### Q2600 - What has been your bowel frequency during the night?

- 1 = 0 times
- 2 = 1-3 times
- 3 = 4-6 times
- 4 = 7 or more times

#### Q2640 - What has been your urgency of defecation?

- 1 = No urgency
- 2 = Hurry
- 3 = Immediately
- 4 = Incontinence

## Q2680 - Have you seen blood in your bowel movements?

- 1 = No blood
- 2 = A little blood
- 3 = Occasionally a lot of blood
- 4 = Usually a lot of blood

#### Q2720 - How would you describe your general well being?

- 1 = Very well
- 2 = Slightly below par
- 3 = Poor
- 4 = Very poor
- 5 = Terrible

## Section 10. Crohn's History

#### If Q120=1 (Crohn's Disease), show section 10 (Crohn's History).

Crohn's disease can involve any part of the gastrointestinal tract starting at the mouth all the way to the anal canal. What parts have you ever been told are involved?

	1 = Yes	2 = No	3 = Don't know
3081 - Upper GI (Esophagus, stomach, first part of small bowel)	0	0	0

3083 - Terminal ileum (the very last part of the small intestine, right before the colon or large intestine starts)	0	0	c
3085 - Colon (large intestine)	0	0	0

Q3120 - Have you ever been told that you have a stricture (a narrowing of the intestine that can sometimes lead to obstruction)?

- 1 = Yes
- 2 = No
- 3 = Don't know

Q3160 - Have you ever been told that you have a fistula (a connection between the small or large intestine and another part of the body, such as the skin or perianal area)?

- 1 = Yes
- 2 = No
- 3 = Don't know

## If Q3160=1 (had fistula), show Q3200 (which type) to Q3480 (have now)

Which types of fistula have you had?

	1 = Yes	2 = No	3 = Don't know
3240 - to the skin near the anus	0	0	0
3280 - to the skin of the abdominal wall	0	0	0
If female (Q360=2) show Q3320. 3320 - to the vagina	0	0	0
3360 - to the bladder	0	0	0
3400 - from one part of the intestines to another part of the intestines	0	0	0
3440 - Other	0	0	0

Q3480 - Do you have a fistula now?

- 1 = Yes
- 2 = No
- 3 = Don't know

Q10120 - Have you ever had an abscess? (An abscess is a collection of pus in any part of the body that, in most cases, causes swelling and inflammation around it.)

- 1 = Yes
- 2 = No
- 3 = Don't know

## If Q10120=1 (had an abscess), show Q10130 (where) and Q10140 (now)

Q10130 - Was your abscess in your:

- 1 = Abdomen only
- 2 = Near the rectum only
- 3 = Both abdomen and rectum
- 4 = Other
- 5 = Don't know

Qs10130\_4 - Specify for option 4 (Other) of Q10130 - Was your abscess in your:

Qs10130\_5 - Specify for option 5 (Don't know) of Q10130 - Was your abscess in your:

Q10140 - Do you have an abscess now?

1 = Yes

2 = No

3 = Don't know

#### Section 11. Crohn's Activity

#### If Q120=1 (Crohn's Disease), show section 11 (Crohn's Activity)

Q3520 - How would you describe your general well being over the past week?

1 = Generally well

2 = Slightly below par

3 = Poor

4 = Very poor

5 = Terrible

Q3560 - On average, over the past week, would you rate your abdominal pain as:

1 = None

2 = Mild

3 = Moderate

4 = Severe

## If has ostomy (Q1360=1,2,3) or has Koch pouch (Q1320=2)

Q3600 - On average, over the past week, how many liquid or very soft stools have you had per day?

## **Section 12. Prevention**

Which of the following adult vaccines have you ever had:

	1 = Yes	2 = No	3 = Don't know
4120 - Hepatitis B	0	0	0
4160 - Hepatitis A	0	0	0
4240 - Varicella (chicken pox)	0	0	0
4320 - Pneumococcal (pneumonia)	0	0	0
4360 - Influenza (regular flu or swine flu)	0	0	0
4400 - Meningococcal (meningitis)	0	0	0
Ask only for female or no gender. 4200 - HPV (cervical cancer & genital warts)	0	0	0
4280 - Zoster (Shingles)	0	0	0
10060 - Tetanus	0	0	0

Q4440 - In the past 12 months, did you receive a flu shot or flu mist (nasal vaccine)?

1 = Yes

2 = No

```
4 = Not currently due
3 = Don't know
If Q4440=2 (not had flu shot in 12 months), show Q4480 (why not receive)
Q4480 - Why did you not receive a flu shot? (Check all that apply.)
Q4480_1 - Never offered flu shot
Q4480_2 - Allergy to eggs/vaccines
Q4480 3 - Did not think I needed it
Q4480 4 - Too expensive
Q4480 5 - Vaccine not available
Q4480_6 - Too busy/forgot
Q4480 7 - Concerned about side effects from the vaccine
Q4480 8 - Concerned that the vaccine would worsen my IBD
Q4480_9 - My doctor advised against a flu shot
Q4480 10 - Other reason
Q4480_11 - Don't know
Qs4480 10 - Specify for option 10 (Other reason) of Q4480 - Why did you not receive a flu shot? (Check all that apply.)
Q4520 - With regard to bone health, have you ever been told by a doctor that you have weak bones or
osteoporosis/osteopenia?
1 = Yes
2 = No
3 = Don't know
Q4720 - Have you ever had a bone density study?
1 = Yes
2 = No
3 = Don't know
Q4760 - Have you ever had a Pap smear (a test for cervical cancer)?
1 = Yes
2 = No
3 = Don't know
Q4800 - How many years ago was your last Pap smear?
1 = Within the last year
2 = Between 1-3 years
3 = Between 4-5 years
4 = More than 5 years
5 = Don't know
Q4840 - Do you wear sunscreen during outdoor activities?
1 = Yes, always
2 = Yes, most of the time
3 = Yes, some of the time
4 = No, never
5 = Don't know
Q4880 - Have you ever had a screening skin examination by a dermatologist?
1 = Yes
2 = No
3 = Don't know
If Q4880=1 (had a screening skin examination), show Q4920 (when).
Q4920 - When was your last screening skin examination by a dermatologist?
1 = Within the last year
2 = Between 1-3 years
3 = Between 4-5 years
```

- 4 = More than 5 years
- 5 = Don't know

Q4960 - Have you ever had a skin test for tuberculosis?

- 1 = Yes
- 2 = No
- 3 = Don't know

#### If Q4960=1 (had a skin test for tuberculosis), show Q5000 (when).

Q5000 - When was your last test for tuberculosis?

- 1 = Within the last year
- 2 = Between 1-3 years
- 3 = Between 4-5 years
- 4 = More than 5 years
- 5 = Don't know

Q5040 - Have you ever had a colonoscopy?

- 1 = Yes
- 2 = No
- 3 = Don't know

Q5080 - How long ago was your last colonoscopy?

- 1 = Within the last year
- 2 = Between 1-2 years
- 3 = Between 3-5 years
- 4 = Between 6-10 years
- 5 = More than 10 years
- 6 = Don't know

#### Section 13. Exercise - Daily Activity

Q10110 - How often did you participate in 1 or more physical activities of 20-30 minutes duration per session during your leisure time within the past 6 months?

- 1 = Not at all
- 2 = Less than once a month
- 3 = About once a month
- 4 = About 2 or 3 times a month
- 5 = About 1 to 2 times a week
- 6 = 3 times or more a week

Considering a 7-day period (a week), how many times on average do you do the following kinds of exercise for more than 15 minutes during your free time?

Q5160 - How many times per week do you do strenuous exercise (heart beats rapidly) (e.g. running, jogging, hockey, football, soccer, squash, basketball, cross country skiing, judo, roller skating, vigorous swimming, vigorous long-distance bicycling)?

Q5200 - How many times per week do you do moderate exercise (not exhausting) (e.g. fast walking, baseball, tennis, easy bicycling, volleyball, badminton, easy swimming, alpine skiing, popular and folk dancing)?

Q5240 - How many times per week do you do mild exercise (minimal effort) (e.g. yoga, archery, fishing from a river bank, bowling, horseshoes, golf, snowmobiling, easy walking)?

Q5280 - Considering a 7-day period (a week), during your leisure-time, how often do you engage in any regular activity long enough to work up a sweat wherein your heart beats rapidly)?

- 1 = Often
- 2 = Sometimes
- 3 = Never/Rarely

#### Section 14. Health Status - Quality of Life

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Q8280 - How often has the feeling of fatigue, or of being tired and worn out, been a problem for you during the last 2 weeks?

- 1 = All of the time
- 2 = Most of the time
- 3 = A good bit of the time
- 4 =Some of the time
- 5 = A little of the time
- 6 = Hardly any of the time
- 7 = None of the time

Q8320 - How often during the last 2 weeks have you had to delay or cancel a social engagement because of your bowel problem?

- 1 = All of the time
- 2 = Most of the time
- 3 = A good bit of the time
- 4 =Some of the time
- 5 = A little of the time
- 6 = Hardly any of the time
- 7 = None of the time

Q8360 - How much difficulty have you had, as a result of your bowel problems, doing leisure or sports activities you would have liked to have done during the last 2 weeks?

- 1 = A great deal of difficulty, activities made impossible
- 2 = A lot of difficulty
- 3 = A fair bit of difficulty
- 4 = Some difficulty
- 5 = A little difficulty
- 6 = Hardly any difficulty
- 7 = No difficulty; the bowel problems did not limit sports or leisure activities

Q8400 - How often during the last 2 weeks have you been troubled by pain in the abdomen?

- 1 = AII of the time
- 2 = Most of the time
- 3 = A good bit of the time
- 4 =Some of the time
- 5 = A little of the time
- 6 = Hardly any of the time
- 7 = None of the time

Q8440 - How often during the last 2 weeks have you felt depressed or discouraged?

- 1 = All of the time
- 2 = Most of the time
- 3 = A good bit of the time
- 4 =Some of the time
- 5 = A little of the time
- 6 = Hardly any of the time
- 7 = None of the time

Q8480 - Overall, in the last 2 weeks, how much of a problem have you had with passing large amounts of gas?

- 1 = A major problem
- 2 = A big problem
- 3 = A significant problem

- · · · · · · · · · · · · · · · · · · ·				-	-
8840 - I felt uneasy	0	0	0	0	0
8800 - My worries overwhelmed me	0	0	0	0	0
8760 - I found it hard to focus on anything other than my anxiety	0	0	0	0	0
8720 - I felt fearful	0	0	0	0	0
	1 = Never	2 = Rarely	3 = Sometimes	4 = Often	5 = Always
In the past 7 days					
7 = None of the time  Section 15. Health Status – PROMIS					
2 = Most of the time 3 = A good bit of the time 4 = Some of the time 5 = A little of the time 6 = Hardly any of the time					
$\frac{Q8640}{1}$ - How much of the time during the last 2 v	veeks have yo	u felt angry as a	a result of your	bowel problem	?
7 = All of the time  Q8600 - How much of the time during the last 2 v bathroom even though your bowels were empty?  1 = All of the time 2 = Most of the time 3 = A good bit of the time 4 = Some of the time 5 = A little of the time 6 = Hardly any of the time 7 = None of the time		u been troubled	d by a feeling of	having to go to	o the
Q8560 - How often during the last 2 weeks have 1 = None of the time 2 = A little of the time 3 = Some of the time 4 = A good bit of the time 5 = Most of the time 6 = Almost all of the time	you felt relaxe	d and free of te	nsion?		
6 = Hardly any trouble 7 = No trouble					

Q8520 - Overall, in the last 2 weeks, how much of a problem have you had maintaining or getting to the weight you would

4 = Some trouble5 = A little trouble6 = Hardly any trouble

1 = A major problem
2 = A big problem
3 = A significant problem
4 = Some trouble
5 = A little trouble

7 = No trouble

like to be?

8880 - I felt worthless	0	0	0	0	0
8920 - I felt helpless	0	0	0	0	0
8960 - I felt depressed	0	0	0	0	0
9000 - I felt hopeless	0	0	0	0	0

In the past 7 days...

	1 = Not at all	2 = A little bit	3 = Somewhat	4 = Quite a bit	5 = Very much
9080 - I feel fatigued	0	0	0	0	0
9120 - I have trouble starting things because I am tired	0	c	O	c	c
9160 - How run-down did you feel on average	0	0	0	0	0
9200 - How fatigued were you on average	0	0	0	0	0

# In the past 7 days...

Q9280 - My sleep quality was 1 = Very poor 2 = Poor

3 = Fair

4 = Good

5 = Very good

In the past 7 days							
	1 = Not at all	2 = A little bit	3 = Somewhat	4 = Quite a bit	5 = Very much		
9360 - My sleep was refreshing	0	0	0	0	0		
9400 - I had a problem with my sleep	0	0	0	0	0		
9440 - I had difficulty falling asleep	0	0	0	0	0		
9480 - I am satisfied with my ability to do things for fun with others	0	c	c	c	0		
9520 - I am satisfied with my ability to do things for my family	0	0	0	0	0		
9560 - I am satisfied with my ability to meet the needs of my friends	0	0	0	0	0		
9600 - I am satisfied with my ability to do the work that is really important to me (include work at home)	0	0	0	0	0		

10070 - How much did pain interfere with your day-to-day activities?	0	0	0	o	c
10080 - How much did pain interfere with work around the home?	0	0	0	0	c
10090 - How much did pain interfere with your ability to participate in social activities?	0	0	0	0	c
10100 - How much did pain interfere with your household chores?	0	0	0	0	0

Q9640 - In general, my health is...

- 1 = Excellent
- 2 = Very good
- 3 = Good
- 4 = Fair
- 5 = Poor

Q2280 - During the past week, how would you rate your IBD activity?

- 1 = Remission (no symptoms)
- 2 = Minimal symptoms
- 3 = Mildly active
- 4 = Moderately active
- 5 = Severely active

#### Section 18. Transition Readiness Assessment Questionnaire 5.0

This section contains questions for patients who were diagnosed with IBD as a child. If you were not diagnosed with IBD as a child or do not want to answer these questions, it is okay to skip this section.

Please choose the option that best describes your skill level in the following areas that are important for transition to adult health care. There is no right or wrong answer and your answers will remain confidential and private.

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Managing Medications

	1 = No, I do not know how	2 = No, but I want to learn	3 = Yes, I am learning to do this	4 = Yes, I started doing this	5 = Yes, I always do this when I need to
30330 - Do you fill a prescription if you need to?	0	0	0	0	0
30340 - Do you know what to do if you are having a bad reaction to your medications?	0	0	0	0	0
30350 - Do you take medications correctly and on your own?	0	0	o	0	0
30360 - Do you reorder medications before they run out?	0	0	0	0	0

## **Appointment Keeping**

п	 	1	T .		1	T
		4 NI=	O N.	0 1/	4 \/	5 - Voc
		1 = No,	2 = No,	3 = Yes.	4 = Yes	5 = Yes.
			110,	J - 165,	<del>4</del> – 165,	J - 103,

	I do not know how	but I want to learn	I am learning to do this	I started doing this	I always do this when I need to
30380 - Do you call the doctor's office to make an appointment?	c	0	0	0	0
30390 - Do you follow-up on any referral for tests or check-ups or labs?	0	0	0	0	0
30400 - Do you arrange for your ride to medical appointments?	o	0	0	0	0
30410 - Do you call the doctor about unusual changes in your health (For example: Allergic reactions)?	0	0	0	0	0
30420 - Do you apply for health insurance if you lose your current coverage?	c	0	0	0	0
30430 - Do you know what your health insurance covers?	0	0	0	0	0
30440 - Do you manage your money & budget household expenses (For example: use checking/debit card)?	0	0	0	0	0

Tracking Health Issues

	1 = No, I do not know how	2 = No, but I want to learn	3 = Yes, I am learning to do this	4 = Yes, I started doing this	5 = Yes, I always do this when I need to
30460 - Do you fill out the medical history form, including a list of your allergies?	0	0	0	0	o
30470 - Do you keep a calendar or list of medical and other appointments?	0	0	0	c	0
30480 - Do you make a list of questions before the doctor's visit?	0	0	0	0	0
30490 - Do you get financial help with school or work?	0	0	0	0	0

Talking with Providers

Taiking with Providers	1 = No, I do not know how	2 = No, but I want to learn	3 = Yes, I am learning to do this	4 = Yes, I started doing this	5 = Yes, I always do this when I need to
30510 - Do you tell the doctor or nurse what you are feeling?	0	0	0	0	0
30520 - Do you answer questions that are	0	0	0	0	0

Managing Daily Activities								
	1 = No, I do not know how	2 = No, but I want to learn	3 = Yes, I am learning to do this	4 = Yes, I started doing this	5 = Yes, I always do this when I need to			
30540 - Do you help plan or prepare meals/food?	0	0	0	0	0			
30550 - Do you keep home/room clean or clean-up after meals?	0	0	0	0	0			
30560 - Do you use neighborhood stores and services (For example: Grocery stores and pharmacy stores)?	0	0	0	0	0			

## **Section 16. Comments & Feedback**

asked by the doctor, nurse, or clinic staff?

Q11080 - If you have any feedback, please submit your comments in the following box. Thank you.