礼法 reihō respect 目付 metsuke watching 間合 maai distancing 構え kamae structure 合気 aiki blending 呼吸 kokyū timing 崩し kuzushi unbalancing

残心 zanshin awareness

礼 rei respect, etiquette 目付 metsuke watching 間合 maai distancing 呼吸 kokyū timing, breathing 崩し kuzushi unbalancing 残心 zanshin remaining mindful

礼 rei respect, etiquette 目付 metsuke watching 間合 maai distancing 構え kamae posture 合気 aiki joining energy 呼吸 kokyū timing, breathing 崩し kuzushi unbalancing 残心 zanshin remaining mindful 吾勝 agatsu self-victory

礼 rei respect, etiquette 構え kamae posture 目付 metsuke watching 間合 maai distancing 合気 aiki joining energy 呼吸 kokyū timing, breathing 崩し kuzushi unbalancing 残心 zanshin remaining mindful

受身 ukemi receiving 捌き sabaki movement 当身 atemi striking 気合 kiai sprit-shout 作り tsukuri positioning 結び musubi connection 吾勝 agatsu self-victory

People:

近藤勝之 Kondo Katsuyuki

Other words:

大東流合気柔術 Daitō-ryū Aiki-jūjutsu