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#### Introduction

The Hardy-Littlewood maximal function, introduced in the 1930s, is a fundamental operator in harmonic analysis and PDEs. It provides a pointwise majorant of a function based on its local averages, making it essential for studying convergence and regularity.

Intuitively,  $\mathcal{M}f(x)$  captures the *largest average value* of |f| around x, measuring how "locally concentrated" a function can be. It bridges local behavior and global estimates, playing a central role in differentiation theorems and regularity problems.

#### Continuous Setting ( $\mathbb{R}^d$ )

The **centered** maximal function  $\mathcal{M}$  is defined as the supremum of averages over balls B(x, r) centered at x:

$$\mathcal{M}f(x) = \sup_{r>0} \frac{1}{|B(x,r)|} \int_{B(x,r)} |f(y)| \, dy.$$

The **uncentered** maximal function  $\widetilde{\mathcal{M}}$  takes the supremum over all balls containing x:

$$\widetilde{\mathcal{M}}f(x) = \sup_{B\ni x} \frac{1}{|B|} \int_{B} |f(y)| \, dy.$$

**Key property:**  $\mathcal{M}f(x) \leq C_d \mathcal{M}f(x)$ , so both operators are equivalent up to constants, though the uncentered version is sometimes easier to handle.

#### Discrete Setting (ℤ)

In the discrete setting, integrals are replaced by sums. The centered discrete maximal function M<sup>d</sup> averages over symmetric intervals:

$$\mathbf{M}^d f(n) = \sup_{r \geq 0} \frac{1}{2r+1} \sum_{j=-r}^r |f(n+j)|.$$

The uncentered discrete maximal function  $\widetilde{\mathbf{M}}^d$  averages over general intervals containing *n*:

$$\widetilde{\mathbf{M}}^d f(n) = \sup_{s,r \geq 0} \frac{1}{r+s+1} \sum_{j=-s}^r |f(n+j)|.$$

#### **Applications and Intuition**

Maximal functions are not only theoretical constructs: they appear naturally in

- studying pointwise convergence of Fourier series,
- differentiating integrals (Lebesgue differentiation) theorem),
- regularity questions for solutions to PDEs such as the heat or Laplace equation,
- discrete analogues in number theory and combinatorics.

This dual role — connecting local averages to global estimates — makes maximal functions a key tool in modern analysis.

## **Literature Review: Boundedness Results**

Many quantities of interest are dominated by the maximal function  $\mathcal{M}f$ . This raises the natural question:

## How large can the maximal function of a given function be?

While pointwise control is not always possible,  $L^p$ -norm bounds are available.

## L<sup>p</sup>-Boundedness

► G. H. Hardy and J. E. Littlewood (1930) established the foundational results in one dimension ( $\mathbb{R}$ ). For 1 ,the maximal operator is bounded on  $L^p(\mathbb{R})$ , i.e., there exists  $C_p > 0$  such that

$$\|\mathcal{M}f\|_{L^p(\mathbb{R})} \leq C_p \|f\|_{L^p(\mathbb{R})}.$$

For p = 1,  $\mathcal{M}$  is not bounded on  $L^1(\mathbb{R})$ , but satisfies the weak-type (1,1) inequality:

$$|\{x \in \mathbb{R} : \mathcal{M}f(x) > \lambda\}| \leq \frac{C}{\lambda} ||f||_{L^1(\mathbb{R})}.$$

Hence,  $\mathcal{M}$  maps  $L^1(\mathbb{R})$  into the weak Lebesgue space  $L^{1,\infty}(\mathbb{R}).$ 

ightharpoonup These results were generalized to higher dimensions ( $\mathbb{R}^n$ ) by Norbert Wiener (1939) using a Vitali-type covering lemma.

## *ℓ*<sup>*p*</sup>-Boundedness

Analogous results hold in the discrete setting. The discrete maximal operator  $\mathbf{M}^d$  on  $\mathbb{Z}^n$  satisfies the **weak-type (1,1)** bound:

$$|\{k \in \mathbb{Z}^n : \mathbf{M}^d f(k) > \lambda\}| \leq \frac{C}{\lambda} ||f||_{\ell^1(\mathbb{Z}^n)},$$

and the **strong-type (p,p)** bound for 1 :

$$\|\mathbf{M}^{d}f\|_{\ell^{p}(\mathbb{Z}^{n})}\leq C_{p}\|f\|_{\ell^{p}(\mathbb{Z}^{n})}.$$

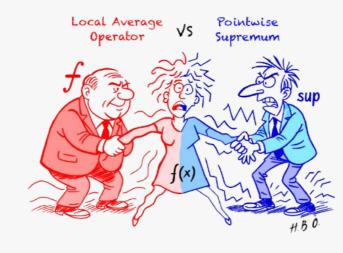
This theory was further developed by J. Bourgain (1980s-1990s), who obtained deep results for discrete averages over polynomial sequences and arithmetic progressions, especially in ergodic theory.

#### **Motivation: A Competition of Effects**

The regularity theory for  $\mathcal{M}$  addresses a fundamental question: If f is smooth (e.g.,  $f \in W^{1,p}$  or BV), is  $\mathcal{M}f$  also smooth? Two opposing mechanisms compete:

- **Averaging smooths:**  $A_r f(x) = \frac{1}{|B_r|} \int_{B_r} f$  typically regularizes
- **Supremum roughens:**  $\mathcal{M}f(x) = \sup_{r} A_r f(x)$  can introduce discontinuities and destroy smoothness.

Does the smoothing effect of averaging survive the roughening from the supremum?



## **Literature Review: Regularity Results**

#### 1. Continuous Setting

▶ Kinnunen (1997): The centered maximal operator is bounded on Sobolev spaces,

$$\mathcal{M}: W^{1,p}(\mathbb{R}^n) \longrightarrow W^{1,p}(\mathbb{R}^n)$$

by the key pointwise inequality (a.e.)

$$|\partial_i \mathcal{M} f(x)| \leq \mathcal{M}(|\partial_i f|)(x).$$

Keywords: n-D, Centered, W<sup>1,p</sup>

The endpoint case p = 1 shows finer distinctions between centered and uncentered operators:

▶ Tanaka (2002): For  $f \in W^{1,1}(\mathbb{R})$ , the function  $\widetilde{\mathcal{M}}f$  is weakly differentiable and satisfies

$$\|(\widetilde{\mathcal{M}}f)'\|_{L^1(\mathbb{R})} \leq 2 \|f'\|_{L^1(\mathbb{R})}.$$

Keywords: 1-D, Uncentered, W<sup>1,1</sup>

▶ Aldaz & Pérez Lázaro (2007): For  $f \in BV(\mathbb{R})$ , the uncentered maximal operator is absolutely continuous and satisfies

$$Var(\widetilde{\mathcal{M}}f) \leq Var(f)$$
.

**Keywords: 1-D, Uncentered,** BV

► Kurka (2015): The centered operator preserves bounded variation up to a universal constant,

$$Var(\mathcal{M}f) \leq 240000 \ Var(f).$$

**Keywords: 1-D, Centered,** BV

## 2. Discrete Setting

The discrete analogues parallel the continuous results:

▶ Bober, Carneiro, Hughes & Pierce (2012): The discrete uncentered operator satisfies the contraction property

$$Var(\widetilde{\mathbf{M}}^d f) \leq Var(f).$$

**Keywords: 1-D, Uncentered, Discrete, BV** 

▶ **Temur (2013)**: The discrete centered operator is bounded in variation,

$$Var(\mathbf{M}^d f) \le 294912004 \ Var(f).$$

Keywords: 1-D, Centered, Discrete, BV

## **Higher Order Regularity**

Research on the maximal operator has mainly focused on firstorder regularity until Temur (2022):

▶ **Temur (2022):** For any finite  $A \subset \mathbb{Z}$  and  $1 \leq p \leq \infty$ ,

$$\|(\widetilde{\mathcal{M}^d}\chi_A)''\|_{\ell^p} \leq 2^{1-1/p}3^{1/p}\|\chi_A''\|_{\ell^p}.$$

This result naturally raises new questions: **Q1:** Extendable to broader functions?

▶ Weigt (2024) gave a counterexample.

**Q2:** Extendable to k-th order ( $k \ge 2$ )?

**Temur, Ö. (2025)** generalized for any  $k \geq 2$ .

# Reduction to Growth of $\|\chi_A^{(k)}\|_{\ell^1(\mathbb{Z})}$

Using the recurrence relation in discrete differenatiation

$$f^{(k)}(n) = f^{(k-1)}(n+1) - f^{(k-1)}(n).$$

we obtain

$$\|f^{(k)}\|_{\ell^p(\mathbb{Z})} \leq 2 \|f^{(k-1)}\|_{\ell^p(\mathbb{Z})}$$

Applying recursively for discrete matimal operators and then using the first order regularity we obtain

$$\|\left(\widetilde{\mathbf{M}}^{d}\chi_{A}\right)^{(k)}\|_{\ell^{p}(\mathbb{Z})} \leq 2^{k-1}\|\left(\widetilde{\mathbf{M}}^{d}\chi_{A}\right)'\|_{\ell^{p}(\mathbb{Z})} \lesssim_{p} \|\chi_{A}'\|_{\ell^{p}(\mathbb{Z})}.$$

Hence, to complete the k-th order regularity, we aim to prove:

$$\|\chi_{\mathcal{A}}'\|_{\ell^{p}(\mathbb{Z})} \lesssim_{k,p} \|\chi_{\mathcal{A}}^{(k)}\|_{\ell^{p}(\mathbb{Z})}, \ k \geq 2.$$

# Main Results on $\ell^p$ Growth of $\chi_A^{(k)}$

**Theorem 1 (Temur, Ö. 2025):** For any finite  $A \subset \mathbb{Z}$  and  $1 \leq p \leq \infty$ ,

$$\|\chi_A^{(k)}\|_{\ell^p(\mathbb{Z})} \geq (2k+1)^{-1/p} \|\chi_A'\|_{\ell^p(\mathbb{Z})}.$$

**Keywords:** Exponential, Uniform Bound

**Theorem 2 (Temur, Ö. 2025):** For any finite  $A \subset \mathbb{Z}$ ,  $n = \lfloor k/3 \rfloor$ , and  $1 \leq p \leq \infty$ ,

$$\|\chi_{\mathcal{A}}^{(k)}\|_{\ell^p(\mathbb{Z})} \geq \frac{1}{3} \binom{k}{n}.$$

Keywords: Exponential, Nonuniform Bound

**Theorem 3 (Temur, Ö. 2025):** For any finite  $A \subset \mathbb{Z}$ ,  $1 \leq p \leq \infty$ , and k sufficiently large depending on |A|,

$$\|\chi_{\mathcal{A}}^{(k)}\|_{\ell^p(\mathbb{Z})} \geq 2^{k-1-\frac{|\mathcal{A}|-1}{2}\log_2 2k} \Big(\frac{\sqrt{|\mathcal{A}|-1}}{7\pi e^{3/2}}\Big)^{|\mathcal{A}|-1} (k+1)^{-1/p'} |\mathcal{A}|^{1/p}.$$

**Keywords:** Asymptotic Bound via Nazarov-Turán

**Theorem 4 (Temur, Ö. 2025):** For any finite  $A \subset \mathbb{Z}$ ,  $1 \leq p \leq \infty$ , and k sufficiently large depending on |A|,

$$\|\chi_{\mathcal{A}}^{(k)}\|_{\ell^p(\mathbb{Z})} \geq 2^{k-1-3(\log_2 e)(\frac{c\pi}{4})^{2/3}k^{1/3}} \big[(k+1)|\mathcal{A}|\big]^{-1/p'}.$$

Keywords: Asymptotic Bound via Borwein-Erdélyi

**Theorem 5 (Temur, Ö. 2025):** For any finite  $A \subset \mathbb{Z}$ ,  $1 \le p \le \infty$ , ksufficiently large depending on |A|, and any integer  $0 \le a \le \log |A|$ with  $\widehat{\chi_A}^{(a)}(1/2) \neq 0$ ,

$$\|\chi_A^{(k)}\|_{\ell^p(\mathbb{Z})} \geq 2^{k-\frac{a}{2}\log_2 2k+a-2} \Big(\frac{a}{e}\Big)^{a/2} \frac{1}{a!} \big[(k+1)|A|\big]^{-1/p'}.$$

Keywords: Asymptotic Bound via Borwein, Erdélyi, Kós

Theorem 6 (Temur, Ö. 2025): If 
$$A\subset \mathbb{Z}$$
 satisfies

$$\sum_{m < n \in A} \frac{1}{n - m} \le \frac{\pi}{8} |A|,$$

then for any  $k \in \mathbb{N}$  and  $1 \le p \le \infty$ ,

$$\|\chi_A^{(k)}\|_{\ell^p(\mathbb{Z})} \geq egin{cases} (k+1)^{1/p-1/2} 2^{k/2-1} \|\chi_A\|_{\ell^p(\mathbb{Z})}, & p \geq 2, \ 2^{k-(k+2)/p} \|\chi_A\|_{\ell^p(\mathbb{Z})}, & 1 \leq p < 2. \end{cases}$$

**Keywords:** Exponential Growth, Sparsity Condition

#### Sketch Proof of Theorem 3 via Nazarov–Turán

#### **Fourier-analytic Framework**

**1. Discrete Fourier Transform:** Let  $\mathbb{T} = \mathbb{R}/\mathbb{Z} \simeq [0,1)$  and  $f: \mathbb{Z} \to \mathbb{C}$  finitely supported:

$$\widehat{f}(x) = \sum_{n \in \mathbb{Z}} f(n) e^{-2\pi i n x}, \quad x \in \mathbb{T}.$$

For  $k \ge 1$ :

$$\widehat{f^{(k)}}(x) = (e^{2\pi ix} - 1)^{k}\widehat{f}(x),$$

so the discrete derivative is diagonalized by the Fourier transform.

**2.**  $\ell^p$  Estimates via Hausdorff–Young: For  $1 \le p \le 2$  with conjugate p':

$$\|\widehat{g}\|_{L^{p'}(\mathbb{T})} \leq \|g\|_{\ell^p(\mathbb{Z})}.$$

Apply to  $g = \chi_A^{(k)}$ :

$$\|(e^{2\pi ix}-1)^k\widehat{\chi_A}(x)\|_{L^{p'}(\mathbb{T})}\leq \|\chi_A^{(k)}\|_{\ell^p(\mathbb{Z})}.$$

In particular, for p = 1:

measurable  $E \subset \mathbb{T}$ :

$$\|\chi_A^{(k)}\|_{\ell^1(\mathbb{Z})} \geq \sup_{\mathbf{x} \in \mathbb{T}} |(e^{2\pi i \mathbf{x}} - \mathbf{1})^k \widehat{\chi_A}(\mathbf{x})|.$$

**3. Localization near** x = 1/2:  $m(x) = e^{2\pi ix} - 1 = 2i\sin(\pi x)e^{\pi ix}$ , so  $|m(x)| = 2|\sin(\pi x)|$ . Maximum at x = 1/2, restrict to  $E_r = (1/2 - r, 1/2 + r)$ :

$$|m(x)| \ge 2 - \pi^2 r^2$$
,  $\|\chi_A^{(k)}\|_{\ell^1(\mathbb{Z})} \ge (2 - \pi^2 r^2)^k \|\widehat{\chi_A}\|_{L^\infty(E_r)}$ .

4. Nazarov–Turán Inequality: For  $P(x) = \sum_{n \in A} a_n e^{2\pi i n x}$  and

$$\|P\|_{L^{\infty}(\mathbb{T})} \leq \left(rac{14e}{|E|}
ight)^{|A|-1} \|P\|_{L^{\infty}(E)}.$$

Apply to  $P(x) = \widehat{\chi_A}(-x), |E_r| = 2r$ :

$$\|\widehat{\chi_A}\|_{L^{\infty}(E_r)} \geq \left(\frac{r}{7e}\right)^{|A|-1} |A|,$$

hence

$$\|\chi_A^{(k)}\|_{\ell^1(\mathbb{Z})} \geq (2 - \pi^2 r^2)^k \left(\frac{r}{7e}\right)^{|A|-1} |A|.$$

**5.** Optimization and Extension to  $\ell^p$ : Optimizing r and applying Hölder's inequality extends the bound to general  $\ell^p$ :

$$\|\chi_A^{(k)}\|_{\ell^p(\mathbb{Z})} \geq 2^{k-1-\frac{|A|-1}{2}\log_2 2k} \Big(\frac{\sqrt{|A|-1}}{7\pi e^{3/2}}\Big)^{|A|-1} (k+1)^{-1/p'} |A|^{1/p}.$$

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