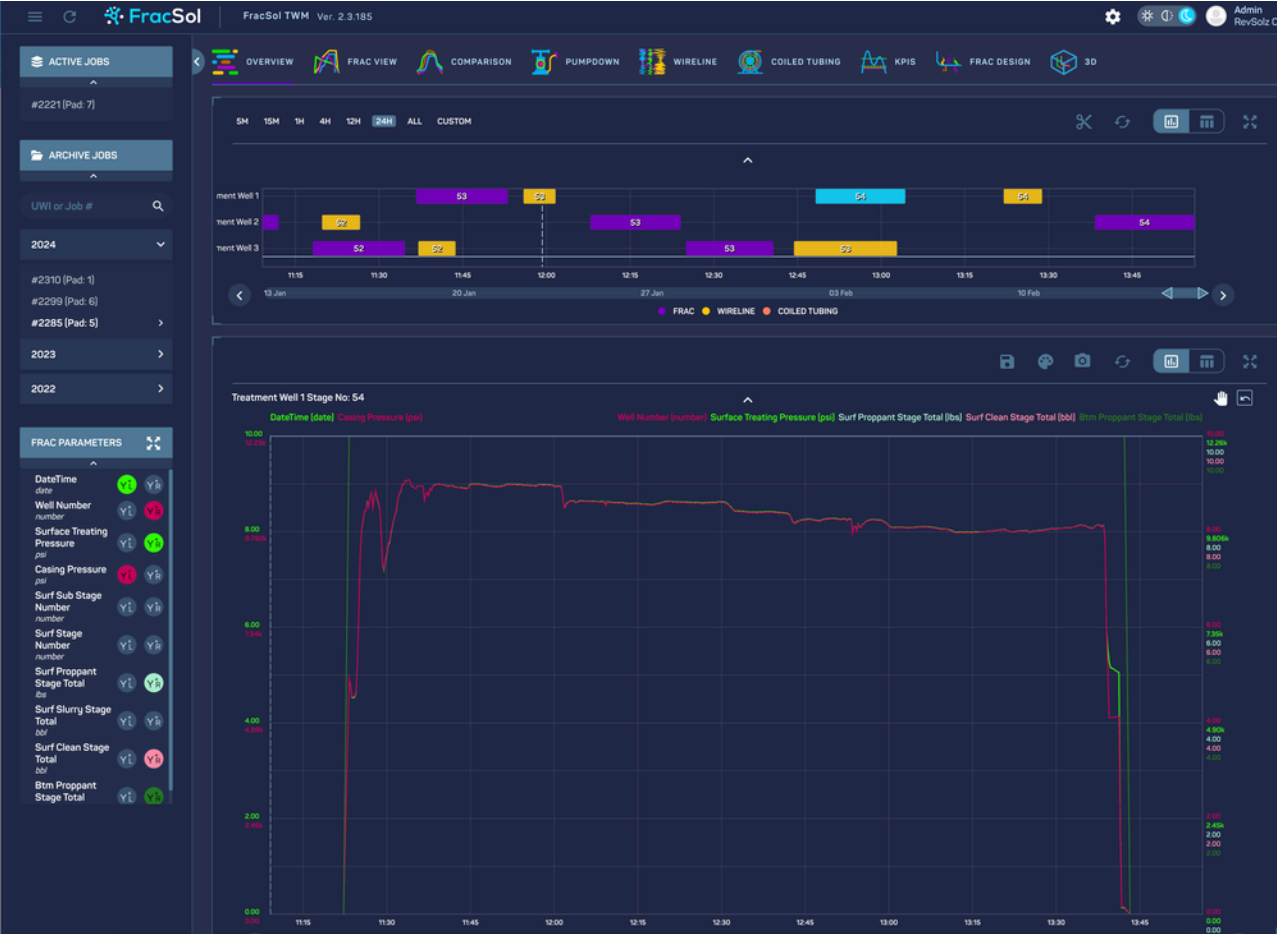


Web Application: TWM / OWM / FDI / ML **(Revsolz)**

Project Overview

The TWM, OWM, and FDI applications, equipped with real-time data monitoring, are used in the Oil & Gas industry.



Mobile Application: **Phenology** (App links: [IOS](#), [Android](#), [Website](#))

Project Overview

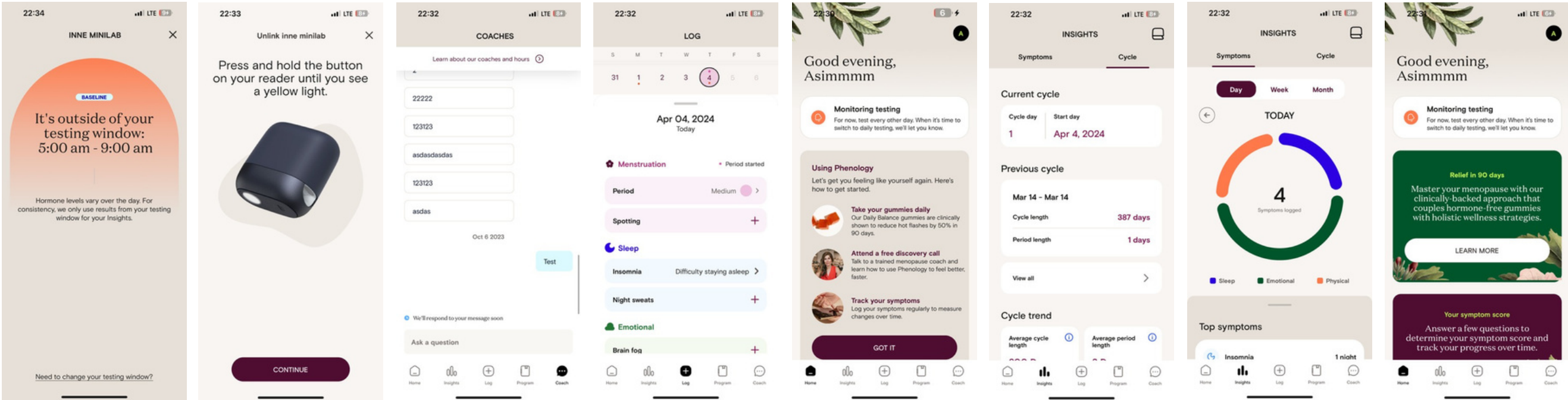
The Phenology app is designed to transform the menopause experience by integrating expert-designed digital assessments with personalized coaching directly through the app. This innovative solution leverages science-backed methodologies and tailored advice to support women through their menopause journey.

Key Features

- Personalized Coaching: Engage with Phenology Coaches for bespoke guidance and support, helping you navigate through the stages of menopause. - Menopause Journey
- Understanding: Complete a simple assessment to identify your current stage in the menopause process, gaining insights tailored to your unique needs.
- Symptom Relief: Access natural and scientifically supported solutions to alleviate common menopause symptoms, improving your quality of life.
- Hormone Monitoring: Connect seamlessly with BLE devices to monitor hormone levels, enabling data-driven decisions about your health.

Impact

Phenology is dedicated to redefining menopause for women everywhere, providing them with control and confidence during this significant phase of life. The app’s comprehensive features not only offer immediate relief but also empower users with knowledge and support, making it a groundbreaking tool in women’s health technology.



Mobile Application: **d.velop** (App links: [IOS](#), [Android](#), [Website](#))

Project Overview

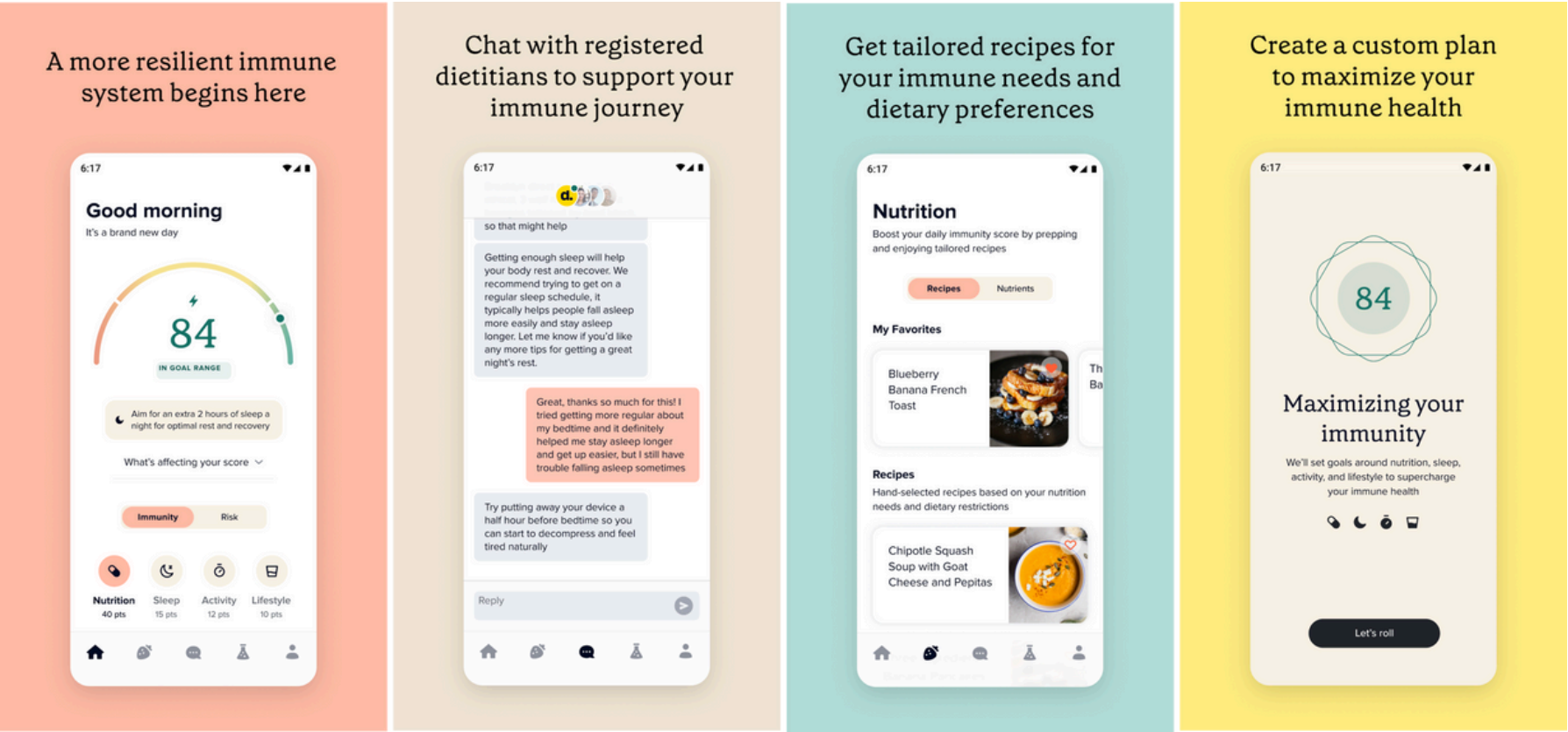
The d.velop app is crafted to enhance immune resiliency through a holistic approach, focusing on vitamin D supplementation and lifestyle improvements. By pairing cutting-edge technology with expert advice, d.velop offers a comprehensive toolkit for boosting immune health.

Key Features

- Holistic Health Support: Start with our superior ampli-D vitamin D, then use the app for further immune support.
- Lifestyle Optimization: Receive personalized tips on lifestyle adjustments that can significantly boost your immune system.
- Expert Coaching: Access our team of health coaches for guidance and practical tips tailored to your needs.
- Easy Integration: The app is a complimentary benefit with every purchase of d.velop Vitamin D, making it accessible and convenient.

Impact

d.velop not only provides the best in vitamin D supplementation but also empowers you with the knowledge and tools to sustain a strong immune system through everyday habits and choices.



Mobile Application: **AVA**

Project Overview

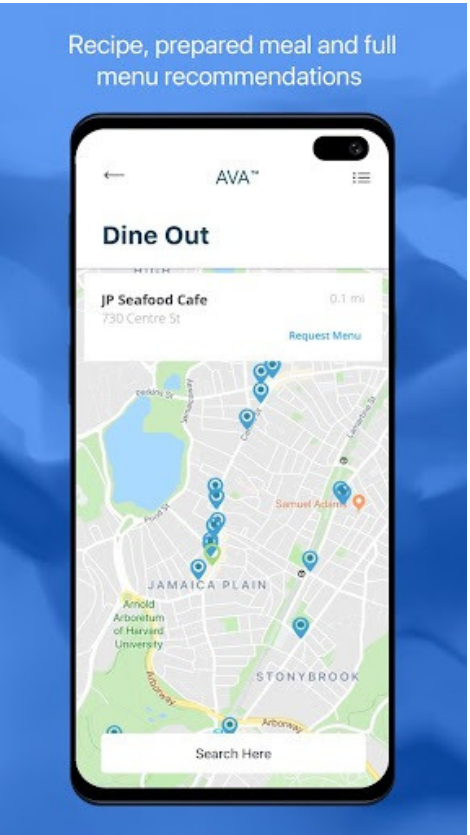
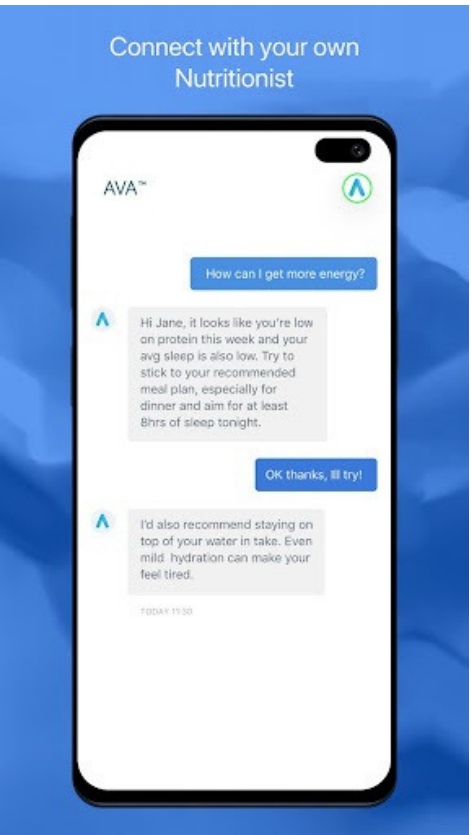
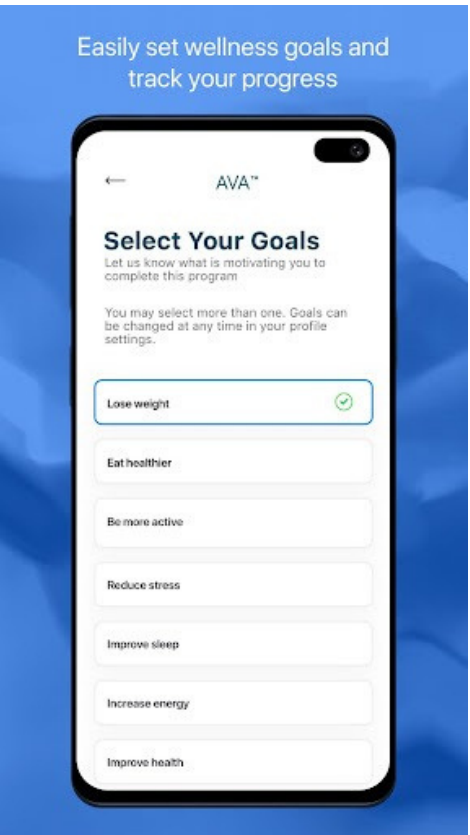
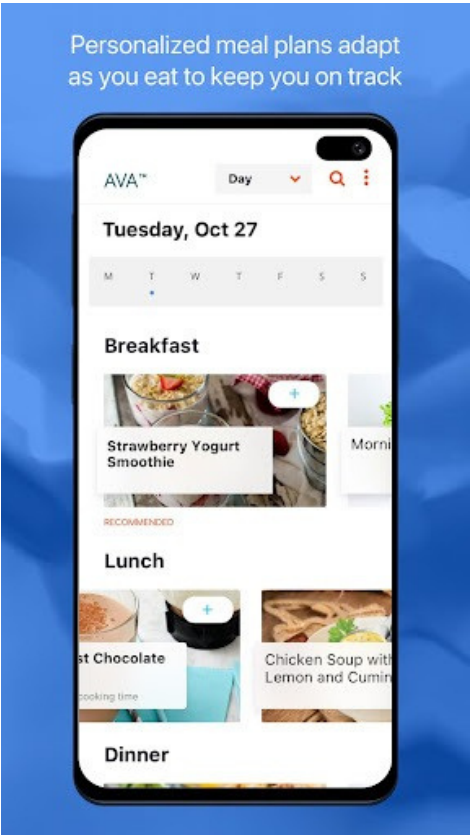
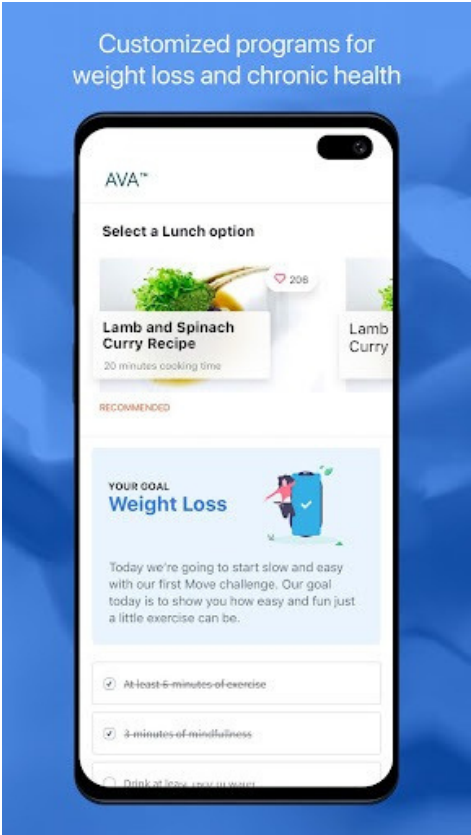
AVA transforms nutritional planning with AI-driven personal meal recommendations to help you achieve and maintain your lifestyle goals. Tailored to fit modern life’s demands, A your nutrition aligns perfectly with your daily routine, whether you’re dining out or need a quick meal on the go.

Key Features

- Customized Meal Plans: Generate weekly meal plans based on your dietary preferences, restrictions, and schedule, whether you’re cooking at home, dining out, or grabbing a quick bite.
- Extensive Recipe Database: Explore tens of thousands of recipes from a variety of cuisines, ensuring you always have delicious and suitable meal options.
- Comprehensive Food Tracking: Log meals by text, photos, or barcode scans and sync your dietary data with devices like Fitbit and Apple HealthKit for integrated health tracking.
- Progress Tracking: Monitor your nutritional intake and health progress through detailed charts, summaries, and personalized assessments within the app.

Impact

With AVA, managing your nutrition is more accessible and effective than ever, providing a seamless integration of dietary management into your lifestyle. Whether you are looking to lose weight, maintain health, or simply eat better, AVA is your partner in nutritional success.



Mobile Application: Opti-journey

Project Overview

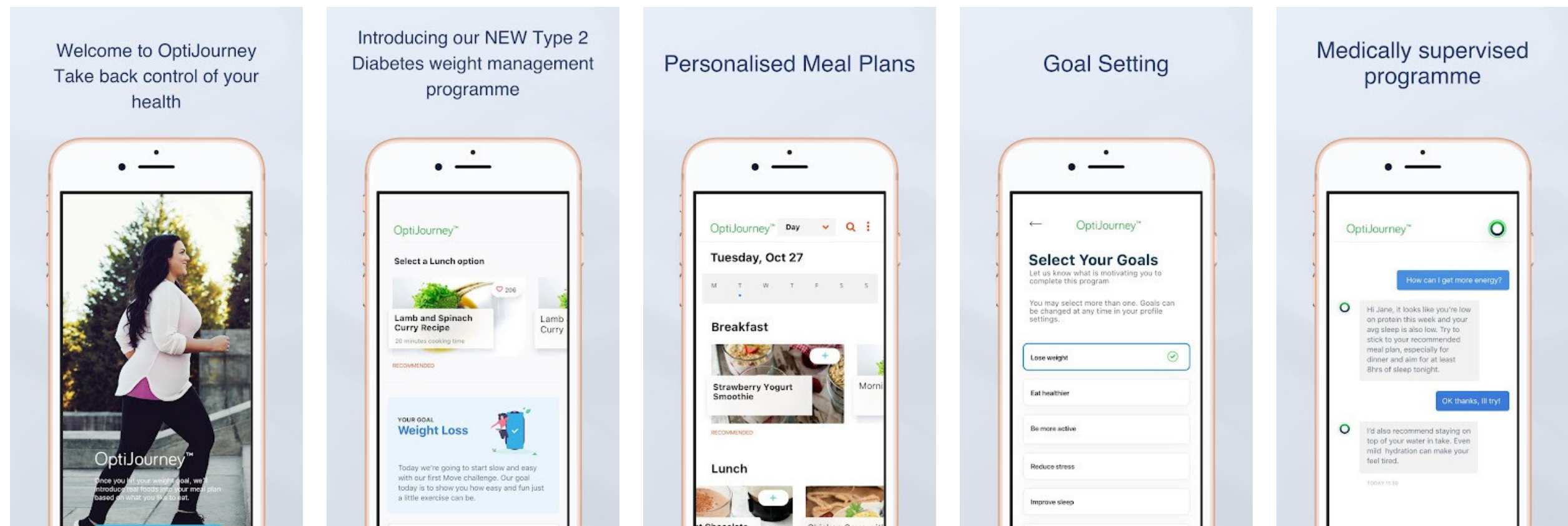
Opti-journey is a structured weight management program tailored for individuals with weight-related medical conditions, aiming to facilitate significant health benefits through weight management. The program is meticulously designed to guide users through three critical phases: weight loss, reintroduction to food, and ongoing healthy lifestyle maintenance.

Key Features

- Guided Nutritional Plans: Each phase comes with detailed guidance and resources to ensure nutritional adequacy and effectiveness.
- Progress Monitoring: Track your weight loss and health improvements with easy-to-use tools within the app.
- Support and Motivation: Access a community of users and health experts to stay motivated and resolve any challenges along the way.
- Progress Tracking: Monitor your nutritional intake and health progress through detailed charts, summaries, and personalized assessments within the app.

Impact

Opti-journey offers a comprehensive approach to weight management, providing support and structure necessary for users to achieve and sustain optimal health outcomes. The program is designed to not only facilitate immediate weight loss but also to educate and empower users to maintain a healthier lifestyle long term.



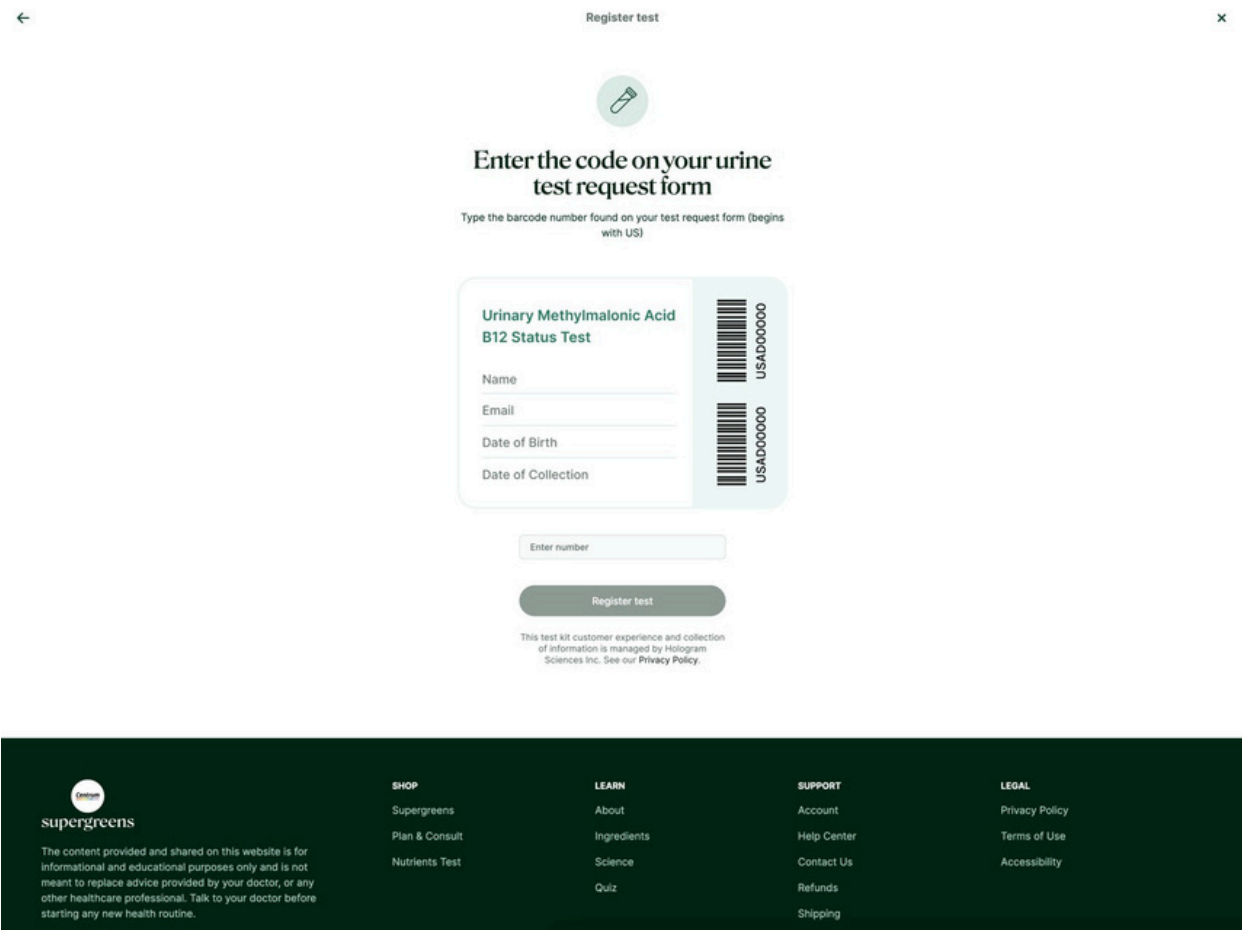
Web Application: **Centrum SuperGreens Web App** (*website link*)

Project Overview

The Centrum SuperGreens Dashboard is an innovative web application designed to help users monitor important nutritional biomarkers that impact aging, such as Vitamin D, Omega-3s, and Vitamin B12. Through a user-friendly interface, individuals can register and purchase at-home tests, empowering them with critical health insights as they age.

Key Features

- Test Registration: Easily register and purchase tests by entering the barcode number found on your collection card.
- Health Insights: Gain valuable insights into your vitamin levels and understand how they may affect your health and aging process.
- Result Integration: Receive and view your test results directly in your Centrum SuperGreens account, ensuring privacy and convenience.



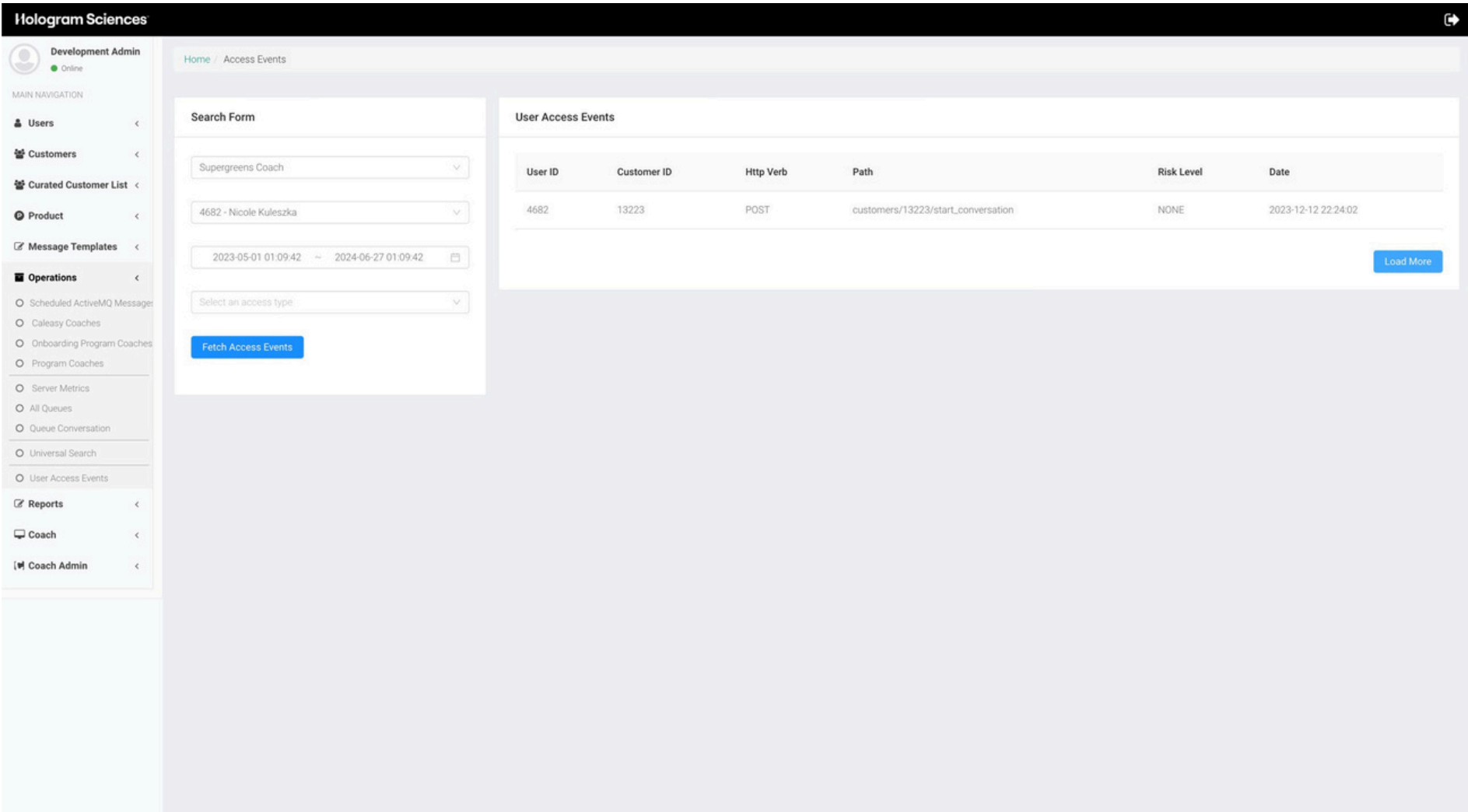
Web Application: AVA Admin Web App

Project Overview

The AVA Admin Web App is designed to empower coaches and nutrition experts to provide seamless and effective support to users of the AVA app. This specialized web platform efficient management of client interactions, monitoring of progress, and personalized guidance, all from one centralized location.

Key Features

- Client Management: Easily access user profiles, dietary preferences, and progress reports to offer tailored nutritional advice and support.
- Communication Tools: Engage with users through integrated messaging systems that allow for real-time conversations and follow-ups.
- Progress Tracking: Monitor and analyze the dietary and lifestyle changes of users, helping coaches to adapt plans and strategies effectively.
- Resource Sharing: Distribute educational materials, meal plans, and other resources directly to users to enhance their dietary adherence and knowledge.



Hologram Sciences

Development Admin

Online

MAIN NAVIGATION

Users

Customers

Curated Customer List

Product

Message Templates

Operations

Reports

Coach

Coach Admin

Home / Advanced Customer Search

Search Options

Columns

Customer Created Timestamp ✕ Customer ID ✕ Onboarded Timestamp ✕ User Email ✕ User First Name ✕

Filters

User Email contains asim ✕

Sort Options

Customer ID ✕

Advanced Customer Search

Show 25 entries

Customer Created Timestamp	Customer ID	Onboarded Timestamp	User Email	User First Name
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January 29th 2024, 19:49:35	13503		asim.olmez+staging333311@eatwithava.com	Asim
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November 27th 2023, 18:23:25	13142		asim.olmez@hologramsciences.com	

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2.8.1-rc.2

Hologram Sciences

Development Admin

Online

MAIN NAVIGATION

Users

Customers

Curated Customer List

Product

Message Templates

Operations

Home / Users

Users List 256 records

Search: asim

Refresh

First Name	Last Name	Email	Enabled	Operations
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Asim	Olmez	asim.olmez+coach@eatwithava.com	true	
Asim	Olmez	asim.olmez+culturelle@eatwithava.com	true	



Looking for a new conversation.

Last heard from the server 14 seconds ago