$$G = \{g_1, \cdots, g_n\}$$

$$\begin{cases} g_1 H g_1^{-1} \\ g_2 H g_2^{-1} \\ \vdots \\ g_n H g_n^{-1} \end{cases}$$
 This list contains all p -Sylow subgroups... (duplicates are possible)