

# Health Report

Gender: male

Age: 23

height: 178

heightUnit: cm

Weight (kg): 78

Nutrition Level: 8

Alcohol Consumption: 0

smoking: never

Exercise Frequency: 1

exerciseType: cardio

stress: 6

Sleep Hours: 8

diet: omnivore

Transportation: public

Living Environment: city

Profession: STUDENT

Region: europe

Email: hiluxfokou33@gmail.com