

## Best off-beat trekking destination in Nepal

If you are an adventure enthusiast; looking for life-long Himalayan experience in Nepal but want to skip the crowd and soak up in the quietude and tranquility of Himalayan all by yourself, Here are the list of top off-beat trekking destination in Nepal:

### Upper Dolpo Trek



[Upper Dolpo trek](#) is a high altitude trek to the culturally Tibetan region in the western Himalaya of Nepal. The people of Dolpo are majorly Tibetans, therefore, the region is very rich in terms of Tibetan culture and arts. Trekking to Upper Dolpo is restricted and very few travelers are permitted to enter the area. The restriction policy is imposed to protect the fragile ecology and culture of the region.

Secluded deep valleys, remote and untouched trail route, breathtaking mountain-vistas and abundant highland wildlife are the major attractions of this trek.

Upper Mustang Trek



[Upper Mustang Trek](#) takes you to the concealed valley of high Himalaya located between the Tibet and the Himalayas – a place different for the rest of the world. The kingdom Lo of Upper Mustang used to be a part of Tibet until 1830s. Trekking to Upper Mustang delights its visitors with breathtaking panorama of mountains vistas, rolling brown hills and unique cultures. There are around 275 houses in Lo Manthang: the royal caste, the everyday folk, the blacksmiths and the butchers and millers. You will be amazed to witness that the sky burial and polyandry system still existed in the region.

### Kanchenjunga Circuit Trek



Kanchenjunga Circuit Trek offers a unique opportunity to step foot in the base camp of world's third's tallest mountain. Due to its relative inaccessibility and remoteness, very few trekkers have made the way to its base camp; keeping it highly untouched and unexplored.

The word, "Kanchenjunga" means the five summit that in one word makes Kanchenjunga. This challenging yet less-crowded trekking route allows the in-depth knowledge of rural Nepalese lifestyle and culture.



## Makalu Base Camp Trek



Makalu Base Camp Trek is perfect destination for solitary trekkers which wants to skip the crowd and enjoy the pristine nature in tranquil setting. This trek offers an exceptional opportunity to explore high-altitude landscapes, mountain vistas and ethnic Himalayan lifestyles. The journey to Makalu Base Camp initiates with a flight to Tumlingtar, the starting point of the trek. The lower reaching of Makalu region is filled with lush rhododendron forest whereas the upper reaches comprises the polished granite cliffs topped by the hanging glacier, overflowing with waterfalls.

## Manaslu Tsum Valley Trek



Manaslu Tsum Valley Trek, located to the north-east of the Manaslu (mountain of the spirit) was first opened to trekking in 2008. The people in the Manaslu region are Tsumbas who speak their unique dialect and follow the culture that highly resembles that of the Tibet. Trekking to Tsum valley adds an exciting extension to the Manaslu trek.

[Tsum valley with Manaslu trek](#) is an exciting journey that takes you close to the Nepal-Tibet border through the culturally blessed highland settlements and enjoying the artistic monasteries built in those serene and quaint environments. The astonishing view of snowy mountain peaks along with a fascinating glimpse of local culture is the major attraction of the trek.