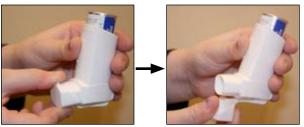
How to use your inhaler and spacer













1. Take the cap off the inhaler

2. Shake the inhaler

3. Attach to spacer

4. Take the cap off the spacer







6. Close lips around mouthpiece



7. Press down here



8. Breath IN slow and deep



9. Hold your breath for 10 seconds if you can. Then breathe out slowly





If you need another puff of medicine, wait 1 minute then repeat steps 5-9



10. Rinse with water and spit OUT

