# Having an X-Ray

An x-ray takes pictures of the inside of your body so that your doctor can check bones or organs for problems. The test is safe, quick and painless. The type of x-ray you have will depend upon the area being looked at and why.

If you are pregnant, or think you might be, tell the staff before the test.

## To Prepare

You may need to remove clothing with metal parts, snaps or zippers. You may also need to remove jewelry or eyeglasses. You may be asked to wear a hospital gown.

## **During the Test**

You may be given a heavy apron to protect other parts of your body from exposure to the x-rays.

Staff will help position you for the test, then move behind a wall. You may be told to hold your breath or to not move for a short time. Movement can cause the pictures to be blurry.

Most x-rays only take a few minutes.

### **After the Test**

Test results will be sent to your doctor. Your doctor will discuss the results with you.

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# Passer une radiographie

Une radiographie prend des clichés de l'intérieur de votre corps afin que votre médecin puisse vérifier d'éventuels problèmes aux os et aux organes. L'examen est sans danger, rapide et indolore. Le type de radiographie que vous passerez dépendra de la zone qui sera examinée et de la raison pour laquelle on l'examine.

Si vous êtes enceinte ou pensez l'être, informez le personnel médical avant l'examen.

## **Préparation**

Il pourra être nécessaire de retirer vos vêtements contenant des parties métalliques, des boutons pressions ou des fermetures-éclair. Vous devrez peut-être également retirer vos bijoux ou vos lunettes. On pourra vous demander de porter une chemise d'hôpital.

### Pendant l'examen

On pourra vous donner un tablier lourd afin de protéger les autres parties de votre corps de l'exposition aux rayons X.

Le personnel médical vous aidera à vous positionner pour l'examen, puis se rendra derrière un mur. On pourra vous dire de retenir votre respiration ou de ne pas bouger pendant une courte durée. Les mouvements peuvent rendre les images floues.

La plupart des radiographies ne prennent que quelques minutes.

## Après l'examen

Les résultats de l'examen seront envoyés à votre médecin. Ce dernier les commentera avec vous.

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Having an X-Ray. French.