



My Child's Asthma Safety Checklist for School or Day Care

If you answer **No** to any of the questions, talk with your child's teachers or school nurse to work out solutions.

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| <input type="checkbox"/> Yes <input type="checkbox"/> No | 1. Is the area free from tobacco smoke? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | 2. Is the area well ventilated and free from things that can make asthma worse? Asthma can be worsened by: |
| | <input type="checkbox"/> Cockroaches |
| | <input type="checkbox"/> Mold |
| | <input type="checkbox"/> Classroom pets with fur or feathers |
| | <input type="checkbox"/> Strong odors or fumes from arts-and-crafts supplies, perfumes, or cleaning supplies |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | 3. Are there guidelines in place to care for the everyday needs of children with asthma? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | 4. Is someone present (a nurse or staff member) to help children take their medicine? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | 5. In case of an emergency, does the school or day care center have a plan, including contact numbers, for my child with asthma? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | 6. Is someone making sure my child can safely participate in physical activities? |

Additional questions:

