

What if I do not want to be contacted by the Quitline? You may opt out of the program at any time, by letting the Quitline know.

Are languages other than English available? Yes. Phone services are available in English, Spanish and other languages using a translator. Information in English and Spanish is also available at www.nysmokefree.com.



Call us
1-866-NY-QUITS
(1-866-697-8487)
www.nysmokefree.com

Check out the New York State Quitline on...



Motivational messaging to your smartphone.



New York State
Smokers' Quitline

Developed by Roswell
Park Cancer Institute.

Opt-to-Quit™*

A patient program offering information and assistance for tobacco users.



A New York State Quitline Service
1-866-NY-QUITS (1-866-697-8487)
www.nysmokefree.com

*This program is brought to you by
Roswell Park Cancer Institute



What is Opt-to-Quit™? A program with your healthcare provider and the New York State Quitline that ensures *all* tobacco using patients are offered help to become or stay tobacco free.

How does the Quitline know how to contact me? Your healthcare provider will refer you to the Quitline. The information sent to the Quitline is used to contact you, describe our free services and offer you help to quit or stay quit. Your information will not be shared and is kept secure and confidential.



What will the Quitline offer me?

A range of services...

- ☒ Coaching by specially trained Quit Coaches.
- ☒ Nicotine replacement therapy for those who are eligible; most qualify.
- ☒ Mailed and downloadable materials.
- ☒ Online information, texting, a social community and other web tools.
- ☒ Information about covering costs for stop smoking medications.

"We are here to help, and we care."
Felicia, Quit Coach