

How to use the dry powdered inhaler



Pulmicort



1. Twist bottom like this to remove cap



2. Here is the cap and the mouthpiece



3. Hold the mouthpiece



4. Twist bottom this way



5. Then back this way to hear “click”
Now the inhaler is ready to use



6. Breathe **OUT** and **AWAY** from inhaler



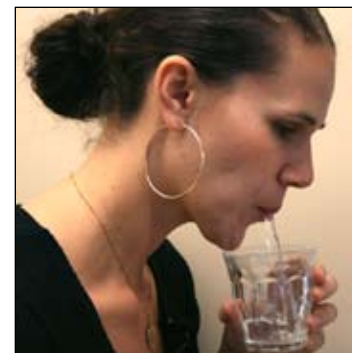
7. Put lips around mouthpiece Breathe **IN** fast and deep



8. Hold your breath for 10 seconds if you can



9. Rinse with water and spit **OUT**



10. Put cover back on, twist to close