

## Inhalt der label\_mappings.pkl

label\_to\_id:

A company with which I have no affiliation.: 0  
A couple of drops of dish soap, give it a little swirl, mix it in.: 1  
A good hydrating shampoo.: 2  
A little faster.: 3  
A lot of times we think of yoga as being a tool to help us gain flexibility, and many people that I meet on the street and talk to about yoga, they think that they cannot do yoga because they are not flexible enough.: 4  
A nice thick towel.: 5  
A vest is pretty much literally means that it is going to be the same on both sides so that is why I drew it like this, it is easier to follow.: 6  
Again, a little bit goes a long way.: 7  
Again, jab and cross, hook and up.: 8  
Again, you want to keep it natural.: 9  
Again.: 10  
All of this will be in your microwave owner's manual.: 11  
All right, here we go.: 12  
All right.: 13  
Alright, then we're going to measure out one cup of stock because you'd like to have a two to one liquid to rice ratio.: 14  
Alright.: 15  
Alright?: 16  
Also, you want to make sure that when you're cleaning this, you're particularly careful about cleaning corners where it's going to be touching the microwave walls.: 17  
And if while you're doing this your oil starts to pop, it means that the heat is too high, just turn it down a notch and keep going.: 18  
And in this case stuffed animals are a great automatic choice.: 19  
And just stay attentive to it, always pay attention to it cause you don't really want it to burn.: 20  
And now I'm ready to connect these two pieces together.: 21  
And now we're ready to make our volcano erupt.: 22  
And one, two and three, four.: 23  
And that's okay.: 24  
And the footwork for the ladies with one basic one under arm turn in 4 measures is quick, quick, slow, quick, quick, slow, quick, quick, slow, and quick, quick, slow.: 25  
And then I will wait for his reaction to that.: 26  
And then we'll put in our ground beef as well this will start sizzling very shortly, here's our ground beef just kind of break it off and move it around there.: 27  
And there it is.: 28  
And there we have it, that's how to make a small volcano.: 29  
And there you go.: 30  
And we want this bacon to crisp up a little bit so we render, we're doing this on a medium high heat and you know you just move it around, you don't want it to burn it can let it sit for a little bit.: 31  
And what this is going to do is when you go to dip this pot in the glaze, which I'll demonstrate in a moment, this glaze will resist, I mean this wax will resist the glaze.: 32  
And with this coconut you can take a cup of this shredded coconut you can put it in your blender and then you can take two cups of warm water, not hot water but warm water, you can blend that in a blender and then pour that blended juice on a cheese cloth and you can squeeze that and what you end up with is what I call coconut milk.: 33  
And you can keep on adding until you're out of baking soda, that works great with groups of children.: 34  
Another advantage of a small garden is there's not that many weeds.: 35  
Anything that's got a narrow mouth on it.: 36

Around Easter you'll start seeing little, cute little bunnies will start popping up everywhere.: 37

As I mentioned earlier, in general, you should not leave the rack in the microwave.: 38

As far as me being an English teacher for 20 years, I would have given an F to that student.: 39

As far as the natural crease goes, you want to keep it very, very subtle.: 40

As it comes out, it is taking the lime in the jets with it.: 41

Back and forth.: 42

Beautiful.: 43

Because its flavor from the bacon fat that's going to give the green beans a nice smoky flavor.: 44

Because of that in my garden I started with lower plants over to one side and I work over the higher plants on the other side and that allows the plants to get light continually throughout the day without shading one another out.: 45

Before I start shampooing this young lady, I want to let you know that I draped her with a shampoo cape.: 46

Bluesier guitar players like to play on a little heavier strings than metal players.: 47

Both of these places have really cute costume jewelry, and you can go spend a lot of money, all lot at once, and completely change your jewelry wardrobe.: 48

Bottoms up.: 49

Brig you a cup of coffee in the morning.: 50

But I'll tell you, for five dollars a quart, it's much better to save an old toilet and de-lime the rim than it is to throw the toilet away.: 51

But there a whole bunch of varieties.: 52

But we can use a belt to support your lower back, and support the whole pose.: 53

But what's kind of cool about it is usually, your glaze is going to have kind of a halo edge around every place where it stops.: 54

Cheers.: 55

Clock spin set it up here.: 56

Create the length, receive and enjoy.: 57

Curly hair tends to be a bit dry.: 58

DAVID CLEMEN: Hi.: 59

David: No.: 60

David: Yes.: 61

Down and out.: 62

Drop.: 63

Each of them can put a squirt of lava in.: 64

Easy as pie!: 65

Enjoy.: 66

Even if you keep this in your microwave most of the time, it probably still won't get that dirty unless you've got exploding food all the time.: 67

Even strokes.: 68

Every garden is going to grow weeds.: 69

Excellent.: 70

Exhale.: 71

Feet are slightly apart.: 72

First of all, this helps prevent it from getting dirty.: 73

First thing you need is your volcano.: 74

Five, six, seven, eight.: 75

Five, six.: 76

Flex and squeeze down.: 77

For instance if you're doing this for a professor or a high school teacher and they're telling you to write an imforative essay and you write a perssuasive.: 78

For the natural look, you can skip the crease all together if you want.: 79

Forward and back.: 80

Forward.: 81

Four, one, two, three, four.: 82

Front, back; front, back; front, back.: 83

Get the sizzling really well and we'll start to put in our beef right in little cubes of beef you'll see it going to be really

meaty and chewy it's going to be awesome.: 84  
Give a good 2 shampoos and make sure you go all the way down to the ends.: 85  
Give it a really good squirt of lava in there.: 86  
Go for it!: 87  
Good dog!: 88  
Good girl!: 89  
Good job!: 90  
Good!: 91  
Good, sit.: 92  
Good.: 93  
Got baking soda here.: 94  
Half a step with one foot, half a step with the other.: 95  
Have a great day.: 96  
He could be a cute little guy in your basket hanging out with the chocolate eggs, you know.: 97  
Hello I'm Sifu Mallon with the Clearwater Kung Fu Center.: 98  
Hello!: 99  
Hello, my name is Scott and I'm the owner of Climb On!: 100  
Hello, this is JB.: 101  
Hello.: 102  
Here we go.: 103  
Here, here boom, boom, boom.: 104  
Hi everybody I'm John Graden from the Martial Arts Teacher's Association.: 105  
Hi everyone.: 106  
Hi guys!: 107  
Hi my name is Mary Thinnies and I am a skin care expert.: 108  
Hi this is Sean Hobson.: 109  
Hi!: 110  
Hi, I'm Casey I'm with Elements University.: 111  
Hi, I'm Chris Faircloth, Artistic Director and co-owner of Salon Teez.: 112  
Hi, I'm Jeanette Welker.: 113  
Hi, I'm Jennifer Cail.: 114  
Hi, I'm Stan DeFreitas, Mr. Green Thumb for On Gardening.: 115  
Hi, my name is Cindy Mastry with Yoga Etc.: 116  
Hi, my name is Colin Kilbane and I'm going to show you how to make a small volcano.: 117  
Hi, my name is Dan Schmidt from the Chinese Martial Arts Center.: 118  
Hi, my name is Lincoln Ward.: 119  
Hi, this is Liz Muller from Liz's Hair Design in Hollywood, Florida.: 120  
Hi, this is Sean Hobson.: 121  
Hi.: 122  
Hip.: 123  
Hold it down like so.: 124  
Hold.: 125  
Horses have been around for thousands of years and it's true mother nature has provided them with a layer of head that will protect them from the elements.: 126  
How are you?: 127  
How to grip the racquet is very important, it's going to help you in different shots for a specific shot.: 128  
How to overcome lust.: 129  
However though, there are different types of curling irons, one would be your basic, which this is probably what you would use, and one would be your Marcel.: 130  
I am a proponent of using toilet bowl de-limer.: 131  
I am not a proponent of cleaning them with a wire.: 132  
I can make thrusts.: 133  
I have to tell you why in 1983 this happened and Bobby Knight's been mad ever since.: 134  
I just want to show you that you can put a little more oomph into it.: 135

I practice with the Barton Oaks Dental Group.: 136  
I'll add a couple drops of red food coloring.: 137  
I'm Dr. Joe Neely.: 138  
I'm Ivan Madar.: 139  
I'm Jackie with how to cure pimples with herbs.: 140  
I'm Jackie with how to eliminate acne.: 141  
I'm Jackie with how to make herbal skin cleansing cream.: 142  
I'm John Graden.: 143  
I'm Kelli.: 144  
I'm Laura Gibson, beauty expert, and I'm here to tell you about the parts of a curling iron.: 145  
I'm Laura Gibson, beauty expert, have a nice day.: 146  
I'm Robert Todd and thank you for watching.: 147  
I'm Robin with trees-mom.com.: 148  
I'm Russ Handler.: 149  
I'm Sundae with Natural Sundae.: 150  
I'm Sundae, with Natural Sundae.: 151  
I'm going to be using my assistant to help me out.: 152  
I'm going to begin to shampoo her.: 153  
I'm going to go ahead and wet the hair real thoroughly and use again a hydrating shampoo for her.: 154  
I'm going to put several scoops of baking soda into my volcano, there's two big ones, let's do one more.: 155  
I'm going to stand all the way on the left hand part of the lane, I'm going to draw an imaginary line from the arrows to my pin.: 156  
I'm going to use kind of a plum brown that has a shimmer to it.: 157  
I'm just going to dip it in ever so lightly.: 158  
I'm just going to show you again a dark pink here.: 159  
I'm using a crease brush, which is like a pointy fluffy brush.: 160  
I'm using a little flask here but you can use a pop bottle.: 161  
I've always thought a really fun part of tennis is dressing up for it.: 162  
I've got a little funnel, you don't have to have one but it makes it work.: 163  
I've got vinegar in here, but it doesn't look much like lava does it?: 164  
IAN LOVEALL: Hi.: 165  
If it works for you, great.: 166  
If you are going to have it be an asymmetric vest which I don't even know how you could have that, but if you can find a way do it, make that your thing.: 167  
If you didn't want to use bacon, you can use ham, you can use Canadian bacon but like I said I like to use the hickory smoke just for that smoky flavor.: 168  
If you don't meet your purpose, nothing else matters.: 169  
If you get other types of shoes, such as running shoes, those can mark up the court.: 170  
If you have any questions give your local outfitter a holler.: 171  
If you were to write an informative essay on say a historical figure and you pick Abraham Lincoln and you write the paper on how he was not an effective president, your purpose is lost; you're persuading.: 172  
If your horse is cranky, you don't want to be trying to do stretches on them then, they're going to resent it they're going to pull away from you and perhaps injure themselves or injure you.: 173  
In these clips, we're going to talk about some of the tips and tricks in order to properly winterize your vehicle.: 174  
In these clips, we're going to talk about the proper way to remove and replace your vehicle's thermostat.: 175  
In this case, on the bottom.: 176  
In this section we're going to discuss some methods you can use in dealing with tough customers.: 177  
In this segment we're going to be talking about jump roping and how jump roping is effective for boxing and how boxing is affected by jump roping.: 178  
Inhale and exhale.: 179  
Inhale lower, exhale up and over.: 180  
Inhale.: 181  
It also gives her a little bit of conditioning.: 182  
It also helps you, doing warm ups also helps you, to notice your edge.: 183

It can be anything.: 184

It could be just little squiggles, you can draw an actual character, anything you have interest to put on there.: 185

It has all the nutrients in all the right form ready for an infant if the mother doesn't have breast milk.: 186

It is very important to be implemented into my technique using my backhand spring.: 187

It'll help out.: 188

It's a good idea to practice six movements of the spine.: 189

It's all personal preference.: 190

It's going to be a little dry because it's curly.: 191

It's holding on pretty good.: 192

It's important because of a number of things.: 193

It's okay to just kind of glob it on because I'm going to go on again with the brush and even it out, so I kind of apply it like that.: 194

It's something that's going to detangle and be easy to manipulate.: 195

It's up to you.: 196

It's very simple.: 197

It's an acid solution and what we do we take and we pour this whole quart in to the overflow tube all at once.: 198

Jab, cross, hook, up.: 199

Joining me from Pro Star Mixed Martial Arts is Mr. Joe Brignoli.: 200

Just a little a time add this crease color.: 201

Just add a little bit and a little bit more.: 202

Just blend, blend, blend until you get your desired look.: 203

Just like so.: 204

Just like that.: 205

Just mix all of the ingredients together.: 206

Just take a color, say I've got brown.: 207

Keep a container nearby, a box or a bucket or something, throw them in a bucket and then get rid of the weed somewhere else because if you throw it in your lawn you're probably just going to grow weed right there.: 208

Keep their legs inside the legs of their chair.: 209

Keep your eyes open.: 210

Knee.: 211

Ladies, whenever you're being lead into an underarm turn, you're going to want to spot your partner.: 212

Let me get this wet first.: 213

Let me give you an example of what I'm talking about.: 214

Let's do that one more time.: 215

Let's take a look.: 216

Let's try it again.: 217

Let's try it with some music.: 218

Let's try that again.: 219

Lets start at the bottom with our cord, pretty much gives you all your power, plug it into an outlet, turn on the on button, then you're going to go down here to your temperature gage, which is pretty cool, because most curling irons allow you to control that.: 220

Lift.: 221

Like so.: 222

Like that.: 223

Little by little, depending on how exciting you want go with this look.: 224

Look at him.: 225

Look at that.: 226

Look how pretty that is.: 227

Look up for me.: 228

Matches can be really long.: 229

Most folks in America talk fahrenheit.: 230

My name is Deanna Gutierrez and I'm a high school teacher in San Jose.: 231

My name is Sylvia Russell and I hope that you find the perfect brunette for your hair color.: 232

My name is Sylvia Russell and this is how you can get a clean classic men's hair cut.: 233

My name is Sylvia Russell.: 234

NATHAN MCCULLOUGH: Hi.: 235

Nice and slow.: 236

Nice and thick like this and put the towel over.: 237

Nice.: 238

No!: 239

No.: 240

Not every item in our basket has to be edible, healthy or chocolaty or anything else in between.: 241

Nothing.: 242

Now I need to suggest that the buckle is not near your skin, because that's not going to be comfortable on you.: 243

Now I've got a little cake pan here, just to catch our lava so we don't make too big of a mess.: 244

Now another thing that you can do with your wax is use it as a decorative effect.: 245

Now clearly we don't need the wax resist anywhere else on this pot, but what you can do is take your brush, load it up with your hot wax and make a design on the pot.: 246

Now here we have the clamp, it gives you tension so you can actually hold onto the hair as you're curling it.: 247

Now if you build the volcano, you can put sand or paper mache or foam around your flask or your bottle and make a real volcano.: 248

Now it's time to add my favorite secret ingredient which is dish soap.: 249

Now most toilets, this will work fine, one quart will save them.: 250

Now our lava, let's make our lava.: 251

Now this one is great for small children because we just have baking soda and vinegar, there's no hot water, there's no complicated setup.: 252

Now we're going to be talking about how to grip the racquet.: 253

Now we're going to do a natural smokey crease.: 254

Now we've got lava.: 255

Now what you're going to do, you're going to grab the racquet on the neck, you're going to put the palm of your hand and you are going to bring it down all the way here, make sure you bring it down all the way at the bottom of the grip over here and as you can see it's like you're giving a handshake, it's also called a handshake grip.: 256

Now, for guys, you can wear tennis shorts and a cute top and, again, with the shoes and comfortable socks are very important.: 257

Now, for ladies, you can go out and get a tennis dress, tennis skirt with a cute top, great tennis shoes, which is really important that you have comfortable tennis shoes.: 258

Now, the Wimbledon white is a classic color to wear for tennis.: 259

Now, you can go out and cut your weeds with a hoe, which a lot of people do and I don't like to do that cause that's just going to stimulate more weed growth.: 260

O.k.: 261

O.k?: 262

OK.: 263

Obviously because the kitchen is something that you use everyday, and that you're going to need to use a lot.: 264

Occasionally I will need two quarts and rarely I'll need three.: 265

Of course toy stores (you are going to pay more there); but also a variety of convenience and other stores.: 266

Off-season training for football.: 267

Oh!: 268

Ok.: 269

Ok.?: 270

Okay, great.: 271

Okay, now here's a subject that we don't really like to talk about or even think about and that's weeding.: 272

Okay, one more time.: 273

Okay.: 274

Okay?: 275

Once that's all done, this area is sealed with a rubber-based material, and in doing so, the bacteria from outside cannot go in and from the top, cannot go back out.: 276

Once you have yourself locked in, you'll be able to lower the belt, and the belt is going to support the whole body, so that you can sit here and meditate if that's what you choose to do.: 277

One and two, three, four.: 278  
One more time, we have quick, quick, slow, quick, quick, slow, quick, quick, slow, and quick, quick, slow.: 279  
One more time.: 280  
One of the other products that comes from the older coconut, the harder part is what we call shredded coconut which is in this form right here.: 281  
One of those little pop bottles.: 282  
One type of grip in the racquet is better for than other shots.: 283  
One, two, three, five, six, seven.: 284  
One, two, three, four, five, six.: 285  
One, two, three, four.: 286  
One, two, three.: 287  
One, two, three. One, two, three. One, two, three. One, two, three. One, two, three. One, two, three. One, two, three.: 288  
One, two, three; one, two, three; one, two, three; one, two, three.: 289  
One, two.: 290  
Oops.: 291  
Open.: 292  
Or, maybe your bunny is watching guard over the basket when your little one discovers the basket for the first time.: 293  
Otherwise why would you only stop at one side, what's the point of that?: 294  
Otherwise, you'll kind of, see a frosted look to it.: 295  
Our next step is going to be cleaning the microwave oven rack.: 296  
PATRICIA: Yes.: 297  
People are willing to die for whatever they want.: 298  
Perfect.: 299  
Pilling your dog can be dangerous, so be very, very careful.: 300  
Pimples are caused by the overproduction of sebum oil which lubricates the skin and hair.: 301  
Press.: 302  
Pulse.: 303  
Purpose is so important.: 304  
Purpose is very important.: 305  
Push down and then out.: 306  
Put the cap on, there we go.: 307  
Put your rag inside.: 308  
Ready?: 309  
Repeat we have 1, 2, 3, 4, 5, 6, 7, 8, 2, 2, 3, 4, 5, 6, 7, 8.: 310  
Right there.: 311  
Right.: 312  
Right?: 313  
Scrub the hair real well and then proceed to condition after.: 314  
Secondly, because it is metal, while it's made to use in your microwave, it can still cause problems, so you want to not use it, not leave it in there as much as possible.: 315  
See that?: 316  
See you soon.: 317  
Shuffle, step, shuffle, switch.: 318  
Slow it down.: 319  
So I'll go ahead and do that.: 320  
So I'm going to have Gina extend her feet out.: 321  
So anyway, we'll continue to render our bacon and watch our next step.: 322  
So definitely keep in mind having at least a small stuffed animal of some sort.: 323  
So don't let them get out of hand, it's not that much of a hassle.: 324  
So here we go.: 325  
So it's really important to make sure, that before you come into the rest of your practice, you've practiced some warm up movements.: 326

So my advice is to weed before you really have to weed.: 327

So then that tooth is protected and once its protected, that tooth should be able to function back like a normal tooth.:  
328

So there we go.: 329

So what I like to do to ensure that you get the whole root and all is use your little cultivator and dig down right next to the root and loosen it up, because if you just try to pull it you might leave a little piece of root in there and that could actually propagate new weed growth.: 330

So what we have to do is eliminate those cavities so when we do the drilling, for the most part we go on the top exposing this area and cleaning out the chamber from the top portion of the tooth.: 331

So what we want to do is put a little oil into the pan you can use corn oil or canola oil or peanut oil whatever you like just to coat the bottom of the pan cause we're going to be cooking our beef and our pork and we even added some ground beef to it.: 332

So what you're going to do is keep your eyes on your partner.: 333

So when you see his hand go up, you know you're going to turn.: 334

So why is it important to warm up, to have warm up postures, warm up movements, before the regular yoga postures, the Asana?: 335

So you are going to want to use a moisturizing condition to kick some moisture back in there.: 336

So you use it every day but you don't actually know about the parts, kind of like me with a car, couldn't really tell you.:  
337

So you want to take it, wiggle it as you pull it up and get that whole root and don't just throw the weeds on your lawn.:  
338

So you'll have your glaze, a little bit of a halo seeping into the wax area, and then these nice decorative areas that you've left blank.: 339

So you're going to look at him, keep your head looking at him, and then bring it back around.: 340

So, we want to jack the vehicle up.: 341

So, when you look at what you're putting into the board, make sure that you really have an understanding of while you're having fun with it, what it really means to you, because if you connect into it on an emotional level, then it's going to have more meaning for you.: 342

Some of our items are just plain fun for children.: 343

Spotting your partner.: 344

Spray that down.: 345

Squeeze.: 346

Step and lift.: 347

Step and touch.: 348

Step feet together.: 349

Step together.: 350

Step up drop.: 351

Step, together.: 352

Step, touch.: 353

Step.: 354

Sukhasana, easy sitting pose.: 355

Sweep.: 356

Take a kind of a neutral plumy brown and do a nice crease with it.: 357

Talk to your doctor if your acne is serious or you're unable to control it.: 358

Thank you so much.: 359

Thank you.: 360

Thanks for watching.: 361

Thanks.: 362

That is one way that I would make a photographic resume.: 363

That way instead of turning and looking around the room, you'll get dizzy that way.: 364

That's about as far as I want to go with it right there.: 365

That's correct.: 366

That's going to be a piece of computer hardware.: 367

That's good.: 368



That's great.: 369

That's half the momentum.: 370

That's how you dial China.: 371

That's it.: 372

That's okay.: 373

That's pretty good.: 374

That's really easy.: 375

That's what's going to give that cat's eye look, that very natural to dramatic look.: 376

The cake could fall if you don't modify the recipe for high altitudes or if you open the oven to much and cool air will cause it to fall.: 377

The chamber basically previously consists of the blood supply and also of the nerve tissue.: 378

The corrosion doesn't look too bad on the battery terminals or in the wire strands. If you notice any corrosion on the battery, such as this white powdery stuff or rusty looking stuff, you can clean it off and neutralize it, neutralize the acid with a mixture of water and baking soda.: 379

The crease color just goes right on the end of the eye.: 380

The females turn a--sometimes an orangish or brownish color during breeding season but many females will not display a very obvious change of color during breeding at all.: 381

The first thing that you have to do to write an essay is figure out what your purpose is.: 382

The muscles, the bones, getting them ready for the actual postures.: 383

The next step is called a V step.: 384

The one, the end of two and the four.: 385

The only difference is the clamp. A Marcel curling iron you control everything, so it doesn't just clamp close and that's that, you actually have to keep opening and closing, otherwise you're going to start getting some smoke and burnt hair.: 386

The other important thing is you're going to step when you pass it.: 387

The purpose of the essay would be the aim of the essay or the plan of the essay.: 388

The rod is- well it's pretty much of what I like to think of the engine, it's the actual heated part on your curling iron.: 389

The way that that works, you go ahead and put the wax where it's needed on the pot.: 390

Then as you've looped it, there's two loops.: 391

Then if this is not kind to your knees, which again, is a lot of things that happens when you're just getting started, find your blocks and rest the knees.: 392

Then just use your mild dish soap that you would use for cleaning your dishes and silverware.: 393

Then we're going to season this up this is about a pound of ground beef too so depending on how many your going to be making this for this is probably going to feed around 10 people easily, you can start to hear that sizzle come up.: 394

There is that.: 395

There we go.: 396

There you go.: 397

There you have it.: 398

There's fewer things to go wrong.: 399

There's not really much that you can do to prevent it.: 400

There.: 401

These are great keepsakes!: 402

These backbones are loaded with meat, flavor, they make great chowder, gumbo, or you can just cook it up and pick the meat off with a fork.: 403

These often can become collectibles for years to come for children (a very special and cherished childhood memory) that will last much longer than the Easter grass will last, they will last longer than the basket.: 404

They will certainly last longer than anything edible you have in your basket.: 405

They're all going to coordinate really pretty.: 406

They're all situated on the inner part of the tooth and so what we have to do for the most part, when you get a cavity, the cavity is on the top surface or from the side, it breaks through the enamel and into part of the tooth structure and then basically exposing these inner part nerve tissue and the blood supply.: 407

They're working as fast as they can.: 408

This coconut milk, from the books that I've studied about coconuts, is the next best thing to mother's milk for a baby would be coconut's milk.: 409

This grip is very good for forehands, some players use it for serves but as you start getting better you are probably just going to use it for forehand.: 410

This has many, many uses one of the great uses for this is people are used to using milk in a lot of the things that they use and eat on a daily basis.: 411

This idea for a vest style is a fitted half vest.: 412

This is Doctor Paul, author of Boomer Girls: A Boomer Woman's Guide to Men and Dating and host of Ask Doctor Paul.: 413

This is Dr. Paul.: 414

This is also the same color I'm going to use as eyeliner.: 415

This is going to be the same process as cleaning the turn table.: 416

This is much more flexible, this little couple of inches at the end of the string.: 417

This is part three of the series and we'll be the second side dish that will be creole style green beans.: 418

This is waste vegetable oil.: 419

This section is called providing great customer service.: 420

This should be one of the easier steps.: 421

Today I would be talking about how to tack up a horse.: 422

Today we are going to talk about cooking the macrobiotic way.: 423

Today we're going to be talking about buying a new car.: 424

Today we're here to talk about low maintenance gardening.: 425

Today, we are going to learn how to make gourmet coffee in your home.: 426

Today, we're going to talk about advanced encaustic painting.: 427

Under.: 428

Up and down.: 429

Up real sharp, and drop slow.: 430

Up.: 431

Very good.: 432

Very nice.: 433

Very simple, you got the stuff from your kitchen.: 434

Very, very neutral.: 435

Was caused by flute playing, yes.: 436

Watch our next segment and I'll show you how to make another drink.: 437

We use a hydrating shampoo.: 438

We'll take this toilet and we're going to let it sit for 40 minutes and then we're going to flush it and we'll see how our results are and that should fix the toilet.: 439

We're crocheting wire to make a Christmas bracelet.: 440

We're going to be showing you and explaining and teaching some salsa basics and techniques and how to enjoy salsa dancing on every dance floor you may go.: 441

We're going to go over that.: 442

We're going to learn to do Sukhasana with a belt, because oftentimes, as you're getting used to sitting on the floor, it's not that comfortable for your lower back.: 443

We're going to start with the basic beginner forehand grip.: 444

We're going to talk today about how to wash your blue jeans, the proper way to wash your blue jeans.: 445

We're just going to rinse it off and then put it to the side to dry.: 446

We're taking our bacon, the pieces that we cut and now we're rendering that in a heavy pot here and we want to render a lot of the bacon fat off.: 447

We've done enough with the eyes that you can just maybe do a little eyeliner, a little mascara, and you're done.: 448

Welcome back.: 449

Welcome!: 450

Well, now that I've let you know about the parts of a curling iron, does anyone want to tell me about the parts of a car?: 451

What I try to do is get out in my garden for 1/2 an hour a week just to weed.: 452

What makes it a fitted vest is that it is fitted to the body, what makes it a half vest is that literally half of it is not there, it only shows half of the body meaning the top half, it hits right below the ribs and it's going to be the same on both sides and that's why I save myself and you, I save myself time in drawing and I save you time in watching me repeat myself

because drawing only half of it lets you know that the other half is the same and no matter how your croakie is facing you can draw half of it and if you just draw half of it it tells your viewer, whoever is looking, that the other half is the same.: 453

What makes it a fitted vest obviously is that it is billowy , just kidding, ha, caught you, were you paying attention?: 454

What's coming in older toilets 40 years old and older is lime will buildup in the jet way around the toilet.: 455

When it goes into the overflow tube, you will then notice the whole quart.: 456

When the skin's pores become clogged with sebum, pimples can form.: 457

When the water goes through the flush valve and comes out to the rim, these jets will get clogged with calcium.: 458

When we need to do root canal, we need to go into the chamber of the tooth.: 459

When we shampoo curly hair, it's even more manageable and it's easy to shampoo.: 460

Which in this case, will turn dark brown.: 461

Why?: 462

Wing and a toe.: 463

Wow.: 464

Wrong.: 465

YOLANDA VANVEEN: Hi.: 466

Yeah.: 467

Yes.: 468

You also want to be sure that you have very comfortable socks because you're on your feet a lot.: 469

You basically make a sideways V and you fill it in.: 470

You can add more and more if you want a little bit more drama.: 471

You can also have something like this little guy right here.: 472

You can also set it by kind of pressing it.: 473

You can find me in New York City, and today I'm going to teach you how to play a saw.: 474

You can find out in an easy way where the edge for you is in each movement of the spine.: 475

You can find these for sale at a variety of stores.: 476

You can get lots of other colors but, if you're looking for the more formal look, I really do recommend the white color.: 477

You can have them be a bigger bunny, if you have a bigger basket.: 478

You can see that that's going to hook the ball.: 479

You can use lean but I don't use the one 15% fat because it's going to add a lot of flavor to chili it's not a low cal dish anyway so go ahead and put it on your heated high.: 480

You don't want to go any further than the center of the eye.: 481

You just want to make sure and get this all nice and clean.: 482

You know got to get it lighter.: 483

You know where you're going to be starting and how you want to progress throughout the painting, in order to get the complete and finished painting of the face.: 484

You must fit your purpose in right, and usually the essays are persuasive or an informative.: 485

You never use this.: 486

You see how it just kind of tames the frizz and it just kind of smooths her hair down.: 487

You want the hair to be soft and to be easy for you to comb and cut.: 488

You want to kind of keep it concentrated toward the end.: 489

You want to move the spine in the six directions that it's capable of moving, so that you can warm up those movements, and get your body ready.: 490

You want to warm up your muscles a bit, before you come in to a full-blown posture.: 491

You will then notice that the acid is coming out of the rim of the toilet.: 492

You'll be left with bare clay anywhere that you've brushed this wax.: 493

You're going to need at least a ten foot belt, and then you're just going to make it, hook the belt, and then make it equal.: 494

You're going to put one on one knee; you're going to come around, and put it on the other knee.: 495

You're going to take your belt behind your lower back.: 496

You're going to wipe this down.: 497

You're wheel lugs look good, we don't see any leaks on the fuel line.: 498

indoor rock climbing gym in Wilmington, North Carolina.: 499

label\_to\_cluster:

A company with which I have no affiliation.: 29

A couple of drops of dish soap, give it a little swirl, mix it in.: 29

A good hydrating shampoo.: 27

A little faster.: 0

A lot of times we think of yoga as being a tool to help us gain flexibility, and many people that I meet on the street and talk to about yoga, they think that they cannot do yoga because they are not flexible enough.: 29

A nice thick towel.: 90

A vest is pretty much literally means that it is going to be the same on both sides so that is why I drew it like this, it is easier to follow.: 29

Again, a little bit goes a long way.: 48

Again, jab and cross, hook and up.: 84

Again, you want to keep it natural.: 29

Again.: 22

All of this will be in your microwave owner's manual.: 29

All right, here we go.: 49

All right.: 16

Alright, then we're going to measure out one cup of stock because you'd like to have a two to one liquid to rice ratio.: 29

Alright.: 54

Alright?: 54

Also, you want to make sure that when you're cleaning this, you're particularly careful about cleaning corners where it's going to be touching the microwave walls.: 29

And if while you're doing this your oil starts to pop, it means that the heat is too high, just turn it down a notch and keep going.: 29

And in this case stuffed animals are a great automatic choice.: 29

And just stay attentive to it, always pay attention to it cause you don't really want it to burn.: 29

And now I'm ready to connect these two pieces together.: 29

And now we're ready to make our volcano erupt.: 29

And one, two and three, four.: 4

And that's okay.: 95

And the footwork for the ladies with one basic one under arm turn in 4 measures is quick, quick, slow, quick, quick, slow, quick, quick, slow, and quick, quick, slow.: 10

And then I will wait for his reaction to that.: 29

And then we'll put in our ground beef as well this will start sizzling very shortly, here's our ground beef just kind of break it off and move it around there.: 29

And there it is.: 18

And there we have it, that's how to make a small volcano.: 29

And there you go.: 42

And we want this bacon to crisp up a little bit so we render, we're doing this on a medium high heat and you know you just move it around, you don't want it to burn it can let it sit for a little bit.: 29

And what this is going to do is when you go to dip this pot in the glaze, which I'll demonstrate in a moment, this glaze will resist, I mean this wax will resist the glaze.: 29

And with this coconut you can take a cup of this shredded coconut you can put it in your blender and then you can take two cups of warm water, not hot water but warm water, you can blend that in a blender and then pour that blended juice on a cheese cloth and you can squeeze that and what you end up with is what I call coconut milk.: 29

And you can keep on adding until you're out of baking soda, that works great with groups of children.: 29

Another advantage of a small garden is there's not that many weeds.: 29

Anything that's got a narrow mouth on it.: 29

Around Easter you'll start seeing little, cute little bunnies will start popping up everywhere.: 29

As I mentioned earlier, in general, you should not leave the rack in the microwave.: 29

As far as me being an English teacher for 20 years, I would have given an F to that student.: 29

As far as the natural crease goes, you want to keep it very, very subtle.: 29

As it comes out, it is taking the lime in the jets with it.: 29

Back and forth.: 82

Beautiful.: 29

Because its flavor from the bacon fat that's going to give the green beans a nice smoky flavor.: 29

Because of that in my garden I started with lower plants over to one side and I work over the higher plants on the other side and that allows the plants to get light continually throughout the day without shading one another out.: 29

Before I start shampooing this young lady, I want to let you know that I draped her with a shampoo cape.: 29

Bluesier guitar players like to play on a little heavier strings than metal players.: 29

Both of these places have really cute costume jewelry, and you can go spend a lot of money, all lot at once, and completely change your jewelry wardrobe.: 29

Bottoms up.: 53

Brig you a cup of coffee in the morning.: 29

But I'll tell you, for five dollars a quart, it's much better to save an old toilet and de-lime the rim than it is to throw the toilet away.: 67

But there a whole bunch of varieties.: 29

But we can use a belt to support your lower back, and support the whole pose.: 29

But what's kind of cool about it is usually, your glaze is going to have kind of a halo edge around every place where it stops.: 29

Cheers.: 29

Clock spin set it up here.: 29

Create the length, receive and enjoy.: 81

Curly hair tends to be a bit dry.: 29

DAVID CLEMEN: Hi.: 17

David: No.: 50

David: Yes.: 57

Down and out.: 6

Drop.: 74

Each of them can put a squirt of lava in.: 29

Easy as pie!: 29

Enjoy.: 81

Even if you keep this in your microwave most of the time, it probably still won't get that dirty unless you've got exploding food all the time.: 29

Even strokes.: 29

Every garden is going to grow weeds.: 29

Excellent.: 29

Exhale.: 92

Feet are slightly apart.: 29

First of all, this helps prevent it from getting dirty.: 29

First thing you need is your volcano.: 29

Five, six, seven, eight.: 56

Five, six.: 56

Flex and squeeze down.: 83

For instance if you're doing this for a professor or a high school teacher and they're telling you to write an imforative essay and you write a perssuasive.: 29

For the natural look, you can skip the crease all together if you want.: 29

Forward and back.: 60

Forward.: 60

Four, one, two, three, four.: 4

Front, back; front, back; front, back.: 29

Get the sizzling really well and we'll start to put in our beef right in little cubes of beef you'll see it going to be really meaty and chewy it's going to be awesome.: 29

Give a good 2 shampoos and make sure you go all the way down to the ends.: 3

Give it a really good squirt of lava in there.: 29

Go for it!: 42

Good dog!: 61  
Good girl!: 61  
Good job!: 61  
Good!: 61  
Good, sit.: 61  
Good.: 61  
Got baking soda here.: 29  
Half a step with one foot, half a step with the other.: 36  
Have a great day.: 14  
He could be a cute little guy in your basket hanging out with the chocolate eggs, you know.: 29  
Hello I'm Sifu Mallon with the Clearwater Kung Fu Center.: 29  
Hello!: 15  
Hello, my name is Scott and I'm the owner of Climb On!: 29  
Hello, this is JB.: 15  
Hello.: 15  
Here we go.: 49  
Here, here boom, boom, boom.: 29  
Hi everybody I'm John Graden from the Martial Arts Teacher's Association.: 86  
Hi everyone.: 17  
Hi guys!: 17  
Hi my name is Mary Thinnes and I am a skin care expert.: 29  
Hi this is Sean Hobson.: 8  
Hi!: 17  
Hi, I'm Casey I'm with Elements University.: 17  
Hi, I'm Chris Faircloth, Artistic Director and co-owner of Salon Teez.: 29  
Hi, I'm Jeanette Welker.: 17  
Hi, I'm Jennifer Cail.: 17  
Hi, I'm Stan DeFreitas, Mr. Green Thumb for On Gardening.: 29  
Hi, my name is Cindy Mastry with Yoga Etc.: 29  
Hi, my name is Colin Kilbane and I'm going to show you how to make a small volcano.: 98  
Hi, my name is Dan Schmidt from the Chinese Martial Arts Center.: 29  
Hi, my name is Lincoln Ward.: 29  
Hi, this is Liz Muller from Liz's Hair Design in Hollywood, Florida.: 29  
Hi, this is Sean Hobson.: 8  
Hi.: 17  
Hip.: 97  
Hold it down like so.: 58  
Hold.: 58  
Horses have been around for thousands of years and it's true mother nature has provided them with a layer of head that will protect them from the elements.: 29  
How are you?: 29  
How to grip the racquet is very important, it's going to help you in different shots for a specific shot.: 29  
How to overcome lust.: 29  
However though, there are different types of curling irons, one would be your basic, which this is probably what you would use, and one would be your Marcel.: 29  
I am a proponent of using toilet bowl de-limer.: 29  
I am not a proponent of cleaning them with a wire.: 26  
I can make thrusts.: 29  
I have to tell you why in 1983 this happened and Bobby Knight's been mad ever since.: 29  
I just want to show you that you can put a little more oomph into it.: 29  
I practice with the Barton Oaks Dental Group.: 29  
I'll add a couple drops of red food coloring.: 29  
I'm Dr. Joe Neely.: 29  
I'm Ivan Madar.: 29

I'm Jackie with how to cure pimples with herbs.: 29

I'm Jackie with how to eliminate acne.: 29

I'm Jackie with how to make herbal skin cleansing cream.: 29

I'm John Graden.: 86

I'm Kelli.: 29

I'm Laura Gibson, beauty expert, and I'm here to tell you about the parts of a curling iron.: 75

I'm Laura Gibson, beauty expert, have a nice day.: 75

I'm Robert Todd and thank you for watching.: 21

I'm Robin with trees-mom.com.: 29

I'm Russ Handler.: 29

I'm Sundae with Natural Sundae.: 40

I'm Sundae, with Natural Sundae.: 40

I'm going to be using my assistant to help me out.: 29

I'm going to begin to shampoo her.: 29

I'm going to go ahead and wet the hair real thoroughly and use again a hydrating shampoo for her.: 29

I'm going to put several scoops of baking soda into my volcano, there's two big ones, let's do one more.: 29

I'm going to stand all the way on the left hand part of the lane, I'm going to draw an imaginary line from the arrows to my pin.: 29

I'm going to use kind of a plum brown that has a shimmer to it.: 29

I'm just going to dip it in ever so lightly.: 29

I'm just going to show you again a dark pink here.: 29

I'm using a crease brush, which is like a pointy fluffy brush.: 29

I'm using a little flask here but you can use a pop bottle.: 29

I've always thought a really fun part of tennis is dressing up for it.: 46

I've got a little funnel, you don't have to have one but it makes it work.: 29

I've got vinegar in here, but it doesn't look much like lava does it?: 29

IAN LOVEALL: Hi.: 35

If it works for you, great.: 29

If you are going to have it be an asymmetric vest which I don't even know how you could have that, but if you can find a way do it, make that your thing.: 29

If you didn't want to use bacon, you can use ham, you can use Canadian bacon but like I said I like to use the hickory smoke just for that smoky flavor.: 29

If you don't meet your purpose, nothing else matters.: 29

If you get other types of shoes, such as running shoes, those can mark up the court.: 29

If you have any questions give your local outfitter a holler.: 41

If you were to write an informative essay on say a historical figure and you pick Abraham Lincoln and you write the paper on how he was not an effective president, your purpose is lost; you're persuading.: 29

If your horse is cranky, you don't want to be trying to do stretches on them then, they're going to resent it they're going to pull away from you and perhaps injure themselves or injure you.: 29

In these clips, we're going to talk about some of the tips and tricks in order to properly winterize your vehicle.: 11

In these clips, we're going to talk about the proper way to remove and replace your vehicle's thermostat.: 11

In this case, on the bottom.: 29

In this section we're going to discuss some methods you can use in dealing with tough customers.: 29

In this segment we're going to be talking about jump roping and how jump roping is effective for boxing and how boxing is affected by jump roping.: 29

Inhale and exhale.: 92

Inhale lower, exhale up and over.: 92

Inhale.: 92

It also gives her a little bit of conditioning.: 29

It also helps you, doing warm ups also helps you, to notice your edge.: 29

It can be anything.: 29

It could be just little squiggles, you can draw an actual character, anything you have interest to put on there.: 29

It has all the nutrients in all the right form ready for an infant if the mother doesn't have breast milk.: 29

It is very important to be implemented into my technique using my backhand spring.: 29

It'll help out.: 29  
It's a good idea to practice six movements of the spine.: 29  
It's all personal preference.: 29  
It's going to be a little dry because it's curly.: 29  
It's holding on pretty good.: 93  
It's important because of a number of things.: 29  
It's okay to just kind of glob it on because I'm going to go on again with the brush and even it out, so I kind of apply it like that.: 29  
It's something that's going to detangle and be easy to manipulate.: 29  
It's up to you.: 53  
It's very simple.: 76  
It's an acid solution and what we do we take and we pour this whole quart in to the overflow tube all at once.: 29  
Jab, cross, hook, up.: 84  
Joining me from Pro Star Mixed Martial Arts is Mr. Joe Brignoli.: 29  
Just a little a time add this crease color.: 29  
Just add a little bit and a little bit more.: 0  
Just blend, blend, blend until you get your desired look.: 29  
Just like so.: 12  
Just like that.: 12  
Just mix all of the ingredients together.: 29  
Just take a color, say I've got brown.: 29  
Keep a container nearby, a box or a bucket or something, throw them in a bucket and then get rid of the weed somewhere else because if you throw it in your lawn you're probably just going to grow weed right there.: 29  
Keep their legs inside the legs of their chair.: 68  
Keep your eyes open.: 80  
Knee.: 2  
Ladies, whenever you're being lead into an underarm turn, you're going to want to spot your partner.: 29  
Let me get this wet first.: 29  
Let me give you an example of what I'm talking about.: 29  
Let's do that one more time.: 43  
Let's take a look.: 29  
Let's try it again.: 22  
Let's try it with some music.: 85  
Let's try that again.: 22  
Let's start at the bottom with our cord, pretty much gives you all your power, plug it into an outlet, turn on the on button, then you're going to go down here to your temperature gage, which is pretty cool, because most curling irons allow you to control that.: 29  
Lift.: 39  
Like so.: 12  
Like that.: 12  
Little by little, depending on how exciting you want go with this look.: 29  
Look at him.: 13  
Look at that.: 13  
Look how pretty that is.: 29  
Look up for me.: 29  
Matches can be really long.: 29  
Most folks in America talk fahrenheit.: 29  
My name is Deanna Gutierrez and I'm a high school teacher in San Jose.: 89  
My name is Sylvia Russell and I hope that you find the perfect brunette for your hair color.: 88  
My name is Sylvia Russell and this is how you can get a clean classic men's hair cut.: 88  
My name is Sylvia Russell.: 88  
NATHAN MCCULLOUGH: Hi.: 17  
Nice and slow.: 55  
Nice and thick like this and put the towel over.: 90



Nice.: 55

No!: 50

No.: 50

Not every item in our basket has to be edible, healthy or chocolaty or anything else in between.: 29

Nothing.: 29

Now I need to suggest that the buckle is not near your skin, because that's not going to be comfortable on you.: 29

Now I've got a little cake pan here, just to catch our lava so we don't make too big of a mess.: 29

Now another thing that you can do with your wax is use it as a decorative effect.: 29

Now clearly we don't need the wax resist anywhere else on this pot, but what you can do is take your brush, load it up with your hot wax and make a design on the pot.: 29

Now here we have the clamp, it gives you tension so you can actually hold onto the hair as you're curling it.: 5

Now if you build the volcano, you can put sand or paper mache or foam around your flask or your bottle and make a real volcano.: 29

Now it's time to add my favorite secret ingredient which is dish soap.: 29

Now most toilets, this will work fine, one quart will save them.: 94

Now our lava, let's make our lava.: 19

Now this one is great for small children because we just have baking soda and vinegar, there's no hot water, there's no complicated setup.: 29

Now we're going to be talking about how to grip the racquet.: 29

Now we're going to do a natural smokey crease.: 29

Now we've got lava.: 29

Now what you're going to do, you're going to grab the racquet on the neck, you're going to put the palm of your hand and you are going to bring it down all the way here, make sure you bring it down all the way at the bottom of the grip over here and as you can see it's like you're giving a handshake, it's also called a handshake grip.: 25

Now, for guys, you can wear tennis shorts and a cute top and, again, with the shoes and comfortable socks are very important.: 91

Now, for ladies, you can go out and get a tennis dress, tennis skirt with a cute top, great tennis shoes, which is really important that you have comfortable tennis shoes.: 91

Now, the Wimbledon white is a classic color to wear for tennis.: 29

Now, you can go out and cut your weeds with a hoe, which a lot of people do and I don't like to do that cause that's just going to stimulate more weed growth.: 9

O.k.: 29

O.k?: 29

OK.: 31

Obviously because the kitchen is something that you use everyday, and that you're going to need to use a lot.: 29

Occasionally I will need two quarts and rarely I'll need three.: 29

Of course toy stores (you are going to pay more there); but also a variety of convenience and other stores.: 29

Off-season training for football.: 29

Oh!: 29

Ok.: 31

Ok.?: 31

Okay, great.: 44

Okay, now here's a subject that we don't really like to talk about or even think about and that's weeding.: 29

Okay, one more time.: 43

Okay.: 95

Okay?: 95

Once that's all done, this area is sealed with a rubber-based material, and in doing so, the bacteria from outside cannot go in and from the top, cannot go back out.: 29

Once you have yourself locked in, you'll be able to lower the belt, and the belt is going to support the whole body, so that you can sit here and meditate if that's what you choose to do.: 29

One and two, three, four.: 4

One more time, we have quick, quick, slow, quick, quick, slow, quick, quick, slow, and quick, quick, slow.: 10

One more time.: 43

One of the other products that comes from the older coconut, the harder part is what we call shredded coconut which is

in this form right here.: 29

One of those little pop bottles.: 29

One type of grip in the racquet is better for than other shots.: 29

One, two, three, five, six, seven.: 56

One, two, three, four, five, six.: 4

One, two, three, four.: 4

One, two, three.: 4

One, two, three. One, two, three. One, two, three. One, two, three. One, two, three. One, two, three. One, two, three.: 4

One, two, three; one, two, three; one, two, three; one, two, three.: 4

One, two.: 4

Oops.: 29

Open.: 80

Or, maybe your bunny is watching guard over the basket when your little one discovers the basket for the first time.: 29

Otherwise why would you only stop at one side, what's the point of that?: 72

Otherwise, you'll kind of, see a frosted look to it.: 29

Our next step is going to be cleaning the microwave oven rack.: 29

PATRICIA: Yes.: 57

People are willing to die for whatever they want.: 29

Perfect.: 29

Pilling your dog can be dangerous, so be very, very careful.: 29

Pimples are caused by the overproduction of sebum oil which lubricates the skin and hair.: 29

Press.: 29

Pulse.: 29

Purpose is so important.: 33

Purpose is very important.: 33

Push down and then out.: 6

Put the cap on, there we go.: 42

Put your rag inside.: 29

Ready?: 71

Repeat we have 1, 2, 3, 4, 5, 6, 7, 8, 2, 2, 3, 4, 5, 6, 7, 8.: 29

Right there.: 16

Right.: 16

Right?: 16

Scrub the hair real well and then proceed to condition after.: 70

Secondly, because it is metal, while it's made to use in your microwave, it can still cause problems, so you want to not use it, not leave it in there as much as possible.: 24

See that?: 32

See you soon.: 32

Shuffle, step, shuffle, switch.: 29

Slow it down.: 79

So I'll go ahead and do that.: 29

So I'm going to have Gina extend her feet out.: 29

So anyway, we'll continue to render our bacon and watch our next step.: 28

So definitely keep in mind having at least a small stuffed animal of some sort.: 29

So don't let them get out of hand, it's not that much of a hassle.: 29

So here we go.: 49

So it's really important to make sure, that before you come into the rest of your practice, you've practiced some warm up movements.: 29

So my advice is to weed before you really have to weed.: 29

So then that tooth is protected and once its protected, that tooth should be able to function back like a normal tooth.: 29

So there we go.: 42

So what I like to do to ensure that you get the whole root and all is use your little cultivator and dig down right next to the root and loosen it up, because if you just try to pull it you might leave a little piece of root in there and that could actually propagate new weed growth.: 29

So what we have to do is eliminate those cavities so when we do the drilling, for the most part we go on the top exposing this area and cleaning out the chamber from the top portion of the tooth.: 63

So what we want to do is put a little oil into the pan you can use corn oil or canola oil or peanut oil whatever you like just to coat the bottom of the pan cause we're going to be cooking our beef and our pork and we even added some ground beef to it.: 29

So what you're going to do is keep your eyes on your partner.: 64

So when you see his hand go up, you know you're going to turn.: 29

So why is it important to warm up, to have warm up postures, warm up movements, before the regular yoga postures, the Asana?: 29

So you are going to want to use a moisturizing condition to kick some moisture back in there.: 29

So you use it every day but you don't actually know about the parts, kind of like me with a car, couldn't really tell you.: 66

So you want to take it, wiggle it as you pull it up and get that whole root and don't just throw the weeds on your lawn.: 29

So you'll have your glaze, a little bit of a halo seeping into the wax area, and then these nice decorative areas that you've left blank.: 29

So you're going to look at him, keep your head looking at him, and then bring it back around.: 13

So, we want to jack the vehicle up.: 51

So, when you look at what you're putting into the board, make sure that you really have an understanding of while you're having fun with it, what it really means to you, because if you connect into it on an emotional level, then it's going to have more meaning for you.: 29

Some of our items are just plain fun for children.: 96

Spotting your partner.: 64

Spray that down.: 6

Squeeze.: 83

Step and lift.: 39

Step and touch.: 30

Step feet together.: 20

Step together.: 20

Step up drop.: 74

Step, together.: 20

Step, touch.: 30

Step.: 36

Sukhasana, easy sitting pose.: 29

Sweep.: 29

Take a kind of a neutral plummy brown and do a nice crease with it.: 29

Talk to your doctor if your acne is serious or you're unable to control it.: 29

Thank you so much.: 52

Thank you.: 52

Thanks for watching.: 34

Thanks.: 34

That is one way that I would make a photographic resume.: 29

That way instead of turning and looking around the room, you'll get dizzy that way.: 29

That's about as far as I want to go with it right there.: 29

That's correct.: 29

That's going to be a piece of computer hardware.: 29

That's good.: 61

That's great.: 14

That's half the momentum.: 29

That's how you dial China.: 29

That's it.: 29

That's okay.: 95

That's pretty good.: 93

That's really easy.: 29

That's what's going to give that cat's eye look, that very natural to dramatic look.: 29

The cake could fall if you don't modify the recipe for high altitudes or if you open the oven to much and cool air will cause it to fall.: 29

The chamber basically previously consists of the blood supply and also of the nerve tissue.: 29

The corrosion doesn't look too bad on the battery terminals or in the wire strands. If you notice any corrosion on the battery, such as this white powdery stuff or rusty looking stuff, you can clean it off and neutralize it, neutralize the acid with a mixture of water and baking soda.: 29

The crease color just goes right on the end of the eye.: 29

The females turn a--sometimes an orangish or brownish color during breeding season but many females will not display a very obvious change of color during breeding at all.: 29

The first thing that you have to do to write an essay is figure out what your purpose is.: 29

The muscles, the bones, getting them ready for the actual postures.: 29

The next step is called a V step.: 36

The one, the end of two and the four.: 4

The only difference is the clamp. A Marcel curling iron you control everything, so it doesn't just clamp close and that's that, you actually have to keep opening and closing, otherwise you're going to start getting some smoke and burnt hair.: 29

The other important thing is you're going to step when you pass it.: 29

The purpose of the essay would be the aim of the essay or the plan of the essay.: 29

The rod is- well it's pretty much of what I like to think of the engine, it's the actual heated part on your curling iron.: 29

The way that that works, you go ahead and put the wax where it's needed on the pot.: 29

Then as you've looped it, there's two loops.: 29

Then if this is not kind to your knees, which again, is a lot of things that happens when you're just getting started, find your blocks and rest the knees.: 29

Then just use your mild dish soap that you would use for cleaning your dishes and silverware.: 29

Then we're going to season this up this is about a pound of ground beef too so depending on how many your going to be making this for this is probably going to feed around 10 people easily, you can start to hear that sizzle come up.: 29

There is that.: 18

There we go.: 42

There you go.: 42

There you have it.: 18

There's fewer things to go wrong.: 42

There's not really much that you can do to prevent it.: 29

There.: 18

These are great keepsakes!: 29

These backbones are loaded with meat, flavor, they make great chowder, gumbo, or you can just cook it up and pick the meat off with a fork.: 29

These often can become collectibles for years to come for children (a very special and cherished childhood memory) that will last much longer than the Easter grass will last, they will last longer than the basket.: 62

They will certainly last longer than anything edible you have in your basket.: 62

They're all going to coordinate really pretty.: 29

They're all situated on the inner part of the tooth and so what we have to do for the most part, when you get a cavity, the cavity is on the top surface or from the side, it breaks through the enamel and into part of the tooth structure and then basically exposing these inner part nerve tissue and the blood supply.: 63

They're working as fast as they can.: 29

This coconut milk, from the books that I've studied about coconuts, is the next best thing to mother's milk for a baby would be coconut's milk.: 29

This grip is very good for forehands, some players use it for serves but as you start getting better you are probably just going to use it for forehand.: 29

This has many, many uses one of the great uses for this is people are used to using milk in a lot of the things that they use and eat on a daily basis.: 29

This idea for a vest style is a fitted half vest.: 29

This is Doctor Paul, author of Boomer Girls: A Boomer Woman's Guide to Men and Dating and host of Ask Doctor Paul.: 29

This is Dr. Paul.: 77

This is also the same color I'm going to use as eyeliner.: 37

This is going to be the same process as cleaning the turn table.: 29

This is much more flexible, this little couple of inches at the end of the string.: 29

This is part three of the series and we'll be the second side dish that will be creole style green beans.: 29

This is waste vegetable oil.: 87

This section is called providing great customer service.: 29

This should be one of the easier steps.: 29

Today I would be talking about how to tack up a horse.: 29

Today we are going to talk about cooking the macrobiotic way.: 47

Today we're going to be talking about buying a new car.: 29

Today we're here to talk about low maintenance gardening.: 45

Today, we are going to learn how to make gourmet coffee in your home.: 29

Today, we're going to talk about advanced encaustic painting.: 47

Under.: 29

Up and down.: 6

Up real sharp, and drop slow.: 74

Up.: 53

Very good.: 7

Very nice.: 55

Very simple, you got the stuff from your kitchen.: 76

Very, very neutral.: 7

Was caused by flute playing, yes.: 29

Watch our next segment and I'll show you how to make another drink.: 29

We use a hydrating shampoo.: 27

We'll take this toilet and we're going to let it sit for 40 minutes and then we're going to flush it and we'll see how our results are and that should fix the toilet.: 29

We're crocheting wire to make a Christmas bracelet.: 29

We're going to be showing you and explaining and teaching some salsa basics and techniques and how to enjoy salsa dancing on every dance floor you may go.: 29

We're going to go over that.: 29

We're going to learn to do Sukhasana with a belt, because oftentimes, as you're getting used to sitting on the floor, it's not that comfortable for your lower back.: 69

We're going to start with the basic beginner forehand grip.: 29

We're going to talk today about how to wash your blue jeans, the proper way to wash your blue jeans.: 29

We're just going to rinse it off and then put it to the side to dry.: 29

We're taking our bacon, the pieces that we cut and now we're rendering that in a heavy pot here and we want to render a lot of the bacon fat off.: 29

We've done enough with the eyes that you can just maybe do a little eyeliner, a little mascara, and you're done.: 29

Welcome back.: 65

Welcome!.: 65

Well, now that I've let you know about the parts of a curling iron, does anyone want to tell me about the parts of a car?: 29

What I try to do is get out in my garden for 1/2 an hour a week just to weed.: 29

What makes it a fitted vest is that it is fitted to the body, what makes it a half vest is that literally half of it is not there, it only shows half of the body meaning the top half, it hits right below the ribs and it's going to be the same on both sides and that's why I save myself and you, I save myself time in drawing and I save you time in watching me repeat myself because drawing only half of it lets you know that the other half is the same and no matter how your croakie is facing you can draw half of it and if you just draw half of it it tells your viewer, whoever is looking, that the other half is the same.: 29

What makes it a fitted vest obviously is that it is billowy , just kidding, ha, caught you, were you paying attention?: 29

What's coming in older toilets 40 years old and older is lime will buildup in the jet way around the toilet.: 29

When it goes into the overflow tube, you will then notice the whole quart.: 29

When the skin's pores become clogged with sebum, pimples can form.: 38

When the water goes through the flush valve and comes out to the rim, these jets will get clogged with calcium.: 29

When we need to do root canal, we need to go into the chamber of the tooth.: 23

When we shampoo curly hair, it's even more manageable and it's easy to shampoo.: 29

Which in this case, will turn dark brown.: 29

Why?: 59

Wing and a toe.: 29

Wow.: 29

Wrong.: 29

YOLANDA VANVEEN: Hi.: 17

Yeah.: 29

Yes.: 57

You also want to be sure that you have very comfortable socks because you're on your feet a lot.: 78

You basically make a sideways V and you fill it in.: 29

You can add more and more if you want a little bit more drama.: 0

You can also have something like this little guy right here.: 29

You can also set it by kind of pressing it.: 29

You can find me in New York City, and today I'm going to teach you how to play a saw.: 29

You can find out in an easy way where the edge for you is in each movement of the spine.: 29

You can find these for sale at a variety of stores.: 29

You can get lots of other colors but, if you're looking for the more formal look, I really do recommend the white color.: 29

You can have them be a bigger bunny, if you have a bigger basket.: 29

You can see that that's going to hook the ball.: 32

You can use lean but I don't use the one 15% fat because it's going to add a lot of flavor to chili it's not a low cal dish anyway so go ahead and put it on your heated high.: 29

You don't want to go any further than the center of the eye.: 29

You just want to make sure and get this all nice and clean.: 29

You know got to get it lighter.: 29

You know where you're going to be starting and how you want to progress throughout the painting, in order to get the complete and finished painting of the face.: 99

You must fit your purpose in right, and usually the essays are persuasive or an informative.: 29

You never use this.: 29

You see how it just kind of tames the frizz and it just kind of smooths her hair down.: 29

You want the hair to be soft and to be easy for you to comb and cut.: 1

You want to kind of keep it concentrated toward the end.: 29

You want to move the spine in the six directions that it's capable of moving, so that you can warm up those movements, and get your body ready.: 29

You want to warm up your muscles a bit, before you come in to a full-blown posture.: 29

You will then notice that the acid is coming out of the rim of the toilet.: 29

You'll be left with bare clay anywhere that you've brushed this wax.: 29

You're going to need at least a ten foot belt, and then you're just going to make it, hook the belt, and then make it equal.: 29

You're going to put one on one knee; you're going to come around, and put it on the other knee.: 2

You're going to take your belt behind your lower back.: 29

You're going to wipe this down.: 29

You're wheel lugs look good, we don't see any leaks on the fuel line.: 29

indoor rock climbing gym in Wilmington, North Carolina.: 73

id\_to\_label:

- 0: A company with which I have no affiliation.
- 1: A couple of drops of dish soap, give it a little swirl, mix it in.
- 2: A good hydrating shampoo.
- 3: A little faster.

4: A lot of times we think of yoga as being a tool to help us gain flexibility, and many people that I meet on the street and talk to about yoga, they think that they cannot do yoga because they are not flexible enough.

5: A nice thick towel.

6: A vest is pretty much literally means that it is going to be the same on both sides so that is why I drew it like this, it is easier to follow.

7: Again, a little bit goes a long way.

8: Again, jab and cross, hook and up.

9: Again, you want to keep it natural.

10: Again.

11: All of this will be in your microwave owner's manual.

12: All right, here we go.

13: All right.

14: Alright, then we're going to measure out one cup of stock because you'd like to have a two to one liquid to rice ratio.

15: Alright.

16: Alright?

17: Also, you want to make sure that when you're cleaning this, you're particularly careful about cleaning corners where it's going to be touching the microwave walls.

18: And if while you're doing this your oil starts to pop, it means that the heat is too high, just turn it down a notch and keep going.

19: And in this case stuffed animals are a great automatic choice.

20: And just stay attentive to it, always pay attention to it cause you don't really want it to burn.

21: And now I'm ready to connect these two pieces together.

22: And now we're ready to make our volcano erupt.

23: And one, two and three, four.

24: And that's okay.

25: And the footwork for the ladies with one basic one under arm turn in 4 measures is quick, quick, slow, quick, quick, slow, quick, quick, slow, and quick, quick, slow.

26: And then I will wait for his reaction to that.

27: And then we'll put in our ground beef as well this will start sizzling very shortly, here's our ground beef just kind of break it off and move it around there.

28: And there it is.

29: And there we have it, that's how to make a small volcano.

30: And there you go.

31: And we want this bacon to crisp up a little bit so we render, we're doing this on a medium high heat and you know you just move it around, you don't want it to burn it can let it sit for a little bit.

32: And what this is going to do is when you go to dip this pot in the glaze, which I'll demonstrate in a moment, this glaze will resist, I mean this wax will resist the glaze.

33: And with this coconut you can take a cup of this shredded coconut you can put it in your blender and then you can take two cups of warm water, not hot water but warm water, you can blend that in a blender and then pour that blended juice on a cheese cloth and you can squeeze that and what you end up with is what I call coconut milk.

34: And you can keep on adding until you're out of baking soda, that works great with groups of children.

35: Another advantage of a small garden is there's not that many weeds.

36: Anything that's got a narrow mouth on it.

37: Around Easter you'll start seeing little, cute little bunnies will start popping up everywhere.

38: As I mentioned earlier, in general, you should not leave the rack in the microwave.

39: As far as me being an English teacher for 20 years, I would have given an F to that student.

40: As far as the natural crease goes, you want to keep it very, very subtle.

41: As it comes out, it is taking the lime in the jets with it.

42: Back and forth.

43: Beautiful.

44: Because its flavor from the bacon fat that's going to give the green beans a nice smoky flavor.

45: Because of that in my garden I started with lower plants over to one side and I work over the higher plants on the other side and that allows the plants to get light continually throughout the day without shading one another out.

46: Before I start shampooing this young lady, I want to let you know that I draped her with a shampoo cape.

47: Bluesier guitar players like to play on a little heavier strings than metal players.

48: Both of these places have really cute costume jewelry, and you can go spend a lot of money, all lot at once, and completely change your jewelry wardrobe.

49: Bottoms up.

50: Bring you a cup of coffee in the morning.

51: But I'll tell you, for five dollars a quart, it's much better to save an old toilet and de-lime the rim than it is to throw the toilet away.

52: But there a whole bunch of varieties.

53: But we can use a belt to support your lower back, and support the whole pose.

54: But what's kind of cool about it is usually, your glaze is going to have kind of a halo edge around every place where it stops.

55: Cheers.

56: Clock spin set it up here.

57: Create the length, receive and enjoy.

58: Curly hair tends to be a bit dry.

59: DAVID CLEMEN: Hi.

60: David: No.

61: David: Yes.

62: Down and out.

63: Drop.

64: Each of them can put a squirt of lava in.

65: Easy as pie!

66: Enjoy.

67: Even if you keep this in your microwave most of the time, it probably still won't get that dirty unless you've got exploding food all the time.

68: Even strokes.

69: Every garden is going to grow weeds.

70: Excellent.

71: Exhale.

72: Feet are slightly apart.

73: First of all, this helps prevent it from getting dirty.

74: First thing you need is your volcano.

75: Five, six, seven, eight.

76: Five, six.

77: Flex and squeeze down.

78: For instance if you're doing this for a professor or a high school teacher and they're telling you to write an imforative essay and you write a perssuasive.

79: For the natural look, you can skip the crease all together if you want.

80: Forward and back.

81: Forward.

82: Four, one, two, three, four.

83: Front, back; front, back; front, back.

84: Get the sizzling really well and we'll start to put in our beef right in little cubes of beef you'll see it going to be really meaty and chewy it's going to be awesome.

85: Give a good 2 shampoos and make sure you go all the way down to the ends.

86: Give it a really good squirt of lava in there.

87: Go for it!

88: Good dog!

89: Good girl!

90: Good job!

91: Good!

92: Good, sit.

93: Good.



94: Got baking soda here.

95: Half a step with one foot, half a step with the other.

96: Have a great day.

97: He could be a cute little guy in your basket hanging out with the chocolate eggs, you know.

98: Hello I'm Sifu Mallon with the Clearwater Kung Fu Center.

99: Hello!

100: Hello, my name is Scott and I'm the owner of Climb On!

101: Hello, this is JB.

102: Hello.

103: Here we go.

104: Here, here boom, boom, boom.

105: Hi everybody I'm John Graden from the Martial Arts Teacher's Association.

106: Hi everyone.

107: Hi guys!

108: Hi my name is Mary Thinnies and I am a skin care expert.

109: Hi this is Sean Hobson.

110: Hi!

111: Hi, I'm Casey I'm with Elements University.

112: Hi, I'm Chris Faircloth, Artistic Director and co-owner of Salon Teez.

113: Hi, I'm Jeanette Welker.

114: Hi, I'm Jennifer Cail.

115: Hi, I'm Stan DeFreitas, Mr. Green Thumb for On Gardening.

116: Hi, my name is Cindy Mastry with Yoga Etc.

117: Hi, my name is Colin Kilbane and I'm going to show you how to make a small volcano.

118: Hi, my name is Dan Schmidt from the Chinese Martial Arts Center.

119: Hi, my name is Lincoln Ward.

120: Hi, this is Liz Muller from Liz's Hair Design in Hollywood, Florida.

121: Hi, this is Sean Hobson.

122: Hi.

123: Hip.

124: Hold it down like so.

125: Hold.

126: Horses have been around for thousands of years and it's true mother nature has provided them with a layer of head that will protect them from the elements.

127: How are you?

128: How to grip the racquet is very important, it's going to help you in different shots for a specific shot.

129: How to overcome lust.

130: However though, there are different types of curling irons, one would be your basic, which this is probably what you would use, and one would be your Marcel.

131: I am a proponent of using toilet bowl de-limer.

132: I am not a proponent of cleaning them with a wire.

133: I can make thrusts.

134: I have to tell you why in 1983 this happened and Bobby Knight's been mad ever since.

135: I just want to show you that you can put a little more oomph into it.

136: I practice with the Barton Oaks Dental Group.

137: I'll add a couple drops of red food coloring.

138: I'm Dr. Joe Neely.

139: I'm Ivan Madar.

140: I'm Jackie with how to cure pimples with herbs.

141: I'm Jackie with how to eliminate acne.

142: I'm Jackie with how to make herbal skin cleansing cream.

143: I'm John Graden.

144: I'm Kelli.

145: I'm Laura Gibson, beauty expert, and I'm here to tell you about the parts of a curling iron.

146: I'm Laura Gibson, beauty expert, have a nice day.

147: I'm Robert Todd and thank you for watching.

148: I'm Robin with trees-mom.com.

149: I'm Russ Handler.

150: I'm Sundae with Natural Sundae.

151: I'm Sundae, with Natural Sundae.

152: I'm going to be using my assistant to help me out.

153: I'm going to begin to shampoo her.

154: I'm going to go ahead and wet the hair real thoroughly and use again a hydrating shampoo for her.

155: I'm going to put several scoops of baking soda into my volcano, there's two big ones, let's do one more.

156: I'm going to stand all the way on the left hand part of the lane, I'm going to draw an imaginary line from the arrows to my pin.

157: I'm going to use kind of a plum brown that has a shimmer to it.

158: I'm just going to dip it in ever so lightly.

159: I'm just going to show you again a dark pink here.

160: I'm using a crease brush, which is like a pointy fluffy brush.

161: I'm using a little flask here but you can use a pop bottle.

162: I've always thought a really fun part of tennis is dressing up for it.

163: I've got a little funnel, you don't have to have one but it makes it work.

164: I've got vinegar in here, but it doesn't look much like lava does it?

165: IAN LOVEALL: Hi.

166: If it works for you, great.

167: If you are going to have it be an asymmetric vest which I don't even know how you could have that, but if you can find a way do it, make that your thing.

168: If you didn't want to use bacon, you can use ham, you can use Canadian bacon but like I said I like to use the hickory smoke just for that smoky flavor.

169: If you don't meet your purpose, nothing else matters.

170: If you get other types of shoes, such as running shoes, those can mark up the court.

171: If you have any questions give your local outfitter a holler.

172: If you were to write an informative essay on say a historical figure and you pick Abraham Lincoln and you write the paper on how he was not an effective president, your purpose is lost; you're persuading.

173: If your horse is cranky, you don't want to be trying to do stretches on them then, they're going to resent it they're going to pull away from you and perhaps injure themselves or injure you.

174: In these clips, we're going to talk about some of the tips and tricks in order to properly winterize your vehicle.

175: In these clips, we're going to talk about the proper way to remove and replace your vehicle's thermostat.

176: In this case, on the bottom.

177: In this section we're going to discuss some methods you can use in dealing with tough customers.

178: In this segment we're going to be talking about jump roping and how jump roping is effective for boxing and how boxing is affected by jump roping.

179: Inhale and exhale.

180: Inhale lower, exhale up and over.

181: Inhale.

182: It also gives her a little bit of conditioning.

183: It also helps you, doing warm ups also helps you, to notice your edge.

184: It can be anything.

185: It could be just little squiggles, you can draw an actual character, anything you have interest to put on there.

186: It has all the nutrients in all the right form ready for an infant if the mother doesn't have breast milk.

187: It is very important to be implemented into my technique using my backhand spring.

188: It'll help out.

189: It's a good idea to practice six movements of the spine.

190: It's all personal preference.

191: It's going to be a little dry because it's curly.

192: It's holding on pretty good.

193: It's important because of a number of things.

194: It's okay to just kind of glob it on because I'm going to go on again with the brush and even it out, so I kind of apply it like that.

195: It's something that's going to detangle and be easy to manipulate.

196: It's up to you.

197: It's very simple.

198: It's an acid solution and what we do we take and we pour this whole quart in to the overflow tube all at once.

199: Jab, cross, hook, up.

200: Joining me from Pro Star Mixed Martial Arts is Mr. Joe Brignoli.

201: Just a little a time add this crease color.

202: Just add a little bit and a little bit more.

203: Just blend, blend, blend until you get your desired look.

204: Just like so.

205: Just like that.

206: Just mix all of the ingredients together.

207: Just take a color, say I've got brown.

208: Keep a container nearby, a box or a bucket or something, throw them in a bucket and then get rid of the weed somewhere else because if you throw it in your lawn you're probably just going to grow weed right there.

209: Keep their legs inside the legs of their chair.

210: Keep your eyes open.

211: Knee.

212: Ladies, whenever you're being lead into an underarm turn, you're going to want to spot your partner.

213: Let me get this wet first.

214: Let me give you an example of what I'm talking about.

215: Let's do that one more time.

216: Let's take a look.

217: Let's try it again.

218: Let's try it with some music.

219: Let's try that again.

220: Let's start at the bottom with our cord, pretty much gives you all your power, plug it into an outlet, turn on the on button, then you're going to go down here to your temperature gage, which is pretty cool, because most curling irons allow you to control that.

221: Lift.

222: Like so.

223: Like that.

224: Little by little, depending on how exciting you want go with this look.

225: Look at him.

226: Look at that.

227: Look how pretty that is.

228: Look up for me.

229: Matches can be really long.

230: Most folks in America talk fahrenheit.

231: My name is Deanna Gutierrez and I'm a high school teacher in San Jose.

232: My name is Sylvia Russell and I hope that you find the perfect brunette for your hair color.

233: My name is Sylvia Russell and this is how you can get a clean classic men's hair cut.

234: My name is Sylvia Russell.

235: NATHAN MCCULLOUGH: Hi.

236: Nice and slow.

237: Nice and thick like this and put the towel over.

238: Nice.

239: No!

240: No.

241: Not every item in our basket has to be edible, healthy or chocolaty or anything else in between.

242: Nothing.

243: Now I need to suggest that the buckle is not near your skin, because that's not going to be comfortable on you.

244: Now I've got a little cake pan here, just to catch our lava so we don't make too big of a mess.

245: Now another thing that you can do with your wax is use it as a decorative effect.

246: Now clearly we don't need the wax resist anywhere else on this pot, but what you can do is take your brush, load it up with your hot wax and make a design on the pot.

247: Now here we have the clamp, it gives you tension so you can actually hold onto the hair as you're curling it.

248: Now if you build the volcano, you can put sand or paper mache or foam around your flask or your bottle and make a real volcano.

249: Now it's time to add my favorite secret ingredient which is dish soap.

250: Now most toilets, this will work fine, one quart will save them.

251: Now our lava, let's make our lava.

252: Now this one is great for small children because we just have baking soda and vinegar, there's no hot water, there's no complicated setup.

253: Now we're going to be talking about how to grip the racquet.

254: Now we're going to do a natural smokey crease.

255: Now we've got lava.

256: Now what you're going to do, you're going to grab the racquet on the neck, you're going to put the palm of your hand and you are going to bring it down all the way here, make sure you bring it down all the way at the bottom of the grip over here and as you can see it's like you're giving a handshake, it's also called a handshake grip.

257: Now, for guys, you can wear tennis shorts and a cute top and, again, with the shoes and comfortable socks are very important.

258: Now, for ladies, you can go out and get a tennis dress, tennis skirt with a cute top, great tennis shoes, which is really important that you have comfortable tennis shoes.

259: Now, the Wimbledon white is a classic color to wear for tennis.

260: Now, you can go out and cut your weeds with a hoe, which a lot of people do and I don't like to do that cause that's just going to stimulate more weed growth.

261: O.k.

262: O.k.?

263: OK.

264: Obviously because the kitchen is something that you use everyday, and that you're going to need to use a lot.

265: Occasionally I will need two quarts and rarely I'll need three.

266: Of course toy stores (you are going to pay more there); but also a variety of convenience and other stores.

267: Off-season training for football.

268: Oh!

269: Ok.

270: Ok.?

271: Okay, great.

272: Okay, now here's a subject that we don't really like to talk about or even think about and that's weeding.

273: Okay, one more time.

274: Okay.

275: Okay?

276: Once that's all done, this area is sealed with a rubber-based material, and in doing so, the bacteria from outside cannot go in and from the top, cannot go back out.

277: Once you have yourself locked in, you'll be able to lower the belt, and the belt is going to support the whole body, so that you can sit here and meditate if that's what you choose to do.

278: One and two, three, four.

279: One more time, we have quick, quick, slow, quick, quick, slow, quick, quick, slow, and quick, quick, slow.

280: One more time.

281: One of the other products that comes from the older coconut, the harder part is what we call shredded coconut which is in this form right here.

282: One of those little pop bottles.

283: One type of grip in the racquet is better for than other shots.

284: One, two, three, five, six, seven.

285: One, two, three, four, five, six.

286: One, two, three, four.

287: One, two, three.

288: One, two, three. One, two, three. One, two, three. One, two, three. One, two, three. One, two, three. One, two, three.

289: One, two, three; one, two, three; one, two, three; one, two, three.

290: One, two.

291: Oops.

292: Open.

293: Or, maybe your bunny is watching guard over the basket when your little one discovers the basket for the first time.

294: Otherwise why would you only stop at one side, what's the point of that?

295: Otherwise, you'll kind of, see a frosted look to it.

296: Our next step is going to be cleaning the microwave oven rack.

297: PATRICIA: Yes.

298: People are willing to die for whatever they want.

299: Perfect.

300: Pilling your dog can be dangerous, so be very, very careful.

301: Pimples are caused by the overproduction of sebum oil which lubricates the skin and hair.

302: Press.

303: Pulse.

304: Purpose is so important.

305: Purpose is very important.

306: Push down and then out.

307: Put the cap on, there we go.

308: Put your rag inside.

309: Ready?

310: Repeat we have 1, 2, 3, 4, 5, 6, 7, 8, 2, 2, 3, 4, 5, 6, 7, 8.

311: Right there.

312: Right.

313: Right?

314: Scrub the hair real well and then proceed to condition after.

315: Secondly, because it is metal, while it's made to use in your microwave, it can still cause problems, so you want to not use it, not leave it in there as much as possible.

316: See that?

317: See you soon.

318: Shuffle, step, shuffle, switch.

319: Slow it down.

320: So I'll go ahead and do that.

321: So I'm going to have Gina extend her feet out.

322: So anyway, we'll continue to render our bacon and watch our next step.

323: So definitely keep in mind having at least a small stuffed animal of some sort.

324: So don't let them get out of hand, it's not that much of a hassle.

325: So here we go.

326: So it's really important to make sure, that before you come into the rest of your practice, you've practiced some warm up movements.

327: So my advice is to weed before you really have to weed.

328: So then that tooth is protected and once its protected, that tooth should be able to function back like a normal tooth.

329: So there we go.

330: So what I like to do to ensure that you get the whole root and all is use your little cultivator and dig down right next to the root and loosen it up, because if you just try to pull it you might leave a little piece of root in there and that could actually propagate new weed growth.

331: So what we have to do is eliminate those cavities so when we do the drilling, for the most part we go on the top exposing this area and cleaning out the chamber from the top portion of the tooth.

332: So what we want to do is put a little oil into the pan you can use corn oil or canola oil or peanut oil whatever you

like just to coat the bottom of the pan cause we're going to be cooking our beef and our pork and we even added some ground beef to it.

333: So what you're going to do is keep your eyes on your partner.

334: So when you see his hand go up, you know you're going to turn.

335: So why is it important to warm up, to have warm up postures, warm up movements, before the regular yoga postures, the Asana?

336: So you are going to want to use a moisturizing condition to kick some moisture back in there.

337: So you use it every day but you don't actually know about the parts, kind of like me with a car, couldn't really tell you.

338: So you want to take it, wiggle it as you pull it up and get that whole root and don't just throw the weeds on your lawn.

339: So you'll have your glaze, a little bit of a halo seeping into the wax area, and then these nice decorative areas that you've left blank.

340: So you're going to look at him, keep your head looking at him, and then bring it back around.

341: So, we want to jack the vehicle up.

342: So, when you look at what you're putting into the board, make sure that you really have an understanding of while you're having fun with it, what it really means to you, because if you connect into it on an emotional level, then it's going to have more meaning for you.

343: Some of our items are just plain fun for children.

344: Spotting your partner.

345: Spray that down.

346: Squeeze.

347: Step and lift.

348: Step and touch.

349: Step feet together.

350: Step together.

351: Step up drop.

352: Step, together.

353: Step, touch.

354: Step.

355: Sukhasana, easy sitting pose.

356: Sweep.

357: Take a kind of a neutral plumy brown and do a nice crease with it.

358: Talk to your doctor if your acne is serious or you're unable to control it.

359: Thank you so much.

360: Thank you.

361: Thanks for watching.

362: Thanks.

363: That is one way that I would make a photographic resume.

364: That way instead of turning and looking around the room, you'll get dizzy that way.

365: That's about as far as I want to go with it right there.

366: That's correct.

367: That's going to be a piece of computer hardware.

368: That's good.

369: That's great.

370: That's half the momentum.

371: That's how you dial China.

372: That's it.

373: That's okay.

374: That's pretty good.

375: That's really easy.

376: That's what's going to give that cat's eye look, that very natural to dramatic look.

377: The cake could fall if you don't modify the recipe for high altitudes or if you open the oven to much and cool air will cause it to fall.

378: The chamber basically previously consists of the blood supply and also of the nerve tissue.

379: The corrosion doesn't look too bad on the battery terminals or in the wire strands. If you notice any corrosion on the battery, such as this white powdery stuff or rusty looking stuff, you can clean it off and neutralize it, neutralize the acid with a mixture of water and baking soda.

380: The crease color just goes right on the end of the eye.

381: The females turn a--sometimes an orangish or brownish color during breeding season but many females will not display a very obvious change of color during breeding at all.

382: The first thing that you have to do to write an essay is figure out what your purpose is.

383: The muscles, the bones, getting them ready for the actual postures.

384: The next step is called a V step.

385: The one, the end of two and the four.

386: The only difference is the clamp. A Marcel curling iron you control everything, so it doesn't just clamp close and that's that, you actually have to keep opening and closing, otherwise you're going to start getting some smoke and burnt hair.

387: The other important thing is you're going to step when you pass it.

388: The purpose of the essay would be the aim of the essay or the plan of the essay.

389: The rod is- well it's pretty much of what I like to think of the engine, it's the actual heated part on your curling iron.

390: The way that that works, you go ahead and put the wax where it's needed on the pot.

391: Then as you've looped it, there's two loops.

392: Then if this is not kind to your knees, which again, is a lot of things that happens when you're just getting started, find your blocks and rest the knees.

393: Then just use your mild dish soap that you would use for cleaning your dishes and silverware.

394: Then we're going to season this up this is about a pound of ground beef too so depending on how many your going to be making this for this is probably going to feed around 10 people easily, you can start to hear that sizzle come up.

395: There is that.

396: There we go.

397: There you go.

398: There you have it.

399: There's fewer things to go wrong.

400: There's not really much that you can do to prevent it.

401: There.

402: These are great keepsakes!

403: These backbones are loaded with meat, flavor, they make great chowder, gumbo, or you can just cook it up and pick the meat off with a fork.

404: These often can become collectibles for years to come for children (a very special and cherished childhood memory) that will last much longer than the Easter grass will last, they will last longer than the basket.

405: They will certainly last longer than anything edible you have in your basket.

406: They're all going to coordinate really pretty.

407: They're all situated on the inner part of the tooth and so what we have to do for the most part, when you get a cavity, the cavity is on the top surface or from the side, it breaks through the enamel and into part of the tooth structure and then basically exposing these inner part nerve tissue and the blood supply.

408: They're working as fast as they can.

409: This coconut milk, from the books that I've studied about coconuts, is the next best thing to mother's milk for a baby would be coconut's milk.

410: This grip is very good for forehands, some players use it for serves but as you start getting better you are probably just going to use it for forehand.

411: This has many, many uses one of the great uses for this is people are used to using milk in a lot of the things that they use and eat on a daily basis.

412: This idea for a vest style is a fitted half vest.

413: This is Doctor Paul, author of Boomer Girls: A Boomer Woman's Guide to Men and Dating and host of Ask Doctor Paul.

414: This is Dr. Paul.

415: This is also the same color I'm going to use as eyeliner.

416: This is going to be the same process as cleaning the turn table.

417: This is much more flexible, this little couple of inches at the end of the string.

418: This is part three of the series and we'll be the second side dish that will be creole style green beans.

419: This is waste vegetable oil.

420: This section is called providing great customer service.

421: This should be one of the easier steps.

422: Today I would be talking about how to tack up a horse.

423: Today we are going to talk about cooking the macrobiotic way.

424: Today we're going to be talking about buying a new car.

425: Today we're here to talk about low maintenance gardening.

426: Today, we are going to learn how to make gourmet coffee in your home.

427: Today, we're going to talk about advanced encaustic painting.

428: Under.

429: Up and down.

430: Up real sharp, and drop slow.

431: Up.

432: Very good.

433: Very nice.

434: Very simple, you got the stuff from your kitchen.

435: Very, very neutral.

436: Was caused by flute playing, yes.

437: Watch our next segment and I'll show you how to make another drink.

438: We use a hydrating shampoo.

439: We'll take this toilet and we're going to let it sit for 40 minutes and then we're going to flush it and we'll see how our results are and that should fix the toilet.

440: We're crocheting wire to make a Christmas bracelet.

441: We're going to be showing you and explaining and teaching some salsa basics and techniques and how to enjoy salsa dancing on every dance floor you may go.

442: We're going to go over that.

443: We're going to learn to do Sukhasana with a belt, because oftentimes, as you're getting used to sitting on the floor, it's not that comfortable for your lower back.

444: We're going to start with the basic beginner forehead grip.

445: We're going to talk today about how to wash your blue jeans, the proper way to wash your blue jeans.

446: We're just going to rinse it off and then put it to the side to dry.

447: We're taking our bacon, the pieces that we cut and now we're rendering that in a heavy pot here and we want to render a lot of the bacon fat off.

448: We've done enough with the eyes that you can just maybe do a little eyeliner, a little mascara, and you're done.

449: Welcome back.

450: Welcome!

451: Well, now that I've let you know about the parts of a curling iron, does anyone want to tell me about the parts of a car?

452: What I try to do is get out in my garden for 1/2 an hour a week just to weed.

453: What makes it a fitted vest is that it is fitted to the body, what makes it a half vest is that literally half of it is not there, it only shows half of the body meaning the top half, it hits right below the ribs and it's going to be the same on both sides and that's why I save myself and you, I save myself time in drawing and I save you time in watching me repeat myself because drawing only half of it lets you know that the other half is the same and no matter how your croakie is facing you can draw half of it and if you just draw half of it it tells your viewer, whoever is looking, that the other half is the same.

454: What makes it a fitted vest obviously is that it is billowy , just kidding, ha, caught you, were you paying attention?

455: What's coming in older toilets 40 years old and older is lime will buildup in the jet way around the toilet.

456: When it goes into the overflow tube, you will then notice the whole quart.

457: When the skin's pores become clogged with sebum, pimples can form.

458: When the water goes through the flush valve and comes out to the rim, these jets will get clogged with calcium.

459: When we need to do root canal, we need to go into the chamber of the tooth.



460: When we shampoo curly hair, it's even more manageable and it's easy to shampoo.

461: Which in this case, will turn dark brown.

462: Why?

463: Wing and a toe.

464: Wow.

465: Wrong.

466: YOLANDA VANVEEN: Hi.

467: Yeah.

468: Yes.

469: You also want to be sure that you have very comfortable socks because you're on your feet a lot.

470: You basically make a sideways V and you fill it in.

471: You can add more and more if you want a little bit more drama.

472: You can also have something like this little guy right here.

473: You can also set it by kind of pressing it.

474: You can find me in New York City, and today I'm going to teach you how to play a saw.

475: You can find out in an easy way where the edge for you is in each movement of the spine.

476: You can find these for sale at a variety of stores.

477: You can get lots of other colors but, if you're looking for the more formal look, I really do recommend the white color.

478: You can have them be a bigger bunny, if you have a bigger basket.

479: You can see that that's going to hook the ball.

480: You can use lean but I don't use the one 15% fat because it's going to add a lot of flavor to chili it's not a low cal dish anyway so go ahead and put it on your heated high.

481: You don't want to go any further than the center of the eye.

482: You just want to make sure and get this all nice and clean.

483: You know got to get it lighter.

484: You know where you're going to be starting and how you want to progress throughout the painting, in order to get the complete and finished painting of the face.

485: You must fit your purpose in right, and usually the essays are persuasive or an informative.

486: You never use this.

487: You see how it just kind of tames the frizz and it just kind of smooths her hair down.

488: You want the hair to be soft and to be easy for you to comb and cut.

489: You want to kind of keep it concentrated toward the end.

490: You want to move the spine in the six directions that it's capable of moving, so that you can warm up those movements, and get your body ready.

491: You want to warm up your muscles a bit, before you come in to a full-blown posture.

492: You will then notice that the acid is coming out of the rim of the toilet.

493: You'll be left with bare clay anywhere that you've brushed this wax.

494: You're going to need at least a ten foot belt, and then you're just going to make it, hook the belt, and then make it equal.

495: You're going to put one on one knee; you're going to come around, and put it on the other knee.

496: You're going to take your belt behind your lower back.

497: You're going to wipe this down.

498: You're wheel lugs look good, we don't see any leaks on the fuel line.

499: indoor rock climbing gym in Wilmington, North Carolina.

num\_classes: 500

num\_coarse\_classes: 100