



$$R3 = \begin{array}{c} \text{Diagram with strands } X \text{ and } X' \text{ crossing, } X \text{ over } X' \\ - \end{array} = \begin{array}{c} \text{Diagram with strands } X \text{ and } X' \text{ crossing, } X \text{ under } X' \\ + \end{array}$$

The equation is labeled $R3$ on the left. It consists of three parts separated by equals signs. The first part is a plus sign followed by a diagram where strand X passes over strand X' . The second part is a minus sign followed by a diagram where strand X passes under strand X' . The third part is an equals sign followed by a diagram where the strands X and X' meet at a single point.